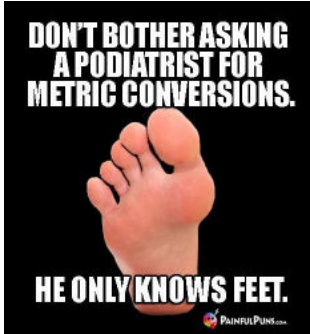




Additional Services Available at FTJ

Here at Franke Tobey Jones, we offer a range of on-site services to make it easier to get the care you need. These services include:

- A Nurse Practitioner—AL, MC Only
- Psychiatrist—AL, SN, MC Only
- Podiatry
- Dental & Dental Hygiene
- Audiology
- Salon Services and
- Optometry



Please reach out to Maggie Conley, Social Services Coordinator, to inquire more about these services and to make appointments at 253-756-6313 or via email at mconley@franketobeyjones.com.

Understanding Dementia Presentations

Caring for a loved one with dementia poses many challenges for families and caregivers. People with dementia such as Alzheimer’s and related diseases have a progressive biological brain disorder that makes it more and more difficult for them to remember things, think clearly, communicate with others and take care of themselves. In addition, dementia can cause mood swings and even change a person’s personality and behavior. Join us for one or more of these Understanding Dementia classes to further understand this disease and the challenges it may be presenting to you or a loved one. Our guest speaker will be the wonderful and compassionate Jake Gamble from Generations Home Care. Also learn about important information you need to know if you’re thinking about transitioning to a memory care community. After the presentation, those who are interested can tour our Memory Care and/or Assisted Living. Enjoy beverages and a selection of desserts too. It will be very informative and beneficial.

SEATS ARE LIMITED! RSVP by March 22nd to Adelia at 253-756-6278 or anunn@franketobeyjones.com

- March 27 **Various Types of Dementia** and how they affect people differently.
- April 10 **Early Onset Dementia.** 10 warning signs, when to get help, how to let go.
- April 24 **How to Address & Cope With Difficult Behaviors.** Also, family dynamics around memory loss, how to resolve issues with out-of-touch family.
- May 8 **How to Visit With a Loved One Who Doesn’t Recognize You Any More**

Friendly Reminder About Using the Bascom Library

The books in the Bascom Library are for the use of residents and staff members only. Please don’t loan books to family members. This will allow books to be readily available for all to enjoy. Questions? Please contact Carol Bruda at 253-353-7121.



