



FRANKE
TOBEY
JONES

Enjoy your age

How to Play Sudoku: Using only the numbers 1 through 9, complete the grid so that no number is repeated in any row, column or grid.

Each puzzle has one, and only one, unique solution, and each can be solved using pure logic - guessing and trial-and-error are never required.

5		1				6		4
	9		3		6		5	
				9				
4								9
			1		9			
7								6
				2				
	8		5		7		6	
1		3				7		2



WEEKLY RIDDLE

What's full of holes but still holds water?

Mother's Day Word Search

Find the hidden words associated with Mom's special day.

A	G	F	F	U	S	E	I	R	O	M	E	M	Q	C	J	V	G	BRUNCH
K	H	G	L	I	S	O	U	R	E	P	P	Q	A	P	F	U	H	CANDY
J	U	Y	R	O	Y	F	O	B	E	G	H	R	G	E	N	I	J	CARDS
Q	G	H	C	A	W	T	T	F	M	N	D	G	N	I	R	A	C	CARING
S	S	M	O	R	N	E	D	H	V	S	N	N	K	W	N	D	U	CHILDREN
E	C	C	J	I	J	D	R	A	J	Y	L	I	M	A	F	S	S	DAUGHTERS
S	P	P	K	M	K	Z	M	S	U	Y	F	V	D	A	A	D	O	DEVOTED
O	I	N	C	A	P	I	G	O	I	G	H	O	D	X	B	A	L	DINNER
R	U	B	H	Y	B	D	F	L	T	C	H	L	B	S	B	A	K	FAMILY
H	G	O	I	K	I	S	S	E	S	H	X	T	C	M	U	I	Q	FLOWERS
Z	R	W	L	D	N	M	U	I	C	H	E	T	E	G	M	J	O	FRIEND
O	A	U	D	L	S	Y	A	N	O	M	I	R	H	R	G	F	A	GIFTS
U	Y	X	R	T	T	D	J	N	D	H	N	T	S	E	S	R	Z	GIVING
X	D	W	E	D	E	J	O	T	C	A	E	R	T	G	G	I	E	GRANDMOTHERS
I	N	U	N	T	T	R	U	N	L	R	Y	U	I	N	S	E	D	HOME
V	A	G	O	Q	A	K	U	T	O	T	B	F	I	N	Z	N	N	HONOR
H	C	V	R	G	I	R	F	J	V	I	T	V	O	Q	G	D	E	HUGS
Q	E	B	K	W	B	W	Q	J	R	S	I	S	E	M	O	H	H	KISSES
D	G	H	N	W	Q	Y	E	T	B	G	W	J	T	J	U	B	B	LAUGHTER
																		LOVING
																		MAY
																		MEMORIES
																		MOTHERS
																		ROSES
																		SUNDAY
																		SONS
																		TRIBUTE

