



FRANKE
TOBEY
JONES

Enjoy your age

Wanted: Grocery Bags

The Food Bank at Mason Methodist Church needs big brown grocery bags or heavy duty plastic bags in good condition. Please bring your excess bags to the Bascom Library where Carol Bruda will collect them and bring them to the Food Bank. Look for a receptacle marked for receiving the bags.

When donating your bags, please don't use the handles to tie the bags together. It makes the bags unusable and the food bank won't take them. If you have any questions please contact Carol Bruda at 253-353-7121.

1st Annual FTJ Employee Scholarship Luncheon

Last week the Employee Scholarship Committee and nine FTJ 2023 scholarship recipients came together for lunch, an opportunity to meet and greet one another, and update everyone on career goals and achievements. "Class of 2023" scholarship recipients included (back row) Diana Sharon, Tyler Kaye, Hannah Gitonga, Ashlyn Bacon, Heidi White, Vivienne Campbell, Skip Gibson, (front row) Sarah Doerner, and Patricia Moore.

Ashlyn Bacon, recipient of three scholarships, recently finished the PLU School of Nursing and will be taking her board exams. Hannah Gitonga has one more semester of her nursing degree from the University of Washington, and Tyler Kaye is starting his internship for a degree in Vision Rehabilitation Therapy. Patricia Moore, along with colleagues Heidi White and Vivienne Campbell received funding for a **Positive Approach to Care** Dementia training. Diana Sharon used her scholarship for a National Certification for Activity Professionals and Sarah Doerner just finished a Leadership Principles course from Harvard Business School online. Skip renewed his boiler license.

We thank the Committee – Chair Jack Falskow, Shelby Clayson, Nancy Cook, Phyllis Gill, Lynn Brown, and Al Watters for their leadership and dedicated efforts in assisting FTJ employees in their learning pursuits and congratulations to all the recipients for their accomplishments!



Covid Update

I hope everyone is staying warm through this cold weather. Below is an update on the COVID status here at FTJ.

In Assisted Living there are no active cases of COVID. Masks are no longer required for staff, visitors or residents. There is one more round of testing required next week to close out this outbreak.

In Skilled Nursing the two staff and one resident that previously tested positive have fully recovered. There is one new resident that tested positive today. Unfortunately, group dining and group activities must be postponed until further notice. Masks continue to be required for staff, visitors and residents as tolerated. We will continue testing until we go two weeks with no new positives.

You may have heard that yesterday a water pipe broke in the Assisted Living dining room. As a result, the dining room is temporarily closed while we get this repaired and cleaned up. This pipe break also affected the heating system in the building so parts of the building were without heat. We have temporary heaters distributed throughout the building and to each resident room. We were able to get most of the heating system on today so hopefully things begin to warm up. We understand the stress this may cause residents and their families. We apologize for any inconvenience and thank you for your patience.

If you have any questions, please do not hesitate to reach out via email to me (jdunn@franketobeyjones.com) or Bob Beckham (bbeckham@franketobeyjones.com) or by phone at 253-752-6621.

