



Covid Update

Below is an update on the COVID status here at FTJ.

In Assisted Living there are no active cases of COVID. Masks are no longer required for staff, visitors or residents. There is no additional testing required unless there is a new positive case.

In Skilled Nursing there is one new resident and one new staff member that tested positive this week. Unfortunately, group dining and group activities are still postponed until further notice. Masks continue to be required for staff, visitors and residents as tolerated. We will continue testing until we go two weeks with no new positives.

If you have any questions, please do not hesitate to reach out via email to me (jdunn@franketobeyjones.com) or Bob Beckham (bbeckham@franketobeyjones.com) or by phone at 253-752-6621.

Thank you,
Judy Dunn, President and CEO

S	O	U	T	H	D	A	K	O	T	A	X	M	J	P	K	W	D	M	P	T	J	Y	S	I
O	I	C	W	Y	C	L	F	B	M	F	M	H	A	N	H	U	D	A	A	L	A	S	K	A
U	R	S	F	P	I	A	M	S	F	Q	N	D	Q	E	W	A	M	T	K	K	X	U	N	L
T	D	E	X	I	L	B	L	W	M	A	I	S	A	W	N	E	W	H	L	O	P	A	C	X
H	L	N	G	A	L	A	S	W	G	R	T	I	Z	Y	E	P	K	A	C	U	I	A	M	S
C	T	E	Q	O	I	M	F	I	O	T	N	A	T	O	W	C	I	I	I	S	K	G	A	F
A	K	B	G	F	N	A	H	L	E	I	T	T	F	R	H	N	X	Y	I	I	A	X	R	J
R	F	R	O	B	O	C	F	S	G	O	U	H	G	K	A	E	C	U	G	I	E	U	Y	G
O	X	A	I	R	I	N	U	R	S	C	X	T	A	V	M	Y	O	T	N	T	N	D	L	N
L	D	S	P	M	S	H	I	E	I	I	W	A	L	W	P	L	L	R	V	H	U	T	A	H
I	E	K	X	F	C	V	N	T	P	T	A	Y	E	R	S	A	O	G	M	Z	N	I	N	X
N	L	A	G	A	A	N	C	P	N	I	S	N	N	K	H	F	R	G	E	I	D	T	D	A
A	A	K	S	Z	I	E	I	F	I	N	H	T	E	L	I	O	A	A	S	O	P	T	M	P
K	W	S	E	M	N	S	U	G	N	D	I	K	V	L	R	O	D	N	J	O	R	O	P	L
H	A	J	J	N	S	Z	E	E	L	I	N	A	A	G	E	A	O	E	U	C	H	G	P	R
M	R	N	O	I	T	P	P	V	S	A	G	C	D	Y	N	C	I	Y	I	A	J	I	I	R
L	E	C	S	U	B	U	B	N	G	N	T	E	A	A	S	Y	E	D	L	S	F	S	O	A
B	N	S	G	A	N	E	C	V	G	A	O	P	T	I	E	S	B	K	A	J	L	T	E	E
U	I	T	L	Y	S	Y	O	K	O	H	N	N	W	F	R	J	O	U	J	H	N	A	T	B
M	I	S	S	O	U	R	I	N	Y	Q	O	Y	V	E	D	L	M	V	K	O	O	M	N	N
G	Q	D	W	Y	O	M	I	N	G	M	G	N	J	V	N	D	E	I	M	P	Q	Y	F	D
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T	E	P	M	B	R	V	E	Y	B	G	E	S	X	K	S	T	E	X	I	W	E	Q	O	U
A	R	I	Z	O	N	A	T	E	N	N	E	S	S	E	E	V	B	Y	M	D	A	R	R	F
N	O	R	T	H	C	A	R	O	L	I	N	A	G	L	I	M	F	V	I	I	M	W	V	D

Word List - "US States"

Alabama	Louisiana	North Dakota
Alaska	Maine	Ohio
Arizona	Maryland	Oklahoma
California	Massachusetts	Oregon
Colorado	Michigan	Pennsylvania
Connecticut	Minnesota	Rhode Island
Delaware	Mississippi	South Carolina
Florida	Missouri	South Dakota
Georgia	Montana	Tennessee
Hawaii	Nebraska	Texas
Idaho	Nevada	Utah
Illinois	New Hampshire	Vermont
Indiana	New Jersey	Virginia
Iowa	New Mexico	Washington
Kansas	New York	Wisconsin
Kentucky	North Carolina	Wyoming

