



### VOLUNTEERS: SAVE THE DATE!

Calling all Volunteers! A luncheon is being planned in your honor. On Friday, July 12, Chef Ron will be preparing a free lunch just for you. The menu is still under construction, but mark your calendars now so you don't miss out!



### INTERACTIVE WORKSHOP 4: PREPARING FOR LIFE CHANGES

#### FINANCIAL PLANNING April 16th, 12:45 p.m.

Discover tools for budgeting, tips to avoid scams and fraud, and ways to reduce debt and make your money go further.

### RIDDLE CENTRAL

What type of bow is hard to tie? (Answer pg. 2)



### THE Rain By Unknown

Pitter-patter, raindrops  
Falling from the sky.  
Here is my umbrella,  
To keep me safe and dry!  
When the rain is over,  
And the sun begins to flo,  
Little flowers start to bud,  
And grow and grow  
and grow!

### NEWS AND NOTES



#### CRAFT

What to do with incomplete decks. . . make a little box with those old playing cards! All supplies will be provided, but you may bring an old box of cards if you wish. Join Diana on April 4th at 11:00 a.m.

#### AARP TAX PREPARATION

Would you like free help with your tax prep? Please make an appointment at the front desk kiosk computer, or ask Diana to sign you up. The final two days are: Tuesday April 2nd and April 9th 9:00 a.m.—1:30 p.m.

#### CRAZY HAT DAY

April 11th is Crazy Hat Day! Wear your most outrageous hat and you will be entered to win a prize!



#### TAI CHI

We are excited to announce our new Tai Chi class on Fridays. Tai Chi is a practice that involves a series of slow gentle movements and physical postures, a meditative state of mind, and controlled breathing.

#### EARTH DAY

This annual celebration honors the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations. Earth Day is celebrated on April 22nd in the United States.

#### LIGHTHOUSE & BEACON

During the month of April Beacon will be closed due to renovations. We will be combining programming at the Lighthouse with that of Beacon. So during this time, there will be more activities on the calendar for all. Welcome Beacon participants!

#### PETS & POEMS

April is National Pet Month and National Poetry Month, so why not write a poem about your pet. Or any poem!

Please bring photos of your pet to post on our bulletin board or a digital image on your phone for us to print.



Diana will teach a haiku poetry writing class on Wednesday the 3rd at 11:00 a.m.

#### DISCUSSION GROUPS

We've added men's and women's discussion groups to the calendar. Both meetings will meet twice a month, on the second and fourth Wednesday for Women and Friday for Men. See calendar for times.

#### LUNCH REMINDER

Please remember that Catholic Community Services provides meals *at* noon. Also there is a \$3.50 donation for those 60+ and \$6.00 for those under the age of 60. If you cannot pay the entire donation, but you can pay another amount, please feel free to pay what you are able.



#### 1 ~ MONDAY

9:00 Card Games  
 10:00 *Word Search*  
 10:00 Movie & Popcorn  
 10:45 *SAIL*  
 11:00 Tai Chi w/Tim  
 12:45 *Bingo*  
 1:00 *Beginning Drawing*

#### 2 ~ TUESDAY

9:00 Card Games  
 9:00-1:30 *AARP Tax Prep*  
 10:00 *Advisory Board Meeting*  
 10:00 Yoga with Ed  
 11:00 *Story Hour*  
 11:00 *Pinochle*  
 11:00 Strength & Balance  
 12:30 *Bingo*

#### 3 ~ WEDNESDAY

9:00 Card Games  
 10:00 Bean Bag Toss  
 10:00 *Family Feud*  
 10:45 *SAIL*  
 11:00 *Haiku poetry class*  
 12:45 *Mexican Train*  
 1:00 *Line Dancing*

#### 4 ~ THURSDAY

9:00 Card Games  
 9:00 *Yoga*  
 9:30 *Quilting II*  
 10:00 *Brain Fitness*  
 10:15 *Stretch & Dance*  
 11:00 *Painting*  
 11:00 *Craft: Card Box*  
 11:30 *Sit Down Exercise*  
 12:30 *Discussion Group*  
 12:30 *Quilting I*  
 12:45 *Bingo*

#### 5 ~ FRIDAY

9:00 Card Games  
 10:00 *Recompose Presentation a "green" funeral home*  
 10:00 *Wood Carving*  
 10:45 *SAIL*  
 12:30 *Bingo*  
 12:45 *Cribbage*  
 12:45 *Tai Chi*

#### 8 ~ MONDAY

9:00 Card Games  
 10:00 *Word Search*  
 10:00 Movie & Popcorn

#### 8 ~ MONDAY CONT'D.

10:45 *SAIL*  
 11:00 Tai Chi w/Tim  
 12:45 *Bingo*  
 1:00 *Beginning Drawing*

#### 9 ~ TUESDAY

9:00 Card Games  
 9:00-1:30 *AARP Tax Prep*  
 10:00 *Beanbag Baseball*  
 11:00 *Story Hour*  
 11:00 *Pinochle*  
 11:00 Strength & Balance  
 1:00 *Sing-a-long*

