



FRANKE
TOBEY
JONES

Enjoy your age

Franke Tobey Jones Holiday Cards

FTJ Holiday cards will, once again, be available this season starting mid-November. See more details in Tobey Topics and in your mailbox in the next couple of weeks.

Holiday Market

Join us on **Friday November 3rd** from **10am to 2pm** in the **Wellness Center**. Some of your favorite vendors will be there as well as new vendors with new products.

There will be a table of ornaments being sold for the Ruston Senior Center. A suggested donation for an ornament is \$10 (please bring cash) and all proceeds directly benefit the senior center. While most of our vendors have the ability to charge credit cards, some do not. It is recommended that you bring cash and or checks to purchase from vendors unable to process credit cards.

If you want to cash a check, you can do so with Amy in the Finance Department.



HALLOWEEN
MOVIES
WORD SEARCH

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| ADDAMS FAMILY | GHOSTBUSTERS | HOTEL TRANSYLVANIA |
| BEETLEJUICE | GOOSEBUMPS | MONSTER HOUSE |
| CASPER | HALLOWEENTOWN | MONSTERS INC |
| CORPSE BRIDE | HARRY POTTER | NIGHTMARE BEFORE |
| ET | HAUNTED MANSION | XMAS |
| FRANKENWEENIE | HOCUS POCUS | TWITCHES |

		<i>MENU</i>	
	<i>Menu subject to change due to supply shortages</i>	<i>Oct 30th - Nov 5th</i>	<i>Mindful Special Tex-Mex Pizzetta</i>
	<i>BREAKFAST</i>	<i>DINNER</i>	<i>SUPPER</i>
	Chilled Fruit	Hearty Beef Vegetable Soup	Hearty Beef Vegetable Soup
M	Assorted Fruit Juice	Fruit Salad	Cream of Fresh Broccoli Soup
O	Old Fashioned Oatmeal	Mixed Green Salad	Fruit Salad
N	Scrambled Egg	Crispy Baked Pork Chop	Egg Salad Sandwich
D	Bacon	Grilled Liver & Onions	Cheese Enchiladas
A	Egg, Sausage & Cheese Burrito	Grilled Fish Cakes	Red Beans & Rice
Y	Whole Milk	Mashed Potatoes	Potato Chips
	Coffee	Harvard Beets	Baker's Choice
30		Pineapple Upside Down Cake	
T	Chilled Fruit	Italian Wedding Soup	Italian Wedding Soup
U	Assorted Fruit Juice	Cole Slaw	Pumpkin Bisque
E	Cream of Wheat	Mixed Green Salad	Cole Slaw
S	Fried Cage Free Egg	Baked Ziti w Vegetables	Turkey Harvest Salad Plate
D	Biscuits & Gravy	Chicken Scallopini	Maple Brussel Sprout Cheddar Burger
A	Sausage Patty	Steamed Brown Rice	Tatar Tots
Y	Whole Milk	Steamed Vegetable Medley	Dinner Roll
	Coffee	Crisp Banquette	Maple Bacon Cookie
31		Spumoni Ice Cream	
W	Chilled Fruit	Cream of Vegetable Soup	Cream of Vegetable Soup
E	Assorted Fruit Juice	Mixed Green Salad	Chicken Ditalini Soup
D	Old Fashioned Oatmeal	Cucumber Sour Cream Salad	Cucumber Sour Cream Salad
N	Raisin Muffin	Lemon Sage Chicken	Grilled Ham & Swiss Melt
E	Eggs to Order	Braised Beef Tips	Hula Hula Chicken Tacos
S	Bacon	Egg Noodles	Cilantro Brown Rice
D	Whole Milk	Steamed Spinach	Sauteed Zucchini
A	Coffee	Baker's Choice	Potato Chips
Y			Chocolate Pudding Parfit
1			
T	Chilled Fruit	Minestrone Soup	Minestrone Soup
H	Assorted Fruit Juice	Hummus Plate	Lentil Soup
U	Cream of Wheat	Mixed Green Salad	Hummus Plate
R	Donuts	Maple Glazed Pork Loin	Mixed Green Salad
S	Fried Cage Free Egg	Horseradish Crusted Trout	Chorizo & Butternut Risotto
D	Grilled Ham	Garlic Mashed Potatoes	Philly Style Cheese Steak Sandwich
A	Hashbrowns	Cauliflower Au Gratin	French Fries
Y	Whole Milk	Spice Cake	Applesauce Bar
2	Coffee		
F	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
R	Assorted Fruit Juice	Carrot Raisin Salad	Carrot Raisin Salad
I	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
D	Omelet	Chopped Beef Steak	Meat Lovers Pizza
A	Blueberry Muffin	Baked Cod w Lemon Butter	Roasted Vegetable Lasagna
Y	Sausage Link	Rice Pilaf	Bread Stick
	Whole Milk	Steamed Broccoli	Asst Cookies
3	Coffee	Mixed Berry & Apple Crisp	
S	Chilled Fruit	Loaded Potato Chowder	Loaded Potato Chowder
A	Assorted Fruit Juice	Cottage Cheese	Butternut Squash Soup
T	Old Fashioned Oatmeal	Mixed Green Salad	Cottage Cheese
U	French Toast	Chicken & Dumplings	Beefy Macaroni Casserole
R	Poached Egg	Apple Cider Pork Tenderloin	Cranberry Turkey Wrap
D	Bacon	Roasted Red Potatoes	Mixed Vegetables
A	Whole Milk	Peas & Onions	Potato Chips
Y	Coffee	Ice Cream Sundae	Pound Cake w Strawberry Sauce
4			
S	Chilled Fruit	Mushroom Bisque	Mushroom Bisque
U	Orange Juice	Deviled Eggs	Navy Bean Soup
N	Cream of Wheat	Mixed Green Salad	Deviled Eggs
D	Scrambled Egg	Roasted Cornish Game Hen	Spinach Mushroom Strata
A	Sausage Link	Beef Brisket w Caramelized Onions	Chicken Fried Steak
Y	Cinnamon Rolls	Scalloped Potatoes	Caramelized Leek Mashed Potatoes
	Whole Milk	Smokey Lina Beans w Bacon	French Cut Green Beans
	Coffee	Lemon Cake	Rice Pudding w/ Raisins
5		Dinner Roll	Dinner Roll