



MAYO



MEMORY CARE – LIFE ENRICHMENT - 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
9:00 Montessori Program (TAA)	9:00 Montessori Program (TAA)	9:00 Worship Service & Communion (TAA)	9:00 Montessori Program (TAA)	9:00 Montessori Program (TAA)	9:00 Montessori Program (TAA)	9:00 Montessori Program (TAA)
9:30 Morning Exercises (TAA)	9:30 Seated Aerobics (TAA)	9:30 Tai Chi Class (TAA)	9:30 Chair Dancing (TAA)	9:30 Seated Cardio (TAA)	9:30 Gentle Stretching (TAA)	9:30 Seated Strength (TAA)
10:00 Word Games on iN2L (TAA)	10:00 Finish the Phrase (TAA)	10:00 Bread & Hand Churned Butter Making (TAA)	10:00 Junk Drawer Detective (TAA)	10:00 Trivia Challenge (TAA)	10:00 Making Cinco de Mayo Slime (TAA)	10:00 Word Game on iN2L (TAA)
10:30 Bingo (TAA)	10:30 May Day Around the World (TAA)		10:30 Firefighters Day (TAA)	10:15 Music with Anne & Gaye (TAA)	10:45 Fun Videos on iN2L (TAA)	10:30 All About the Kentucky Derby (TAA)
	11:15 Transition Time (CNA)		11:15 Transition Time (CNA)		11:15 Transition Time (CNA)	11:30 All About the Kentucky Derby (TAA)
11:15 Transition Time (CNA)	11:30 Lunch	10:30 Remembering Old Country Music (TAA)	11:30 Lunch	11:15 Transition Time (CNA)	11:30 Lunch	11:15 Transition Time (CNA)
11:30 Lunch	1:00 Spa Afternoon- Hand Massages (TAA)	11:15 Transition Time (CNA)	1:00 A Visit to the Beach Sensory (TAA)	11:30 Lunch	1:00 Cinco de Mayo Trivia and Fun Facts (TAA)	11:30 Lunch
1:00 Honesty Day (TAA)	2:00 Music with Marty (TAA)	11:30 Lunch		1:00 What Am I? (TAA)	2 :00 Cinco de Mayo Fiesta	1:00 Afternoon Movie (CNA)
2:00 Afternoon Snack (TAA)		1:00 What Am I? (TAA)	2:00 Afternoon Snack	2:00 Afternoon Snack		
2:30 Fly Ball (TAA)	4:30 Dinner	2:00 Afternoon Snack	2:30 Sing Along (TAA)	2:30 Coloring Project (TAA)	2:30 History of Mariachi Music (TAA)	2:00 Afternoon Snack (CNA)
4:30 Dinner		2:30 Fly Ball (TAA)	3:00 Garden Check-in (TAA)		3:00 Garden Check-in (TAA)	4:30 Dinner
		3:00 Music with John (TAA)	4:30 Dinner	4:30 Dinner	4:30 Dinner	
						
		4:30 Dinner				

CNA= CNA run group
TAA= Therapeutic Activity Assistant run group.
WS= Wellness Staff

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE



FRANKE TOBEY JONES
Enjoy your age

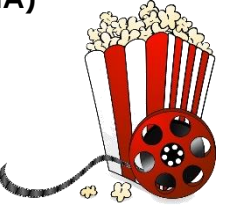


May 2023



FRANKE TOBEY JONES
Enjoy your age

MEMORY CARE – LIFE ENRICHMENT - 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
9:00 Montessori Program (CNA) 9:30 Morning Movie (CNA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Painting to the Music of Brahms (TAA) 2:00 Snack 2:30 Fly Ball (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Chair Dancing (TAA) 10:00 You Be the Judge (TAA) 10:30 Bingo (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Short Story Reading: The Golden Prince (TAA) 2:00 Margarita Social (TAA)  2:30 Garden Check-in (TAA) 4:30 Dinner	9:00 Worship Service (TAA) 9:30 Seated Exercise (TAA) 10:00 Sorting Horses (TAA) 10:30 Horse Racing Game (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Take it Away with the Tuba (TAA) 2:00 Afternoon Snack 2:30 Soda Taste Test Sensory (TAA)  3:00 Garden Check-in (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Chair Yoga (TAA) 10:00 Baking Group- Making Muffins (TAA)  10:30 Free Rice Game on IN2L (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Who Am I? (TAA) 2:00 Happy Hour  2:30 Irving Berlin Songs (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Seated Cardio (TAA) 10:00 Name That Spice/Scent (TAA) 10:30 Food for Thought (TAA) 11:15 Transition Time (CNA) 11:30 Lunchtime 1:00 Spa Afternoon- Hand Massages (TAA)  2:00 Afternoon Snack 2:30 As American as Apple Pie (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Gentle Stretch (TAA) 10:00 Lucky Dice (TAA) 10:30 Remembering TV's Favorite Shows (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 A Visit to the Forest Sensory (TAA)  2:00 Orange Float Social (TAA) 2:30 Everything Orange (TAA) 3:00 Garden Check-in (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Moving and Grooving with Patricia (TAA) 10:00 Think Again (TAA) 10:30 Picture This (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA)  2:00 Afternoon Snack (CNA) 4:30 Dinner 

CNA= CNA run group
TAA= Therapeutic Activity Assistant run group.
WS= Wellness Staff



