



# Gathering Points

(253) 756-0601

*Pt. Defiance~Ruston*



2023

Operated by Franke Tobey Jones

## CENTER CLOSURES

### DECEMBER

Closed December 25



### JANUARY

Closed January 1

## SAVE THE DATE

*Volunteer Appreciation*

*Lunch - January 12*



**Spaghetti Dinner**

**Jan. 26, Noon**

**Menu:** Spaghetti, salad, dessert & wine.

**Cost:** \$9.00 Please sign up!

## STOPPING BY WOODS ON A SNOWY EVENING

By Robert Frost

Whose woods these are I think I know. His house is in the village though; He will not see me stopping here To watch his woods fill up with snow.

My little horse must think it queer To stop without a farmhouse near Between the woods and frozen lake The darkest evening of the year.

He gives his harness bells a shake To ask if there is some mistake. The only other sound's the sweep Of easy wind and downy flake.

The woods are lovely, dark and deep, But I have promises to keep, And miles to go before I sleep, And miles to go before I sleep.



The Senior Center Book Club meets the 3rd Thursday to discuss that month's book.

November: *The Madness of Crowds* by Louise Penny

December: *Lessons in Chemistry* by Bonnie Garmus

January: *Fly Away* by Kristin Hannah

February: *A Man Called Ove* by Fredrik Backman

March: *The Silent Patient* by Alex Michaelides



April: *All the Light We cannot See* by Anthony Doerr

(cont'd on pg. 2)

## RIDDLE CENTRAL

You might make me at the holidays so that you can stuff me in your face. A cake, icing, and candy make an edible dwelling place. What am I?

(Answer pg. 2)



## DISCOVERING DNA

Are you curious about DNA and how they match it? Join us as a representative from the Washington State Patrol Forensic Service Bureau discusses DNA, how it's used, and how you match your DNA with someone else's. Presentation on Monday, December 11, at 1:00 p.m. Please register!



## PINE CONE WREATHS

We are having a pine cone wreath class covering two weeks, December 6 and 13 at 1:00 p.m. Please register to save your seat!



## HOLIDAYS

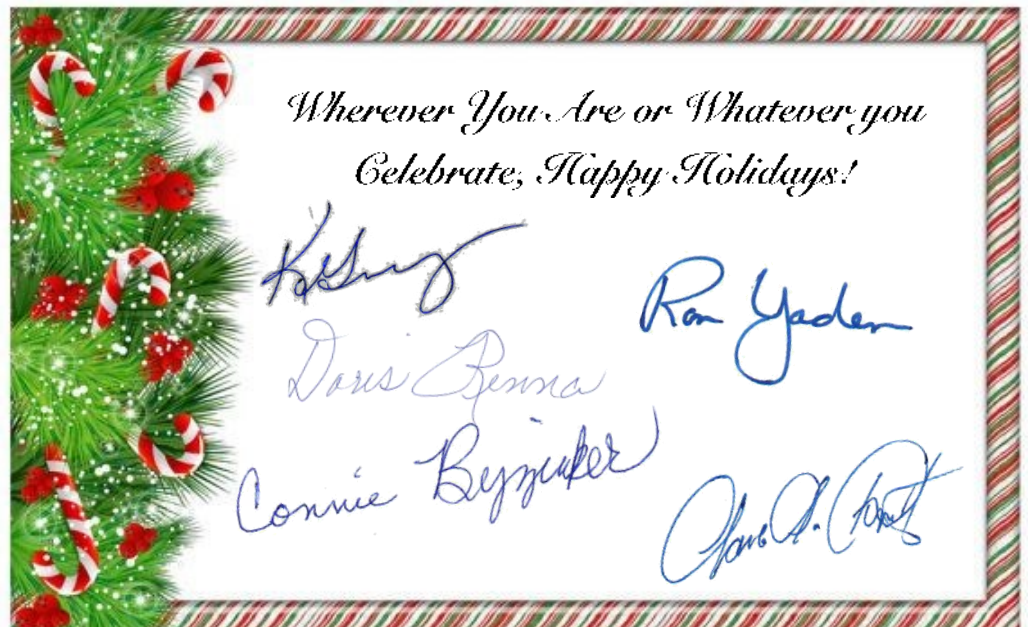
The Holiday Party will be on Thursday, December 14, starting at 11:00 a.m. There will be dancing, punch, cookies, raffle, giveaways, raffle and holiday meal. Closed Dec. 25th.

## ATTORNEY JOHNSON

Elizabeth Johnson Atty. Returns on December 19 at 10:00 a.m. to discuss Power of Attorneys and when they end. Giveaway. Please register.

## PATTI'S CRAFT PROJECT

A new craft project has been added on December 19 at 1:30 p.m. Project to be announced. Please register.