MENU			
	<i>Menu subject to change due to supply shortages</i>	May 15th - May 21st	<i>Mindful Special Crunchy Tex Mex Wrap</i>
	BREAKFAST	DINNER	SUPPER
M	Chilled Fruit	Chunky Vegetable & Orzo Soup	Chunky Vegetable & Orzo Soup
O	Orange Juice	Fruit Salad	Beef Mushroom & Barley Soup
N	Old Fashioned Oatmeal	Mixed Green Salad	Fruit Salad
D	Scrambled Egg	Grilled Salmon	BBQ Chicken Breast
A	Bacon	Roast Beef	Grilled Cheese, Tomato & Bacon
Y	Double Chocolate Muffin	Horseradish Yukon Mashed Potatoes	Baked Beans
	Whole Milk	Roasted Cauliflower	Macaroni Salad
15	Coffee	Devil's Food Cake	Bakers Choice
T	Chilled Fruit	Turkey Rice Soup	Turkey Rice Soup
U	Orange Juice	Cole Slaw	Garden Vegetable Soup
E	Cream of Wheat	Mixed Green Salad	Cole Slaw
S	Fried Large Cage Free Egg	Breaded Pork Cutlet	Chicken Tender Sandwich
D	Grilled Ham	Beef Stew & Cornbread	Farmers Omelet
A	Buttermilk Pancakes	Rice Pilaf	Hash Brown Potato Pattie
Y	Whole Milk	Brussel Sprouts	Potato Chips
16	Coffee	Strawberry Ice Cream	Chocolate Chip Cookies
W			
E	Chilled Fruit	Cauliflower Cheese Soup	Cauliflower Cheese Soup
D	Orange Juice	Cucumber Sour Cream Salad	Onion Soup with Parmesan Crouton
N	Old Fashioned Oatmeal	Mixed Green Salad	Cucumber Sour Cream Salad
E	Scrambled Egg	Chicken Marsala	BLT Sandwich
S	Sausage Link	Eggplant Parmesan	BBQ Pork Mac & Cheese
D	Apple Cinnamon Muffin	Penne Pasta	Baked Tomato
A	Whole Milk	French Cut Green Beans	Potato Chips
Y	Coffee	Garlic Black Pepper Rolls	Vanilla Pudding Cup
17		Cookies and Cream Blondie	
T			
H	Chilled Fruit	Egg Drop Soup	Cream of Chicken Soup
U	Orange Juice	Mixed Green Salad	Tossed Green Salad
R	Cream of Wheat	Fruited Jell-O Salad	Fruited Jell-O Salad
S	Whole Wheat French Toast	Pork Lo Mein	Chorizo Bacon Jam Burger
D	Scramble Eggs	Sweet & Sour Chicken	Broccoli Cheddar Quiche
A	Bacon	Steamed Brown Rice	Mixed Vegetables
Y	Whole Milk	Asian Blend Vegetables	French Fries
18	Coffee	Bakers Choice	Assorted Desserts
F	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
R	Orange Juice	Carrot Raisin Salad	Tossed Green Salad
I	Old Fashioned Oatmeal	Mixed Green Salad	Carrot Raisin Salad
D	Poached Eggs	Crispy Parmesan Tilapia	Fish & Chip Platter
A	Sausage Patty	Farmers Meatloaf	Beef Stroganoff
Y	Donuts Holes	Mashed Potatoes	Rotini Noodles
	Whole Milk	Peas & Carrots	Grilled Yellow Squash
19	Coffee	Banana Cream Pie Pudding Cup	Linzi Bars
S	Chilled Fruit	Spring Pasta Fagioli	Spring Pasta Fagioli
A	Orange Juice	Cottage Cheese	Vegetable Soup
T	Old Fashioned Oatmeal	Mixed Green Salad	Cottage Cheese
U	Fried Cage Free Egg	Baked Chicken	Grilled Cheese Quesadilla
R	Bacon	Stuffed Cabbage Rolls	Grilled Bratwurst & Kraut
D	Coffee Cake	Jasmine Rice & Scallions	Home Fried Potatoes
A	Whole Milk	Sesame Green Beans	California Mixed Vegetables
Y	Coffee	Apple Crumble	Raspberry Yogurt Mousse
23			
S	Chilled Fruit	Vegetarian Lentil & Spinach Soup	Vegetarian Lentil & Spinach Soup
U	Orange Juice	Waldorf Salad	Beef Barley Soup
N	Old Fashioned Oatmeal	Mixed Green Salad	Waldorf Salad
D	Eggs To Order	Fried Shrimp	Beef Pub Wrap
A	Bacon	Beef Tri Tip Roast	Teriyaki Chicken Fried Rice Bowl
Y	Hash Browned Potatoes	Twice Baked Potato	Sautéed Bok Choy
	Cinnamon Rolls	Steamed Broccoli	Banana Split
21	Whole Milk	Lemon Meringue Pie	
	Coffee		