



FRANKE  
TOBEY  
JONES

*Enjoy your age*

### What's the Caption?

As part of our Centennial Celebration, each week through August we will include an FTJ historic photo in this newsletter for which you can submit a caption. The winning caption will be printed in an upcoming edition of this newsletter along with the winner's name. Please submit your caption via email or phone to Chris Hall [chall@franketobeyjones.com](mailto:chall@franketobeyjones.com) or x1350 or 253-756-6350.



### Meet Your FTJ Safety Committee!

What is a safety committee you may ask? Simply put, it is a group of employees who work together to create and maintain a culture of safety in the workplace. If you have a safety concern on campus (no matter how big or how small) or need help filling out/have questions about an incident report, feel free to contact one of us! From the Care Center to Building Services, you can always find one of the FTJ Safety Committee Members on campus. Have you ever seen a potential hazard on campus and were unsure who to report it to? Well, look no further! You can reach out to any of the following employees:



**Angela Thomas,**  
**Director of Human Resources,**



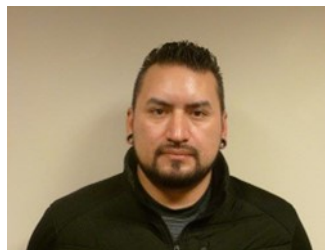
**Patricia Moore,**  
**Activities Supervisor**



**Tracy Relic,**  
**Clinical Services CNA**



**Franchesca "Frankie" Thomas,**  
**Philanthropy Coordinator**



**Joel Torres,**  
**Executive Chef**



**Vicki Weaver,**  
**Building Services  
Coordinator**



**Anson Wood,**  
**Building Services Manager**



## Last Week's Photo Caption

We have a tie for the winning caption this week. See below for the winners. Thanks to all who submitted captions ...Please continue.

Hey! Taking a picture while we bury the evidence, defeats the purpose!"

~Heidi White



Reacting to Heidi's caption about the previous photo "I know what we buried." Amy Petschke

"No," Mrs. Tollefson said sweetly. "I am **not** going to tell you where I buried all the bodies...But don't my flowers look lovely?" Claire G.

## Sneak Peak at July Outings/Trips

### **Lunch Bunch "Puerto Vallarta" Gig Harbor**

**Thursday, July 11** Bus departs at 11:15 am. **Cost: Meal**

Enjoy delicious Mexican food at the Gig Harbor Puerto Vallarta. They serve everything from tacos to burritos to quesadillas and more. Bring your friends and join us for Lunch Bunch in Gig Harbor. **This trip is capped at 20 people.**

### **Lavender Festival Day Trip**

**Friday, July 19** Bus departs at 9:30 am and returns around 5pm. **Cost: Meal, anything you purchase**

In conjunction with Holistic Wellness we are going to the Sequim Lavender Festival. Join us as we visit various lavender fields, try out some workshops, enjoy lunch and more. **This trip is capped at 19 people.**

### **Tacoma Musical Playhouse "Beautiful: The Carole King Musical"**

**Saturday, July 20** Bus departs at 1:20 pm.

**Sign up by Thursday July 18. Cost: Ticket \$32**

**Beautiful**, Before she was hit-maker Carole King — she was Carole Klein, a spunky, young songwriter from Brooklyn with a unique voice. From the chart-topping hits she wrote for the biggest acts in music to her own life-changing, trailblazing success with *Tapestry*, *Beautiful: The Carole King Musical* takes you back to where it all began — and takes you on the ride of a lifetime.

### **Tacoma Rainiers Baseball Game**

**Tuesday, July 30** Bus departs at 11:15 am.

**Sign up by Friday July 12. Cost: \$16, any thing you purchase**

The Rainiers are going up against the Salt Lake Bees for a 12:05 pm game and Franke Tobey Jones will be there! Join us to cheer on the Rainiers while you enjoy ball park favorites and the company of other baseball minded people. Your ticket includes a free ballpark hotdog meal. If you request a ticket after the 12th of July we will get you as close to the group as we can, but you are not guaranteed to be able to sit with the main group. Some stairs must be climbed to reach the main group of seats. There is also ADA seating available. If you need ADA seating, please let Heidi know when you reserve your ticket. Once purchased, tickets are non-refundable. **Please sign up at LP Front Desk.**

**Please call the LP front desk to sign up for any of these trips.**

## "Every Litter-Bit Helps – FTJ Residents Helped Keep Grit City Pretty

On Saturday, May 18th, Philanthropy partnered with Holistic Wellness and organized an off-campus volunteer event for FTJ residents to give back. MetroParks Tacoma holds a community litter cleanup at the Point Defiance Marina every third Saturday of the month from April through September. This is a wonderful opportunity for volunteers and groups of all ages to help beautify our local beaches, as well as keep our local wildlife safe.

