

# VOLUNTEERS: SAVE THE DATE!

Calling all Volunteers! A luncheon is being planned in your honor. On Friday, July 12, Chef Ron will be preparing a free lunch just for you. The menu is still under construction, but mark your calendars now so you don't miss out!



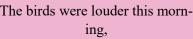
#### INTERACTIVE WORK-SHOP: HOME LOANS

May 14th at 12:45 p.m.

#### Topics:

- Use your home as income, without a monthly payment.
- How to purchase a home at 62+ years old and not have a mortgage payment.

## SPRING ÅGAIN BY MICHAEL RYAN



raucous, oblivious, tweeting their teensy bird-brains out. It scared me, until I remembered it's Spring.

How do they know it?
A stupid question.
Thank you, birdies.
I had forgotten how promise feels.

#### **NEWS AND NOTES**

#### **CRAFT**



Join Diana to make a wood picture frame decorated with collaged paper. All materials will be supplied.

May 2nd at 11:00 a.m.

#### **CELL PHONE CLASS**

Ron will teach an informal cell phone class to assist everyone in using their smartphones.

May 3rd at 10:00 a.m.

#### MOTHER'S DAY TEA

We are having a special event to celebrate all of the moms. There will be a variety of teas as well as snacks & goodie bags.

May 9th at 10:00 a.m.

#### MEMORIAL DAY



We will be closed Monday, May 27th in honor of Memorial

Day. We honor the members of the Armed Forces who died serving our country.

#### **LEARN TO AVOID SCAMS**

A specialist will be here to discuss how to avoid senior scams that occur via email, phone, text and mail. Obtain information on how to stay safe from these scams.

May 28th at 12:30 p.m.

#### RIDDLE CENTRAL

(Answer pg. 2)

Where do sheep go for their spring haircut?

#### **LIGHTHOUSE & BEACON**

During the month of May Beacon will be closed due to renovations. We will be combining programming at the Lighthouse with that of Beacon. So during this time, there will be more activities on the calendar for all. Welcome Beacon participants!

#### **LUNCH REMINDER**

Please remember that Catholic Community Services provides meals *at* noon. Also there is a \$3.50 donation for those 60+ and \$6.00 for those under the age of 60. If you cannot pay the entire donation, but you can pay another amount, please feel free to pay what you are able.

#### **OUR GARDEN**

Now that plants are in the outdoor containers by the picnic table, we need people to



help water them to keep them happy. Please see Diana if want to assist.

# Don't Miss this one time Opportunity!

"SHREK"

Monday, May 6 12:45 p.m.

Performed by students at the Tacoma School of the Arts



5016 A Street, Tacoma, WA 98408

#### 1 ~ WEDNESDAY

9:00 Card Games 10:00 Bean Bag Toss 10:00 Family Feud 10:45 SAIL (video) 12:45 Mexican Train 1:00 NO Line Dancing

#### 2 ~ THURSDAY

9:00 Card Games
9:00 Yoga
9:30 Quilting II
10:00 Brain Fitness
10:15 Stretch & Dance
11:00 Painting
11:00 Craft: Collaged frame
11:30 Sit Down Exercise
12:30 Discussion Group

#### 3 ~ FRIDAY 9:00 Card Games

12:30 Quilting I

12:45 Bingo

10:00 Beachball Volleyball 10:00 Wood Carving 10:00 Cell Phone Class 10:45 SAIL (maybe video) 12:30 Bingo 12:30 Tai Chi 12:45 Cribbage

#### 6 ~ Monday

9:00 Card Games
10:00 Word Search
10:45 SAIL
11:00 Tai Chi
12:45 MUSICAL
"Shrek"

12:45 NO Bingo 1:00 Beg. Drawing

# 7 ~ TUESDAY 9:00 Card Games 10:00 Yoga with Ed 11:00 Story Hour 11:00 Pinochle

11:00 Strength & Balance

12:30 Sing-a-long

#### 8 ~ WEDNESDAY

9:00 Card Games 10:00 Bean Bag Toss 10:00 Family Feud 10:45 SAIL 12:30 Women's Discussion Group 8 ~ WEDNESDAY CONT'D. 12:45 Mexican Train 1:00 NO Line Dancing

