



FRANKE
TOBEY
JONES

Enjoy your age

Master Planning Meeting Follow Up

Thank you to the many residents who attended last Thursday's meeting with FTJ's developer and architect teams. There was lots of great discussion and sharing of ideas. If you have not turned in your survey, please return to Kelly Maxfield by Friday, 10/20. If you were unable to attend and would like to take the survey, please contact Kelly. All surveys need to be turned in no later than 10/20.

Therapy Provider Change

Franke Tobey Jones is committed to ensuring residents have access to the best services to achieve and maintain their highest levels of health, wellness, and fitness. In collaboration with Consonus Healthcare, we are excited to introduce a new rehabilitation and wellness program called AgeSTRONG. AgeSTRONG is taking the place of Infinity Rehab as the therapy provider at Franke Tobey Jones. This new program will deliver physical, occupational, and speech therapy services as well as offer individual personal training programs, provide health education, and collaborate with our wellness department for future enhancements. All residents in Independent Living, Assisted Living, Memory Care and Skilled Nursing on campus will be able to participate in services. The AgeSTRONG team will coordinate the program from the current therapy clinic located in the Care Center.

Consonus is a leader in the pharmacy and rehab therapy industry, offering proven clinical programs to support improved quality of life and functional outcomes. AgeSTRONG by Consonus Rehab will have a dedicated team of therapists and fitness specialists. We are pleased to announce that the current Physical Therapists will remain at Franke Tobey Jones as part of the new AgeSTRONG team along with additional team members to support the program. They will begin connecting with residents currently on therapy or personal training services to ensure a smooth transition. All outpatient therapy and personal training sessions will be led by AgeSTRONG effective Monday, October 16, 2023.

AgeSTRONG is a Medicare-licensed Group Private Practice. Residents who receive therapy under this program will be billed directly from "Rehab Specialists Outpatient LLC". We bring this to your attention simply to provide advanced notice and avoid confusion when validating the care you receive on your Medicare Summary Notice.

We invite you to join us and the AgeSTRONG team for an **informational session on Wednesday, October 25 at 1:00pm in the Gathering Corner in the Care Center.**

For more information regarding the new AgeSTRONG program, please contact Marie Sawyer, AgeSTRONG Rehab Director at jmsawyer@consonhealth.com. If you have any questions about this change, please contact me at x1393, 253-756-6253 or bbeckham@franketobeyjones.com.

Sincerely,
Bob Beckham

GET YOUR
COVID BOOSTER, FLU and/or RSV SHOT
Thursday, October 26, 2023
10:00am—12:00; 12:30—3:30pm
Old HCC Building

Please call Michelle to sign up by Oct 9. at x1251 or 253-756-6251

Rxpress Pharmacy will be on-site to provide COVID-19 Booster Shots. You can receive one or all three shots. The Covid booster is not required but it is recommended. You do not need to have received your COVID vaccine or booster at FTJ to be eligible. **You must bring your COVID vaccination card** to show proof of your vaccination and the date received. If you received your COVID vaccination at FTJ and cannot find your card please contact Bob Beckham. Michelle Olafson and the Admissions team will be reaching out to you to complete the appropriate forms. **All forms must be completed by October 16, 2023.**

If you can't come at the times below for your building, please come anytime between 10:00am - noon or 12:30 - 3:30pm.

- The schedule is as follows:
Tobey Jones – 10:00am-11:00am
Garden Apartments – 11:00am-12:00pm
Bristol View – 12:30pm-1:30pm
Duplexes – 1:30pm-2:30pm
Lillian Pratt – 2:30pm-3:30pm
Skilled Nursing and Memory Care vaccinations will happen in resident rooms starting at 10:00am.

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|-----------------|-----------------|----------------|-------------|
| geese migration | pumpkin carving | apple bobbing | fallequinox |
| ghost stories | pumpkin pie | carnivals | festivals |
| hayrides | pumpkin race | cornshucking | folktales |
| lacrosse | | costume making | football |

