



# Gathering Points

(253) 756-0601

*Pt. Defiance~Ruston*

**MARCH** 2024

Operated by Franke Tobey Jones

## 2024 CENTER CLOSURES

Memorial Day May 27	Labor Day Sept. 2
4th of July July 4	Thanksgiving Nov. 28
	Dec. Holiday, Dec. 25



FRANKE TOBEY JONES

**100<sup>TH</sup>**  
*Anniversary*  
2024

## THE MARCH WIND

By Anonymous

I come to work as well as  
play; I'll tell you what I do;  
I whistle all the live-long  
day, Woo-oo-oo-oo! Woo-  
oo!"

I toss the branches up and  
down And shake them to  
and fro, I whirl the leaves in  
flocks of brown, And send  
them high and low.

I strew the twigs upon the  
ground, The frozen earth I  
sweep, I blow the children  
round and round And wake  
the flowers from sleep.

## STRETCH & DANCE

We have added another day to Molly's Stretch & Dance class. The additional class will be on Wednesdays following the Strength and Balance class. This does not replace the Monday class. Now you can attend it two days a week. Cost: \$10 per month for both classes.

## TAP CLASS

There has been a time change for the Tuesday Tap Dance class. It will change from 3:00 to 3:15 p.m.

## HAND AND FOOT

It's time to get our Hand and Foot card game back! Starting in March, the game will be held twice monthly: March 11, at 9:00 a.m. the cards will start to fly. It will continue on March 25. The game will be on the second and fourth Monday each month.

## TAXES

AARP Tax preparers have been busily working on taxes for the community. If you have not had yours done, call today for an appointment. There is now limited availability so don't wait to the last minute to call when they don't have space. Taxes are prepared at Pt. Defiance-Ruston Senior Center on Fridays and Saturdays from 9:00 a.m.-2:30 p.m. If you need an appointment on a different day, the same program is on Tuesdays at Lighthouse Senior Center (253-327-1112). It will also be offered at Beacon Senior Center (253-327-1228) on March 12th. Call the centers directly for appointments. Happy taxes!

## VIRGINIA HOUSER



For those of you who knew Virginia Houser, a desk volunteer for many years, I want to let you know that she passed away on Friday, February 16, 2024. At this time the family is not planning a memorial service. If I find out otherwise, I will post it on the bulletin board. She will be missed.

## BEGINNING CROCHET

Vicki Cornwell will be joining us to teach Beginning Crochet. The class will begin on Monday, March 4, at 1:00 p.m., and it will be every week. Yarn is provided, but the color will be limited. If you would like a specific color, please bring your own.



## INTRO. TO COMPUTERS



Thanks to the Ben Cheney Foundation, we have been able to upgrade our technology. For those of you who might not know how to operate a computer or if you are afraid of computers, this class will walk you through the ins and outs of operating a computer. Ron will be teaching this class., and you will be able to check out a computer to practice at home. This class starts on Wednesday, the 6th, at 9:00 a.m. Please sign up for this free class. Space is limited.



The Senior Center Book Club meets the 3rd Thursday to discuss that month's book.

March: *The Silent Patient* by Alex Michaelides

April: *All the Light We Cannot See* by Anthony Doerr

May: *Killing Floor* by Lee Child

June: *Remarkably Bright Creatures* by Shelby Van Pelt

July: Educated by Tara Westover

## RIDDLE CENTRAL

Why is March the most popular time of the year?

(Answer pg. 2)





# Calendar

(253) 756-0601

*Pt. Defiance~Ruston*

**MARCH**

**2024**

4716 N. Baltimore, Tacoma, WA 98407

## 1 ~ FRIDAY

9:00 *AARP Tax Prep*  
9:30 Spades  
10:00 \*Strength & Balance  
12:00 *\*FTJ Lunch*  
1:30 \*Therapeutic Yoga  
2:30 Tai Chi

## 2 ~ SATURDAY

9:00 *AARP Tax Prep*

## 4 ~ MONDAY

10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 *Blood Pressure Ck*  
11:00 \*Stretch & Dance  
12:00 \*Lunch  
1:00 *Beginning Crochet*  
2:30 Tai Chi

## 5 ~ TUESDAY

10:00 Drawing w/John  
10:00 Pinochle  
10:00 Guitar Lessons  
10:30 Food Rescue  
12:00 \*Lunch  
12:30 Mahjong  
1:00 Sing-along  
3:15 *Tap Dance Level 1*  
6:30 Martial Arts

## 6 ~ WEDNESDAY

9:00 *Intro. to Computers*  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 *\*Stretch & Dance*  
12:00 \*Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
2:00 \*Therapeutic Yoga  
3:30 *Line Dance*

## 7 ~ THURSDAY

10:00 Mexican Train Game  
10:00 *Pinochle*  
10:00 *Piano*  
12:00 \*Lunch  
1:30 *Tap Dance Level 2*  
4:00 *LGBTQ Yoga*  
6:30 Martial Arts

