



FRANKE
TOBEY
JONES

Enjoy your age



FTJ Umbrellas

It's that rainy time of the year again! If you have a black and white FTJ umbrella in your apartment, please kindly put it in one of the umbrella holders near the front door in your building so we can all use them.



Covid Update

On Monday of this week two residents in the same apartment in Assisted Living tested positive for COVID. A round of testing was completed on Tuesday with no new positive cases. As a result, group dining and group activities will continue. This will be re-evaluated if things change. Masking is now required for staff, visitors and residents as tolerated and visitation it to take place in resident rooms. We will continue to test until there is at least two weeks with no new positive results.

There is also one new COVID-positive staff in the Care Center but no additional testing is required at this point and therefore there are no changes to Care Center operations.

If you have any questions, please do not hesitate to reach out via email to me (jdunn@franketobeyjones.com) or to Bob Beckham (bbeckham@franketobeyjones.com) or by phone at 253-752-6621.

Tacoma Opera Change

Unfortunately Tales of Hoffman has been canceled and will be replaced by Madame Butterfly. The performance date is changed to **Sunday April 21st at 2:00pm**. If you are a season ticket holder, your tickets have automatically been reassigned. If you purchased individual tickets, the Opera has refunded your ticket. If you want to attend the performance of Madame Butterfly and were a single ticket holder, please call or email Heidi and she will purchase tickets for you. FTJ will provide transportation to the April 21st 2:00pm performance.

Changes to the Celebration of Life Bell Ringing

We have decided to host the Celebration of Life Bell Ringing every OTHER month instead of monthly to give family members more time to plan to attend. A special invitation has been designed to include in all family sympathy cards that we send after a resident has passed.

For 2024, Bell Ringing's will be held on
April 26,
June 28,
August 30,
October 25 and
January 3, 2025.



