



FRANKE  
TOBEY  
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Covid Update

Here is the latest update on the COVID status at FTJ.

In Skilled Nursing, testing was completed Monday with no new positive results. Group dining resumed Monday with the noon meal. Group activities resumed Tuesday. Masks are encouraged but no longer required for staff, visitors and residents. We will continue testing until we go for at least two weeks with no new positives.

If you have any questions, please do not hesitate to reach out via email to me ([jdunn@franketobeyjones.com](mailto:jdunn@franketobeyjones.com)) or Bob Beckham ([bbeckham@franketobeyjones.com](mailto:bbeckham@franketobeyjones.com)) or by phone at 253-752-6621.

Thank you,  
Judy Dunn, President and CEO

Additions to the Bascom Library

Several new books have been added to the Bascom Library and are now on the shelves ready to be checked out.

The new selections are located on the New Arrivals shelves.



A math challenge is group of numbers formed in a block filled with addition, subtraction, multiplication and division. Use the numbers 1 through 16 to complete the equation.

Each number is only used once.  
Each row is a math equation. Work from left to right.  
Each column is a math equation. Work from top to bottom.

	/		+		/		4
+		+		-		-	
	/		-		+		9
-		X		/		+	
	-		/		+		20
+		+		-		X	
	-		X		-		-73
14		61		-3		116	

		<i><b>MENU</b></i>	
	<i>Menu subject to change due to supply shortages</i>	<i><b>Feb- 5 to Feb-11</b></i>	<i><b>Mediterranean Veggie Wrap</b></i>
	<i><b>BREAKFAST</b></i>	<i><b>DINNER</b></i>	<i><b>SUPPER</b></i>
<i><b>M</b></i>	Chilled Fruit	Chicken Mulligatawny Soup	Chicken Mulligatawny Soup
<i><b>O</b></i>	Assorted Fruit Juice	Fruit Salad	Tomato Basil Soup
<i><b>N</b></i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i><b>D</b></i>	Poached Cage Free Egg	Chicken Lemon butter	Linguine With Clam Sauce
<i><b>A</b></i>	Turkey Sausage Link	Zucchini, Bacon & Swiss Frittata	Roast Beef & Cheddar Panini
<i><b>Y</b></i>	Blueberry Muffin	Buttered Egg Noodles	Sweet Potato Fries
	Whole Milk	Sauteed Spinach	Roasted Cauliflower
<i><b>5</b></i>	Coffee	Steamed Vegetable Medley	French Roll
		Cherry Pie	Bakers Choice
<i><b>T</b></i>	Chilled Fruit	Sweet Potato and Black Bean Chili	Sweet Potato and Black Bean Chili
<i><b>U</b></i>	Assorted Fruit Juice	Mixed Green Salad	Gingered Carrot Soup
<i><b>E</b></i>	Cream of Wheat	Coleslaw	Mixed Green Salad
<i><b>S</b></i>	Scrambled Eggs	Grilled Pork Chop & Chili Lime Sauce	Tuna Salad Croissant
<i><b>D</b></i>	Buttermilk Pancakes	BBQ Pot Roast	General Tso's Chicken Bowl
<i><b>A</b></i>	Grilled Ham	Baked Potato	Asian Steamed Vegetables
<i><b>Y</b></i>	Whole Milk	Peas And Carrots	Potato Chips
<i><b>6</b></i>	Coffee	Steamed Broccoli	Monster Cookie
		White Cake	
<i><b>W</b></i>			
<i><b>E</b></i>	Chilled Fruit	Cream of Mushroom Soup	Cream of Mushroom Soup
