# Tobey Topics



Enjoy your age

"Franke Tobey Jones is excited to share with you a new in-house provider that is being offered at our facility. Crown Health brings the doctor's office to you! They are a mobile primary care clinic that provides comprehensive medical care to adult family homes, assisted living, and memory care communities across the Pacific Northwest. For more information, visit <u>crownhealthus.com</u> or contact Maggie Conley, MSW at 253-756-6313 or <u>mconley@franketobeyjones.com</u>."

## **Celebration of Life Bell Ringing**

A reminder that we are hosting the Celebration of Life Bell Ringing every OTHER month instead of monthly to give family members more time to plan to attend. For residents that have passed in March and April, we will be honoring them **Friday April 26th at 1:30pm in the TJ Parlor.** 

For 2024, Bell Ringing's will be held on April 26, June 28, August 30, October 25 and January 3, 2025.



## **Sneak Peak at May Lunch Bunch**

#### <u>Lunch Bunch "Il Lucano"</u>

#### Friday, May 10 Bus departs at 11:15 am. Cost: Meal

Experience authentic Italian cuisine at Il Lucano Ristorante Italiano, located in the heart of downtown Gig Harbor. From traditional pasta dishes to specialty fish, poultry and meat, you'll find every selection to tempt your tastes. Fresh local ingredients are always used and all meals are made to order, just ask! Be sure to enjoy a glass of wine from their extensive Italian wine selection. They take great pride in their food, service and dining atmosphere and assure you a uniquely Italian dining experience. Spots are limited to 21 people. Sign up at LP Front Desk.

### **COVID BOOSTER**

Recently the FDA and the CDC recommended another COVID booster for everyone 65 years old or older. In support of this, Rxpress Pharmacy will be here on Thursday, May  $2^{nd}$  to provide COVID booster vaccinations. You must have insurance and be 65+ to get this booster. The booster clinic we be held in the Care Center Gathering Corner. Michelle Olafson and her team will be reaching out to you to see if you want this booster. You can also call Michelle at x1251. Transportation will be provided just as it has in the past. All forms must be completed by Friday, April 26th. If you have any questions please reach out to Michelle at x1251.

Schedule for May 2nd 10a-11a - Tobey Jones 11a-12p - Garden Apts 1p-2p - Duplex and Bristol View

If you are not able to come during the designated time above, please come anytime between 10a-12p or 1p-2p.

		MENU	
	Menu subject to change		
	due to supply shortages	April - 22 To April - 28	Fiery Chicken Salad
	BREAKFAST Chilled Fruit	DINNER Cream of Fresh Broccoli Soup	SUPPER Cream of Fresh Broccoli Soup
М	Assorted Fruit Juice	Fruit Salad	Wicked Thai Chicken And Rice
0	Old Fashioned Oatmeal	Mixed Green Salad	Fruit Salad
N	Scrambled Egg	Cod Provencal	Egg Salad Sandwich
D	Bacon	Beef Romen Noodle Bowl	Chicken And Cheese Verde Enchilada
A	Egg, Sausage & Cheese Burrito	Steamed White Rice	Red Beans & Rice
Y	Whole Milk Coffee	Steam Carrots Harvard Beets	Potato Chips
22	Conee	Strawberry Shortcut cake	Steamed Vegetable Medley Baker's Choice
T	Chilled Fruit	Italian Wedding Soup	Italian Wedding Soup
U	Assorted Fruit Juice	Cole Slaw	Butternut Squash Bisque
E S	Cream of Wheat	Mixed Green Salad	Cole Slaw
 	Fried Cage Free Egg Biscuits & Gravy	Penne Pasta Caprese Arroz Con Pollo	Turkey Harvest Salad Plate Crispy Fish Burger
A	Sausage Patty	Rice pilaf	Tatar Tots
Y	Whole Milk	Grilled Broccoli	Grilled Zucchini
	Coffee	Crisp Baguette	Dinner Roll
23		Spumoni Ice Cream	Maple Bacon Cookie
W	Chilled Fruit	Cream Of Zucchini Soup	Cream Of Zucchini Soup
Ē	Assorted Fruit Juice	Mixed Green Salad	Chicken Ditalini Soup
D	Old Fashioned Oatmeal	Cucumber Sour Cream Salad	Cucumber Sour Cream Salad
N	Raisin Muffin	Crispy Baked Pork Chop	Grilled Ham & Swiss Melt
E	Eggs to Order	Beef And Mushroom Meatloaf	Hula Hula Chicken Tacos
\$	Bacon	Mashed Sweet Potato	Refried Beans
D	Whole Milk	Steamed Spinach	French Cut Green Beans
A Y	Coffee	Roasted Asparagus Baker's Choice	Potato Chips Chocolate Pudding Parfait
24		Daker's Choice	chocolate Fudding Fanan
T	Chilled Fruit	Minestrone Soup	Minestrone Soup
H	Assorted Fruit Juice	Hummus Plate	Beef & Red Bean Chili
U R	Cream of Wheat Donuts	Mixed Green Salad Apricot Glazed turkey	Hummus Plate Mixed Green Salad
<b>S</b>	Fried Cage Free Egg	Baked Trout w Lemon Butter	Chicken Pot Pie w Biscuit Topping
D	Grilled Ham	Garlic Mashed Potatoes	French Dip
A	Hashbrowns	Cauliflower Au Gratin	California Vegetable Medley
Y	Whole Milk	Steamed Brussels Sprouts	French Fries
25	Coffee Chilled Emit	Spice Cake	Coconut Cream Pie
F	Chilled Fruit Assorted Fruit Juice	New England Clam Chowder Carrot Raisin Salad	New England Clam Chowder Carrot Raisin Salad
R	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
1	Omelet	Asian Beef & Broccoli Stir fry	Meat Lovers Pizza
D	Blueberry Muffin	Garlic Orange Chili Shrimp	Roasted Vegetable Lasagna
A	Sausage Link	Steamed White Rice	Peas & Carrots
Y	Whole Milk Coffee	Steamed Asian Vegetables Blend	Asst Cookies
26	Conee	Blueberry Cobbler	
<u>s</u>	Chilled Fruit	Loaded Potato Chowder	Loaded Potato Chowder
A	Assorted Fruit Juice	Cottage Cheese	Mushroom & Roasted Garlic Soup
Τ	Old Fashioned Oatmeal	Mixed Green Salad	Cottage Cheese
U	French Toast	Chicken & Dumplings	Beefy Macaroni Casserole
R D	Poached Egg Bacon	Apple Cider Pork Tenderloin Roasted Red Potatoes	Cranberry Turkey Wrap Steamed Vegetable Medley
A	Whole Milk	Steamed Broccoli	Potato Chips
Y	Coffee	Grilled Zucchini	Pound Cake w Strawberry Sauce
27		Ice Cream Sundae	
<b>S</b>	Chilled Fruit	Turkey And Rice Soup	Turkey And Rice Soup
U N	Orange Juice Cream of Wheat	Deviled Eggs Mixed Green Salad	Garden Vegetable Soup Deviled Eggs
N D	Scrambled Egg	Swiss Steak	Spinach Mushroom Strata
A	Sausage Link	Cranberry-Glazed Cornish Game hen	Chicken Fried Steak
Y	Cinnamon Rolls	Wild Rice Pilaf	Caramelized Leek Mashed Potatoes
	Whole Milk	Steamed Cauliflower	Steamed Brussels Sprouts
	Coffee	Red Swiss Chard With Garlic	Tapioca Cream pudding
28		Lemon Cake	
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