



FRANKE  
TOBEY  
JONES

*Enjoy your age*

## FTJ Strategic Planning

Please join FTJ leadership and our developer, GSI, to review and create master planning ideas for the future of FTJ. Industry trends will be shared, and a visioning exercise will take place to hear your thoughts and ideas.

You must RSVP to attend this planning session. Contact Kelly Maxfield at [kmaxfield@franketobeyjones.com](mailto:kmaxfield@franketobeyjones.com) or 253-756-6366 **by September 29** to RSVP.

**October 5th, 9:45 am -11:15 am, Wellness Center**

**GET YOUR  
COVID BOOSTER, FLU and/or RSV SHOT  
Thursday, October 26, 2023  
10:00am—12:00; 12:30—3:30pm  
Old HCC Building**

**Please call Michelle to sign up by Oct 9. at x1251 or 253-756-6251**

Rxpress Pharmacy will be on-site to provide COVID-19 Booster Shots. You can receive one or all three shots. The Covid booster is not required but it is recommended. It's free to everyone whether you have insurance or not. You do not need to have received your COVID vaccine or booster at FTJ to be eligible. **You must bring your COVID vaccination card** to show proof of your vaccination and the date received. If you received your COVID vaccination at FTJ and cannot find your card please contact Bob Beckham. Michelle Olafson and the Admissions team will be reaching out to you to complete the appropriate forms. **All forms must be completed by October 16, 2023.**

If you can't come at the times below for your building, please come anytime between 10:00am - noon or 12:30 - 3:30pm.

The schedule is as follows:

**Tobey Jones – 10:00am-11:00am**

**Garden Apartments – 11:00am-12:00pm**

**Bristol View – 12:30pm-1:30pm**

**Duplexes – 1:30pm-2:30pm**

**Lillian Pratt – 2:30pm-3:30pm**

**Skilled Nursing and Memory Care vaccinations will happen in resident rooms starting at 10:00am.**

## Covid Update

In Skilled Nursing, testing was completed Monday and there were no additional positive results. There are currently no active COVID cases in Skilled Nursing. Group dining will resume with the evening meal, 9/25. Group activities will resume on Tuesday, 9/26. Masks are still required for all staff, visitors and residents as tolerated in Skilled Nursing. We plan to continue to test at least weekly until we go for at least two weeks with no new positive results.

In Memory Care North, testing was completed Monday and there were no additional positive results. There are still only three residents that have tested positive. Two have fully recovered and are off of isolation precautions. Due to the nature of memory care, dining and activities are continuing as normal. Masks are required for all staff, visitors and residents as tolerated in Memory Care North. We plan to continue to test at least weekly until we go for at least two weeks with no new positive results.

There continues to be no active COVID cases in Assisted Living or Memory Care (downstairs).

If you have any questions, please do not hesitate to reach out via email to me ([jduunn@franketobeyjones.com](mailto:jduunn@franketobeyjones.com)) or to Bob Beckham ([bbeckham@franketobeyjones.com](mailto:bbeckham@franketobeyjones.com)) or by phone at 253-752-6621.

