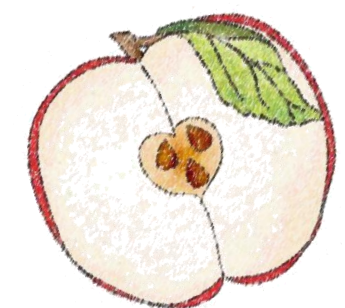
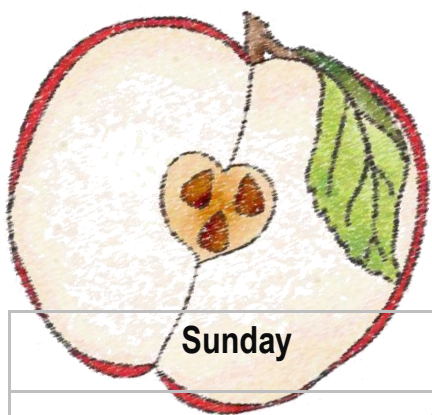




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Worship Service (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)
9:30 Morning Stretch (AR)	9:30 Morning Stretch (AR)	9:30 Tai Chi Class (AR)	9:30 Chair Dancing (AR)	9:30 Chair Yoga (AR)	9:30 Seated Cardio (AR))	9:30 Moving & Grooving with Charla (AR)
10:00 Puttering Around Day (AR)	10:00 Where Am I? (AR)	10:00 A Hallmark Day (AR)	10:00 Double Exposure (AR)	10:00 Short Story Reading – Light Over Sedona (AR)	10:00 Roll a face Game (AR)	10:00 Cranium Crunches (AR)
10:30 Putt Putt Golf Game (AR)	10:30 UPS Day (AR)	10:30 Craft Group – Making Cards (AR)	10:30 Spa Day (AR)	10:30 Flower Arranging (AR)	10:30 Sharpen Your Senses (AR)	10:30 Basketball Toss (AR)
	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)		11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:00 Name That Tune (AR)
11:15 Transition Time (CNA)	11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)	11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)
11:30 Lunch	1:00 Baking Group – Making Cherry Turnovers (AR)	1:00 Horse Racing Game (AR)	11:30 Lunch	1:00 Sage Fun Facts and Sensory Group (AR)	1:00 Bingo (AR)	11:30 Lunch
1:00 Bingo (AR)	2:00 Margarita Monday (AR)		1:00 Mandela Rock Painting (AR)	1:00 Small Group- Visit to the Ocean (Sun)		1:00 Ever-Changing Workplace/ Reminiscing (AR)
		2:00 Afternoon Snack	1:00 Men's Group - Mariners Game (TV)	2:00 Afternoon Snack	2:00 Ice Cream Social (AR)	2:00 Afternoon Snack
1:10 Men's Group - Mariners Game (TV)	2:30 Songs for the Beach (AR)	2:30 Unusual Uses of Lemon Juice (AR)	1:10 Mariners Game (TV)	2:00 Men's Group – Bowling (Sun)		2:30 Uno Card Game (AR)
2:00 Afternoon Snack	4:30 Dinner	4:30 Dinner	2:00 Happy Hour		2:30 Sing Along (AR)	4:10 Mariners Game (TV)
2:00 Small Group Flower Arranging (Sun)	6:40 Mariners Game (TV)	6:40 Mariners Game (TV)		2:30 Arthur Godfrey Day (AR)	4:10 Mariners Game (TV)	
2:30 Music of the 60's (AR)			2:00 Small Group Sensory (Sun)	4:30 Dinner	4:30 Dinner	4:30 Dinner
4:30 Dinner			2:30 Best of the 50's Music (AR)			