		<i>MENU</i>	
	<i>Menu subject to change due to supply shortages</i>	<i>Jan -29 To Feb 4</i>	<i>Mardi Gras Pizzetta</i>
	<i>BREAKFAST</i>	<i>DINNER</i>	<i>SUPPER</i>
<i>M</i>	Chilled Fruit	Minestrone Soup	Minestrone Soup
<i>O</i>	Assorted Fruit Juices	Fruit Salad	Split Pea, Potato & Sausage Soup
<i>N</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>D</i>	Poached Eggs	Italian Meatballs Marinara	Fruit Salad
<i>A</i>	Sausage Patty	Baked Parmesan Dijon Crusted Chicken	Asparagus & shiitake mushrooms frittata
<i>Y</i>	Toast	Spaghetti	Open Faced Hot Beef Sandwich
<i>29</i>	Whole Milk	Green Beans	Mashed Potatoes
	Coffee	Dinner Roll	Bakers Choice
		Lemon Pudding Cake	
<i>T</i>	Chilled Fruit	Asian Chicken & Mushroom soup	Asian Chicken & Mushroom soup
<i>U</i>	Assorted Fruit Juices	Cole Slaw	Hearty Beef Vegetable Soup
<i>E</i>	Cream of Wheat	Mixed Green Salad	Cole Slaw
<i>S</i>	Apple Cinnamon Muffin	Grilled Garlic & Herbs Sole	Shrimp Louie Salad
<i>D</i>	Grilled Ham	Beef Leek Pie w Biscuit Topping	Chicken Philly
<i>A</i>	Eggs To Order	Roasted Red Potatoes	French Fries
<i>Y</i>	Whole Milk	Steamed Beets	Garlic Bread
<i>30</i>	Coffee	Pumpkin Crisp	Applesauce Bar
<i>W</i>			
<i>E</i>	Chilled Fruit	Roasted Onion Soup	Roasted Onion Soup
<i>D</i>	Assorted Fruit Juices	Mixed Green Salad	Cream Of Mushroom Soup
<i>N</i>	Old Fashioned Oatmeal	Marinated Cucumber Salad	Mixed Green Salad
<i>E</i>	Fried Cage Free Egg	Pork Cuban Mojo	Marinated Cucumber Salad
<i>S</i>	Bacon	Southwestern Chicken Thigh	Cheese Ravioli
<i>D</i>	Coffee Cake	Au Gratin Potato	Monte Cristo
<i>A</i>	Whole Milk	French Cut Green beans	Sweet Potato Fries
<i>Y</i>	Coffee	Bakers Choice	Grilled Zucchini
<i>31</i>			Asst Desserts
<i>T</i>	Chilled Fruit	Red Pepper & Basil Soup	Red Pepper & Basil Soup
<i>H</i>	Assorted Fruit Juices	Fruit Jello Salad	Grilled Chicken Tortilla Soup
<i>U</i>	Cream of Wheat	Mixed Green Salad	Fruit Jello Salad
<i>R</i>	Sausage Link	Vegetable Curry	Mix Green Salad
<i>S</i>	Scrambled Eggs	Salmon Scampi	Penne Pasta w/ Butternut Squash
<i>D</i>	Buttermilk Pancakes	White Steam Rice	Tomato, Bacon, Cheddar Baguette
<i>A</i>	Whole Milk	Broccoli w Lemon & Garlic	Potato Chips
<i>Y</i>	Coffee	Carrot Cake	Chocolate Peanut Butter Brownie
<i>01</i>			
	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
<i>F</i>	Assorted Fruit Juices	Carrot Raisin Salad	Carrot Raisin Salad
<i>R</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>I</i>	Bacon	Blackened Chicken	Pepperoni Pizza
<i>D</i>	Fried Cage Free Egg	Farmers Style Meatloaf	Twisted Turkey Wrap
<i>A</i>	Asian Breakfast Taco	Mashed Potato	Potato Fries
<i>Y</i>	Whole Milk	Peas & Carrots	Ice Cream Sundae
<i>02</i>	Coffee	Bread Pudding	
<i>S</i>	Chilled Fruit	Chicken Vegetable Soup	Chicken Vegetable Soup
<i>A</i>	Assorted Fruit Juices	Cottage Cheese & Tomato	Chili Con Carne
<i>T</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>U</i>	Scrambled Egg	Grilled Cod With Mango Salsa	Cottage Cheese & Tomato
<i>R</i>	Hash Browned Potatoes	Breaded Pork Chop	Wild Mushroom Risotto
<i>D</i>	Sausage Patty	Rice Pilaf	Bacon Cheese Burger
<i>A</i>	Whole Milk	Steamed Cauliflower	French Fries
<i>Y</i>	Coffee	Chunky Banana Chocolate Parfait	Sugar Cookies
<i>03</i>			
	Chilled Fruit	Fired Roasted Corn Soup	Fired Roasted Corn Soup
<i>S</i>	Assorted Fruit Juice	Deviled Eggs	Cream of Potato Soup
<i>U</i>	Cream of Wheat	Mixed Green Salad	Deviled Eggs
<i>N</i>	Fried Cage Free Egg	Beef Goulash	Mixed Green Salad
<i>D</i>	Bacon	Fried Chicken	Classic Macaroni & Cheese
<i>A</i>	Cinnamon Roll	Mashed Yukon Potatoes	BBQ Pull Pork Sandwich
<i>Y</i>	Whole Milk	Braised Red Cabbage	Potato Chips
<i>04</i>	Coffee	Lemon Meringue Pie	Angel Food Cake with Strawberry Sauce