

July Lectures and Events

Monday, July 1

William Boeing and the Early Years of The Boeing Company*

This talk will tell the story of how William Boeing came to the Pacific Northwest to tend to his family's timber interests, but soon became fascinated by flying.

3:00 pm, Bristol View 1st Floor Bowditch Room

Monday, July 1

W.W. Seymour Botanical Conservatory Tour*

Enjoy a private tour of the W.W. Seymour Botanical Conservatory

10:00 – 11:30 am, Field Trip (Bus leaves the Bistro at 9:30 am)

Tuesday, July 2

Zentangle Time*

We will create an asymmetrical mini masterpiece using a round Zendala tile.

10:00 am – 12:00 pm, Tobey Jones Multipurpose Room

Tuesday, July 2

Celebrating 100 Years of FTJ - Tacoma Through the Decades: Urban Renewal That Made Life Worse, 1970s*

Steve Dunkelberger will take us through the decades of Tacoma's history.

4:00 pm, MJ Wicks Wellness Center

Wednesday, July 3, July 10, July 24, & July 31

Great Courses - King Arthur: History and Legend *

A comprehensive and detailed overview of the Arthurian legend during this 12-week video series.

10:00 am, Lillian Pratt Parlor

Tuesday, July 9

Summerhouse Lantern*

Using watercolors, die cuts, flower and bird stamps, we'll create handmade paperboard lanterns to illuminate your summer nights.

10:00 am – 12:00 pm, Tobey Jones Craft Room

Tuesday, July 9

Fall Prevention*

You will learn practical fall prevention tips that you can implement at home to decrease your risk of falling.

3:00 pm, Bristol View 1st Floor Bowditch Room

Wednesday, July 10

Health Savings Accounts (HSA) and Medicare*

11:00 am, Zoom (Pre-register at medicareclass.net)

Wednesday, July 10

Nature around Tacoma Series: Gardens Galore at Swan Creek Park*

This walk will take place on paved trails. Wear sun protection.

2:00 pm, Field Trip (Bus leaves the Bistro at 1:30 pm)

Thursday, July 11

Ageing Well: Tips and Strategies to Live Healthier as We Age*

It's never too late to make changes to help you live a longer and healthier life.

2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, July 11

Ken Jacobsen Music Hour: Playful Music*

This will be a participatory program where we will discuss different elements of music and instruments from around the world, have some basic instructions, and then play some improvised music together. Making music is easy with a few good tips, and making music as a community is at the heart of the musical experience. Ken will bring a variety of drums and percussion instruments from all over the world, as well as guitars, hammered dulcimer, autoharp, xylophone and others.

No musical experience required!

4:00 pm, Bristol View 1st Floor Bowditch Room

Friday, July 12

Make an Intention Spirit Doll*

10:00 am – 12:00 pm, Tobey Jones Craft Room

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Make an Intention Spirit Doll*

10:00 am – 12:00 pm, Tobey Jones Craft Room

*Indicates registration is required.

Friday, July 12

Glaze Your Piece of Hand Built Pottery at Spun Clay Arts Studio*

If you joined us for the June 28 hand building pottery workshop, you can join us to glaze your piece.

3:00 pm, Field Trip (Bus leaves the Bistro at 2:30 pm)

Tuesday, July 23

What's New for Breakfast?

Learn ways to add color, variety, and taste into your daily eating.

10:00 am, Zoom

Meeting ID: 481 600 3295 Passcode: 845170

Tuesday, July 23

Business NOT As Usual: Alternative Sustainable Business Models for a Local, Living Economy*

In this class, we will engage with concepts and practical examples of transformational sustainability enterprises and economies.

2:00 pm, Bristol View 1st Floor Bowditch Room

Tuesday, July 23

Health Savings Accounts (HSA) and Medicare*

3:30 pm, Zoom (Pre-register at medicareclass.net)

Wednesday, July 24

Literary League Book Club— We Are Not Like Them*

Join us as we discuss *We Are Not Like Them* by Christine Pride and Jo Piazza

2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, July 25

Great Courses: A New History of Life*

A New History of Life tells this all-embracing story of life on Earth—its origins, extinctions, and evolutions—in 36 DVD lectures.