September 2023

Memory Care- Life Enrichment



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
9:00 Montessori Program (AR) 9:30 Seated Exercises (AR) 10:00 Happy Birthday, Beetle Bailey (AR) 10:30 Bingo (AR) 10:40 Mariners Game (TV)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Cornhole Toss Game (AR) 1:30 Fly Ball (AR) 2:00 Afternoon Snack 2:30 Occupational Trivia (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Would You Rather? (AR) 10:30 Learning About Labor Day (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:10 Mariners Game (TV)  2:00 Afternoon Snack (CNA) 2:30 Afternoon Movie (AR) 4:30 Dinner Labor Day 	9:00 Worship Service (AR)  9:30 Fly Ball (AR) 10:00 Finish the Phrase (AR) 10:30 Spa Day (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Celebrate Service Dogs (AR) 2:00 Afternoon Snack 2:15 Piggy Bankers Game (AR) 3:00 Music with John (AR)  4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Exercises (AR) 10:00 EZ Trivia (AR) 10:30 Farm Jubilee Day (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Who Am I? (AR) 1:00 Small Sensory Group (Sun) 2:00 Happy Hour (AR)  2:00 Men's Group- Basketball Shoot Out (TV) 2:30 Junk Drawer Detective (AR) 3:40 Mariners Game (TV) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Short Story Reading- Make Room for Ryder (AR) 10:15 Music with Anne & Gaye (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Horse Racing Game (AR) 1:00 Small Group Sensory (Sun) 2:00 Life Skills: Yogurt Parfait Bar  2:00 Small Group Montessori (Sun) 2:30 Flying Nun (AR) 3:40 Mariners Game (TV) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Yoga (AR) 10:00 Random Trivia (AR) 10:45 Coffee Filter Bat Craft (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Making Apple Crisp (AR)  2:00 Apple Crisp Social (AR) 2:30 Ring Toss Game (AR) 3:40 Mariners Game (TV) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Strength (AR) 10:00 Can You Picture This? (AR) 10:30 Basketball Toss (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Word Games on IN2L (AR) 1:05 Mariners Game (TV) 1:30 Beach Sensory (AR)  2:00 Afternoon Snack 2:30 Service Project: Puzzle Check (AR) 4:30 Dinner 

AR= Activity Room
SUN= Sunroom
TV= TV Room



2023



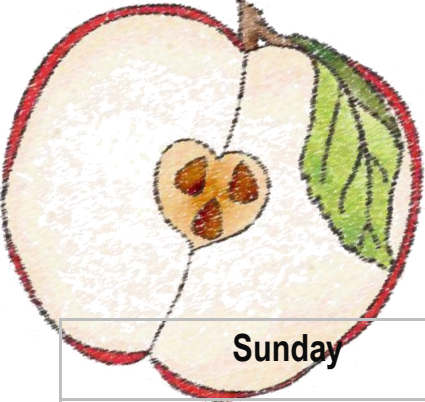
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Memory Care- Life Enrichment - 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Worship Service (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)
9:30 Fly Ball (AR)	9:30 Morning Stretch (AR)		9:30 Seated Strength (AR)	9:30 Seated Cardio (AR)	9:30 Morning Stretch (AR)	9:30 Moving & Grooving with Charla (AR)
10:00 Finish the Phrase (AR)	10:00 Baking Group: Making Muffins (AR)	9:30 Chair Dancing (AR)	10:00 Paper Airplane Contest (AR)	10:00 Classical Music with Feeling (AR)	10:00 Tabletop Games (AR)	
10:10 Mariners Game (TV)	10:45 Jeopardy Trivia (AR)	10:00 Jack & Jackie Wedding (AR)	10:30 Word Game Wednesday (AR)	10:30 A Visit to the Ocean (AR)	10:30 Make a Hat Craft (AR)	
10:30 Bingo (AR)	11:15 Transition Time (CNA)	10:30 Abstract Canvas Art (AR)	11:15 Transition Time (CNA)			
11:15 Transition Time (CNA)	11:30 Lunch	11:15 Transition Time (CNA)	11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)	10:00 Piggy Bankers Game (AR)
11:30 Lunch	1:00 We Will Never Forget: Paper Cranes (AR)	11:30 Lunch	1:00 What Am I? (AR)	1:00 Cooking Project: Veggie Bite Pizzas (AR)	11:30 Lunch	10:30 Baking Group: Making Apple Roll-ups (AR)
1:00 Bowling Game (AR)	2:00 Music with Marty (AR)	1:00 Travelogue (AR)	1:10 Men's Group: Mariners Game (TV)		1:00 Watercolor Pumpkins and Apples (AR)	11:15 Transition Time (CNA)
1:00 Small Group Montessori (Sun)			2:00 Happy Hour (AR)		2:00 Orange Float Social (AR)	11:30 Lunch
1:25 Seahawks Game (TV)	4:30 Dinner	2:00 Afternoon Snack		1:00 Men's Group – Card Game Uno (TV)		1:00 Afternoon Card Making (AR)
1:30 Sharp Dressed Man Quiz (AR)	6:40 Mariners Game (TV)	2:30 Mad Science: Corn Starch Suspension (AR)	2:00 Small Group Sensory (Sun)	2:00 Afternoon Snack	2:30 Fly Ball (AR)	2:00 Afternoon Snack
2:00 Afternoon Snack		4:30 Dinner	2:30 Name That Tune (AR)	2:00 Small Group Craft Project – Card Making (Sun)	4:30 Dinner	2:30 Ring Toss Game (AR)
2:00 Small Sensory Group – Beach Sensory (Sun)		6:40 Mariners Game (TV)	4:30 Dinner	2:30 Every Cat Should Have Its Day (AR)	7:10 Mariners Game (TV)	4:30 Dinner
2:30 Table Hockey Game (AR)						6:40 Mariners Game (TV)
4:30 Dinner						
AR= Activity Room SUN= Sunroom TV= TV Room						