#### 9 ~ THURSDAY

9:00 Card Games 9:00 Yoga 9:30 Quilting II 10:00 Mother's Day Tea 10:15 Stretch & Dance 11:00 Painting 11:30 Sit Down Exercise 12:30 Quilting I 12:45 Bingo

#### 10 ~ FRIDAY

9:00 Card Games

9:45 Men's Discussion Group 10:00 Beachball Volleyball 10:00 Wood Carving 10:45 SAIL 12:30 Bingo 12:45 Cribbage 12:30 Tai Chi

#### 13 ~ MONDAY

9:00 Card Games
10:00 Word Search
10:00 Movie & Popcorn
10:45 SAIL
11:00 Tai Chi w/Tim
12:45 Bingo
1:00 Beginning Drawing

#### 14 ~ TUESDAY

9:00 Card Games
10:00 Beanbag Baseball
11:00 Story Hour
11:00 Pinochle
11:00 Strength & Balance
12:45 Interactive Workshop
5: Home Loans

#### 15 ~ WEDNESDAY

9:00 Card Games 10:00 Bean Bag Toss 10:00 Family Feud 10:45 SAIL 12:45 Mexican Train 1:00 Line Dancing

#### 16 ~ THURSDAY

9:00 Card Games 9:00 Yoga 9:30 Quilting II 10:00 Brain Fitness 10:15 Stretch & Dance 16 ~ THURSDAY CONT'D. 11:00 Painting 11:30 Sit Down Exercise 12:30 Discussion Group 12:30 Quilting I 12:45 Bingo

#### 17 ~ FRIDAY 9:00 Card Games

9:00 SAIL 10:00 Birthday Dance 10:00 Wood Carving 12:30 Bingo 12:30 Tai Chi 12:45 Cribbage

#### 20 ~ Monday

9:00 Card Games
10:00 Word Search
10:00 Movie & Popcorn
10:45 SAIL
11:00 Tai Chi w/Tim
12:45 Bingo

1:00 Beginning Drawing

#### 21 ~ TUESDAY

9:00 Card Games 10:00 Yoga with Ed 11:00 Story Hour 11:00 Pinochle 11:00 Strength & Balance 12:30 Sing-a-long

#### 22 ~ WEDNESDAY

9:00 Card Games 10:00 Bean Bag Toss 10:00 Family Feud 10:45 SAIL 12:45 Mexican Train 1:00 Line Dancing

#### 23 ~ THURSDAY

9:00 Card Games 9:00 Yoga 9:30 Quilting II 10:15 Stretch & Dance 11:00 Painting 11:30 Sit Down Exercise 12:30 Quilting I 12:45 Bingo

### 24 ~ FRIDAY

9:00 Card Games

10:00 Beachball Volleyball 10:00 Wood Carving 24 ~ FRIDAY CONT'D. 10:45 SAIL 12:30 Bingo 12:30 Tai Chi 12:45 Cribbage

#### 27 ~ Monday



#### 28 ~ TUESDAY 9:00 Card Games

10:00 Beanbag Baseball 10:00 Randy Litch Dance

11:00 Story Hour 11:00 Pinochle 12:30 Learn How To Avoid Senior Scams

#### 29 ~ WEDNESDAY 9:00 Card Games

12:30 Bingo

10:00 Bean Bag Toss 10:00 Family Feud 10:45 SAIL 12:45 Mexican Train 1:00 Line Dancing 2:00 Book Club

#### 30 ~ THURSDAY 9:00 Card Games

9:00 Card Games 9:00 Yoga 9:30 Quilting II 10:15 Stretch & Dance 11:00 Painting 11:30 Sit Down Exercise 12:30 Quilting I 12:45 Bingo

#### 31 ~ FRIDAY

9:00 Card Games
10:00 Beachball Volleyball
10:00 Wood Carving
10:45 SAIL
12:30 Bingo
12:30 Tai Chi
12:45 Cribbage

#### RIDDLE ANSWER

The baa-baa shop!