<i><b>D</b></i>	Assorted Fruit Juice	Cucumber Sour Cream Salad	Navy Bean Soup
<i><b>N</b></i>	Old Fashioned Oatmeal	Mixed Green Salad	Cucumber Sour Cream Salad
<i><b>E</b></i>	Western Scrambled Eggs	Fried Oysters	Mixed Green Salad
<i><b>S</b></i>	Bacon	Chicken Adobo	Thai Beef Salad
<i><b>D</b></i>	Coffee Cake	Barley Pilaf with Carrots and Lemon	Cape Codder Turkey Sandwich
<i><b>A</b></i>	Whole Milk	Corn O'Brien with Peppers	Sauteed Zucchini
<i><b>Y</b></i>	Coffee	Grilled Asparagus	French Fries
<i><b>7</b></i>		Pear Cobbler	Apple Cranberry Bar
<i><b>T</b></i>			
<i><b>H</b></i>	Chilled Fruit	Vegetarian Lentil Soup	Vegetarian Lentil Soup
<i><b>U</b></i>	Assorted Fruit Juice	Mixed Green Salad	Chicken Orzo Soup
<i><b>R</b></i>	Cream of Wheat	Fruited Jello	Mixed Green Salad
<i><b>S</b></i>	French Toast	Tarter Tot Casserole	Mushroom Lasagna
<i><b>D</b></i>	Eggs to Order	Crispy Parmesan Tilapia	Turkey Ala King w/ Biscuit
<i><b>A</b></i>	Sausage Link	Garlic Mashed Potato	Steamed Vegetable Medley
<i><b>Y</b></i>	Whole Milk	Yellow Squash, Red Pepper & Pea	Garlic Breadstick
	Coffee	Steamed Brussels Sprouts	Orange Ginger Yogurt Mousse
<i><b>8</b></i>		Bakers Choice	
<i><b>F</b></i>	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
<i><b>R</b></i>	Assorted Fruit Juice	Mixed Green Salad	Mixed Green Salad
<i><b>I</b></i>	Old Fashioned Oatmeal	Carrot Raisin Salad	Carrot Raisin Salad
<i><b>D</b></i>	Scrambled Egg	Shrimp Scampi	Mushroom & Butternut Squash Pizza
<i><b>A</b></i>	Bacon	Spaghetti & Meat sauce	French Dip Sandwich
<i><b>Y</b></i>	Apple Cinnamon Muffin	Spaghetti w Parsley	Steak Cut Fries
<i><b>9</b></i>	Whole Milk	Broccoli & Carrots	California Mix Vegetables
	Coffee	Garlic Bread	Chocolate Chuck Brownie
		Lemon Blueberry Cake	
<i><b>S</b></i>	Chilled Fruit	Split Pea Soup	Split Pea Soup
<i><b>A</b></i>	Assorted Fruit Juice	Mixed Green Salad	Cheese Soup
<i><b>T</b></i>	Old Fashioned Oatmeal	Cottage Cheese	Mixed Green Salad
<i><b>U</b></i>	Fried Cage Free Egg	Fried Chicken	Salmon Tzatziki Burger
<i><b>R</b></i>	Eggs Benedict	Pork Roast	Kielbasa Sausage
<i><b>D</b></i>	Sausage Patties	Mashed Potatoes	Home Fried Potatoes
<i><b>A</b></i>	Whole Milk	Green Beans w Tomatoes	Steamed Cauliflower
<i><b>Y</b></i>	Coffee	Grilled Yellow Squash	Vanilla Pudding Cup
<i><b>10</b></i>		Banana Split	
	Chilled Fruit	Cream of Tomato Soup	Cream of Tomato Soup
	Assorted Fruit Juice	Waldorf Salad	Bacon & Corn Chowder
<i><b>S</b></i>	Cream of Wheat	Mixed Green Salad	Mixed Green Salad
<i><b>U</b></i>	Poached Egg	Coq Au Vin	Italian Sub Sandwich w Pasta Salad
<i><b>N</b></i>	Bacon	Chipotle Mango Glazed Ham	Cumin Shrimp Quesadilla
<i><b>D</b></i>	Cinnamon Roll	Scalloped Potatoes	Potato Chips
<i><b>A</b></i>	Whole Milk	Peas & Pearl Onions	Steamed Vegetable Medley
<i><b>Y</b></i>	Coffee	Braised Collard Greens	Oatmeal Raisin Cookie
<i><b>11</b></i>		Dutch Apple Pie	