Thank you,

Judy Dunn, President and CEO

		<i><b>MENU</b></i>	
	<i><b>Menu subject to change due to supply shortages</b></i>	<i><b>Oct 2nd - Oct 8th</b></i>	<i><b>Mindful Special Roasted Portobello &amp; Chard Panini</b></i>
	<i><b>BREAKFAST</b></i>	<i><b>DINNER</b></i>	<i><b>SUPPER</b></i>
<i><b>M</b></i>	Chilled Fruit	Chunky Vegetable & Orzo Soup	Chunky Vegetable & Orzo Soup
<i><b>O</b></i>	Orange Juice	Fruit Salad	Beef Mushroom & Barley Soup
<i><b>N</b></i>	Old Fashioned Oatmeal	Mixed Green Salad	Fruit Salad
<i><b>D</b></i>	Scrambled Egg	Grilled Salmon	BBQ Chicken Breast
<i><b>A</b></i>	Bacon	Roast Beef	Grilled Beef Hot Dog
<i><b>Y</b></i>	Double Chocolate Muffin	Horseradish Yukon Mashed Potatoes	Baked Beans
	Whole Milk	Buttered Corn	Macaroni Salad
<i><b>2</b></i>	Coffee	Devil's Food Cake	Bakers Choice
<i><b>T</b></i>	Chilled Fruit	Turkey Rice Soup	Turkey Rice Soup
<i><b>U</b></i>	Orange Juice	Cole Slaw	Garden Vegetable Soup
<i><b>E</b></i>	Cream of Wheat	Mixed Green Salad	Cole Slaw
<i><b>S</b></i>	Fried Large Cage Free Egg	Breaded Pork Cutlet	Chicken Tender Sandwich
<i><b>D</b></i>	Grilled Ham	Beef Stew & Cornbread	Farmers Omelet
<i><b>A</b></i>	Buttermilk Pancakes	Rice Pilaf	Hash Brown Potato Pattie
<i><b>Y</b></i>	Whole Milk	Steamed Brussel Sprouts	Potato Chips
<i><b>3</b></i>	Coffee	Strawberry Ice Cream	Chocolate Chip Cookies
<i><b>W</b></i>			
<i><b>E</b></i>	Chilled Fruit	Cauliflower Cheese Soup	Cauliflower Cheese Soup
<i><b>D</b></i>	Orange Juice	Cucumber Sour Cream Salad	Onion Soup with Parmesan Crouton
<i><b>N</b></i>	Old Fashioned Oatmeal	Mixed Green Salad	Cucumber Sour Cream Salad
<i><b>E</b></i>	Scrambled Egg	Chicken Marsala	BLT Sandwich
<i><b>S</b></i>	Sausage Link	Eggplant Parmesan	Classic Macaroni & Cheese
<i><b>D</b></i>	Apple Cinnamon Muffin	Penne Pasta	Baked Tomato
<i><b>A</b></i>	Whole Milk	French Cut Green Beans	Potato Chips
<i><b>Y</b></i>	Coffee	Garlic Black Pepper Rolls	Vanilla Pudding Cup
<i><b>4</b></i>		Cookies and Cream Blondie	
<i><b>T</b></i>			
<i><b>H</b></i>	Chilled Fruit	Egg Drop Soup	Cream of Chicken Soup
<i><b>U</b></i>	Orange Juice	Mixed Green Salad	Tossed Green Salad
<i><b>R</b></i>	Cream of Wheat	Fruited Jello Salad	Fruited Jello Salad
<i><b>S</b></i>	Whole Wheat French Toast	Pork Lo Mein	Chorizo Bacon Jam Burger
<i><b>D</b></i>	Scramble Eggs	Sweet & Sour Chicken	Broccoli Cheddar Quiche
<i><b>A</b></i>	Bacon	Steamed Brown Rice	Mixed Vegetables
<i><b>Y</b></i>	Whole Milk	Asian Blend Vegetables	French Fries
<i><b>5</b></i>	Coffee	Bakers Choice	Assorted Desserts
<i><b>F</b></i>	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
<i><b>R</b></i>	Orange Juice	Carrot Raisin Salad	Tossed Green Salad
<i><b>I</b></i>	Old Fashioned Oatmeal	Mixed Green Salad	Carrot Raisin Salad
<i><b>D</b></i>	Poached Eggs	Crispy Parmesan Tilapia	Fish & Chip Platter
<i><b>A</b></i>	Sausage Patty	Farmers Meatloaf	Sweet Italian Pizzetta
<i><b>Y</b></i>	Donuts Holes	Mashed Potatoes	Linzi Bars
	Whole Milk	Peas & Carrots	
<i><b>6</b></i>	Coffee	Banana Cream Pie Pudding Cup	
<i><b>S</b></i>	Chilled Fruit	Spring Pasta Fagioli	Spring Pasta Fagioli
<i><b>A</b></i>	Orange Juice	Cottage Cheese	Vegetable Soup
<i><b>T</b></i>	Old Fashioned Oatmeal	Mixed Green Salad	Cottage Cheese
<i><b>U</b></i>	Fried Cage Free Egg	Baked Chicken	Grilled Cheese Quesadilla
<i><b>R</b></i>	Bacon	Stuffed Cabbage Rolls	Grilled Bratwurst & Kraut
<i><b>D</b></i>	Coffee Cake	Buttered Egg Noodles	Home Fried Potatoes
<i><b>A</b></i>	Whole Milk	Green Beans w/ Bacon	California Mixed Vegetables
<i><b>Y</b></i>	Coffee	Apple Crumble	Raspberry Yogurt Mousse
<i><b>7</b></i>			
<i><b>S</b></i>	Chilled Fruit	Vegetarian Lentil & Spinach Soup	Vegetarian Lentil & Spinach Soup
<i><b>U</b></i>	Orange Juice	Waldorf Salad	Beef Barley Soup
<i><b>N</b></i>	Old Fashioned Oatmeal	Mixed Green Salad	Waldorf Salad
<i><b>D</b></i>	Eggs To Order	Fried Shrimp	Beef Pub Wrap
<i><b>A</b></i>	Bacon	Baked Ham	Teriyaki Chicken Fried Rice Bowl
<i><b>Y</b></i>	Hash Browned Potatoes	Twice Baked Potato	Sautéed Bok Choy
	Cinnamon Rolls	Steamed Broccoli	Banana Split
<i><b>8</b></i>	Whole Milk	Lemon Meringue Pie	
	Coffee		