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE



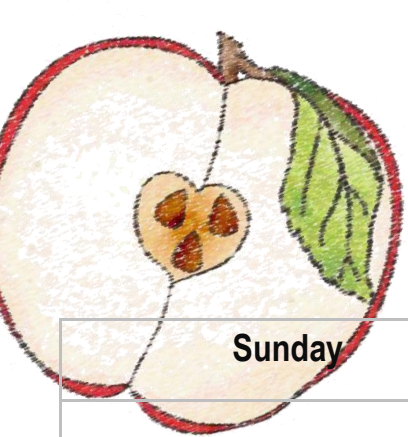
September 2023

Memory Care- Life Enrichment



FRANKE TOBEY JONES
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Worship Service (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)
9:30 Chair Dancing (AR)	9:30 Morning Stretch (AR)	9:30 Seated Cardio (AR)	9:30 Seated Exercise (AR)	9:30 Seated Cardio (AR)	9:30 Chair Dancing (AR)	9:30 Seated Exercises (AR)
10:00 Tail Gate Party Seahawks Game (AR)	10:00 Remembering Marching Bands (AR)	10:00 Tom Thumb vs. Horse Day (AR)	10:00 Finish the Phrase (AR)	10:00 Science of Fashion Preservation (AR)	10:00 Trivia Challenge on iN2L (AR)	10:00 Paper Airplane Challenge (AR)
10:30 Tabletop Games (AR)	10:30 Happy Birthday Air Force (AR)	10:30 Horse Racing Game (AR)	10:30 Table Hockey Game (AR)	10:30 Basketball Toss (AR)	10:30 Elephant Appreciation Day (AR)	10:30 Pet Therapy Visit (AR)
11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)		
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)	10:45 Beach Sensory (AR)
1:00 Honky-Tonk Day (AR)	1:00 Star of the Month (AR)	1:00 Bingo (AR)	12:37 Mariners Game (TV)	1:00 Fall Leaf Suncatchers Craft (AR)	11:30 Lunch	11:15 Transition Time (CNA)
			1:00 German Jeopardy Trivia/ All About Oktoberfest (AR)		1:00 A Visit to the Forest (AR)	11:30 Lunch
1:00 Small Group Montessori (Sun)	1:30 Fly Ball (AR)	2:00 Afternoon Snack	1:00 Small Group Craft Project (Sun)	1:00 Small Group Montessori (Sun)	2:00 Afternoon Snack	1:00 Who Am I? (AR)
1:10 Mariners Game (TV)	2:00 Italian Soda Social (AR)	2:30 Short Story Reading: Lucky Day (AR)	2:00 Oktoberfest Happy Hour (AR)	2:00 Root Beer Floats (AR)	2:30 Don Shula Day (AR)	2:00 Afternoon Snack
2:00 Afternoon Snack		4:30 Dinner			4:30 Dinner	2:30 Bowling (AR)
2:00 Small Group – Table Hockey (Sun)	2:30 Best of the Crooners (AR)	6:40 Mariners Game (TV)	2:00 Men's Group Happy Hour (TV)	2:00 Small Group Spa Day (Sun)	5:05 Mariners Game (TV)	
2:30 Basketball Toss (AR)	4:30 Dinner		2:30 Most Famous Classical Music Pieces (AR)	2:30 Best of Kenny Rogers Songs (AR)		4:05 Mariners Game (TV)
4:30 Dinner	6:40 Mariners Game (TV)		4:30 Dinner	4:30 Dinner		4:30 Dinner
AR= Activity Room SUN= Sunroom TV= TV Room						



