



May / June 2024



Memory Care North – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)
9:30 Seated Exercises (AR)	9:30 Seated Exercise (AR)	9:30 Seated Exercises (AR)	9:30 Chair Dancing (AR)	9:30 Seated Cardio (AR)	9:30 Morning Stretch (AR)	9:30 Moving and Grooving with Kirsten (AR)
10:00 Name that Sound on iN2L (AR)	10:00 Origins of Memorial Day/History of Taps (AR)	9:45 Worship Service (SN)	10:00 (AR)	10:00 Modern Jeopardy Trivia (AR)	10:00 Word Games on iN2L (AR)	9:30 Moving and Grooving with Kirsten (AR)
	10:30 Patriotic Sing Along (AR)	10:15 Piggy Bankers on iN2L (AR)	10:30 Floral Arranging- June Centerpieces (AR)	10:30 Lincoln Memorial (AR)	10:30 Art Group: Watercolors (AR)	10:00 Food for Thought: Cactus (AR)
10:30 Coloring Project (AR)	11:15 Transition Time (CNA)	10:45 Baking Group: Making Muffins (AR)	11:15 Transition Time (CNA)			10:30 Baking Group: Making Cookies (AR)
10:35 Mariners Game (TV)	11:30 Lunch		11:30 Lunch			
11:15 Transition Time (CNA)	1:00 Afternoon Movie (CNA)	11:15 Transition Time (CNA)	1:00 Name that Tune (AR)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)
11:30 Lunch	2:00 Afternoon Snack	11:30 Lunch	2:00 Happy Hour (AR)	11:30 Lunch	11:30 Lunch	11:30 Lunch
1:00 What Am I? (AR)	3:15 Garden Check-in (CNA)					
2:00 Snack	4:30 Dinner	1:00 Pet Therapy Visit with Karen & Dazzle (AR)	2:30 SMART Acronym Game (AR)	1:00 Cooking Project- Making Mini Pizzas (AR)	1:00 Basketball Toss Game (AR)	1:00 Bingo Game (AR)
2:30 World Lindy Hop Day (AR)	6:40 Mariners Game (TV)		4:30 Dinner	1:10 Mariners Game (TV)	2:00 Root Beer Float Social (AR)	2:00 Afternoon Snack
4:30 Dinner		2:00 Afternoon Snack	6:40 Mariners Game (TV)	2:00 Afternoon Snack		2:30 Garden Check-In (AR)
		2:30 Garden Check-in (AR)		2:30 Ring Toss Game (AR)	2:30 Musical Jukebox (AR)	4:15 Mariners Game (TV)
		4:30 Dinner		4:30 Dinner	3:00 Garden Check-in (AR)	4:30 Dinner
		6:40 Mariners Game (TV)			3:45 Mariners Game (TV)	
					4:30 Dinner	

