## **May Lectures and Events**

\*Indicates registration is required.

Wednesday, May 1

Meaningful Movies: Birthing Justice\*

A film and conversation about the maternal health experience for minorities. 2:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Thursday, May 2, May 9, May 16, May 23, & May 30

Shakespeare Operas\*

10:00 am, Bristol View 1<sup>st</sup> Floor Bowditch Room

Thursday, May 2

Tacoma's Japanese Community, 1920s to Present\*

This presentation focuses on found objects and research. 2:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Thursday, May 2

Ken Jacobsen Music-Music for Flute and Guitar\*

The perfect combination of frequency and timbre to complement each other. 4:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Friday, May 3

Layered Hearts Fabric Pendants\*

The only skill needed for this workshop is basic hand sewing. 10:00 am – 12:00 pm, Tobey Jones Craft Room

Friday, May 3

**Underrepresented Artists Lecture Series\*** 

2:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Tuesday, May 7 & May 14

Great Courses – Oceanography: Exploring Earth's Final Wilderness\*

This DVD series takes you on a scientific expedition to fathom the ocean's mysteries. 11:00 am, Tobey Jones Parlor

Tuesday, May 7

Celebrating 100 Years of FTJ - Tacoma Through the Decades: The Outbreak of Peace and the Suburbs, 1950s\*

4:00 pm, MJ Wicks Wellness Center

Wednesday, May 8

Working Past 65? Medicare and Employer Coverage\*

You will learn the do's and don'ts that will help you with the decision process. 11:00 am, Zoom (Pre-register at medicareclass.net)

Wednesday, May 8

Nature around Tacoma Series: Oak Prairie Ecosystems at Oak Tree Park\*

2:00 pm, Field Trip (Bus leaves the Bistro at 1:30 pm)

Wednesday, May 8

Staying Safe in your Home\*

This class will discuss environmental modifications and awareness.

4:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Thursday, May 9

Aging With a Plan\*

An educational and interactive seminar to learn about your pre-planning options. 4:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Friday, May 10

Houselessness: The Problem, Faces, and Solutions\*

We are going to investigate multiple facets of the problem and explore solutions. 10:00 am, Bristol View 1<sup>st</sup> Floor Bowditch Room

Friday, May 10

How We "Dunnit": Writing and Publishing Murder Mysteries\*

2:00 – 4:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Tuesday, May 14

Psychology to Travel\*

There is a psychology to travel. What is it?

4:00 pm, MJ Wicks Wellness Center

Wednesday, May 15

Bee-Friendly Apiculture\*

We'll talk about how to make a more bee-friendly environment.

10:00 am, Bristol View 1<sup>st</sup> Floor Bowditch Room

Wednesday, May 15

Seniors Helping Seniors: Botox Scams\*

Come join Seniors Helping Seniors and learn about fake Botox scams! Unscrupulous doctors are targeting seniors and people who would like cosmetic treatments. This class will discuss what you should look for in assessing your cosmetic treatments. 2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, May 16

Chat with Councilman John Hines\*

4:00 pm, MJ Wicks Wellness Center

Friday, May 17, May 24, & May 31

Elegies, Obits, & Honoring Life in Writing: A Creative Exploration with Dr. Sarah A. Chavez\*

10:00 am – 12:00 pm, Tobey Jones Multipurpose Room

Friday, May 17 & May 31

Tai Chi, Qi Gong, and Health\*

This is a class in Tai Ji (Tai Chi) fundamentals of practice and philosophy. 2:00 pm, Zoom Meeting ID: 824 7905 1964 Passcode: 845170

Tuesday, May 21

Pinwheels & Posies\*

Learn to create a bouquet of crepe paper flowers with whimsical pinwheels.

10:00 am – 12:00 pm, Tobey Jones Craft Room

Tuesday, May 21

Challenges and Tips for Downsizing\*

2:00 pm, MJ Wicks Wellness Center

Wednesday, May 22

The Film Musical Love Me Tonight (1932) versus the Hollywood Production Code\* 10:00 am, Bristol View 1st Floor Bowditch Room

Wednesday, May 22

Literary League Book Club—The Gown: A Novel of the Royal Wedding\*

2:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Thursday, May 23

Pretty Gritty Tacoma Lectures: Tacoma's China Town\*

3:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Friday, May 24

American Music - Hosted by Ian Crocker\*

 $\label{thm:condition} \mbox{Guitarist lan Crocker delivers a solo guitar performance}.$ 

4:00 pm, MJ Wicks Wellness Center

Tuesday, May 28

Working Past 65? Medicare and Employer Coverage\*

3:30 pm, Zoom (Pre-register at medicareclass.net)

Wednesday, May 29

Great Courses - King Arthur: History and Legend  $\mbox{\ensuremath{^{*}}}$ 

An overview of the Arthurian phenomenon in a 12-week video series.