May 2023



MEMORY CARE – LIFE ENRICHMENT - 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
9:00 Montessori Program (TAA) 9:30 Morning Stretch (TAA) 10:00 Talking About Mother's Day (TAA) 10:30 Name that Tune (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA) 2:00 Snack 4:30 Dinner Mother's Day	9:00 Montessori Program (TAA) 9:30 Chair Dancing (TAA) 10:00 Word Games on iN2L (TAA) 10:30 Travelogue (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Women in Uniform (TAA) 2:00 Tropical Escape Social (TAA)  2:30 Tropical Music Fun (TAA) 3:00 Garden Check-in (TAA) 4:30 Dinner	9:00 Worship Service (TAA) 9:30 Morning Stretch (TAA) 10:00 EZ Trivia (TAA) 10:30 Sea Monkey Day (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Star of the Month (TAA)  2:00 Afternoon Snack 2:30 Lucky Dice Game (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Fly Ball (TAA) 10:00 Finish the Phrase (TAA) 10:30 Mad Science: Sink or Float (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Racing Paul Newman (TAA) 2:00 Happy Hour (TAA)  2:30 Music of Perry Como (TAA) 3:00 Garden Check-in (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Morning Movie (CNA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo (TAA)  2:00 Afternoon Snack 2:30 Horse Sense Game (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Random Trivia (TAA) 10:00 Morning Stretch (TAA) 10:30 History of Clydesdale Horses (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Name That Tune (TAA) 2:00 Float Social- Strawberry Cream  2:30 All About Strawberries (TAA) 3:00 Garden Check-in (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Quick Cardio (TAA) 10:00 Behind the Music of the Military (TAA) 10:30 Horse Racing Game (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Happy Birthday, Jimmy Stewart (TAA) 2:00 Afternoon Snack 2:30 Armed Forces Day Fun Facts/Military Branches (TAA) 4:30 Dinner Armed Forces Day 

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE



FRANKE TOBEY JONES
Enjoy your age



May 2023

MEMORY CARE – LIFE ENRICHMENT - 2022



FRANKE TOBEY JONES
Enjoy your age.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
9:00 Montessori Program (TAA)	9:00 Montessori Program (TAA)	9:00 Worship Service (TAA)	9:00 Montessori Program (TAA)	9:00 Montessori Program (TAA)	9:00 Montessori Program (TAA)	9:00 Montessori Program (TAA)
9:30 Chair Dancing (TAA)	9:30 Seated Stretch (TAA)	9:30 Tai Chi Class (TAA)	9:30 Chair Dancing (TAA)	9:30 Seated Cardio (TAA)	9:30 Morning Stretch (TAA)	9:30 Chair Zumba (TAA)
10:00 Coloring Project (TAA)	10:00 Lucky Dice Game (TAA)	10:00 Craft Project- Making Jewelry (TAA)	10:00 Trivia Challenge (TAA)	10:00 Can You Picture This? (TAA)	10:00 Word Games on IN2L (TAA)	10:00 Free Rice Game on IN2L (TAA)
10:30 Bingo (TAA)	10:30 History of Horses (TAA)	10:30 Music of the 60's (TAA)	10:30 Piano Music with Sandra Walker	10:30 Paper Airplane Challenge (TAA)	10:30 Music Circle (TAA)	10:30 Patriotic Art Project (TAA)
	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)		11:15 Transition Time (CNA)		11:15 Transition Time (CNA)
11:15 Transition Time (CNA)	11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)	11:30 Lunch	11:15 Transition Time (CNA)	11:30 Lunch
11:30 Lunch	1:00 Who Am I? (TAA)	1:00 International Tiara Day (TAA)	11:30 Lunch	1:00 What Am I? (TAA)	11:30 Lunch	1:00 Bloomer Girls Day (TAA)
1:00 Double Trouble Day (TAA)			1:00 Who Am I? (TAA)	2:00 Afternoon Snack	1:00 Golden Gate Bridge Day (TAA)	2:00 Afternoon Snack
2:00 Snack	2:00 Afternoon Snack	2:00 Afternoon Snack	2:00 Happy Hour (TAA)	2:30 Everything Beatles (TAA)	2:00 Old Fashioned Coke Float Social	2:30 Finish the Song Lyric (TAA)
2:30 Bowling Game (TAA)	2:30 Music of Rosemary Clooney (TAA)	2:30 Short Story Reading: The Driving Lesson (TAA)				4:30 Dinner
4:30 Dinner	3:00 Garden Check-in (TAA)	4:30 Dinner	2:30 National Wine Day- All About Wines (TAA)	4:30 Dinner	2:30 Musical Jukebox (TAA)	
	4:30 Dinner		3:00 Garden Check-in (TAA)		3:00 Garden Check-in (TAA)	
			4:30 Dinner		4:30 Dinner	

CNA= CNA run group
TAA= Therapeutic Activity Assistant run group.
WS= Wellness Staff



May / June 2023



MEMORY CARE – LIFE ENRICHMENT - 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
9:00 Montessori Program (TAA) 9:30 Seated Exercises (TAA) 10:00 Coloring Project (TAA) 10:30 Name that Sound on IN2L (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Quintuplet Day (TAA) 2:00 Snack 2:30 All About Bob Hope (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Seated Exercise (TAA) 10:00 Memorial Day at Arlington Cemetery & Trivia (TAA) 10:30 Patriotic Sing Along (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA) 2:00 Afternoon Snack 3:15 Garden Check-in (CNA) 4:30 Dinner  	9:00 Worship Service (TAA) 9:30 Morning Stretch (TAA) 10:00 Smiling Our Way to Health (TAA) 10:30 All About Walt Whitman (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Cooking Project-Making Mini Pizzas (TAA) 2:00 Afternoon Snack 2:30 Garden Check-in (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Chair Dancing (TAA) 10:00 Floral Arranging- June Centerpieces (TAA) 10:30 Sing Along (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Horse-Themed Trivia (TAA) 2:00 Happy Hour (TAA)  2:00 Music of Broadway (TAA) 4:30 Dinner			
CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff						