

February Lectures and Events

*Indicates registration is required.

Tuesday, February 4

Rear Window Movie Viewing*

This viewing is in anticipation of a discussion of the film on February 11.
10:00 am – 12:00 pm, Bristol View 1st Floor Bowditch Room

Wednesday, February 5

Documentary Discussions: That Sugar Film*

In the vein of "Supersize Me", Damon Gameau becomes a human guinea pig when he puts himself through a grueling 6-week diet consuming the equivalent of 40 teaspoons of sugar a day.
2:00 pm, Bristol View 1st Floor Bowditch Room

Wednesday, February 5, February 12, February 19, & February 26

Finding, Telling and Sharing Life Stories*

This course will teach participants to explore their life experiences, work them into short stories or vignettes and pass them on as legacy. Please bring a notebook and pen or pencil.
10:00 am – 12:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, February 6, February 13, February 20, & February 27

Great Courses – The Scientific Guide to Health and Happiness*

The Scientific Guide to Health and Happiness is your perfect roadmap to achieving your best self in 24 recorded lectures over 12 weeks (February 6 – April 24). These lessons will provide you with the information you need to take charge of your health.
10:00 am, Bristol View 1st Floor Bowditch Room

Thursday, February 6

History of Space Exploration*

3:00 pm, Bristol View 1st Floor Bowditch Room

Friday, February 7, February 14, February 21, & February 28

Tacoma Community Ukulele Project: Exploring the Ukulele - Part 2*

For returning learners who have completed "Exploring the Ukulele" or already have basic experience playing the instrument, this class will expand upon your library of chords and techniques.
10:00 am, Bristol View 1st Floor Bowditch Room

Friday, February 7

Art Appreciation Lecture Series: Touring the World Through Art*

Come with us on a journey around the world as we explore global cultures, histories, and visual artistic traditions.
2:00 pm, Bristol View 1st Floor Bowditch Room

Tuesday, February 11

A Peek Through the (Rear) Window: More than Meets the Eye*

10:00 am, Bristol View 1st Floor Bowditch Room

Wednesday, February 12

Nature Around Tacoma Series: Wild Winter Life at Pt Defiance Park*

Explore the Pt Defiance Trails around Fort Nisqually with Tacoma Nature Center staff.
2:00 pm, Field Trip (Bus leaves the Bistro at 1:45 pm)

Thursday, February 13

Current and Future Planned Missions in Manned Space Exploration*

3:00 pm, Bristol View 1st Floor Bowditch Room

Friday, February 14

Let's Make Jewelry from Vintage/Antique Silverware*

In this class, you can make a knife handle into a tassel or bud vase, make a spoon or fork handle into a simple pendant, or flatten a spoon to make a key fob, key keeper, or bookmark. We will provide examples, silverware, basic tools, and basic jewelry parts.
2:00 – 4:00 pm, Tobey Jones Craft Room

Wednesday, February 19

Where Have All Our Birds Gone? And How Can We Bring Them Back?*

Since 1966 bird populations have plummeted across the US and by 2030 we may have lost 50% of our bird population. Stuart Earley from the Tahoma Bird Alliance will be here to talk about why this has happened; what the causes have been for this unprecedented drop in bird populations; and what all of us can do to help birds.

2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, February 20

Great Decisions: American Foreign Policy at a Crossroads*

This discussion will explore the contours of the U.S. foreign policy debate as it plays out in a world of multiple and escalating crises, and domestic polarization.
3:00 pm, Zoom (Pre-register to receive the Zoom link)

Friday, February 21

The Brontë Sisters: The Life and Works of Charlotte, Emily, and Anne Brontë*

Join us for an engaging lecture on the Brontë sisters—Charlotte, Emily, and Anne—exploring their remarkable lives and the profound impact of their literary contributions. Discover how their personal experiences shaped their iconic works, including "Jane Eyre," "Wuthering Heights," and "The Tenant of Wildfell Hall," and delve into the themes of love, identity, and social critique that resonate in their writing.

2:00 pm, Bristol View 1st Floor Bowditch Room

Tuesday, February 25

Downtown Tacoma's Alluring History*

Why was the notorious Broadway Hotel padlocked in 1929? How is the Broadway Hotel connected to Ben Dews Deli? Which longtime Tacoma department store will Miss Alice manage? This intriguing presentation includes the history of Rhodes Department Store, moving sidewalks, Pacific 1st Federal Savings, which child was the star of the Rust Building, the skilled music teachers who lived in the Bernice Building, which buildings the ghosts haunt and a tragic car accident on Pacific Avenue in November 1941.

10:00 am, Bristol View 1st Floor Bowditch Room

Tuesday, February 25

OOPS - I'm Not Happy with My Medicare Advantage Plan, Now What Do I Do?*

We'll discuss the "oops window" in Medicare Advantage (MA) plans which refers to the Open Enrollment Period, from January 1st to March 31st each year, allowing individuals to switch between different Medicare Advantage plans. The oops window also applies to individuals who have recently applied for the first time to an MA plan, to return to Original Medicare if they initially chose a plan that wasn't the best fit for them essentially a chance to "fix"; a previous enrollment decision if needed.