# Calendar

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*Pt. Defiance~Ruston*



2023

4716 N. Baltimore, Tacoma, WA 98407

## 1 ~ FRIDAY

9:30 Spades  
10:00 \*Strength & Balance  
11:00 Ping Pong  
1:00 \*Therapeutic Yoga  
2:30 Tai Chi

## 4 ~ MONDAY

9:00 \*Senior Footcare  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 *Stretch & Dance*  
11:00 *Blood Pressure Ck.*  
12:00 Lunch  
1:00 *Bingo*  
2:30 Tai Chi

## 5 ~ TUESDAY

10:00 Drawing w/John  
10:00 Pinochle  
10:30 Food Rescue  
12:00 Lunch  
12:30 *Mahjong*  
3:00 *Tap Dance Level 1*  
6:30 Martial Arts

## 6 ~ WEDNESDAY

10:00 \*Strength & Balance  
10:30 Food Rescue  
12:00 Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
1:00 *Pine Cone Wreaths*  
2:00 \*Therapeutic Yoga  
3:30 *Line Dance*

## 7 ~ THURSDAY

10:00 Mexican Train Dom.  
10:00 *Pinochle*  
10:00 Beginning Piano  
12:00 \*Lunch  
1:30 *Tap Dance Level 2*  
6:30 Martial Arts

## 8 ~ FRIDAY

9:30 Spades  
10:00 \*Strength & Balance  
1:00 \*Therapeutic Yoga  
2:30 Tai Chi

## 11 ~ MONDAY

10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 *Stretch & Dance*  
11:00 *Advisory Board*  
12:00 \*Lunch

## 11 ~ MONDAY CONT'D.

1:00 *DNA*  
1:00 *Tell Your Story*  
2:30 Tai Chi

## 12 ~ TUESDAY

10:00 Drawing w/John  
10:00 Pinochle  
10:00 *NO Guitar Lessons*  
10:30 Food Rescue  
12:00 Lunch  
12:30 Mahjong  
1:00 *Center Sing-along*  
3:00 *Tap Dance Level 1*  
6:30 Martial Arts

## 13 ~ WEDNESDAY

10:00 \*Strength & Balance  
10:30 Food Rescue  
12:00 Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
1:00 *Pine Cone Wreaths*  
1:30 *Early Closure for FTJ Staff Holiday Party*  
2:00 \*Therapeutic Yoga  
3:30 *Line Dance*

## 14 ~ THURSDAY

10:00 Mexican Train Game  
11:00 *Holiday Party*  
12:00 \*Lunch  
1:00 *Apple User Group*  
1:30 *Tap Dance Level 2*  
6:30 Martial Arts

## 15 ~ FRIDAY

9:30 Spades  
10:00 \*Strength & Balance  
1:00 \*Therapeutic Yoga  
2:30 Tai Chi

## 18 ~ MONDAY

10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 *Stretch & Dance*  
11:00 Blood Pressure Check  
12:00 Lunch  
1:00 *Bingo*  
2:30 Tai Chi

## 19 ~ TUESDAY

10:00 Drawing w/John  
10:00 *Attorney E. Johnson*  
10:00 Pinochle  
10:30 Food Rescue

## 19 ~ TUESDAY CONT'D.

12:00 Lunch  
12:30 Mahjong  
1:30 *Patti's Craft Project*  
3:00 Tap Dance Level 1  
6:30 Martial Arts

## 20 ~ WEDNESDAY

10:00 \*Strength & Balance  
10:30 Food Rescue  
12:00 Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
2:00 \*Therapeutic Yoga  
3:30 *Line Dance*

## 21 ~ THURSDAY

10:00 Mexican Train Game  
10:00 *Pinochle*  
10:00 *Piano*  
12:00 \*Lunch  
1:00 *Book Club*  
1:30 *Tap Dance Level 2*  
6:30 Martial Arts

## 22 ~ FRIDAY

9:30 Spades  
10:00 \*Strength & Bal.  
1:00 \*Therapeutic Yoga  
2:30 Tai Chi

## 25 ~ MONDAY



## 26 ~ TUESDAY

10:00 Drawing w/John  
10:00 Pinochle  
10:00 Guitar Lessons  
10:30 Food Rescue  
12:00 Lunch  
1:00 Mahjong  
1:00 *Center Sing-along*  
3:00 *Tap Dance Level 1*  
6:30 Martial Arts

## 27 ~ WEDNESDAY

10:00 \*Strength & Balance  
10:30 Food Rescue  
12:00 Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
2:00 \*Therapeutic Yoga  
3:30 *Line Dance*

## 28 ~ THURSDAY

10:00 Mexican Train Dom.  
10:00 Pinochle  
10:00 Piano  
12:00 \*Lunch  
1:00 Basic Computer  
1:30 *Tap Dance Level 2*  
6:30 Martial Arts

## 29 ~ FRIDAY

9:30 Spades  
10:00 \*Strength & Balance  
1:00 \*Therapeutic Yoga  
2:30 Tai Chi

## HIGHLIGHTS

Tap Dance, Level 1 - 5, 12, 19, & 26  
Pine Cone Wreaths - 6 & 13  
DNA - 11  
Advisory Board - 11  
Holiday Party - 14  
Atty. Elizabeth Johnson - 19  
Patti's Crafts - 19  
Patti's Crafts -

## 2024 LUNCHES

FTJ will be furnishing weekly Friday lunches starting February 2, 2024. Sign-up the Monday before.

## RIDDLE ANSWER

A gingerbread house.

## \*CLASS COST

*Classes with an asterisk (\*) have an associated charge.*

(WP) Weather Permitting

**Strength & Balance**

M/W/F Class: \$18/mo.

**Stretch & Dance**

Mondays: \$5/mo.

**Therapeutic Yoga**

One class per week: \$15 per month

Two classes week: \$22.00 per month

**Multiple Class Types**

Two Unrelated Classes: \$25 per month