Tuesday, June 4

#### Mega Tsunamis\*

Tsunamis are a fact of life in areas in the Atlantic and Pacific. 2:00 pm, Bristol View 1st Floor Bowditch Room

Tuesday, June 4

#### Celebrating 100 Years of FTJ - Tacoma Through the Decades: The Death of Downtown, 1960s\*

4:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Wednesday, June 5

#### Meaningful Movies: Butterfly in the Sky\*

Butterfly in the Sky tells the story of the PBS children's series "Reading Rainbow." 2:00 pm, Bristol View 1st Floor Bowditch Room

Wednesday, June 5, June 12, June 19, & June 26

#### Great Courses - King Arthur: History and Legend \*

An overview of the Arthurian phenomenon in a 12-week video series. 10:00 am, Lillian Pratt Parlor

Thursday, June 6, June 13, & June 20

#### Ballet Folklórico\*

An exploration of Mexican culture through movement, music, and costume. 10:00 am, Bristol View 1<sup>st</sup> Floor Bowditch Room

Thursday, June 6, June 13, & June 20

#### Women in Jazz, Then and Now

This class is a survey of great women jazz instrumentalists.

1:00 pm, Zoom

Meeting ID: 895 2095 8549 Passcode: 845170

Thursday, June 6

#### I Do: Marriage Customs Through the Ages\*

Bring a copy of your own wedding portrait to share on a communal viewing table. 4:00 pm, MJ Wicks Wellness Center

Friday, June 7, June 14, & June 21

#### Crafting Personal Essays\*

This course will guide participants in writing Personal Essays. 10:00 am – 12:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Friday, June 7

#### **Underrepresented Artists Lecture Series\***

2:00 pm, Bristol View 1st Floor Bowditch Room

Tuesday, June 11

#### Creative Card Collection\*

Join us for a fun card making class.

10:00 am - 12:00 pm, Tobey Jones Craft Room

Tuesday, June 11

## LGBTQIA2S+ - Queerness and What It All Means\*

The acronym LGBTQIA2S+ stands for many identities that are not straight, and this lecture will help define the terms.

4:00 pm, M.J. Wicks Wellness Center

Wednesday, June 12

#### Planning Ahead: Advance Directives, Long-term Care, and Authorized Representative\*

Join us to learn how to take care of your wishes. 11:00 am, Zoom (Pre-register at medicareclass.net)

Wednesday, June 12

# Nature around Tacoma Series: Native Plant Garden Walk at Point Defiance\*

2:00 pm, Field Trip (Bus leaves the Bistro at 1:45 pm)

Thursday, June 13

#### **Ballads and Story Songs\***

A performance of traditional story songs from England and Scotland, 3:00 pm, MJ Wicks Wellness Center

Friday June 14

#### Pretty Gritty Tour: Coffee & Chocolate Tour#

2:00 - 3:30 pm, Field Trip (Bus departs Bistro at 1:30 pm)

#### **Understanding Dementia\***

We will discuss what causes different types of dementia, best practices to help prevent or slow down the progression of the disease, and how we can relate to someone with memory loss.

11:00 am, Bristol View 1<sup>st</sup> Floor Bowditch Room

Tuesday, June 18

# Arcobaleno Strings: Celebrating Father's Day With Music And Stories\*

In honor of Father's Day, we will be taking a look at famous fathers in the world of

2:00 pm, MJ Wicks Wellness Center

Wednesday, June 19

#### Explore Marvel Food and Deli\*

2:00 - 3:30 pm, Field Trip (bus leaves the Bistro at 2:00 pm)

Thursday, June 20

#### **Great Decisions Discussion: NATO's Future\***

Will expanding membership in NATO protect countries? 3:00 pm, Zoom (Pre-register to receive the Zoom link)

Friday, June 21

## Bridge of Glass + Thea Foss Walking Tour#

2:00 pm, Field Trip (Bus will meet at the Bistro at 1:30 pm)

Tuesday, June 25

## Planning Ahead: Advance Directives, Long-term Care, and Authorized

#### Representative\*

3:30 pm, Zoom (Pre-register at medicareclass.net)

Tuesday, June 25

#### Dream Workshop

This workshop will provide a basic introduction to dream appreciation, contemporary dream science, and the art of dream interpretation.