		<i>MENU</i>	
	<i>Menu subject to change due to supply shortages</i>	<i>Mar - 4 To Mar - 10</i>	<i>Veggie & Cheese Frittata Sandwich</i>
	<i>BREAKFAST</i>	<i>DINNER</i>	<i>SUPPER</i>
<i>M</i>	Chilled Fruit	Minestrone Soup	Minestrone Soup
<i>O</i>	Assorted Fruit Juices	Fruit Salad	Split Pea, Potato & Sausage Soup
<i>N</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>D</i>	Poached Eggs	Italian Meatballs Marinara	Fruit Salad
<i>A</i>	Sausage Patty	Baked Parmesan Dijon Crusted Chicken	Asparagus & shiitake mushrooms frittata
<i>Y</i>	Toast	Spaghetti	Open Faced Hot Beef Sandwich
<i>4</i>	Whole Milk	Green Beans	Mashed Potatoes
	Coffee	Roasted Cauliflower	Peas & Carrots
		Dinner Roll	Bakers Choice
		Cherry Dark Chocolate Cookie	
<i>T</i>	Chilled Fruit	Asian Chicken & Mushroom soup	Asian Chicken & Mushroom soup
<i>U</i>	Assorted Fruit Juices	Cole Slaw	Hearty Beef Vegetable Soup
<i>E</i>	Cream of Wheat	Mixed Green Salad	Cole Slaw
<i>S</i>	Apple Cinnamon Muffin	Grilled Garlic & Herbs Sole	Shrimp Louie Salad
<i>D</i>	Grilled Ham	Beef Leek Pie w Biscuit Topping	Chicken Philly
<i>A</i>	Eggs To Order	Roasted Red Potatoes	French Fries
<i>Y</i>	Whole Milk	Steamed Beets	Grilled Zucchini
<i>5</i>	Coffee	Braised Collard Greens	Garlic Bread
		Tiramisu Coffee Cake	Applesauce Bar
<i>W</i>			
<i>E</i>	Chilled Fruit	Roasted Onion Soup	Roasted Onion Soup
<i>D</i>	Assorted Fruit Juices	Mixed Green Salad	Cream Of Mushroom Soup
<i>N</i>	Old Fashioned Oatmeal	Marinated Cucumber Salad	Mixed Green Salad
<i>E</i>	Fried Cage Free Egg	Pork Cuban Mojo	Marinated Cucumber Salad
<i>S</i>	Bacon	Southwestern Chicken Thigh	Cheese Ravioli
<i>D</i>	Coffee Cake	Au Gratin Potato	Monte Cristo
<i>A</i>	Whole Milk	French Cut Green beans	Sweet Potato Fries
<i>Y</i>	Coffee	Steamed Brussels Sprouts	Grilled Zucchini
<i>6</i>		Raspberry White Chocolate Scone	Asst Desserts
<i>T</i>	Chilled Fruit	Red Pepper & Basil Soup	Red Pepper & Basil Soup
<i>H</i>	Assorted Fruit Juices	Fruit Jello Salad	Grilled Chicken Tortilla Soup
<i>U</i>	Cream of Wheat	Mixed Green Salad	Fruit Jello Salad
<i>R</i>	Sausage Link	Vegetable Curry	Mix Green Salad
<i>S</i>	Scrambled Eggs	Salmon Scampi	Penne Pasta w/ Butternut Squash
<i>D</i>	Buttermilk Pancakes	White Steam Rice	Tomato, Bacon, Cheddar Baguette
<i>A</i>	Whole Milk	Broccoli w Lemon & Garlic	Potato Chips
<i>Y</i>	Coffee	Asian Steamed Vegetables	Steamed Cauliflower
<i>7</i>		Carrot Cake	Chocolate Peanut Butter Brownie
	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
<i>F</i>	Assorted Fruit Juices	Carrot Raisin Salad	Carrot Raisin Salad
<i>R</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>I</i>	Bacon	Blackened Chicken	Pepperoni Pizza
<i>D</i>	Fried Cage Free Egg	Farmers Style Meatloaf	Twisted Turkey Wrap
<i>A</i>	Asian Breakfast Taco	Mashed Potato	Potato Fries
<i>Y</i>	Whole Milk	Peas & Carrots	Steam Broccoli & Carrots
<i>8</i>	Coffee	California Mixed Vegetables	Ice Cream Sundae
		White Oreo Cake	
<i>S</i>	Chilled Fruit	Chicken Vegetable Soup	Chicken Vegetable Soup
<i>A</i>	Assorted Fruit Juices	Cottage Cheese & Tomato	Chili Con Carne
<i>T</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>U</i>	Scrambled Egg	Grilled Cod With Mango Salsa	Cottage Cheese & Tomato
<i>R</i>	Hash Browned Potatoes	Breaded Pork Chop	Wild Mushroom Risotto
<i>D</i>	Sausage Patty	Rice Pilaf	Bacon Cheese Burger
<i>A</i>	Whole Milk	Steamed Cauliflower	French Fries
<i>Y</i>	Coffee	Sauteed Spinach	Peas & Carrots
<i>9</i>		Chunky Banana Chocolate Parfait	Sugar Cookies
	Chilled Fruit	Fired Roasted Corn Soup	Fired Roasted Corn Soup
<i>S</i>	Assorted Fruit Juice	Deviled Eggs	Cream of Potato Soup
<i>U</i>	Cream of Wheat	Mixed Green Salad	Deviled Eggs
<i>N</i>	Fried Cage Free Egg	Beef Goulash	Mixed Green Salad
<i>D</i>	Bacon	Fried Chicken	Classic Macaroni & Cheese
<i>A</i>	Cinnamon Roll	Mashed Yukon Potatoes	BBQ Pull Pork Sandwich
<i>Y</i>	Whole Milk	Braised Red Cabbage	Potato Chips
<i>10</i>	Coffee	Grilled Asparagus	Steamed Vegetable Medley
		Lemon Meringue Pie	Angel Food Cake with Strawberry Sauce