10:00 am, Lillian Pratt Parlor

Wednesday, May 29

What Teenagers Haven't Explained: An Overview of Current Young Culture\*

An interactive exploration into what the current young people's culture is today. 4:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Thursday, May 30

Great Decisions Discussion: U.S. - China Trade Rivalry\*

 $3:00\ pm,\ Zoom\ (Pre-register\ to\ receive\ the\ Zoom\ link)$ 



# Live & Learn

May 2024

**Educational Enrichment Opportunities** 

### **Campus Locations**

**Main Campus** 

5340 N Bristol Street Tacoma, WA 98407 253.752.6621

Pt. Defiance~Ruston Senior Center

4716 N Baltimore Street Tacoma, WA 98407 253.756.0601

Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

# indicates fee and registration required

\* indicates registration required



To check for schedule changes, e-mail jwennstrom@ franketobeyjones.com

# **Unravelling the Mystery of Publication**

Join Senior University for:

How We "Dunnit": Writing and Publishing Murder Mysteries

Three published murder mystery authors will discuss their road to publication (and beyond) after retiring from non-writing careers. Class will include where the stories come from, the writing process and the ups and downs of publication. The discussion is designed for those who are considering writing, those who love to read , and those who are curious about how a book comes to be. RSVP to participate on Friday, May 10 from 2:00-4:00 pm in the Bristol View  $1^{st}$  Floor Bowditch Room.

Presenter Bios:

Roxanne Dunn has studied writing in Paris and Seattle. She is the author of Murder Unrehearsed and Murder Undetected and writes the galley column for Pacific Yachting magazine. Murder Undetected is currently short-listed for the Chanticleer International Book Award for Mystery and Mayhem. Roxanne is working on her third novel, Murder Richly Deserved. <a href="https://www.roxannedunn.com/">https://www.roxannedunn.com/</a>



Linda Norlander is the author of the acclaimed A Cabin by the Lake mysteries series including Death of an Editor, Death of a Starling, Death of a Snow Ghost, and Death of a Fox. Her first book in a new series, The Death of Goldie's Mistress, a Liza and Mrs. Wilkens mystery was published in February. She was a finalist in the Tucson Festival of Books literary competition and has written several awardwinning books on end-of-life care. She was a guest columnist for the Tacoma News Tribune and has had short humor published in regional and national publications. She has extensive presentation experience including recent sessions at the PNWA annual conference, Malice Domestic and Bouchercon. <a href="https://www.lindanorlander.com/">https://www.lindanorlander.com/</a>



Charlotte Stuart PhD has published ten mysteries since 2019 and recently received a 1st Place Series Award in the Chanticleer International Mystery & Mayhem competition for her Discount Detective Mysteries. Although her passion is for writing humorous mysteries with twisty plots, she has also started a new traditional mystery series set in the 70s and featuring an Alaskan village police officer. https://www.charlottestuart.com4

## Learn About the "Tacoma Method"

Pretty Gritty Tacoma Lectures: Tacoma's China Town\*

On November 3rd, 1885, a group of Tacomans lead by the mayor expelled the Chinese population of Tacoma from the city and burned the neighborhood to the ground in a violent act of mistrust and betrayal. Come explore the history of Tacoma with us. We are proud to offer this class in celebration of the Franke Tobey Jones Centennial this year. RSVP to join Senior University on Thursday, May 23 at 3:00 pm in the Bristol View 1<sup>st</sup> Floor Bowditch Room and hear another great lecture by Chris Staudinger, travel expert, media marketer, and tour guide.