AR= Activity Room
SUN= Sunroom
TV= TV Room

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621



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PROGRAMS SUBJECT TO CHANGE



June 2024

Memory Care North- Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:30 Tai Chi Exercises (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)
9:30 Fly Ball (AR)	9:30 Seated Stretch (AR)	9:45 Worship Service (SN)	9:30 Morning Exercises (AR)	9:30 Chair Dancing (AR)	9:30 Seated Strength (AR)	9:30 Morning Stretch (AR)
10:00 Basketball Toss Game (AR)	10:00 Short Story Reading: Tall Tales Book Emporium (AR)	10:00 You Be the Judge (AR)	10:00 Lucky Dice (AR) 	10:00 Art Project: Clay Sculpting (AR)	10:00 Piggy Bankers Game (AR)	10:00 Who Am I? (AR)
10:30 Guess That TV Tune (AR)	10:30 Baking Group: Making Muffins (AR)	10:30 Giant Bowling (AR) 	10:30 Name That Frank Sinatra Tune (AR)	10:45 Free Rice Game (AR)	10:30 All About Dean Martin (AR)	10:30 An All Wright Day (AR)
11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
1:00 Automobile Innovation Day (AR) 	1:00 Watercolor Project (AR)	1:00 What Am I? (AR)	1:00 Travelogue (AR)	1:00 Get Your Kicks on Route 66 (AR)	1:00 Beach Sensory (AR) 	1:00 Music with Roger (AR) 
1:10 Mariners Game (TV)	2:00 Music with Marty (TAA) 	2:00 Afternoon Snack	2:00 Happy Hour 	2:00 Afternoon Snack	2:00 Italian Soda Social (AR) 	1:10 Mariners Game (TV)
2:00 Snack	2:30 Garden Check-in	2:30 Games on iN2L (AR)	2:30 Garden Check-in (AR)	2:30 Animal Scramble/ Fun Videos of Animals (AR)	2:30 Ring Toss Game (AR)	2:00 Afternoon Snack
2:30 Lucky Dice Game (AR)	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner 	4:30 Dinner	2:30 Fly Ball (AR)
4:30 Dinner		6:40 Mariners Game (TV)	6:40 Mariners Game (TV)		5:10 Mariners Game (TV)	4:30 Dinner
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June 2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	10	11	12	13	14	15
9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:30 Chair Dancing (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)
9:30 Seated Exercise (AR)	9:30 Seated Cardio (AR)	9:45 Worship Service (SN)	9:30 Seated Exercise (AR)	9:30 Shake, Rattle & Roll (AR)	9:30 Fly Ball (AR)	9:30 Seated Cardio (AR)
10:00 Modern Jeopardy Trivia (AR)	10:00 EZ Trivia (AR)	10:00 Best Moments in Sports (AR)	10:00 Baking Group-Making Muffins (AR)	10:00 Free Rice Game (AR)	10:00 Finish the Lyrics (AR)	10:00 Basketball Toss Game (AR)
10:30 Giant Bowling Game (AR)	10:30 Bingo (AR)			10:30 Watercolor Project (AR)	10:30 Baseball & Crackerjack Day (AR)	10:30 Arkansas Day (AR)
11:10 Mariners Game (TV)		10:30 Glorious Giraffes (AR)		11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)
11:30 Lunch	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	10:30 Fun Facts About Shavuot (AR)	11:30 Lunch	11:30 Lunch	11:30 Lunch
1:00 Great Barrier Reef Day (AR)	11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	1:00 Flag Day Fun & Trivia (AR)	1:00 Andy Griffith: America's Favorite Dad (AR)
	1:00 Happy Birthday, Judy Garland (AR)	1:00 Pet Therapy Visit with Karen & Dazzle (AR)	1:00 History of Renaissance Faire (AR)	2:00 Afternoon Snack	2:00 Old Fashioned Coke Float Social	2:00 Afternoon Snack
2:00 Afternoon Snack			2:00 Happy Hour	2:30 Garden Check-in (AR)		2:30 Piggy Bankers Game on iN2L (AR)
2:30 Ring Toss Game (AR)	2:00 Afternoon Snack	1:00 Fish or Fantasy? (AR)		4:30 Dinner	2:30 Flag Day Coloring Project (AR)	
4:30 Dinner	2:30 Good & Plenty Day (AR)	2:00 Afternoon Snack	2:30 Name That Tune (AR)	6:40 Mariners Game (TV)	4:30 Dinner	4:15 Mariners Game (TV)
		2:30 Soda Taste Testing (AR)	4:30 Dinner		7:10 Mariners Game (TV)	4:30 Dinner
	4:30 Dinner		6:40 Mariners Game (TV)		<i>Flag Day</i>	
	6:40 Mariners Game (TV)	4:30 Dinner	Shavuot			
		6:40 Mariners Game (TV)				

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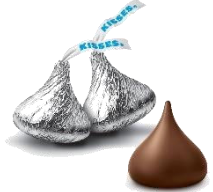
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June 2024



