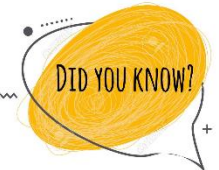


April / May 2024

MEMORY CARE NORTH – LIFE ENRICHMENT - 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Worship Service (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)	9:00 Montessori Program (AR)
9:30 Seated Exercises (AR)	9:30 Chair Zumba (AR)	9:30 Seated Strength (AR)	9:30 Tai Chi (AR)	9:30 Chair Yoga (AR)	9:30 Seated Aerobics (AR)	9:30 Quick Cardio (AR)
10:00 Piggy Bankers Game on IN2L (AR)	10:00 Music Circle (AR)	10:00 Floral Arranging- May Centerpieces (AR)	10:00 Finish the Phrase (AR)	10:00 Baking Group- Making Mini Pies (AR)	10:00 Roll a Face Game (AR)	10:00 Kentucky Derby Day (AR)
10:30 Coloring Project (AR)			10:30 Name That Tune (AR)		10:30 Art Project (AR)	10:45 Horse Racing Game (AR)
11:15 Transition Time (CNA)	10:45 Piggy Bankers Game on IN2L (AR)	10:30 Remembering Gardens (AR)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	
11:30 Lunch	11:15 Transition Time (CNA)	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)
1:00 Bingo (AR)	1:00 Travelogue (AR)	11:15 Transition Time (CNA)	12:40 Mariners Game (TV)	10:30 EZ Trivia (AR)	1:00 A Visit to the Forest (AR)	11:30 Lunch
	2:00 Strawberry Margarita Monday (AR)	11:30 Lunch	1:00 Celebrating Carol Burnett (AR)	11:15 Transition Time (CNA)		1:00 Afternoon Montessori (AR)
2:00 Afternoon Snack		1:00 Who Am I? (AR)	2:00 Happy Hour	11:30 Lunch	2:00 Afternoon Snack	2:00 Root Beer Float Social (AR)
2:30 America's Li'l Sweetheart (AR)				1:00 Visit to the Beach (AR)	2:30 Music of Bing Crosby (AR)	
4:30 Dinner	2:30 Garden Check-in (AR)	2:00 Afternoon Snack	2:30 Baseball Trivia on IN2L (AR)		4:30 Dinner	2:30 Bowling (AR)
AR= Activity Room	4:30 Dinner	2:30 Finish the Lyric (AR)	4:30 Dinner	2:00 Afternoon Snack	5:10 Mariners Game (TV)	4:15 Mariners Game (TV)
SUN= Sunroom		4:30 Dinner		2:30 Garden Check-in (AR)		4:30 Dinner
TV= TV Room				4:30 Dinner		

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PROGRAMS SUBJECT TO CHANGE



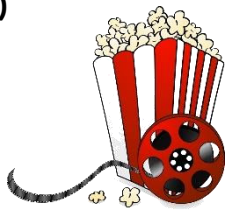
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MAYO



