

Mon	Tue	Wed	Thu	Fri
Catholic Community Services Senior Nutrition Program				1 Spaghetti W Beef <u>Italian Veggie Blend</u> Garlic Bread Pears
4  WE WILL BE CLOSED FOR LABOR DAY	5 Chicken Salad Sandwich Strawberry Spinach Salad Mixed Berries Whip Cream	6 Pork Tenderloin Bake <u>Broccoli Normandy</u> Rice Grapes Oatmeal Cookies	7 Oven Fried Chicken <u>Scandinavian Blend Veg- gies</u> Roasted Potatoes Wheat Rolls	8 Lime Fish Zucchini Linguine Strawberry Rhubarb Compote
11 Beef & Rice Burrito Salsa, Guacamole Sour Cream Cucumber Tomato Salad Sautéed Cinnamon Apples	12 Salisbury Steak W/ Gravy Mashed Potatoes Sautéed Spinach Fig Newton	13 Chicken Fajita W/ Bell Peppers & Zucchini Rice Salsa, Guacamole, Sour Cream	14 Amandine Fish Broccoli Wheat Roll Orange Lemon Bar	15 Swiss Cheese Burger Lettuce & Tomatoes Wedge Fries Mixed Berries
18 Chinese Chicken Salad Wheat Roll Pears	19 Beef & Pepper Steak Brussel Sprouts Pound Cake W Strawberries Whip Cream	20 Lemon Pepper Cod Potatoes Au Gratin Pineapple Upside Down Cake	21 Sweet & Sour Pork Vegetables Rice Fortune Cookie Ice Cream	22 Vegetarian Shepard's Pie Lettuce, Tomato Carrot Salad Fig Newton
25 Honey Dijon Chicken Potatoes Beets Peaches	26 Pork Soft Tacos Mexicali Veggies Rice Salsa & Sour Cream Banana	27 Chefs Salad W/ Turkey Cheese & Egg Beans & Peas Breadsticks Peaches	28 Vegetarian Lasagna <u>Key West Blend Veggies</u> Sautéed Cinnamon Apples	29 Omelet Sausage Patty Hashbrowns Honey Dew Melon Apple Juice

This Menu is subject to change

Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.