11:00 am, Bristol View 1st Floor Bowditch Room

Thursday, July 25

Pretty Gritty Tacoma Lectures: The Blackwell Family*

Possibly one of the most influential families that nobody talks about in Tacoma.

3:00 pm, Bristol View 1st Floor Bowditch Room

Friday, July 26

Mental Health and Stigma: What Has Changed, Where We're Going, and Why It Matters for You*

A brief history of the understanding of mental health, current statistics, and care.

10:00 am, Bristol View 1st Floor Bowditch Room

Friday, July 26

American Music - Hosted by Ian Crocker*

This month's American Music series passes the baton to the 6-piece Bluegrass ensemble, the Oly Mountain Boys.

4:00 pm, MJ Wicks Wellness Center

Tuesday, July 30

Franke Tobey Jones: Building a Destiny— A Living History Performance by Karen Haas*

3:00 pm, MJ Wicks Wellness Center

Tuesday, July 30

Five Watercolor Techniques: Images from the Backroads of Washington*

Five One-hour classes (July 30 – August 27) .

10:00 am, Tobey Jones Craft Room

Wednesday, July 31

What's New for Lunch?

Learn ways to add color, variety, and taste into your daily eating.

2:00 pm, Zoom

Meeting ID: 481 600 3295 Passcode: 845170



FRANKE TOBEY JONES

SENIOR UNIVERSITY

Live & Learn

July 2024

Educational Enrichment Opportunities

Campus Location

Main Campus

5340 N Bristol Street
Tacoma, WA 98407
253.752.6621



Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

indicates fee and registration required

* indicates registration required



To check for schedule changes, e-mail jwennstrom@franketobeyjones.com

Franke Tobey Jones: A Living History



Franke Tobey Jones: Building a Destiny— A Living History Performance by Karen Haas*

Frances Martha (Franke) Tobey Jones is most often remembered as the generous wealthy woman who founded what became a beloved senior living community in Tacoma. But Franke's life was not all prosperity and ease. Karen Haas portrays this vibrant woman as she reminisces about New York, Wisconsin, Tacoma and how she spent her life Building a Destiny. We are proud to offer this class in celebration of the Franke Tobey Jones Centennial this year. Tuesday, July 30 at 3:00 pm in the MJ Wicks Wellness Center. RSVP today!

Performer Bio:

Karen Haas is a former Teacher and Museum Curator of Education. She is also one of the founders and organizers of the annual Tacoma Living History Cemetery Tour. Her living history presentations have been featured at National Historic Oregon Trail Interpretive Center, End of the Oregon Trail Interpretive Center, Fort Clatsop, and the Whitman Mission National Historic Site. She feels

especially rewarded telling the tales of those whose voices are usually silent in history -- women.

Explore Your Creative Side

Thursday, July 11

Ken Jacobsen Music Hour: Playful Music*

This will be a participatory program where we will discuss different elements of music and instruments from around the world and then play some improvised music together.

4:00 pm, Bristol View 1st Floor Bowditch Room

Friday, July 12

Make an Intention Spirit Doll*

You will create a doll from natural and found objects—tying, gluing, and stitching them together as needed. All materials will be provided, but if you have special or meaningful objects or materials you want to use, please do.

10:00 am – 12:00 pm, Tobey Jones Craft Room

Tuesday, July 30

Five Watercolor Techniques: Images from the Backroads of Washington*

Five One-hour classes (July 30 – August 27) teach and practice specific watercolor techniques using images from the book *Backroads of Washington* and new local views. The instructor is the author of this guidebook and brings information about our beautiful state into her lessons. Each watercolor painting reviews common procedures and results in a finished piece depicting familiar scenery. All materials are provided for each class.

10:00 am, Tobey Jones Craft Room

To register for a class, contact Jana Wennstrom at jwennstrom@franketobeyjones.com or 253.756.6219

www.FrankeTobeyJones.com / Phone: 253.752.6621

July 2024

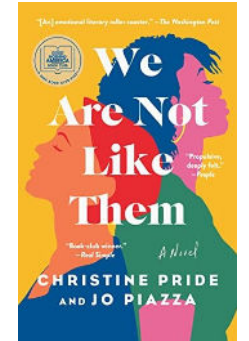


FRANKE TOBEY JONES

SENIOR UNIVERSITY

Non scholae sed vitae discimus.

