


Mon	Tue	Wed	Thu	Fri
				
<b>3</b> Omelet Sausage Patty Hashbrowns Honey Dew Melon	<b>4</b> Honey Dijon Chicken Potatoes Beets Peaches	<b>5</b> Chef's Salad w/ Turkey, Ham , Cheese & Egg Breadstick Fruit Cocktail	<b>6</b> Chicken Salad Sandwich Strawberry Spinach Salad Mixed Berries w/Whipped Cream	<b>7</b> Almondine Fish Broccoli Wheat Roll Orange
<b>10</b> Tuna Noodle Casserole Carrot & Raisin Salad Peaches	<b>11</b> Spaghetti with Beef Green Beans Garlic Bread Pears	<b>12</b> Chicken Fajita w/Bell Peppers & Zucchini Rice Salsa, Sour Cream Peaches	<b>13</b> Beef Shepard's Pie Lettuce, Tomato, Carrot Salad Fig Newton	<b>14</b> Flank Steak New Potatoes Arugula & Green Beans
<b>17</b> Oven Fried Chicken Green Beans Roasted Potatoes Wheat Roll Orange	<b>18</b> Sweet & Sour Pork Vegetables Rice Fortune Cookie Ice Cream	<b>19</b> Sack Lunch \$3.50 Sign up and pay in advance at the front desk	<b>20</b> Beef & Pepper Steak Brussel Sprouts Pound Cake w/Strawberries & Whipped Cream	<b>21</b> Pasta Salad w/Peas, Car- rots, Bacon, Hard Boiled Egg Mandarin Orange Lemon Bar
<b>24</b> Sloppy Joe Sandwich Tomato, Cucumber, Feta & Onion Salad Strawberries w/Yogurt	<b>25</b> Vegetarian Lasagna Green Beans Sautéed Cinnamon Apples	<b>26</b> Lime Fish Zucchini Linguine Strawberry Rhubarb Compote	<b>27</b> Pork Tenderloin Spinach Butternut Squash Grapes Oatmeal Cookies	<b>28</b> Salisbury Steak w/Gravy Mashed Potatoes Sautéed Spinach Fig Newton

This Menu is subject to change

Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<p><b>Omelet</b> Calories=710 Carb=71 Sodium=740</p>	<p><b>Honey Dijon Chicken</b> Calories=730 Carb=64 Sodium=480</p>	<p><b>Chef Salad</b> Calories=720 Carb=56 Sodium=720</p>	<p><b>Chicken Salad Sandwich</b> Calories=710 Carb=62 Sodium=740</p>	<p><b>Amandine Fish</b> Calories=680 Carb=71 Sodium=680</p>
<p><b>Tuna Noodle Casserole</b> Calories=700 Carb= 104 Sodium=750</p>	<p><b>Spaghetti</b> Calories=635 Carb=75 Sodium=520</p>	<p><b>Chicken Fajitas</b> Calories=680 Carb=78 Sodium=740</p>	<p><b>Beef Sheppard's Pie</b> Calories=670 Carb=85 Sodium=540</p>	<p><b>Flank Steak</b> Calories=580 Carb= 42 Sodium=670</p>
<p><b>Oven Fried Chicken</b> Calories=780 Carb=74 Sodium=520</p>	<p><b>Sweet &amp; Sour Pork</b> Calories=810 Carb=102 Sodium=610</p>		<p><b>Beef Pepper Steak</b> Calories= 810 Carb=97 Sodium=760</p>	<p><b>Pasta Salad</b> Calories=800 Carb=45 Sodium=640</p>
<p><b>Sloppy Joes</b> Calories=660 Carb=62 Sodium=710</p>	<p><b>Vegetable Lasagna</b> Calories=690 Carb=80 Sodium=790</p>	<p><b>Lime Fish</b> Calories=710 Carb=91 Sodium=450</p>	<p><b>Pork Tenderloin Bake</b> Calories=739 Carb=90 Sodium=620</p>	<p><b>Salisbury steak with Gravy</b> Calories=800 Carb=92 Sodium=710</p>