2:00 pm, Tobey Jones Parlor

Wednesday, February 26

Literary League Book Club— Flying Solo*

Join us as we discuss *Flying Solo* by Linda Holmes

2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, February 27

Space Junk – the Sky is Falling*

3:00 pm, Bristol View 1st Floor Bowditch Room

Friday, February 28

American Musics - Vocal jazz: the Music of Abbey Lincoln*

"There is no such thing as jazz," Abbey Lincoln says. "There's only a song and your spirit and your ancestors." An adroit interpreter of songs and a lion-hearted advocate for civil rights, Abbey Lincoln's creative arrangements cut to the poetic core of the music she performed. Join vocalist Susan Tuzzolino and guitarist EJ Crocker as they perform songs from the Abbey Lincoln songbook.

4:00 pm, MJ Wicks Wellness Center



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SENIOR UNIVERSITY

Live & Learn

February 2025

Educational Enrichment Opportunities

Campus Location

5340 N Bristol Street

Tacoma, WA 98407
253.752.6621

Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

indicates fee and registration required

* indicates registration required



To check for schedule changes, e-mail jwennstrom@franketobeyjones.com

Exploring Space with Senior University



Thursday, February 6

History of Space Exploration*

This lecture will be a discussion of the Cold War and the Space Race to the Moon. Relive the excitement of sending humans into space while the tension of being first to the Moon ahead of Russia dominates. The International Space Station and the Space Shuttle program bring new beginnings.
3:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, February 13

Current and Future Planned Missions in Manned Space Exploration*

In this lecture, you will learn about the development of a Moon base, plans to travel to Mars and beyond. A look at the role of private enterprise such as SpaceX and Blue Origin in space exploration.
3:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, February 27

Space Junk – the Sky is Falling*

In this lecture, we will explore the challenge of space debris caused by defunct spacecraft and collision fragments, and how space is being polluted. Potential dangers to Earth will be identified.
3:00 pm, Bristol View 1st Floor Bowditch Room

Presenter Bio:

Linda Dawson was an aerospace engineer who was a NASA flight controller for the Space Shuttle program. After her retirement from teaching at the University of Washington, she has been writing and giving talks about topics related to space exploration.

A Peek Through the Rear Window

Tuesday, February 4

Rear Window Movie Viewing*

Rear Window is a 1954 American mystery thriller film directed by Alfred Hitchcock and written by John Michael Hayes based on Cornell Woolrich's 1942 short story *It Had to Be Murder*. Originally released by Paramount Pictures, the film stars James Stewart, Grace Kelly, Wendell Corey, Thelma Ritter, and Raymond Burr. It was screened at the 1954 Venice Film Festival.

Rear Window is considered by many filmgoers, critics, and scholars to be one of Hitchcock's best, as well as one of the greatest films ever made. It received four Academy Award nominations, and it has been added to the United States National Film Registry in the Library of Congress as being "culturally, historically, or aesthetically significant." This viewing is in anticipation of a discussion of the film on February 11 at 10:00 am in the Bristol View Bowditch Room.

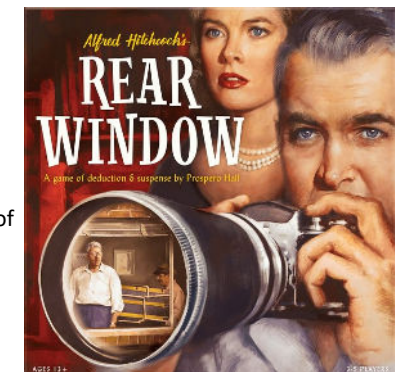
10:00 am – 12:00 pm, Bristol View 1st Floor Bowditch Room

Tuesday, February 11

A Peek Through the (Rear) Window: More than Meets the Eye*

We will discuss the classic film *Rear Window* (1954), directed by Alfred Hitchcock, looking at the film's many layers, suggesting why it has been considered such a classic, and, as one scholar notes, "is perhaps the first of Hitchcock's film to which the term masterpiece can be reasonably applied" (Robin Wood, *Hitchcock's Films Revisited* (1960): 100).

10:00 am, Bristol View 1st Floor Bowditch Room



To register for a class, contact Jana Wennstrom at jwennstrom@franketobeyjones.com or 253.756.6219

www.FrankeTobeyJones.com / Phone: 253.752.6621

February 2025



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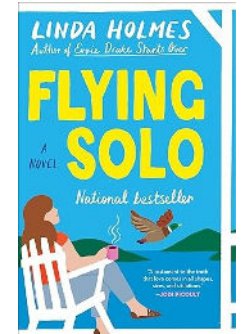
Non scholae sed vitae discimus.