Memory Care North – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:30 Tai Chi Class (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)
9:30 Morning Stretch (AR)	9:30 Moving & Grooving (AR)	9:45 Worship Service (SN)	9:30 Stretching Group (AR)	9:30 Morning Stretch (AR)	9:30 Chair Dancing (AR)	9:30 Strength Training (AR)
10:00 Name That Country Tune (AR)	10:00 Roll a Face Game (AR)		10:00 Finish the Phrase (AR)	10:00 Music with Anne & Gaye (AR)	10:00 Can You Picture This? (AR)	10:00 World Rainforest Day (AR)
10:30 Father's Day Trivia (AR)	10:30 Measuring Up (AR)	10:00 Name That Sound on IN2L (AR)	10:30 Hershey's Holiday (AR)		10:30 Baking Group: Making Cookies (AR)	10:40 Pet Therapy Visit
11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	10:30 Short Story Reading: Salvador's Flight (AR)		10:10 Mariners Game (TV)	11:15 Transition Time (CNA)	
11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:30 Lunch	11:15 Transition Time (CNA)
1:00 Bingo (AR)	1:00 Who Am I? (AR)	11:30 Lunch	11:30 Lunch	11:30 Lunch	1:00 Music of the 50's (AR)	11:30 Lunch
1:10 Mariners Game (TV)	2:00 Margarita Monday (AR)	1:00 Jeopardy Trivia (AR)	1:00 Black Cowboys & Juneteenth (AR)	1:00 Star of the Month (AR)		1:00 Bingo (AR)
2:00 Afternoon Snack		2:00 Afternoon Snack	2:00 Happy Hour	2:00 Afternoon Snack	2:00 Ice Cream Sundae Social (AR)	
2:30 Lucky Dice Game (AR)	2:30 Garden Check-in (AR)	2:30 Garden Check-in (AR)		2:30 West Virginia Day (AR)	2:30 Garden Check-in (AR)	1:10 Mariners Game (TV)
4:30 Dinner	4:30 Dinner	3:40 Mariners Game (TV)	2:30 Summer Sing Along (AR)	4:30 Dinner	4:10 Mariners Game (TV)	2:00 Afternoon Snack
		4:30 Dinner	3:40 Mariners Game (TV)		4:30 Dinner	2:30 Happy Birthday, Basketball (AR)
Happy Father's Day			Juneteenth			4:30 Dinner
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JUNE 2024

Memory Care North – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	29
9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)
9:30 Morning Stretch (AR)	9:30 Seated Cardio (AR)	9:30 Tai Chi Exercises (AR)	9:10 Mariners Game (TV)	9:30 Seated Cardio (AR)	9:30 Chair Exercises (AR)	9:30 Seated Strength (AR)
10:00 Sundays Revisited (AR)	10:00 Lucky Dice Game (AR)	9:45 Worship Service (SN)	9:30 Chair Dancing (AR)	10:00 Name That Sound (AR)	10:00 Random Trivia (AR)	10:00 Giant Bowling Game (AR)
10:30 5-Clue What Am I? (AR)	10:30 A Visit to the Forest (AR)		10:00 Tall Order Trivia (AR)	10:30 Baking Group-Making Cookies (AR)	10:30 Richard Rodgers Anniversary (AR)	10:30 More Jeopardy Trivia (AR)
10:40 Mariners Game (TV Room)		10:00 Finish the Lyric (AR)	10:30 Name That Sound on IN2L (AR)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)
		10:30 Anything Goes (AR)	11:15 Transition Time (CNA)	11:30 Lunch	11:30 Lunch	11:30 Lunch
11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:30 Lunch	1:00 Music of the Crooners (AR)	1:00 Bingo (AR)	1:00 Piggy Banker Game on IN2L (AR)
11:30 Lunch	11:30 Lunch	11:30 Lunch	1:00 Piano Music with Sandra Walker			
1:00 Horse Racing Game (AR)	1:00 International Fairy Day (AR)	1:00 Pet Therapy Visit with Karen & Dazzle (AR)		2:00 Afternoon Snack	2:00 Ice Cream Sundae Social (AR)	2:00 Afternoon Snack
	2:00 Afternoon Snack		2:00 Happy Hour (AR)	2:30 Ring Toss Game (AR)	2:30 Garden Check-in (AR)	2:30 Garden Check-in (AR)
2:00 Afternoon Snack	2:30 Garden Check-in (AR)	1:00 The Curse of the Hope Diamond (AR)		4:30 Dinner	4:30 Dinner	4:30 Dinner
2:30 Finish the Phrase (AR)	3:50 Mariners Game (TV)	2:00 Afternoon Snack	2:30 Garden Check-in (AR)		6:40 Mariners Game (TV)	7:10 Mariners Game (TV)
4:30 Dinner	4:30 Dinner	2:30 Remembering Picnics (AR)	4:30 Dinner			
		3:50 Mariners Game (TV)				
		4:30 Dinner				

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JUNE/JULY 2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Name That 50's Tune (AR) 10:30 Craft Group: Watercolors (AR)  11:30 Lunch 1:00 Remembering Pet Cats & Dogs (AR) 1:10 Mariners Game (TV) 2:00 Afternoon Snack 2:30 Basketball Toss Game (AR) 4:30 Dinner AR= Activity Room SUN= Sunroom TV= TV Room						