About Us

Franke Tobey Jones is a retirement community and non-profit. As part of their non-profit, they provide the community with programs such as Senior University, a Wellness Program and the Senior Centers. In 1998, Franke Tobey Jones began operating Pt. Defiance~Ruston Senior Center. When they had the opportunity to include Beacon and Lighthouse in 2023, they saw it as an opportunity to expand their mission and touch the lives of additional seniors.

Mission

To deliver quality services that promote growth and independence among older adults in Tacoma and surrounding communities. We pursue this mission with the belief that seniors are valuable members of the community who benefit from comprehensive educational, informational, cultural, civic and social programming.





Meals

Catholic Community Services provides nutritious lunches

Beacon and Lighthouse Monday - Friday

Point Defiance ~ RustonMonday - Thursday
Friday— FTJ provides lunch

Donation \$3.50 for 60+ \$6.00 for those younger

Community Service

All three Centers provide community services. These services may include AARP Tax Preparation, Safe Driver's Program, Diabetes Screening, Flu/RSV/COVID shots and more.



Activity
Centers for
Seniors



Pt Defiance ~ Ruston Sr. Center

4716 N. Baltimore, Tacoma, WA 98407 (253) 756-0601

pdrseniorcenter@franketobeyjones.com 9:00am-3:00 p.m., Ages 55+

Wellness

- Tap Dance
- Stretch & Dance
- Acupuncture
- Strength & Balance
- Food Bank

Classes

- Guitar Lessons
- Computer Classes
- Drawing w/John
- Piano
- Legal Issues

Entertainment

- Sing-along
- Pinochle

- Mahjong
- Cribbage
- Cards



Kate Gray & Hershey Senior Centers Director



Ron Yaden & Hershey **Assistant**

Lighthouse Senior Center

5016 A Street, Tacoma, WA 98408 (253) 327-1112 lighthouse@franketobeyjones.com 8:00am-3:00pm, Ages 60+

Classes

- Quilting
- Crafts
- Beginning Drawing
- Life Changes
- Story Hour

Wellness

- Brain Fitness
- Sit Down Exercises
- SAIL Classes
- Beanbag Baseball
- Yoga with Ed

Entertainment

(253) 327-1228

Scrapbooking

• Brain Games

Crafts with Vicki

Discussion Group

Computer Classes

Classes

Beacon Senior Center

415 S. 13th St. Tacoma, WA 98402

beacon@franketobeyjones.com

Wellness

• Tai Chi

Yoga with Ed

• Strength & Balance

• Beachball Volleyball

8:00am-3:00pm, Ages 60+

- Randy Litch
- Karaoke
- Movie & Popcorn
- Cards
- Potlucks



Lynn Fillmore Site Supervisor



Vicki Cornwell **Site Coordinator**

Entertainment

- Puget Sound Sing-along
- Mexican Train Dominos
- Book Club
- Bingo



Wendy Wells Site Supervisor



Diana Sharon Site Coordinator