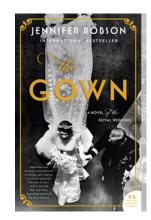


# May 2024

| Mon                       | Tue   | Wed   | Thu  | Fri   |
|---------------------------|---|---|--|---|
|                           | FRANKE TOBEY JONES  TH  Anniversary 2024  | 1 2:00 (BV) Meaningful Movies— Birthing Justice*  | 2 10:00 (BV) Shakespeare Operas* 2:00 (BV) Tacoma's Japanese Community, 1920s to Present* 4:00 (BV) Ken Jacobsen Music—Music | 3 10:00 (C) Layered Hearts Fabric Pendants*  2:00 (BV) Underrepresented Artists Lecture Series*   |
| 6                         | 7 11:00 (TJ) Great Courses – Oceanography: Exploring Earth's Final Wilderness* 4:00 (W) Tacoma Through the Decades: The Outbreak of Peace and the Suburbs, 1950s* | 8 11:00 (Z) Working Past 65? Medicare and Employer Coverage* 2:00 (FT) Nature Around Tacoma Series: Oak Prairie Ecosystems at Oak Tree Park* 4:00 (BV) Staying Safe in your Home* | 9 10:00 (BV) Shakespeare Operas* 4:00 (BV) Aging With a Plan*  | <ul> <li>10:00 (BV) Houselessness: The Problem, Faces, and Solutions*</li> <li>2:00 (BV) How We "Dunnit": Writing and Publishing Murder Mysteries*</li> </ul> |
| 13                        | 14 11:00 (TJ) Great Courses – Oceanography: Exploring Earth's Final Wilderness* 4:00 (W) Psychology to Travel*  | 15 10:00 (BV) Bee-Friendly Apiculture* 2:00 (BV) Seniors Helping Seniors: Botox Scams*  | 16 10:00 (BV) Shakespeare Operas* 4:00 (W) Chat with Councilman John Hines*  | 17 10:00 (M) Elegies, Obits, & Honoring Life in Writing: A Creative Exploration with Dr. Sarah A. Chavez* 2:00 (Z) Tai Chi, Qi Gong, and Health*              |
| 20                        | 21  10:00 (C) Pinwheels & Posies*  2:00 (W) Challenges and Tips for Downsizing*   | 22 10:00 (BV) The Film Musical Love Me Tonight (1932) Versus the Hollywood Production Code* 2:00 (BV) Literary League Book Club— The Gown: A Novel of the Royal Wedding*          | 23 10:00 (BV) Shakespeare Operas* 3:00 (BV) Pretty Gritty Tacoma Lectures: Tacoma's China Town*                              | 24 10:00 (M) Elegies, Obits, & Honoring Life in Writing: A Creative Exploration with Dr. Sarah A. Chavez* 4:00 (W) American Music - Hosted by lan Crocker*    |
| HAPPY  ***  Memorial  Day | 28 3:30 (Z) Working Past 65? Medicare and Employer Coverage*  | 29 10:00 (LP) Great Courses - King Arthur: History and Legend* 4:00 (BV) What Teenagers Haven't Explained: An Overview of Current Young Culture*                                  | 30  10:00 (BV) Shakespeare Operas*  3:00 (Z) Great Decisions Discussion: U.S China Trade Rivalry*                            | 31 10:00 (M) Elegies, Obits, & Honoring Life in Writing: A Creative Exploration with Dr. Sarah A. Chavez* 2:00 (Z) Tai Chi, Qi Gong, and Health*              |



Non scholae sed vitae discimus.
We do not learn for school but for life.



# Wednesday, May 22 Literary League Book Club—The Gown: A Novel of the Royal Wedding\*

Join us as we discuss The Gown: A Novel of the Royal Wedding by Jennifer Robson About the book: London, 1947: Besieged by the harshest winter in living memory, burdened by onerous shortages and rationing, the people of postwar Britain are enduring lives of quiet desperation despite their nation's recent victory. Among them are Ann Hughes and Miriam Dassin, embroiderers at the famed Mayfair fashion house of Norman Hartnell. Together they forge an unlikely friendship, but their nascent hopes for a brighter future are tested when they are chosen for a once-in-alifetime honor: taking part in the creation of Princess Elizabeth's wedding gown. 2:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

### Legend

- # Registration and fee
- \* Registration, no cost

#### **Location Codes:**

- (B) Lillian Pratt Bascom Library
- (BV) Bristol View Bowditch Room
- (C) Tobey Jones Craft Room
- (FT) Field Tr
- (LP) Lillian Pratt Parlo
- (M) Tobey Jones Multipurpose Room
- (TI) Tohey Jones Parlo
- W) MJ Wicks Wellness Center
- (WS) Tobey Jones Woodshop
- (Z) Zoom