We do not learn for school but for life.



Wednesday, July 24

Literary League Book Club— *We Are Not Like Them**

Join us as we discuss *We Are Not Like Them* by Christine Pride and Jo Piazza

About the book: Told from alternating perspectives, an evocative and riveting novel about the lifelong bond between two women, one Black and one white, whose friendship is indelibly altered by a tragic event—a powerful and poignant exploration of race in America today and its devastating impact on ordinary lives. Jen and Riley have been best friends since kindergarten. As adults, they remain as close as sisters, though their lives have taken different directions. Jen married young, and after years of trying, is finally pregnant. Riley pursued her childhood dream of becoming a television journalist and is poised to become one of the first Black female anchors of the top news channel in their hometown of Philadelphia. But the deep bond they share is severely tested when Jen's husband, a city police officer, is involved in the shooting of an unarmed Black teenager. Six months pregnant, Jen is in freefall as her future, her husband's freedom, and her friendship with Riley are thrown into uncertainty.

2:00 pm, Bristol View 1st Floor Bowditch Room

Legend

- # Registration and fee
- * Registration, no cost

Location Codes:

- (B) Lillian Pratt Bascom Library
- (BV) Bristol View Bowditch Room
- (C) Tobey Jones Craft Room
- (FT) Field Trip
- (LP) Lillian Pratt Parlor
- (M) Tobey Jones Multipurpose Room
- (TJ) Tobey Jones Parlor
- (W) MJ Wicks Wellness Center
- (WS) Tobey Jones Woodshop
- (Z) Zoom

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>10:00 (FT) W.W. Seymour Botanical Conservatory Tour*</p> <p>3:00 (BV) William Boeing and the Early Years of The Boeing Company*</p>	<p>2</p> <p>10:00 (M) Zentangle Time*</p> <p>4:00 (W) Celebrating 100 Years of FTJ - Tacoma Through the Decades: Urban Renewal That Made Life Worse, 1970s*</p>	<p>3</p> <p>10:00 (LP) Great Courses - King Arthur: History and Legend*</p>	<p>4</p>	<p>5</p>
<p>8</p>	<p>9</p> <p>10:00 (C) Summerhouse Lantern*</p> <p>3:00 (BV) Fall Prevention*</p>	<p>10</p> <p>10:00 (LP) Great Courses - King Arthur: History and Legend*</p> <p>11:00 (Z) Health Savings Accounts (HSA) and Medicare*</p> <p>2:00 (FT) Gardens Galore at Swan Creek Park*</p>	<p>11</p> <p>2:00 (BV) Aging Well: Tips and Strategies to Live Healthier as We Age*</p> <p>4:00 (BV) Playful Music*</p>	<p>12</p> <p>10:00 (C) Make an Intention Spirit Doll*</p> <p>3:00 (FT) Glaze Your Piece of Hand Built Pottery at Spun Clay Arts Studio*</p>
<p>15</p>	<p>16</p>	<p>17</p>	<p>18</p>	<p>19</p>
<p>22</p>	<p>23</p> <p>10:00 (Z) What's New for Breakfast?</p> <p>2:00 (BV) Business NOT As Usual*</p> <p>3:30 (Z) Health Savings Accounts (HSA) and Medicare*</p>	<p>24</p> <p>10:00 (LP) Great Courses - King Arthur: History and Legend*</p> <p>2:00 (BV) Literary League Book Club— <i>We Are Not Like Them</i>*</p>	<p>25</p> <p>11:00 (BV) Great Courses: <i>A New History of Life</i>*</p> <p>3:00 (BV) Pretty Gritty Tacoma Lectures: The Blackwell Family*</p>	<p>26</p> <p>10:00 (BV) Mental Health and Stigma*</p> <p>4:00 (W) American Music - Hosted by Ian Crocker*</p>
<p>29</p>	<p>30</p> <p>10:00 (C) Five Watercolor Techniques: Images from the <i>Backroads of Washington</i>*</p> <p>3:00 (W) Franke Tobey Jones: Building a Destiny— A Living History Performance by Karen Haas*</p>	<p>31</p> <p>10:00 (LP) Great Courses - King Arthur: History and Legend*</p> <p>2:00 (Z) What's New for Lunch?</p>		