Pam Baker, Ann Edington, Linda Ford, and Beth Lamanna banded together and happily picked up litter along the Marina coastline for a couple of hours as representatives of Franke Tobey Jones. With bright orange buckets and grabbers in hand, they scoured far and wide for trash.

Desiree Kennedy, the Tacoma Parks coordinator who organizes this event said, "It was truly wonderful to work with FTJ volunteers. I'm so thankful you were able to come and provide so much help! Your effort to get rid of garbage and remove trash was hugely appreciated and will help keep the ocean a healthier habitat for marine wildlife."

If you would be interested in participating in the June Litter Cleanup, it will be held on Saturday June 15th from 9am-12pm, and this time lunch and entertainment will be provided by co-sponsors of the event, Tacoma Pierce County Association of Realtors, down at Owen Beach after the cleanup!

To volunteer, or if you have questions, please reach out to Franchesca in Philanthropy at 253-756-6327 or [fthomas@franketobeyjones.com](mailto:fthomas@franketobeyjones.com) by June 13th!"

## Expanding the Circle

In 1923, Mrs. Franke Tobey Jones donated \$150,000 and four acres of land where a rest-home could be built for persons over the age of 65 to live out the "sunset of their lives." To perpetuate the legacy of Mrs. Franke Tobey Jones and strengthen the FTJ Charitable Subsidy Fund, Philanthropy is inviting residents to be part of the 2024 Centennial Circle.

From April through June ~ anyone who makes a gift of \$100 or more will become a Centennial Circle Member. All gifts will benefit Charitable Subsidy and contributors will be acknowledged in the FTJ Centennial Time Capsule and as a Centennial Circle Member in the 2024 Annual Report.

We hope you will join us in growing the Charitable Subsidy Fund and ensuring residents who have outlived their resources through no fault of their own will always have a home at FTJ ~ just as Mrs. Franke Tobey Jones originally intended. If you have any questions, please don't hesitate to contact the Philanthropy Office, Shelley Harris at 253.756.6297 or Franchesca Thomas at 253.756.6327.

## Sound to Narrows Race



**Saturday June 8th** is the Sound to Narrows Race. Vassault will be closed the entire morning and will reopen around noon. You will not be able to leave Franke Tobey Jones while the road is closed.

Please plan accordingly.