September 2023

Memory Care- Life Enrichment



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	29	30
9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Worship Service (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)
9:30 Seated Exercise (AR)	9:30 Chair Yoga (AR)		9:30 Tai Chi Class (AR)	9:30 Morning Stretch (AR)	9:30 Seated Cardio (AR)	9:30 Seated Exercises (AR)
10:00 Piggy Bankers Game (AR)	10:00 Washers Game (AR)	9:30 Chair Dancing (AR)	10:00 Name That Sound on iN2L (AR)	10:00 Finish the Lyrics (AR)	10:00 Finish the Phrase (AR)	10:00 Roll a Face Game (AR)
10:30 German Dog Breeds (AR)	10:30 All About Barbara Walters (AR)	10:00 More Jeopardy Trivia (AR)	10:30 Piano Music with Sandra Walker	10:30 Life Skills: Making Hot Apple Cider (AR)	10:30 Horse Racing Game (AR)	10:30 Watercolor Painting (AR)
11:15 Transition Time (CNA)		10:30 Old Hollywood Day (AR)				11:15 Transition Time (CNA)
11:30 Lunch	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:30 Lunch
11:35 Mariners Game (TV)	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	1:00 Bingo (AR)
1:00 Modern Jeopardy Trivia (AR)	1:00 Name That Tune (AR)	1:00 What Am I? (AR)	1:00 Cooking Group: Veggie & Hummus Cups (AR)	1:00 Afternoon Art Project (AR)	1:00 Singing Cowboy Day (AR)	
1:05 Men's Group: Seahawks Game (TV)	2:00 Margarita Moment (AR)	2:00 Afternoon Snack	1:00 Small Group Spa Day (Sun)	1:00 Small Group- Visit to the Ocean (Sun)	2:00 Italian Soda Social (AR)	2:00 Afternoon Snack
1:30 Photographic Memory (AR)		2:30 Tabletop Hockey Game (AR)	2:00 Happy Hour (AR)	2:00 Afternoon Snack/ Hot Apple Cider (AR)		2:30 Lucky Dice (AR)
2:00 Afternoon Snack	2:30 Did You Know? (AR)	4:30 Dinner		2:00 Men's Group – Bowling (Sun)	2:30 Sewing & Fashion Trivia (AR)	4:30 Dinner
2:00 Small Group Flower Arranging (Sun)	4:30 Dinner	6:40 Mariners Game (TV)	2:00 Small Group Sensory (Sun)	2:30 Uno Card Game (AR)	4:30 Dinner	6:40 Mariners Game (TV)
2:30 Lucky Dice Game (AR)	6:40 Mariners Game (TV)		2:30 Piggy Bankers Game (AR)		7:10 Mariners Game (TV)	
4:30 Dinner			4:30 Dinner	4:30 Dinner		
			6:40 Mariners Game (TV)	6:40 Mariners Game (TV)		
AR= Activity Room SUN= Sunroom TV= TV Room						