Thank you,
Judy Dunn, President and CEO

		<i>MENU</i>	
	<i>Menu subject to change due to supply shortages</i>	<i>Jan- 22 To Jan- 28</i>	<i>Mardi Gras Pizzetta</i>
	<i>BREAKFAST</i>	<i>DINNER</i>	<i>SUPPER</i>
<i>M</i>	Chilled Fruit	Roasted Beef & Fennel Soup	Roasted Beef & Fennel Soup
<i>O</i>	Orange Juice	Fruit Salad	Roasted Tomato Tortilla Soup
<i>N</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>D</i>	Belgian Waffles	Sauté Trout With Almondine Sauce	Fruit Salad
<i>A</i>	Scramble Eggs	Bean, Pork Kielbasa & Chicken Casserole	Three Cheese Quiche
<i>Y</i>	Grilled Ham	Brown Rice & Barley Pilaf	Turkey & Bacon Panini
	Whole Milk	Summer Squash & Carrot Medley	Sweet Potato Fries
<i>22</i>	Coffee	Cranberry Apple Strudel	Broccoli Cuts
			Bakers Choice
	Chilled Fruit	Split Pea Soup w Ham	Split Pea Soup w Ham
<i>T</i>	Orange Juice	Cole Slaw	Cabbage & White Bean Soup
<i>U</i>	Cream of Wheat	Mixed Green Salad	Mixed Green Salad
<i>E</i>	Apple Cinnamon Muffin	Ground Beef Quesadilla	Cole Slaw
<i>S</i>	Fried Cage Free Egg	Braised Pork w Sauerkraut	Shrimp Spaghetti ala Genovese
<i>D</i>	Bacon	Oven Brown Potatoes	Pastrami & Swiss on Rye
<i>A</i>	Whole Milk	Peas w Onions	Potato Chips
<i>Y</i>	Coffee	Yellow Cake with Fudge Icing	Garlic Bread
<i>23</i>			Chocolate Chip Cookie
<i>W</i>			
<i>E</i>	Chilled Fruit	Chicken Gumbo	Chicken Gumbo
<i>D</i>	Orange Juice	Cucumber Sour Cream Salad	Potato Leek Soup
<i>N</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>E</i>	Blueberry Coffee Cake	Roasted Cod With Tomato Chutney	Cucumber Sour Cream Salad
<i>S</i>	Scramble Eggs	Chili Cumin Beef and Bean Casserole	Chicken Pattie Sandwich
<i>D</i>	Sausage Patty	Brown Rice	Baked Pasta Carbonara
<i>A</i>	Whole Milk	Roasted Butternut Squash	Stewed Tomatoes
<i>Y</i>	Coffee	Bread Pudding	Shoestring French Fries
<i>24</i>			Chocolate Brownie
<i>T</i>	Chilled Fruit	Hearty Beef Vegetable Soup	Hearty Beef Vegetable Soup
<i>H</i>	Orange Juice	Fruited Jello Salad	Mexican Street Corn Chowder
<i>U</i>	Cream of Wheat	Mixed Green Salad	Fruited Jello Salad
<i>R</i>	Eggs to Order	Pork & Wild Mushroom Ragout	Mixed Green Salad
<i>S</i>	Whole Wheat French Toast	Chicken Cacciatore	Classic Beef Crispy Taco
<i>D</i>	Bacon	Rotini Pasta	Tomato Mozzarella Panini
<i>A</i>	Whole Milk	Yellow Squash, Red Pepper, Pea Medley	Cilantro Lime Brown Rice
<i>Y</i>	Coffee	Garlic Crostini	Potato Chips
<i>25</i>		Bakers Choice	Cookies & Cream Cupcake
<i>F</i>	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
<i>R</i>	Orange Juice	Mixed Green Salad	Carrot Raisin Salad
<i>I</i>	Old Fashioned Oatmeal	Carrot Raisin Salad	Mixed Green Salad
<i>D</i>	Fried Cage Free Egg	Brazilian Steak Chimichurri	Cheese Pizza
<i>A</i>	Sausage Link	Tuscan Herb Tilapia	Hot Turkey Sandwich
<i>Y</i>	Mixed Berry Wheat Pancakes	Steamed Red Potatoes	Mashed Potato
	Whole Milk	Steamed Cauliflower	Pound Cake
<i>26</i>	Coffee	Chocolate Cake	
<i>S</i>			
<i>A</i>	Chilled Fruit	Loaded Baked Potato Soup	Loaded Baked Potato Soup
<i>T</i>	Orange Juice	Cottage Cheese & Tomato	Lemon Chicken Orzo Soup
<i>U</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>R</i>	Scrambled Egg	Farmers Pot Roast With Vegetables	Cottage Cheese & Tomato
<i>D</i>	Bacon	Buttermilk Fried Chicken Thighs	Tuna Mushroom Casserole
<i>A</i>	Whole Milk	Smashed Yukon Potatoes	Patty Melt Sandwich
<i>Y</i>	Coffee	Corn O'Brien	French Fries
<i>27</i>		Angel Food Cake w Orange Sauce	Butterscotch Pudding
<i>S</i>	Chilled Fruit	Bacon & Corn Chowder	Bacon & Corn Chowder
<i>U</i>	Old Fashioned Oatmeal	Mixed Green Salad	Tomato Basil Soup
<i>N</i>	Eggs To Order	Deviled Eggs	Deviled Eggs
<i>D</i>	Sausage Link	Santa Maria Salmon	Mixed Green Salad
<i>A</i>	Hash Browned Potatoes	Rosemary Grilled Pork Chop	Thai Shrimp Napa Noodle Bowl
<i>Y</i>	Cinnamon Roll	Wild Rice Pilaf	Classic Grilled Cheese Sandwich
	Whole Milk	Peas & Onions	Steam Broccoli
<i>28</i>	Coffee	Cherry Pie	Sweet potato Fries
			Oatmeal Raisin Cookie