		<b>MENU</b>	
	<i>Menu subject to change due to supply shortages</i>	<b>Jun-10 To Jun-16</b>	<i>Ripe Tomato &amp; Spinach Pizzetta</i>
	<b>BREAKFAST</b>	<b>DINNER</b>	<b>SUPPER</b>
<b>M</b>	Chilled Fruit	Roasted Beef Fennel Soup	Roasted Tomato Tortilla Soup
<b>O</b>	Orange Juice	Fruit Salad	Roasted Beef Fennel Soup
<b>N</b>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<b>D</b>	Belgian Waffles	Sauté Trout With Almondine Sauce	Fruit Salad
<b>A</b>	Scramble Eggs	Mediterranean Herb Chicken	Three Cheese Quiche
<b>Y</b>	Grilled Ham	Linguine Pasta	Turkey & Bacon Panini
	Whole Milk	Summer Squash	Sweet Potato Fries
<b>10</b>	Coffee	Steamed Cauliflower	California Mixed Vegetables
		Cranberry Apple Strudel	Bakers Choice
	Chilled Fruit	Split Pea Soup w Ham	Split Pea Soup w Ham
<b>T</b>	Orange Juice	Cole Slaw	Cabbage & White Bean Soup
<b>U</b>	Cream of Wheat	Mixed Green Salad	Mixed Green Salad
<b>E</b>	Apple Cinnamon Muffin	Ground Beef Quesadilla	Cole Slaw
<b>S</b>	Fried Cage Free Egg	Braised Pork w Sauerkraut	Shrimp Spaghetti ala Genovese
<b>D</b>	Bacon	Oven Brown Potatoes	Pastrami & Swiss on Rye
<b>A</b>	Whole Milk	Peas w Onions	Potato Chips
<b>Y</b>	Coffee	Sauteed Zucchini	Steam Broccoli & Carrots
<b>11</b>		Yellow Cake with Fudge Icing	Garlic Bread
			Chocolate Chip Cookie
<b>W</b>			
<b>E</b>	Chilled Fruit	Chicken Gumbo	Chicken Gumbo
<b>D</b>	Orange Juice	Cucumber Sour Cream Salad	Potato Leek Soup
<b>N</b>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<b>E</b>	Blueberry Coffee Cake	Roasted Cod With Tomato Chutney	Cucumber Sour Cream Salad
<b>S</b>	Scramble Eggs	Chili Cumin Beef And Bean Casserole	Chicken Patty Sandwich
<b>D</b>	Sausage Patty	Brown Rice	Chef Salad
<b>A</b>	Whole Milk	Roasted Butternut Squash	California Mixed Vegetables
<b>Y</b>	Coffee	Roasted Cauliflower	Shoestring French Fries
<b>12</b>		Bread Pudding	Chocolate Brownie
<b>T</b>	Chilled Fruit	Hearty Beef Vegetable Soup	Hearty Beef Vegetable Soup
<b>H</b>	Orange Juice	Fruited Jello Salad	Mexican Street Corn Chowder
<b>U</b>	Cream of Wheat	Mixed Green Salad	Fruited Jello Salad
<b>R</b>	Eggs to Order	Pork & Wild Mushroom Ragout	Mixed Green Salad
<b>S</b>	Whole Wheat French Toast	Chicken Cacciatore	Classic Beef Crispy Taco
<b>D</b>	Bacon	Rotini Pasta	Tomato Mozzarella Panini
<b>A</b>	Whole Milk	Yellow Squash, Red Pepper, Pea Medley	Refried Beans
<b>Y</b>	Coffee	Steamed Brussels Sprouts	Potato Chips
		Bakers Choice	Grilled Yellow Squash
<b>13</b>			Cookies & Cream Cupcake
<b>F</b>	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
<b>R</b>	Orange Juice	Mixed Green Salad	Carrot Raisin Salad
<b>I</b>	Old Fashioned Oatmeal	Carrot Raisin Salad	Mixed Green Salad
<b>D</b>	Fried Cage Free Egg	Brazilian Steak Chimichurri	Cheese Pizza
<b>A</b>	Sausage Link	Tuscan Herb Tilapia	Hot Turkey Sandwich
<b>Y</b>	Mixed Berry Wheat Pancakes	Steamed Red Potatoes	Mashed Potato
	Whole Milk	Steamed Cauliflower	Roasted Mix Vegetables
<b>14</b>	Coffee	Peas & Carrots	Pound Cake
		Chocolate Cake	
<b>S</b>			
<b>A</b>	Chilled Fruit	Loaded Baked Potato Soup	Loaded Baked Potato Soup
<b>T</b>	Orange Juice	Cottage Cheese & Tomato	Lemon Chicken Orzo Soup
<b>U</b>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<b>R</b>	Scrambled Egg	Farmers Pot Roast With Vegetables	Cottage Cheese & Tomato
<b>D</b>	Bacon	Buttermilk Fried Chicken Thighs	Tuna Mushroom Casserole
<b>A</b>	Whole Milk	Smashed Yukon Potatoes	Patty Melt Sandwich
<b>Y</b>	Coffee	Corn O'Brien	Roasted Asparagus
<b>15</b>		Steamed Vegetable Medley	French Fries
		Angel Food Cake w Orange Sauce	Butterscotch Pudding
<b>S</b>	Chilled Fruit	Tuscan Kale & Bean Soup	Tomato Basil Soup
<b>U</b>	Old Fashioned Oatmeal	Mixed Green Salad	Mango Slaw
<b>N</b>	Eggs To Order	Mango Slaw	Mixed Green Salad
<b>D</b>	Sausage Link	Salmon Fettuccini Alfredo	Thai shrimp Napa Noodle Bowl
<b>A</b>	Hash Browned Potatoes	Stuffed Pork Chop	Classic Gilled Cheese Sandwich
<b>Y</b>	Cinnamon Roll	Roasted Parmesan Potato	Steamed Broccoli
	Whole Milk	Peas & Onions	Sweet potato Fries
<b>16</b>	Coffee	Sauteed Spinach	Oatmeal Raisin Cookie
		Double Chocolate Loaf Cake	