MEMORY CARE NORTH – LIFE ENRICHMENT - 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
9:00 Montessori Program (AR) 9:30 Gentle Stretching (AR) 10:00 Making Cinco de Mayo Slime (AR) 10:45 Fun Videos on iN2L (AR) 11:10 Mariners Game (TV) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Cinco de Mayo Trivia and Fun Facts (AR) 2 :00 Cinco de Mayo Fiesta  2:30 History of Mariachi Music (AR) 3:00 Garden Check-in (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 You Be the Judge (AR) 10:30 Bingo (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Drive-In Movies' Timeless Appeal (AR) 2:00 Music with Marty (TAA)  4:30 Dinner 4:40 Mariners Game (TV)	9:00 Montessori Program (AR) 9:30 Seated Exercises (AR) 9:45 Worship Service (SN) 10:15 Horse Racing Game (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Short Story reading: The Hollyhock Doll (AR) 2:00 Afternoon Snack 2:30 Soda Taste Test Sensory (AR)  3:00 Garden Check-in (AR) 4:30 Dinner 4:40 Mariners Game (TV)	9:00 Montessori Program (AR) 9:30 Chair Yoga (AR) 10:00 Baking Group- Making Muffins (AR)  10:30 Free Rice Game on iN2L (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Who Am I? (AR) 2:00 Happy Hour  2:30 Irving Berlin Songs (AR) 4:30 Dinner 4:40 Mariners Game (TV)	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Name That Spice/Scent (AR) 10:10 Mariners Game (TV) 10:30 Food for Thought: Campfire Food (AR) 11:15 Transition Time (CNA) 11:30 Lunchtime 1:00 Spa Afternoon- Hand Massages (AR)  2:00 Afternoon Snack 2:30 (AR) 4:30 Dinner 	9:00 Montessori Program (AR) 9:30 Gentle Stretch (AR) 10:00 Lucky Dice (AR) 10:30 Remembering TV's Favorite Shows (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie with Theater Popcorn and Drinks (AR)  2:00 Afternoon Snack (AR) 2:30 Garden Check-in (AR) 4:30 Dinner 6:40 Mariners Game (TV)	9:00 Montessori Program (AR) 9:30 Moving and Grooving with Kirsten (AR) 10:00 Can You Picture This? (AR) 10:30 Bowling Game (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Music with Roger (AR)  2:00 Afternoon Snack (CNA) 4:30 Dinner 6:40 Mariners Game (TV)
AR= Activity Room SUN= Sunroom TV= TV Room						

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PROGRAMS SUBJECT TO CHANGE



May 2024



MEMORY CARE NORTH – LIFE ENRICHMENT - 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Talking About Mother's Day (AR) 10:30 Name that Tune (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Famous Mothers and Other Mother's Day Stories (AR) 1:10 Mariners Game (TV) 2:00 Mother's Day Mimosa Social (AR) 4:30 Dinner Mother's Day AR= Activity Room SUN= Sunroom TV= TV Room	13 9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 Word Games on iN2L (AR) 10:30 Travelogue (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Women in Uniform (AR) 2:00 Tropical Escape Social (AR)  2:30 Tropical Music Fun (AR) 3:00 Garden Check-in (AR) 4:30 Dinner 6:40 Mariners Game (TV)	14 9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 9:45 Worship Service (SN) 10:15 Sea Monkey Day (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Pet Therapy Visit with Karen & Dazzle (AR)  2:00 Afternoon Snack 2:30 Lucky Dice Game (AR) 4:30 Dinner 6:40 Mariners Game (TV)	15 9:00 Montessori Program (AR) 9:30 Fly Ball (AR) 10:00 Finish the Phrase (AR) 10:30 Baking Group: Making Cookies (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Star of the Month (AR) 1:10 Mariners Game (TV) 2:00 Happy Hour (AR)  2:30 Name That Sound on iN2L (AR) 3:00 Garden Check-in (AR) 4:30 Dinner	16 9:00 Montessori Program (AR) 9:30 Seated Exercise (AR) 10:00 Music with Anne & Gaye (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Art Group: Coffee Filter Butterflies (AR)  2:00 Afternoon Snack 2:30 Ring Toss Game (AR) 4:30 Dinner	17 9:00 Montessori Program (AR) 9:30 Random Trivia (AR) 10:00 Morning Stretch (AR) 10:30 History of Clydesdale Horses (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Name That Tune (AR) 2:00 Float Social- Strawberry Cream  2:30 All About Strawberries (AR) 3:00 Garden Check-in (AR) 4:05 Mariners Game (TV) 4:30 Dinner	18 9:00 Montessori Program (AR) 9:30 Quick Cardio (AR) 10:00 Behind the Music of the Military (AR) 10:30 Horse Racing (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Perry Como Day (AR) 1:05 Mariners Game (TV) 2:00 Afternoon Snack 2:30 Armed Forces Day Fun Facts/Military Branches (AR) 4:30 Dinner Armed Forces Day 