		<i>MENU</i>	
	<i>Menu subject to change due to supply shortages</i>	<i>Oct 16th - Oct 22nd</i>	<i>Roast Squash, Apple & Chicken Salad</i>
	<i>BREAKFAST</i>	<i>DINNER</i>	<i>SUPPER</i>
<i>M</i>	Chilled Fruit	Minestrone Soup	Minestrone Soup
<i>O</i>	Assorted Fruit Juices	Fruit Salad	Split Pea, Potato & Sausage Soup
<i>N</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>D</i>	Poached Eggs	Roast Pork	Fruit Salad
<i>A</i>	Sausage Patty	Baked Cod w Tomato Caper Sauce	Tuna Noodle Casserole
<i>Y</i>	Toast	Mashed Potatoes	Open Faced Hot Beef Sandwich
<i>16</i>	Whole Milk	Butternut Squash	Mashed Potatoes
	Coffee	Lemon Pudding Cake	Dinner Roll
			Bakers Choice
<i>T</i>	Chilled Fruit	Cream of Chicken Soup	Cream of Chicken Soup
<i>U</i>	Assorted Fruit Juices	Cole Slaw	Butternut Squash Soup
<i>E</i>	Cream of Wheat	Mixed Green Salad	Cole Slaw
<i>S</i>	Apple Cinnamon Muffin	Cumin Roasted Turkey	Twisted Turkey Wrap
<i>D</i>	Grilled Ham	Beef Leek Pie w Biscuit Topping	Shrimp Vegetable Stir Fry
<i>A</i>	Eggs To Order	Brown Rice	Steamed Brown Rice
<i>Y</i>	Whole Milk	Steamed Beets	Potato Salad
<i>17</i>	Coffee	Pumpkin Crisp	Applesauce Bar
<i>W</i>			
<i>E</i>	Chilled Fruit	Roasted Onion Soup	Roasted Onion Soup
<i>D</i>	Assorted Fruit Juices	Mixed Green Salad	Cream Of Mushroom Soup
<i>N</i>	Old Fashioned Oatmeal	Marinated Cucumber Salad	Mixed Green Salad
<i>E</i>	Fried Cage Free Egg	Chicken Francese	Marinated Cucumber Salad
<i>S</i>	Bacon	Salmon Scampi	Cheese Ravioli
<i>D</i>	Coffee Cake	Bow Tie Pasta	Beet & Goat Cheese Grilled Sandwich
<i>A</i>	Whole Milk	Broccoli w Lemon & Garlic	Potato Chips/ Grilled Zucchini
<i>Y</i>	Coffee	Bakers Choice	Garlic Bread
<i>18</i>			Asst Desserts
<i>T</i>	Chilled Fruit	Bean Soup	Bean Soup
<i>H</i>	Assorted Fruit Juices	Fruited Jello Salad	Grilled Chicken Tortilla Soup
<i>U</i>	Cream of Wheat	Mixed Green Salad	Fruited Jello Salad
<i>R</i>	Sausage Link	Stuffed Sole	Mixed Green Salad
<i>S</i>	Scrambled Eggs	Farmers Style Meatloaf	Taco Salad Plate
<i>D</i>	Buttermilk Pancakes	Au gratin Potatoes	Vegetable & Black Bean Quesadilla
<i>A</i>	Whole Milk	French Cut Green Beans	Corn & Tomatoes
<i>Y</i>	Coffee	Carrot Cake	Chocolate Peanut Butter Brownie
<i>19</i>			
	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
<i>F</i>	Assorted Fruit Juices	Carrot Raisin Salad	Carrot Raisin Salad
<i>R</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>I</i>	Bacon	Grilled Fish Cakes	Vegetable Pizza
<i>D</i>	Fried Cage Free Egg	Herb Baked Chicken Thighs	Hot Meatball Sandwich
<i>A</i>	Asian Breakfast Taco	Orzo w Lemon & Herbs	Potato Chips
<i>Y</i>	Whole Milk	Peas & Carrots	Ice Cream Sundae
<i>20</i>	Coffee	Bread Pudding	
<i>S</i>	Chilled Fruit	Chicken Vegetable Soup	Chicken Vegetable Soup
<i>A</i>	Assorted Fruit Juices	Cottage Cheese & Tomato	Chili Con Carne
<i>T</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>U</i>	Scrambled Egg	Mango Crusted Tilapia	Cottage Cheese & Tomato
<i>R</i>	Hash Browned Potatoes	Breaded Pork Chop	Garden Vegetable Paella
<i>D</i>	Sausage Patty	Rice Pilaf	Bacon Cheese Burger
<i>A</i>	Whole Milk	Steamed Cauliflower	French Fries
<i>Y</i>	Coffee	Chunky Banana Chocolate Parfait	Dinner Roll
<i>21</i>			Sugar Cookies
	Chilled Fruit	Cabbage White Bean Soup	Cabbage White Bean Soup
<i>S</i>	Assorted Fruit Juice	Deviled Eggs	Cream of Potato Soup
<i>U</i>	Cream of Wheat	Mixed Green Salad	Deviled Eggs
<i>N</i>	Fried Cage Free Egg	Beef Tri Tip	Mixed Green Salad
<i>D</i>	Bacon	Fried Chicken	Penne Pasta w/ Butternut Squash
<i>A</i>	Cinnamon Roll	Mashed Yukon Potatoes	Grilled Chicken , Bacon & Tomato Sandwich
<i>Y</i>	Whole Milk	Braised Red Cabbage	Bread Sticks
<i>22</i>	Coffee	Lemon Meringue Pie	Angel Food Cake with Strawberry Sauce