10:00 am. Zoom

Meeting ID: 481 600 3295 Passcode: 845170

Tuesday, June 25

#### FTJ Centennial Committee Presentation\*

The FTJ Resident Centennial Committee will share their journey of discovery. 2:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Wednesday, June 26

#### Literary League Book Club— Killers of the Flower Moon: The Osage Murders and the Birth of the FBI\*

2:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Thursday, June 27

# Explore the Broadway Farmer's Market\*

10:00 am - 12:00 pm, Field Trip (Bus leaves the Bistro at 10:00 am)

Thursday, June 27

# Pretty Gritty Tacoma Lectures: Smuggling and Rumrunning in Washington\*

in celebration of the Franke Tobey Jones Centennial this year.

3:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Friday, June 28

# Hand Building Workshop at Spun Clay Arts Studio#

1:00 pm, Field Trip (Bus leaves the Bistro at 12:30 pm)

Friday, June 28

# American Music - Hosted by Ian Crocker\*

Enjoy the blues in a variety of contexts, covering blues songs from across time periods, styles, and regions.

4:00 pm, MJ Wicks Wellness Center



# Live & Learn

June 2024

**Educational Enrichment Opportunities** 

MARVEL®

MUSEUM

GLASS

# **Campus Location**

### **Main Campus**

5340 N Bristol Street Tacoma, WA 98407 253.752.6621



Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

# indicates fee and registration required

# \* indicates registration required



To check for schedule changes, e-mail jwennstrom@ franketobeyjones.com

# A Month of Inspirational Field Trips

Join Senior University this month as we hit the road for our own take on a "road scholar" program throughout Tacoma. Pre-registration is highly recommended for all field trips and some require registration fees. Spaces are limited so don't miss out by waiting too long to RSVP.

Wednesday, June 12

# Nature around Tacoma Series: Native Plant Garden Walk at Point Defiance\*

Stroll through the Native Plant Gardens at Pt Defiance Park with Tacoma Nature Center Staff. This walk will take place on uneven trails.

2:00 pm, Field Trip (Bus leaves the Bistro at 1:45 pm)

Friday June 14

#### Pretty Gritty Tour: Coffee & Chocolate Tour#

Come learn the history of the coffee scene in Tacoma and learn about the history of our different roasters. This tour has a chocolate pairing for each stop and will give you the saucy details of the coffee empire in Tacoma. This walking tour will last about an hour and a half and cover approximately 10 city blocks. Cost is \$25 per person and pre-registration is required. 2:00 – 3:30 pm, Field Trip (Bus departs Bistro at 1:30 pm)

Wednesday, June 19

# **Explore Marvel Food and Deli\***

Join Senior University and the Holistic Wellness Program to explore Marvel Food and Deli in Tacoma. Marvel Food and Deli, located in Auburn and Tacoma, is a gourmet food store that specializes in European foods from countries such as Russia, Ukraine, Hungary, Germany, Italy, France, and more. They pride themselves in not only carrying an extensive variety of foods, but also knowing what every product is, how it should be prepared, and how it is to be served. 2:00 - 3:30 pm, Field Trip (bus leaves the Bistro at 2:00 pm)

Friday, June 21

# Bridge of Glass + Thea Foss Walking Tour#

Join a MOG educator to explore the outdoor art and architecture of Chihuly Bridge of Glass, Thea Foss Waterway, and Museum of Glass. Tour lasts about 45 minutes and includes little-known facts about the art and architecture along the waterway. Cost is \$12 per person and registration is required.

2:00 pm, Field Trip (Bus will meet at the Bistro at 1:30 pm)

Thursday, June 27

# **Explore the Broadway Farmer's Market\***

Senior University and the Holistic Wellness programs pair up to explore the Tacoma Farmer's Market in downtown.

10:00 am - 12:00 pm, Field Trip (Bus leaves the Bistro at 10:00 am)

Friday, June 28

#### Hand building Workshop at Spun Clay Arts Studio#

Hand build a unique piece of pottery in this 1-hour class. Pieces will be ready to glaze 2 weeks after the class and you can join us on July 12 at 3 pm or you can book your own time to go back and glaze within 2 months following the class. Cost is \$50 and pre-registration is required.

