










March/April 2024



Memory Care North – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 White House Egg Roll/ Evolution of the Easter Bunny (AR)</p> <p>10:30 Easter Craft Project (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Modern Jeopardy Trivia (AR)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p> <p style="text-align: center;">Easter</p> <hr/> <p>AR= Activity Room SUN= Sunroom TV= TV Room</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Yoga (AR)</p> <p>10:00 Chocolate Concoctions- Nut Clusters (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 A Day at the Beach (AR)</p>  <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Basketball Toss Game (AR)</p> <p>4:30 Dinner</p> <p style="text-align: center;">April Fool's Day</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Exercises (AR)</p> <p>9:45 Worship Service (SN)</p>  <p>10:30 Bingo (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Montessori (AR)</p> <p>2:00 Italian Soda Social (AR)</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p> 	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Strength (AR)</p> <p>10:00 Craft Project- Making Jewelry (AR)</p> <p>10:45 Free Rice Game (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Montessori (AR)</p> <p>2:00 Happy Hour (AR)</p>  <p>2:30 Music of the Broadway Hits (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Morning Stretch (AR)</p> <p>10:00 Horse Racing Game (AR)</p>  <p>10:45 Name That Tune (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Who Am I? (AR)</p>  <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 Garden Rock Painting Project (AR)</p> <p>10:45 You Be the Judge (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Visit to the Forest (AR)</p>  <p>2:00 Afternoon Snack (AR)</p> <p>2:30 EZ Trivia (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Cardio (AR)</p> <p>10:00 Baking Group- Making Muffins (AR)</p>  <p>10:45 Basketball Toss Game (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Montessori (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Lucky Dice (AR)</p> <p>4:30 Dinner</p>



April 2024

Memory Care North- Life Enrichment












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PROGRAMS SUBJECT TO CHANGE



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
9:00 Montessori Program (AR) 9:30 Morning Exercises (AR) 10:00 Bingo Game (AR)  11:00 Sing Along with Suzie (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Giant Ring Toss (AR) 2:00 Snack 2:30 Trivia Challenge (AR) 4:30 Dinner <hr/> AR= Activity Room SUN= Sunroom TV= TV Room	9:00 Montessori Program (AR) 9:30 Get Your Groove On (AR) 10:00 Watercolor Art Project (AR)  11:00 Free Rice Game on IN2L (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Who am I? (AR) 2:00 Margarita Monday (AR) 2:30 Washer's Game (AR) 4:30 Dinner 	9:00 Worship Service (AR) 9:30 Chair Cardio (AR) 10:00 Making Spring Slime (AR) 10:45 Unicorn Day (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Pet Therapy Visit with Karen & Dazzle (AR)  1:00 Washer Toss Game (AR) 2:00 Snack 2:30 Finish the Phrase (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 You Be the Judge (AR) 10:30 Basketball Toss Game (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Singing Scottish Songs (AR) 2:00 Happy Hour  2:30 Lucky Dice Game (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Quick Cardio (AR) 10:00 Horse Racing Game (AR)  10:45 Name That Sound on IN2L (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Star of the Month (AR) 2:00 Snack 2:30 Paper Airplane Toss (AR)  4:30 Dinner	9:00 Montessori Program (AR) 9:30 Simple Stretching (AR) 10:00 Musical Performance by Martin Goldsmith (AR) 10:30 Music Circle (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Afternoon- Hand Massages (AR)  2:00 Afternoon Snack 2:30 Food for Thought (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Zumba (AR) 10:00 Scottish Folktales (AR) 10:30 National Dolphin Day (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Music with Roger (AR)  2:00 Afternoon Snack (AR) 2:30 Can You Picture This? (AR) 4:30 Dinner














April 2024



Memory Care North – Life Enrichment

Sunday 14	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20
<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Exercise (AR)</p> <p>10:00 Watercolor Project (AR)</p>  <p>10:45 Name That Instrument (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 The Mighty Thistle (AR)</p>  <p>2:00 Sr.</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Quick Cardio (AR)</p> <p>10:00 Bread Making (AR)</p> <p>10:30 Bingo (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 A Visit to the Forest Sensory (AR)</p> <p>2:00 Music with Marty (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Worship Service (AR)</p> <p>9:30 Flyball (AR)</p> <p>10:00 Amazing Science Experiments- Sink or Float (AR)</p> <p>10:45 Piggy Bankers on iN2L (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (AR)</p> <p>2:00 Snack</p> <p>2:30 Singing in the Rain Anniversary Day (AR)</p> <p>4:30 Dinner</p> 	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Strength (AR)</p> <p>10:00 Making Spring Slime (AR)</p> <p>10:30 Spring Trivia on IN2L (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Random Trivia (AR)</p> <p>2:00 Happy Hour</p>  <p>2:30 Name That Tune (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Aerobics (AR)</p> <p>10:00 Trivia on iN2L (AR)</p> <p>10:15 Music with Anne & Gaye (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Visit to the Beach Sensory (AR)</p> <p>2:00 Snack</p> <p>2:30 Basketball Toss Game (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Zumba (AR)</p> <p>10:00 Scotland Trivia (AR)</p> <p>10:45 Fly Ball (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Cooking Project- Making Mini Pizzas (AR)</p> <p>2:00 Snack- Mini Pizzas (AR)</p> <p>2:30 Lucky Dice Game (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Simple Stretching (AR)</p> <p>10:00 Jeopardy Trivia (AR)</p> <p>10:30 Washers Game (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Montessori (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Horse Racing Game (AR)</p>  <p>4:30 Dinner</p>
<p>AR= Activity Room SUN= Sunroom TV= TV Room</p>						

