



SAVE THE DATE

VOLUNTEERS

Calling all Volunteers! A luncheon is being planned in your honor. On Friday, July 12, Chef Ron will be preparing a free lunch just for you. The menu is still under construction, but mark your calendars now so you don't miss out!



INTERACTIVE WORKSHOP:

June 25th at 12:45 p.m.

Topic: Meet Local Handyman
Join us to meet a great local handyman who has been vetted and is licensed, bonded and insured. Learn what they can offer in the event you need their services.

POETRY CORNER

WARM SUMMER by Mark Twain

Warm summer sun,
Shine kindly here.
Warm southern wind,
Blow softly here.
Green sod above,
Lie light, lie light.
Good night, dear heart,
Good night, good night.

NEWS AND NOTES



CRAFT

Join Diana to make a wood picture frame decorated with collaged paper. All materials will be supplied.

June 3rd at 11:00 a.m.

YOGA

On May 20th and 27th Ed Valentine will not be here. But the talented yoga teacher Peter will be here.

NEW COMPUTER CLASSES

We welcome Ms. T with AWLD to our facility where she will be teaching computer classes for seniors on Tuesdays and Thursdays. For certain classes private instruction is available.

LUNCH ON JUNE 19TH

Catholic Community Services celebrates the holiday of Juneteenth, so we will have sack lunches available that day at 12:00 noon. We will be taking payment of \$3.50 each in advance. Please sign up for this lunch at the front desk.

LUNCH REMINDER

Catholic Community Services provides meals *at* noon for a \$3.50 donation for those 60+ and \$6.00 for those under the age of 60. *If unable to pay the entire donation*, please pay what you are able.

RIDDLE CENTRAL

What has many keys but can open no lock?

(Answer pg. 2)



COUNTRY SHINDIG

INDEPENDENCE DAY PARTY!

Come dance to live country music by Roger Simmons.



June 26th, 1-3:00 p.m.

Prize for best Western outfit.
Yee-haw!

JUNETEENTH

Now a national US holiday on June 19th, it is considered the longest running African holiday. Historian Mitch Kachun considers that celebrations of the end of slavery have three goals: "to celebrate, to educate, and to agitate". Traditions include public readings of the Emancipation Proclamation which promised freedom, singing traditional songs such as "Swing Low, Sweet Chariot" and "Lift Every Voice and Sing", and reading of works by noted African-American writers, such as Ralph Ellison and Maya Angelou.

BIRTHDAY DANCE

Join us for live music and dancing to celebrate everyone with June birthdays. This month on Friday June 7th at 10:00 a.m.





3 ~ MONDAY

10:00 Word Search
 10:45 SAIL Exercise
 11:00 Craft: Collaged picture frame
 12:45 *Bingo*
 1:00 Beginning Drawing

4 ~ TUESDAY

10:00 Computer Class
 10:00 Women's Discussion Group
 11:00 Story Hour
 11:00 Pinochle
 12:30 *Sing-along*

5 ~ WEDNESDAY

10:00 Family Feud
 10:45 SAIL Exercise
 12:45 Mexican Train Dominoes
 1:00 Line Dancing

6 ~ THURSDAY

9:00 Yoga
 9:30 Quilting II
 10:00 Computer Class
 10:00 Free phone or tablet for qualified participants
 10:00 Brain Fitness
 10:15 Stretch & Dance
 11:00 Painting
 11:30 Sit Down Exercise
 12:30 Quilting I
 12:45 *Bingo*

7 ~ FRIDAY

9:00 SAIL Exercise
 10:00 Birthday Dance
 10:00 Wood Carving Club
 12:30 Tai Chi
 12:45 Cribbage

10 ~ MONDAY

10:00 Word Search
 10:45 SAIL Exercise
 12:45 *Bingo*
 1:00 Beginning Drawing

11 ~ TUESDAY

10:00 Computer Class
 10:00 Women's Discussion Group
 11:00 Story Hour
 11:00 Pinochle card game

12 ~ WEDNESDAY

10:00 Family Feud
 10:45 SAIL Exercise
 12:45 Mexican Train
 1:00 Line Dancing

13 ~ THURSDAY

9:00 Yoga
 9:30 Quilting II
 10:00 Computer Class
 10:00 *Father's Day Root Beer Floats, Frito Pies and Dad Jokes*
 10:15 Stretch & Dance
 11:00 Painting
 11:30 Sit Down Exercise
 12:30 Quilting I
 12:45 *Bingo*

14 ~ FRIDAY

9:45 *Beanbag Baseball*
 10:00 Wood Carving Club
 10:45 SAIL Exercise
 12:30 Tai Chi
 12:45 Cribbage

17 ~ MONDAY

9:45 SAIL Exercise
 10:00 Word Search
 11:00 *Town Hall Meeting*
 12:45 *Bingo*
 1:00 Beginning Drawing

18 ~ TUESDAY

10:00 Computer Class
 10:00 Women's Discussion Group
 11:00 Story Hour
 11:00 Pinochle card game
 12:30 *Sing-along*

19 ~ WEDNESDAY

10:00 Family Feud
 10:45 SAIL Exercise
 12:45 Mexican Train Dominoes
 1:00 Line Dancing

20 ~ THURSDAY

9:00 Yoga with Peter
 9:30 Quilting II
 10:00 Computer Class
 10:00 Brain Fitness
 10:15 Stretch & Dance
 11:00 Painting
 11:30 Sit Down Exercise
 12:30 Quilting I
 12:45 *Bingo*

21 ~ FRIDAY

10:00 Balloon Volleyball
 10:00 Wood Carving Club
 10:45 SAIL Exercise
 12:30 Tai Chi
 12:45 Cribbage

24 ~ MONDAY

10:00 Word Search
 10:45 SAIL Exercise
 12:45 *Bingo*
 1:00 Beginning Drawing

25 ~ TUESDAY

10:00 Computer Class
 10:00 Women's Discussion Group
 11:00 Story Hour
 11:00 Pinochle card game
 12:45 *Interactive Workshop - Planning for Continuing Life Changes: Meet Local Handyman Steve Minor from 911 Handyman Services.*

26 ~ WEDNESDAY

10:00 Family Feud
 10:45 SAIL Exercise
 1:00 *Country Shindig*
 Independence Day Party!
 1:00 NO Line Dancing class
 2:00 Book Club



27 ~ THURSDAY

9:00 Yoga with Peter
 9:30 Quilting II
 10:00 Computer Class
 10:15 Stretch & Dance
 11:00 Painting
 11:30 Sit Down Exercise
 12:30 Quilting I
 12:45 *Bingo*

28 ~ FRIDAY

9:45 *Beanbag Baseball*
 10:00 Wood Carving Club
 10:45 SAIL Exercise
 11:00 *Cell Phone Class*



SNEAK PEAK



August: Luau with Hawaiian music and hula dancing

October: Halloween costume party

November: Thanksgiving Feast

December: Holiday Party

February: Art Show

RIDDLE ANSWER

A piano !