1:00 pm, Field Trip (Bus leaves the Bistro at 12:30 pm)

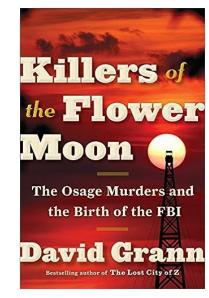


# **June 2024**

Mon	Tue	Wed	Thu	Fri
3 Franke Tobey Jones	4	5	6	7
TOTH Anniversary 2024	2:00 (BV) Mega Tsunamis*	10:00 (LP) Great Courses - King Arthur: History and Legend*	10:00 (BV) Ballet Folklórico*	10:00 (BV) Crafting Personal Essays*
	4:00 (BV) Celebrating 100 Years of FTJ - Tacoma Through the Decades: The	2:00 (BV) Meaningful Movies—	1:00 (Z) Women in Jazz, Then and Now	2:00 (BV) Underrepresented Artists Lecture Series*
Anniversary 2024	Death of Downtown, 1960s*	Butterfly in the Sky*	4:00 (W) I Do: Marriage Customs Through the Ages*	
10	11	12 10:00 (LP) Great Courses - King Arthur:	13	14
	10:00 (C) Creative Card Collection*	History and Legend*  11:00 (Z) Planning Ahead: Advance	10:00 (BV) Ballet Folklórico*	10:00 (BV) Crafting Personal Essays*
	4:00 (W) LGBTQIA2S+ - Queerness and What It All Means*	Directives, Long-term Care, and Authorized Representative*	1:00 (Z) Women in Jazz, Then and Now	2:00 (FT) Pretty Gritty Tour: Coffee & Chocolate Tour#
		2:00 (FT) Native Plant Garden Walk at Point Defiance*	3:00 (W) Ballads and Story Songs*	
17	18	19	20	21
	11:00 (BV) Understanding Dementia*	10:00 (LP) Great Courses - King Arthur: History and Legend*	10:00 (BV) Ballet Folklórico*	10:00 (BV) Crafting Personal Essays*
	2:00 (W) Arcobaleno Strings: Celebrating Father's Day With	2:00 (FT) Explore Marvel Food and	1:00 (Z) Women in Jazz, Then and Now	2:00 (FT) Bridge of Glass + Thea Foss Walking Tour#
	Music And Stories*	Deli*	3:00 (Z) Great Decisions Discussion: NATO's Future*	
24	25	26	27	28
	10:00 (Z) Dream Workshop  2:00 (BV) FTJ Centennial Committee  Presentation*	10:00 (LP) Great Courses - King Arthur: History and Legend*	10:00 (FT) Explore the Broadway Farmer's Market*	1:00 (FT) Hand Building Workshop at Spun Clay Arts Studio#
	3:30 (Z) Planning Ahead: Advance Directives, Long-term Care, and Authorized Representative*	2:00 (BV) Literary League Book Club— Killers of the Flower Moon: The Osage Murders and the Birth of the FBI*	3:00 (BV) Pretty Gritty Tacoma  Lectures: Smuggling and  Rumrunning in Washington*	4:00 (W) American Music - Hosted by Ian Crocker*



Non scholae sed vitae discimus. We do not learn for school but for life.



Wednesday, June 26

Literary League Book Club— Killers of the Flower Moon: The Osage Murders and the Birth of the FBI\*

Join us as we discuss *Killers of the Flower Moon:*The Osage Murders and the Birth of the FBI by
David Grann

About the book: Presents a true account of the early twentieth-century murders of dozens of wealthy Osage and law-enforcement officials, citing the contributions and missteps of a fledgling FBI that eventually uncovered one of the most chilling conspiracies in American history. 2:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

# Legend

- # Registration and fee
- \* Registration, no cost

# **Location Codes:**

- (B) Lillian Pratt Bascom Library
- (BV) Bristol View Bowditch Room
- (C) Tobey Jones Craft Room
- (FT) Field Trip
- (LP) Lillian Pratt Parlor
- (M) Tobey Jones Multipurpose Room
- (TJ) Tobey Jones Parlor
- (W) MJ Wicks Wellness Center
- (WS) Tobey Jones Woodshop
- (Z) Zoom