## 8 ~ FRIDAY

9:00 *AARP Tax Prep*  
9:30 Spades  
10:00 \*Strength & Balance  
12:00 *\*FTJ Lunch*  
1:30 \*Therapeutic Yoga  
2:30 Tai Chi



## 9 ~ SATURDAY

9:00 *AARP Tax Prep*

## 11 ~ MONDAY

9:00 *Hand & Foot*  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 *\*Stretch & Dance*  
12:00 \*Lunch  
1:00 *Beginning Crochet*  
2:30 Tai Chi

## 12 ~ TUESDAY

10:00 Drawing w/John  
10:00 Pinochle  
10:30 Food Rescue  
12:00 \*Lunch  
12:30 Mahjong  
3:15 Tap Dance Level 1  
6:30 Martial Arts

## 13 ~ WEDNESDAY

9:00 *Intro. to Computers*  
10:00 \*Strength & Balance  
10:30 Food Rescue  
10:30 *Advisory Board Mtg.*  
11:00 *\*Stretch & Dance*  
12:00 \*Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
2:00 \*Therapeutic Yoga  
3:30 *Line Dance*

## 14 ~ THURSDAY

10:00 Mexican Train Dom.  
10:00 Pinochle  
10:00 Piano  
12:00 \*Lunch  
1:00 *Apple User Group*  
1:30 *Tap Dance Level 2*  
4:00 *LGBTQ Yoga*  
6:30 Martial Arts

## 15 ~ FRIDAY

9:00 *AARP Tax Prep*  
9:30 Spades  
10:00 \*Strength & Bal.  
12:00 *\*FTJ Lunch*

## 16 ~ SATURDAY

9:00 *AARP Tax Prep*

## 18 ~ MONDAY

10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 *\*Stretch & Dance*  
11:00 *Blood Pressure Ck.*  
12:00 \*Lunch

## 18~ MONDAY CONT'D.

1:00 *Beginning Crochet*  
2:30 Tai Chi

## 19 ~ TUESDAY

10:00 Drawing w/John  
10:00 Pinochle  
10:00 Guitar Lessons  
10:30 Food Rescue  
12:00 \*Lunch  
12:30 Mahjong  
1:00 *Center Sing-along*  
3:15 Tap Dance Level 1  
6:30 Martial Arts

## 20 ~ WEDNESDAY

9:00 *Intro. to Computers*  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 *\*Stretch & Dance*  
12:00 \*Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
2:00 \*Therapeutic Yoga  
3:30 *Line Dance*

## 21 ~ THURSDAY

10:00 Mexican Train Dom.  
10:00 Pinochle  
10:00 Piano  
12:00 \*Lunch  
1:00 *Book Club*  
1:30 *Tap Dance - Level 2*  
4:00 *LGBTQ Yoga*  
6:30 Martial Arts

## 22 ~ FRIDAY

9:00 *AARP Tax Prep*  
9:30 Spades  
10:00 \*Strength & Balance  
12:00 *\*FTJ Lunch*  
1:30 \*Therapeutic Yoga  
2:30 Tai Chi

## 23~ SATURDAY

9:00 *AARP Tax Prep*

## 25 ~ MONDAY

9:00 *Hand & Foot*  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 *\*Stretch & Dance*  
12:00 \*Lunch  
1:00 *Beginning Crochet*  
2:30 Tai Chi

## 26 ~ TUESDAY

10:00 Drawing w/John  
10:00 Pinochle

## 26 ~ TUESDAY CONT'D

10:30 Food Rescue  
12:00 \*Lunch  
12:30 Mahjong  
3:15 Tap Dance Level 1  
6:30 Martial Arts

## 27 ~ WEDNESDAY

9:00 *Intro. to Computers*  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 *\*Stretch & Dance*  
12:00 \*Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
2:00 \*Therapeutic Yoga  
3:30 *Line Dance*

## 28 ~ THURSDAY

10:00 Mexican Train Dom.  
10:00 Pinochle  
10:00 Piano  
12:00 \*Lunch  
1:00 *Basic Computer*  
1:30 *Tap Dance - Level 2*  
4:00 *LGBTQ Yoga*  
6:30 Martial Arts

## 29 ~ FRIDAY

9:00 *AARP Tax Prep*  
9:30 Spades  
10:00 \*Strength & Balance  
12:00 *\*FTJ Lunch*  
1:30 \*Therapeutic Yoga  
2:30 Tai Chi

## 30~ SATURDAY

9:00 *AARP Tax Prep*

## RIDDLE ANSWER

It's spring-time.



## \*CLASS COST

*Classes with an asterisk (\*) have an associated charge.*

**Strength & Balance**  
M/W/F Class: \$18/mo.

**Stretch & Dance**  
Mondays & Wednesday:  
\$10/mo.

**Therapeutic Yoga**  
One class per week: \$15  
per month

**Multiple Class Types**  
Two Classes: \$25 per  
month