		<i>MENU</i>	
	<i>Menu subject to change due to supply shortages</i>	<i>Mar -18 To Mar- 24</i>	<i>Honey BBQ Ranch Chicken Sandwich</i>
	<i>BREAKFAST</i>	<i>DINNER</i>	<i>SUPPER</i>
	Chilled Fruit	Cream of Fresh Broccoli Soup	Cream of Fresh Broccoli Soup
<i>M</i>	Assorted Fruit Juice	Fruit Salad	Wicked Thai Chicken And Rice
<i>O</i>	Old Fashioned Oatmeal	Mixed Green Salad	Fruit Salad
<i>N</i>	Scrambled Egg	Cod Provencal	Egg Salad Sandwich
<i>D</i>	Bacon	Beef Romen Noodle Bowl	Chicken And Cheese Verde Enchilada
<i>A</i>	Egg, Sausage & Cheese Burrito	Stem White Rice	Red Beans & Rice
<i>Y</i>	Whole Milk	Steam Broccoli & Carrots	Potato Chips
	Coffee	Harvard Beets	Steamed Vegetable Medley
<i>18</i>		Pineapple Upside Down Cake	Baker's Choice
<i>T</i>	Chilled Fruit	Italian Wedding Soup	Italian Wedding Soup
<i>U</i>	Assorted Fruit Juice	Cole Slaw	Butternut Squash Bisque
<i>E</i>	Cream of Wheat	Mixed Green Salad	Cole Slaw
<i>S</i>	Fried Cage Free Egg	Penne Pasta Caprese	Turkey Harvest Salad Plate
<i>D</i>	Biscuits & Gravy	Arroz Con Pollo	Crispy Fish Burger
<i>A</i>	Sausage Patty	Rice pilaf	Tatar Tots
<i>Y</i>	Whole Milk	Steamed Vegetable Medley	Grilled Zucchini
	Coffee	Crisp Banquette	Dinner Roll
<i>19</i>		Spumoni Ice Cream	Maple Bacon Cookie
<i>W</i>	Chilled Fruit	Cream Of Zucchini Soup	Cream Of Zucchini Soup
<i>E</i>	Assorted Fruit Juice	Mixed Green Salad	Chicken Ditalini Soup
<i>D</i>	Old Fashioned Oatmeal	Cucumber Sour Cream Salad	Cucumber Sour Cream Salad
<i>N</i>	Raisin Muffin	Crispy Bake pork Chop	Grilled Ham & Swiss Melt
<i>E</i>	Eggs to Order	Beef And Mushroom Meatloaf	Hula Hula Chicken Tacos
<i>S</i>	Bacon	Mashed Sweet Potato	Refried Beans
<i>D</i>	Whole Milk	Steamed Spinach	Sauteed Zucchini
<i>A</i>	Coffee	Roasted Cauliflower	Potato Chips
<i>Y</i>		Baker's Choice	Chocolate Pudding Parfit
<i>20</i>			
<i>T</i>	Chilled Fruit	Minestrone Soup	Minestrone Soup
<i>H</i>	Assorted Fruit Juice	Hummus Plate	Beef & Red Bean Chili
<i>U</i>	Cream of Wheat	Mixed Green Salad	Hummus Plate
<i>R</i>	Donuts	Apricot Glazed turkey	Mixed Green Salad
<i>S</i>	Fried Cage Free Egg	Baked Trout w Lemon Butter	Chicken Pot Pie w Biscuit Topping
<i>D</i>	Grilled Ham	Garlic Mashed Potatoes	French Dip
<i>A</i>	Hashbrowns	Cauliflower Au Gratin	Steamed Vegetable Medley
<i>Y</i>	Whole Milk	Steamed Brussels Sprouts	French Fries
<i>21</i>	Coffee	Spice Cake	<i>Coconut Cream Pie</i>
	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
<i>F</i>	Assorted Fruit Juice	Carrot Raisin Salad	Carrot Raisin Salad
<i>R</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>I</i>	Omelet	Beef Flank Asian Broccoli Stir fry	Meat Lovers Pizza
<i>D</i>	Blueberry Muffin	Garlic Orange Chili Shrimp	Roasted Vegetable Lasagna
<i>A</i>	Sausage Link	Steamed White Rice	Steamed Broccoli
<i>Y</i>	Whole Milk	Steamed Asian Vegetables Blend	Asst Cookies
	Coffee	Blueberry Cobbler	
<i>22</i>			
<i>S</i>	Chilled Fruit	Loaded Potato Chowder	Loaded Potato Chowder
<i>A</i>	Assorted Fruit Juice	Cottage Cheese	Mushroom & Roasted garlic Soup
<i>T</i>	Old Fashioned Oatmeal	Mixed Green Salad	Cottage Cheese
<i>U</i>	French Toast	Chicken & Dumplings	Beefy Macaroni Casserole
<i>R</i>	Poached Egg	Apple Cider Pork Tenderloin	Cranberry Turkey Wrap
<i>D</i>	Bacon	Roasted Red Potatoes	Steamed Vegetable Medley
<i>A</i>	Whole Milk	Peas & Onions	Potato Chips
<i>Y</i>	Coffee	Grilled zucchini	Pound Cake w Strawberry Sauce
<i>23</i>		Ice Cream Sundae	
<i>S</i>	Chilled Fruit	Turkey And Rice Soup	Turkey And Rice Soup
<i>U</i>	Orange Juice	Deviled Eggs	Garden Vegetable Soup
<i>N</i>	Cream of Wheat	Mixed Green Salad	Deviled Eggs
<i>D</i>	Scrambled Egg	Swiss Steak	Spinach Mushroom Strata
<i>A</i>	Sausage Link	Cranberry-Glazed Cornish Game hen	Chicken Fried Steak
<i>Y</i>	Cinnamon Rolls	Wild Rice Pilaf	Caramelized Leek Mashed Potatoes
	Whole Milk	Steam Broccoli & Cauliflower	French Cut Green Beans
	Coffee	Red Swiss Chard With Garlic	Steamed Brussels Sprouts
<i>24</i>		Lemon Cake	Tapioca Cream pudding