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Sunday 21	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27
<p>9:00 Montessori Program (AR)</p> <p>9:30 Morning Stretch (AR)</p> <p>10:00 Henry Mancini Day (AR)</p> <p>10:45 Fly Ball (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Behind the Music: Tree Tunes (AR)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Paper Airplane Throwing Contest (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Strength (AR)</p> <p>10:00 Tunes from the Tartan: The Bagpipes (AR)</p> <p>10:30 Music Circle (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Celebrating Earth Day (AR)</p> <p>2:00 Root Beer Float Social (AR)</p> <p>2:30 Finish the Phrase (AR)</p> <p>4:30 Dinner</p> <p>Earth Day</p> <p>Passover Begins</p> 	<p>9:00 Worship Service (AR)</p> <p>9:30 Chair Zumba (AR)</p> <p>10:00 Celebrating Passover (AR)</p> <p>10:45 Lucky Dice (AR)</p> <p>11:15 Transition Time(CNA)</p> <p>11:30 Lunch</p>  <p>1:00 Pet Therapy Visit with Karen & Dazzle (AR)</p> <p>1:00 Spa Afternoon- Hand Massages (AR)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Quick Cardio (AR)</p> <p>10:00 Craft Project- Painting Spring Flowers (AR)</p> <p>10:45 Piggy Bankers Game (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Piano Music with Sandra Walker</p>  <p>2:00 Happy Hour</p>  <p>2:30 Trivia on iN2L (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Simple Stretch (AR)</p> <p>10:00 Name That Spice/Scent (AR)</p> <p>10:30 All About Mushrooms (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (AR)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Garden Check-in (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Aerobics (AR)</p> <p>10:00 Baking Group- Making Muffins (AR)</p>  <p>10:30 (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Arbor Day/What Tree Am I? (AR)</p> <p>2:00 Italian Soda Social (AR)</p>  <p>2:30 Best of Country Songs (AR)</p> <p>4:30 Dinner</p> <p>Arbor Day</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 All About Dogs Day (AR)</p> <p>10:40 Pet Therapy Visit</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Where Am I? (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Jellybean Day/Taste Testing (AR)</p> <p>4:30 Dinner</p>

AR= Activity Room
SUN= Sunroom
TV= TV Room

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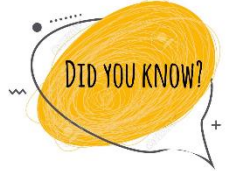






April / May 2024



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Memory Care North – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Exercises (AR)</p> <p>10:00 Piggy Bankers Game on iN2L (AR)</p> <p>10:30 Coloring Project (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (AR)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 America's Li'l Sweetheart (AR)</p> <p>4:30 Dinner</p> <hr/> <p>AR= Activity Room SUN= Sunroom TV= TV Room</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Zumba (AR)</p> <p>10:00 Music Circle (AR)</p>  <p>10:45 Piggy Bankers Game on iN2L (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Travelogue (AR)</p> <p>2:00 Strawberry Margarita Monday (AR)</p>  <p>2:30 Garden Check-in (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Worship Service (AR)</p> <p>9:30 Seated Strength (AR)</p> <p>10:00 Floral Arranging- May Centerpieces (AR)</p>  <p>10:30 Remembering Gardens (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Who Am I? (AR)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Finish the Lyric (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Tai Chi (AR)</p> <p>10:00 Finish the Phrase (AR)</p> <p>10:30 Name That Tune (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Celebrating Carol Burnett (AR)</p> <p>2:00 Happy Hour</p>  <p>2:30 Baseball Trivia on iN2L (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Yoga (AR)</p> <p>10:00 Baking Group- Making Mini Pies (AR)</p>  <p>10:30 EZ Trivia (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Peter & the Wolf Day (AR)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Garden Check-in (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Aerobics (AR)</p> <p>10:00 Roll a Face Game (AR)</p> <p>10:30 Art Project (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 A Visit to the Forest (AR)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Giant Ring Toss Game (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Quick Cardio (AR)</p> <p>10:00 Save the Frogs Day (AR)</p> <p>10:45 This Day in History (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Montessori (AR)</p> <p>2:00 Root Beer Float Social (AR)</p>  <p>2:30 Bowling (AR)</p> <p>4:30 Dinner</p>