#### 10 ~ WEDNESDAY

9:00 Card Games  
 10:00 Bean Bag Toss  
 10:00 *Family Feud*  
 10:45 *SAIL*  
 12:30 *Women's Group*  
 12:45 *Mexican Train*  
 1:00 *Line Dancing*

#### 11 ~ THURSDAY

9:00 Card Games  
 9:00 *Yoga*  
 9:30 *Quilting II*  
 10:15 *Stretch & Dance*  
 11:00 *Blood Sugar Testing*  
 11:00 *Painting*  
 11:30 *Sit Down Exercise*  
 12:30 *Quilting I*  
 12:45 *Bingo*  
 Today is Crazy Hat Day!  
 Prize for craziest hat worn!

#### 12 ~ FRIDAY

9:00 Card Games  
 9:45 *Men's Discussion Group*  
 10:00 *Beachball Volleyball*  
 10:00 *Wood Carving*  
 10:45 *SAIL*  
 12:30 *Bingo*  
 12:45 *Cribbage*  
 12:45 *Tai Chi*

#### 15 ~ MONDAY

9:00 Card Games  
 10:00 *Word Search*  
 10:00 Movie & Popcorn  
 10:45 *SAIL*  
 11:00 Tai Chi w/Tim  
 12:45 *Bingo*  
 1:00 *Beginning Drawing*

#### 16 ~ TUESDAY

9:00 Card Games

#### 16 ~ TUESDAY CONT'D.

10:00 Yoga with Ed  
 11:00 *Story Hour*  
 11:00 *Pinochle*  
 11:00 Strength & Balance  
 12:45 *Interactive Workshop*

#### 17 ~ WEDNESDAY

9:00 Card Games  
 10:00 Bean Bag Toss  
 10:00 *Family Feud*  
 10:45 *SAIL*  
 12:45 *Mexican Train*  
 1:00 *Line Dancing*

#### 18 ~ THURSDAY

9:00 Card Games  
 9:00 *Yoga*  
 9:30 *Quilting II*  
 10:00 *Brain Fitness*  
 10:15 *Stretch & Dance*  
 11:00 *Painting*  
 11:30 *Sit Down Exercise*  
 12:30 *Discussion Group*  
 12:30 *Quilting I*  
 12:45 *Bingo*

#### 19 ~ FRIDAY

9:00 Card Games  
 9:00 *SAIL*  
 10:00 *Beachball Volleyball*  
 10:00 *Birthday Dance*  
 10:00 *Wood Carving*  
 12:30 *Bingo*  
 12:45 *Cribbage*  
 12:45 *Tai Chi*

#### 22 ~ MONDAY

9:00 Card Games  
 10:00 *Word Search*  
 10:00 Movie & Popcorn  
 10:45 *SAIL*  
 11:00 Tai Chi w/Tim  
 12:45 *Bingo*  
 1:00 *Beginning Drawing*

#### 23 ~ TUESDAY

9:00 Card Games  
 10:00 *Beanbag Baseball*  
 11:00 *Story Hour*  
 11:00 *Pinochle*  
 11:00 Strength & Balance  
 1:00 *Sing-a-long*

#### 24 ~ WEDNESDAY

9:00 Card Games  
 10:00 Bean Bag Toss  
 10:00 *Family Feud*

#### 24 ~ WEDNESDAY CONT'D.

10:45 *SAIL*  
 12:30 *Women's Discussion Group*  
 12:45 *Mexican Train*  
 1:00 *Line Dancing*

#### 25 ~ THURSDAY

9:00 Card Games  
 9:00 *Yoga*  
 9:30 *Quilting II*  
 10:00 *Brain Fitness*  
 10:15 *Stretch & Dance*  
 11:00 *Painting*  
 11:30 *Sit Down Exercise*  
 12:30 *Quilting I*  
 12:45 *Bingo*

#### 26 ~ FRIDAY

9:00 Card Games  
 9:45 *Men's Discussion Group*  
 10:00 *Beachball Volleyball*  
 10:00 *Wood Carving*  
 10:45 *SAIL*  
 12:30 *Bingo*  
 12:45 *Cribbage*  
 12:45 *Tai Chi*


#### 29 ~ MONDAY

9:00 Card Games  
 10:00 *Word Search*  
 10:00 Movie & Popcorn  
 10:45 *SAIL*  
 11:00 Tai Chi w/Tim  
 12:45 *Bingo*  
 1:00 *Beginning Drawing*

#### 30 ~ TUESDAY

9:00 Card Games  
 9:00 Yoga with Ed  
 10:00 *Randy Litch Dance*  
 11:00 *Story Hour*  
 11:00 *Pinochle*  
 12:30 *Bingo*

*\*Calendar subject to change.*

**RIDDLE CENTRAL**  
 The rainbow. 

**CALENDAR LEGEND**  
 Red - Lighthouse Programs  
 Bold Black - Beacon Programs  
 Green - Both Center's Program