



FRANKE
TOBEY
JONES

Enjoy your age

Garden Open House

The Garden Group is hosting an open house in the garden area between the Care Center and the Tobey Jones Building on **June 23 from 1:00 pm to 3:00 pm.**

Residents and staff are welcome to come and talk to those who have used the greenhouse or have garden plots and see what is growing. There will be at least one member of the Garden Group available for questions during all the open house hours.



WEEKLY RIDDLE

What always runs - but never walks; Often murmurs - but never talks; Has a bed - and never sleeps; Has a mouth - but never eats?

If you enjoy solving cryptograms, acrostics or crossword puzzles, you'll love solving **Quotefalls!** Each puzzle contains a hidden quote, with the spaces for each letter in that quote laid out in a typical crossword puzzle-type black and white grid. Above each column are a series of letters. Simply "drop" each letter into the appropriate squares in each row and column to reveal the hidden quote.

E	A	F	A	I	E	E	A	I	D	A	B	D	A	B	C	A	P
H	C	N	E	L	L	R	B	N	I	P	N	E	D	U	D	A	R
P	I	P	O	P	N	Y	S	S	S	T	R	H	E	U	E	I	S
T	Y	T	P	R	S		S	U			T	O	F		H	T	U
			S	S	U			Y			O				T	Y	
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~George Bernard Shaw

		MENU	
	<i>Menu subject to change due to supply shortages</i>	May 29th - June 4th	<i>Mindful Special Everything Sausage Avocado Toast</i>
	BREAKFAST	DINNER	SUPPER
M	Chilled Fruit	Minestrone Soup	Minestrone Soup
O	Assorted Fruit Juices	Fruit Salad	Split Pea, Potato & Sausage Soup
N	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
D	Poached Eggs	BBQ Roast Pork	Fruit Salad
A	Sausage Patty	Baked Cod w Tomato Caper Sauce	Tuna Salad Plate
Y	Toast	Home Fried Potato	Grilled Hot Dog
29	Whole Milk	Corn on the Cob	Baked Beans
	Coffee	Strawberry Short Cake	Dinner Roll
			Bakers Choice
T	Chilled Fruit	Cream of Chicken Soup	Cream of Chicken Soup
U	Assorted Fruit Juices	Cole Slaw	Tomato Basil Soup
E	Cream of Wheat	Mixed Green Salad	Cole Slaw
S	Apple Cinnamon Muffin	Cumin Roasted Turkey Breast	Spaghetti Bolognese
D	Grilled Ham	Braised Swiss Steak	Chicken Fried Steak
A	Eggs To Order	Brown Rice	Potatoes Anna
Y	Whole Milk	Beets	Sautéed Spinach
30	Coffee	Mint Chocolate Chip Whoopie Pie	Bread Stick
			Applesauce Bar
W			
E	Chilled Fruit	Roasted Onion Soup	Roasted Onion Soup
D	Assorted Fruit Juices	Mixed Green Salad	Cream Of Mushroom Soup
N	Old Fashioned Oatmeal	Marinated Cucumber Salad	Mixed Green Salad
E	Fried Cage Free Egg	Braised Mediterranean Chicken	Marinated Cucumber Salad
S	Bacon	Salmon Scampi	Hamburger Pie
D	Coffee Cake	Bow Tie Pasta	Grilled Ham & Cheese Sandwich
A	Whole Milk	Broccoli w Lemon & Garlic	Potato Chips/ Steamed Vegetables
Y	Coffee	Bakers Choice	Asst Desserts
31			
T	Chilled Fruit	Bean Soup	Bean Soup
H	Assorted Fruit Juices	Fruited Jell-O Salad	Grilled Chicken Tortilla Soup
U	Cream of Wheat	Mixed Green Salad	Fruited Jell-O Salad
R	Sausage Link	Stuffed Sole	Mixed Green Salad
S	Scrambled Eggs	Farmers Style Meatloaf	Taco Salad Plate
D	Buttermilk Pancakes	Au gratin Potatoes	Vegetable & Black Bean Quesadilla
A	Whole Milk	French Cut Green Beans	Corn & Tomatoes
Y	Coffee	Carrot Cake	Chocolate Peanut Butter Brownie
1			
	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
F	Assorted Fruit Juices	Carrot Raisin Salad	Carrot Raisin Salad
R	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
I	Bacon	Grilled Fish Cakes	Vegetable Pizza
D	Fried Cage Free Egg	Herb Baked Chicken Thighs	Hot Meatball Sandwich
A	Asian Breakfast Taco	Orzo w Lemon & Herbs	Potato Chips
Y	Whole Milk	Peas & Carrots	Ice Cream Sundae
2	Coffee	Bread Pudding	
S	Chilled Fruit	Chicken Vegetable Soup	Chicken Vegetable Soup
A	Assorted Fruit Juices	Cottage Cheese & Tomato	Chili Con Carne
T	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
U	Scrambled Egg	Mango Crusted Tilapia	Cottage Cheese & Tomato
R	Hash Browned Potatoes	Breaded Pork Chop	Baked Ham & Potato Casserole
D	Sausage Patty	Rice Pilaf	Bacon Cheese Burger
A	Whole Milk	Steamed Cauliflower	French Fries
Y	Coffee	Banana Pudding Pie Cup	Sauteed Kale
3			Sugar Cookies
	Chilled Fruit	Cabbage White Bean Soup	Cabbage White Bean Soup
S	Assorted Fruit Juice	Deviled Eggs	Cream of Potato Soup
U	Cream of Wheat	Mixed Green Salad	Deviled Eggs
N	Fried Cage Free Egg	Beef Tri Tip	Mixed Green Salad
D	Bacon	Fried Chicken	Penne Pasta w/ Butternut Squash
A	Cinnamon Roll	Mashed Yukon Potatoes	Stuffed Bell Peppers
Y	Whole Milk	Braised Red Cabbage	Bread Sticks
4	Coffee	Lemon Meringue Pie	Angel Food Cake with Strawberry Sauce