We do not learn for school but for life.

Mon	Tue	Wed	Thu	Fri
<p>3</p> 	<p>4</p> <p>10:00 (BV) <i>Rear Window</i> Movie Viewing*</p> 	<p>5</p> <p>10:00 (BV) Finding, Telling and Sharing Life Stories*</p> <p>2:00 (BV) Documentary Discussions: <i>That Sugar Film</i>*</p>	<p>6</p> <p>10:00 (BV) Great Courses – <i>The Scientific Guide to Health and Happiness</i>*</p> <p>3:00 (BV) History of Space Exploration*</p>	<p>7</p> <p>10:00 (BV) Tacoma Community Ukulele Project: Exploring the Ukulele - Part 2*</p> <p>2:00 (BV) Art Appreciation Lecture Series: Touring the World Through Art*</p>
<p>10</p> 	<p>11</p> <p>10:00 (BV) A Peek Through the (Rear) Window: More than Meets the Eye*</p>	<p>12</p> <p>10:00 (BV) Finding, Telling and Sharing Life Stories*</p> <p>2:00 (FT) Nature Around Tacoma Series: Wild Winter Life at Pt Defiance Park*</p>	<p>13</p> <p>10:00 (BV) Great Courses – <i>The Scientific Guide to Health and Happiness</i>*</p> <p>3:00 (BV) Current and Future Planned Missions in Manned Space Exploration*</p>	<p>14</p>  <p>10:00 (BV) Tacoma Community Ukulele Project: Exploring the Ukulele - Part 2*</p> <p>2:00 (C) Let's Make Jewelry from Vintage/Antique Silverware*</p>
<p>17</p> 	<p>18</p>  	<p>19</p> <p>10:00 (BV) Finding, Telling and Sharing Life Stories*</p> <p>2:00 (BV) Where Have All Our Birds Gone? And How Can We Bring Them Back?*</p>	<p>20</p> <p>10:00 (BV) Great Courses – <i>The Scientific Guide to Health and Happiness</i>*</p> <p>3:00 (Z) Great Decisions: American Foreign Policy at a Crossroads*</p>	<p>21</p> <p>10:00 (BV) Tacoma Community Ukulele Project: Exploring the Ukulele - Part 2*</p> <p>2:00 (BV) The Brontë Sisters: The Life and Works of Charlotte, Emily, and Anne Brontë*</p>
<p>24</p> 	<p>25</p> <p>10:00 (BV) Downtown Tacoma's Alluring History*</p> <p>2:00 (TJ) OOPS - I'm Not Happy with My Medicare Advantage Plan, Now What Do I Do?*</p>	<p>26</p> <p>10:00 (BV) Finding, Telling and Sharing Life Stories*</p> <p>2:00 (BV) Literary League Book Club— <i>Flying Solo</i>*</p>	<p>27</p> <p>10:00 (BV) Great Courses – <i>The Scientific Guide to Health and Happiness</i>*</p> <p>3:00 (BV) Space Junk – the Sky is Falling*</p>	<p>28</p> <p>10:00 (BV) Tacoma Community Ukulele Project: Exploring the Ukulele - Part 2*</p> <p>4:00 (W) American Musics - Vocal jazz: the Music of Abbey Lincoln*</p>

Wednesday, February 26
Literary League Book Club—*Flying Solo**

Join us as we discuss *Flying Solo* by Linda Holmes. About the book: Smarting from her recently canceled wedding and about to turn forty, Laurie Sassalyn returns to her Maine hometown of Calcasset to handle the estate of her great-aunt Dot, a spirited adventurer who lived to be ninety-three. Alongside boxes of Polaroids and pottery, a mysterious wooden duck shows up at the bottom of a cedar chest. Laurie's curiosity is piqued, especially after she finds a love letter to the never-married Dot that ends with the line "And anyway, if you're ever desperate, there are always ducks, darling." Laurie is told that the duck has no financial value. But after it disappears under suspicious circumstances, she feels compelled to figure out why anyone would steal a wooden duck--and why Dot kept it hidden away in the first place. Suddenly Laurie finds herself swept up in a righteous caper that has her negotiating with antiques dealers and con artists, going on after-hours dates at the local library, and reconnecting with her oldest friend and her first love. Desperate to uncover her great-aunt's secrets, Laurie must reckon with her own past and her future--and ultimately embrace her own vision of flying solo.



2:00 pm, Bristol View 1st Floor Bowditch Room

Legend

- # Registration and fee
- * Registration, no cost

Location Codes:

- (B) Lillian Pratt Bascom Library
- (BV) Bristol View Bowditch Room
- (C) Tobey Jones Craft Room
- (FT) Field Trip
- (LP) Lillian Pratt Parlor
- (M) Tobey Jones Multipurpose Room
- (TJ) Tobey Jones Parlor
- (W) MJ Wicks Wellness Center
- (WS) Tobey Jones Woodshop
- (Z) Zoom