
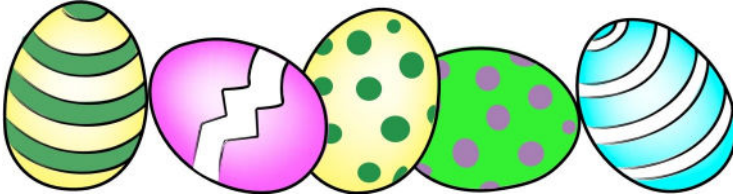


Mon	Tue	Wed	Thu	Fri
				<p>1 Omelet Sausage Patty Hashbrowns Honeydew Melon</p>
<p>4 Honey Dijon Chicken Potatoes Beets Peaches</p>	<p>5 Sloppy Joe Sandwich Tomato, Cucumber Feta, Onion Salad Yogurt &amp; Strawberries</p>	<p>6 Chef Salad w/Turkey, Cheese &amp; Egg Beans &amp; Peas Breadsticks Peaches</p>	<p>7 Swiss Cheese Burger w/Lettuce &amp; Tomatoes Wedge Fries Mixed Berries</p>	<p>8 Amandine Fish Broccoli Wheat Roll Orange Lemon Bar</p>
<p>11 Minestrone Soup Baked Potato Mixed Berries w/Whipped Cream</p>	<p>12 Spaghetti w/Beef Green Beans Garlic Bread Pears</p>	<p>13 Chicken Fajita w/Bell Peppers &amp; Zucchini Rice Salsa, Guacamole, Sour Cream</p>	<p>14 Beef Shepard's Pie Lettuce, Tomato, Carrot Salad Fig Newton</p>	<p>15 Irish Stew Beef &amp; Cabbage Potatoes &amp; Carrots Biscuits Apples &amp; Cinnamon</p>
<p>18 Oven Fried Chicken Green Beans Roasted Potatoes Wheat Rolls Orange</p>	<p>19 Pork Tenderloin Bake Spinach Butternut Squash Grapes Oatmeal Cookie</p>	<p>20 Beef Barley Soup Caesar Salad Fresh Apple Ginger Snaps</p>	<p>21 Sweet &amp; Sour Pork Vegetables Rice Fortune Cookie Ice Cream</p>	<p>22 Beef &amp; Pepper Steak Brussel Sprouts Pound Cake w/Strawberries &amp; Whipped Cream</p>
<p>25 Vegetarian Lasagna Green Beans Sautéed Cinnamon Apples</p>	<p>26 Cream of Mushroom Soup 1/2 Chicken Salad Sandwich Berry Crisp</p>	<p>27 Salisbury Steak w/Gravy Mashed Potatoes Sautéed Spinach Fig Newton</p>	<p>28 Ham Scalloped Potatoes Green Beans Green Salad &amp; Roll Strawberry Shortcake</p>	<p>29 Franke Tobey Jones will be providing a sack lunch today and we are having a Potluck !</p>

**This Menu is subject to change. Lunch is served promptly at 12 noon.**

Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
				<b>Omelet</b> Calories= 710 Carb=71 Sodium=740
<b>Honey Dijon Chicken</b> Calories=730 Carb=64 Sodium=480	<b>Sloppy Joes</b> Calories =660 Carbs=62 Sodium710	<b>Chef Salad</b> Calories=720 Carb= 56 Sodium=720	<b>Swiss Cheeseburger</b> Calories =810 Carb=80 Sodium=690	<b>Amandine Fish</b> Calories=680 Carb=71 Sodium=680
<b>Minestrone Soup</b> Calories=770 Carbs=96 Sodium= 640	<b>Spaghetti</b> Calories=635 Carb=75 Sodium=520	<b>Chicken Fajitas</b> Calories =680 Carb=78 Sodium= 740	<b>Beef Shepard's Pie</b> Calories=670 Carb=85 Sodium=540	<b>Irish Stew</b> Calories= 800 Carb=92 Sodium=710
<b>Oven Fried Chicken</b> Calories= 780 Carbs=74 Sodium=520	<b>Pork Tenderloin Bake</b> Calories=739 Carb=90 Sodium=620	<b>Beef Barley Soup</b> Calories= 710 Carb=90 Sodium=750	<b>Sweet &amp; Sour Pork</b> Calories=810 Carb=102 Sodium=610	<b>Beef Pepper Steak</b> Calories= 810 Carb=97 Sodium=760
<b>Vegetable Lasagna</b> Calorie= 690 Carb=80 Sodium=790	<b>Cream Of Mushroom Soup</b> Calories= 710 Carbs=72 Sodium=470	<b>Salisbury steak with Gravy</b> Calories= 800 Carb=92 Sodium=710	<b>Ham</b> Calories 700 Carb= 101 Sodium= 1500	