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May 2024



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MEMORY CARE NORTH – LIFE ENRICHMENT - 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 Coloring Project (AR) 10:30 Bingo (AR)  10:35 Mariners Game (TV) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 The Purple Heart (AR) 2:00 Snack 2:30 Bowling Game (AR) 4:30 Dinner AR= Activity Room SUN= Sunroom TV= TV Room 	20 9:00 Montessori Program (AR) 9:30 Seated Stretch (AR) 10:00 Lucky Dice Game (AR) 10:30 History of Horses (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Who Am I? (AR)  2:00 Margarita Social (AR)  2:30 Music of Rosemary Clooney (AR) 4:05 Mariners Game (TV) 4:30 Dinner	21 9:00 Montessori Program (AR) 9:30 Seated Exercises (AR) 9:45 Worship Service (SN) 10:15 Random Trivia (AR) 10:30 Craft Project- Making Jewelry (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Visit to the Beach (AR)  2:00 Afternoon Snack 2:30 Garden Check-in (AR) 4:05 Mariners Game (TV) 4:30 Dinner	22 9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 Trivia Challenge (AR) 10:30 What Am I? (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Piano Music with Sandra Walker  2:00 100 Year Celebration Spring Tea Social (AR)  2:30 Garden Check-in (AR) 4:05 Mariners Game (TV) 4:30 Dinner	23 9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 9:35 Mariners Game (TV) 10:00 BBQ & Backyard Games Trivia (AR) 10:30 Bowling Fun (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Montessori (AR) 2:00 Afternoon Snack 2:30 Name That 60's Tune (AR) 4:30 Dinner	24 9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Word Games on iN2L (AR) 10:30 Music Circle (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Jeopardy Trivia (AR) 2:00 Old Fashioned Coke Float Social  2:30 Garden Check-in (AR) 3:45 Mariners Game (TV) 4:30 Dinner	25 9:00 Montessori Program (AR) 9:30 Chair Zumba (AR) 10:00 Free Rice Game on iN2L (AR) 10:30 Watercolor Art Project (AR) 10:40 Pet Therapy Visit  11:15 Transition Time (CNA) 11:30 Lunch 1:00 National Tap Dance Day (AR) 1:05 Mariners Game (TV) 2:00 Afternoon Snack 2:30 Finish the Song Lyric (AR) 4:30 Dinner

May / June 2024

MEMORY CARE NORTH – LIFE ENRICHMENT - 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
9:00 Montessori Program (AR) 9:30 Seated Exercises (AR) 10:00 Name that Sound on iN2L (AR)  10:30 Coloring Project (AR) 10:35 Mariners Game (TV) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (AR) 2:00 Snack 2:30 World Lindy Hop Day (AR) 4:30 Dinner AR= Activity Room SUN= Sunroom TV= TV Room	9:00 Montessori Program (AR) 9:30 Seated Exercise (AR) 10:00 Origins of Memorial Day/History of Taps (AR) 10:30 Patriotic Sing Along (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA) 2:00 Afternoon Snack 3:15 Garden Check-in (CNA) 4:30 Dinner 6:40 Mariners Game (TV) 	9:00 Montessori Program (AR) 9:30 Seated Exercises (AR) 9:45 Worship Service (SN) 10:15 Piggy Bankers on iN2L (AR) 10:45 Baking Group: Making Muffins (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Pet Therapy Visit with Karen & Dazzle (AR)  2:00 Afternoon Snack 2:30 Garden Check-in (AR) 4:30 Dinner 6:40 Mariners Game (TV)	9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 (AR) 10:30 Floral Arranging- June Centerpieces (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Name that Tune (AR) 2:00 Happy Hour (AR)  2:30 SMART Acronym Game (AR) 4:30 Dinner 6:40 Mariners Game (TV) 	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Modern Jeopardy Trivia (AR) 10:30 Lincoln Memorial (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Cooking Project-Making Mini Pizzas (AR) 1:10 Mariners Game (TV) 2:00 Afternoon Snack 2:30 Ring Toss Game (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Word Games on iN2L (AR) 10:30 Art Group: Watercolors (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Basketball Toss Game (AR) 2:00 Root Beer Float Social (AR)  2:30 Musical Jukebox (AR) 3:00 Garden Check-in (AR) 3:45 Mariners Game (TV) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Moving and Grooving with Kirsten (AR) 10:00 Food for Thought: Cactus (AR) 10:30 Baking Group: Making Cookies (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo Game (AR) 2:00 Afternoon Snack 2:30 Garden Check-In (AR) 4:15 Mariners Game (TV) 4:30 Dinner