

Mon	Tue	Wed	Thu	Fri
1 Chicken Teriyaki Rice w/Peas & Carrots Asian Vegetable Blend Pear Fortune Cookie	2 Turkey & Broccoli Peas & Bowtie Pasta Fresh Orange	3 Swiss Cheese Burger w/Lettuce & Tomatoes Wedge Fries Mixed Berries		5 Mediterranean Chicken Wrap Spinach & White Beans Rice Pudding
8 Grilled Chicken Salad w/Walnuts & Strawberries & Hard Boiled Egg Wheat Roll	9 Swedish Meatballs Potato Salad Apricots	10 Pork Cutlet Baked Potato Baked Beans Coleslaw	11 Spaghetti w/ Ground Turkey Green Beans Breadsticks Pears	12 Fish Taco Rice & Beans Berries w/ Whipped Cream
15 Pork Fajitas w/ Onion & Zucchini & Pinto Beans Whole Banana	16 Turkey Burger Sweet Potato Fries Coleslaw Applesauce	17 Beef Lasagna Green Beans Breadstick Apples w//Walnuts & Whipped Cream	18 Parmesan Tilapia Fish Rice Pilaf Squash Brownie Bites	19 Waffles w/ Strawberries Scrambled Eggs Orange Juice
22 Baked Salmon German Potato Salad Broccoli & Cauliflower Bread Sticks Brownie	23 Macaroni & Cheese Brussel Sprouts Wheat Roll Strawberries	24 Chicken Caesar Salad Spiced Baked Apple	25 Caribbean Pork Chops w/Peppers Cornbread Sliced Pineapple	26 Beef Casserole w/Peppers Salad Wheat Roll Peach Cobbler
29 Chicken Burger Potato Salad Veggie Sticks Fresh Melon	30 Beef Taco Salad w/Salsa & Sour Cream Tortilla Chips Lemon Bar Fresh Orange	31 Chicken Tetrizzini Tossed Salad w/ Cabbage & Garbanzo Beans		

This Menu is subject to change

Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.

Mon	Tue	Wed	Thu	Fri
<p>Chicken Teriyaki Calories=780 Carbs=126 Sodium=610</p>	<p>Turkey & Broccoli Calories= 680 Carbs=78 Sodium= 430</p>	<p>Swiss Cheeseburger Calories =810 Carbs=80 Sodium=690</p>		<p>Mediterranean Wrap Calories=660 Carbs=69 Sodium=750</p>
<p>Grilled Chicken Salad Calories=760 Carbs=46 Sodium=580</p>	<p>Swedish Meatballs Calories=840 Carbs=80 Sodium=750</p>	<p>Pork Cutlet Calories= 760 Carbs=79 Sodium=730</p>	<p>Ground Turkey Spaghetti Calories= 670 Carbs=82 Sodium=730</p>	<p>Fish Taco Calories=740 Carbs=80 Sodium=680</p>
<p>Pork Fajitas Calories=710 Carbs=83 Sodium=650</p>	<p>Turkey Burger Calories=706 Carbs=84 Sodium=661</p>	<p>Beef Lasagna Calories=690 Carbs=80 Sodium=790</p>	<p>Parmesan Tilapia Calories=710 Carbs=64 Sodium=670</p>	<p>Waffles Calories=700 Carbs=100 Sodium=700</p>
<p>Salmon Calories=730 Carbs=67 Sodium=700</p>	<p>Macaroni & Cheese Calories=670 Carbs= 85 Sodium=590</p>	<p>Chicken Caesar Salad Calories=670 Carbs=62 Sodium=710</p>	<p>Caribbean Pork Calories=720 Carbs=75 Sodium=580</p>	<p>Beef & Pepper Casserole Calories=730 Carbs=102 Sodium=760</p>
<p>Chicken Burger Calories=700 Carbs=80 Sodium=740</p>	<p>Beef Taco Salad Calories=840 Carbs=195 Sodium=700</p>	<p>Chicken Tetrzzini Calories=720 Carbs=67 Sodium=670</p>		