



December 2024

Memory Care North – Life Enrichment













Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Cardio (AR)</p> <p>10:00 (AR)</p> <p>10:30 (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Spa Day (AR)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Table Hockey Game (AR)</p> <p>4:30 Dinner</p> <p>AR= Activity Room SUN= Sunroom TV= TV Room</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Yoga (AR)</p> <p>10:00 Shiny Nose Day (AR)</p> <p>10:30 Bingo (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Can You Picture This? (AR)</p>  <p>2:00 Music with Marty (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:00 Worship Service (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 All About Andy Williams (AR)</p> <p>10:30 Horse Racing Game (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Pet Therapy Visit with Karen & Dazzle (AR)</p>  <p>1:00 Deck the Halls/Decoration (AR)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Tree Decorating (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Cardio (AR)</p>  <p>10:00 Name That Sound on iN2L (AR)</p> <p>10:30 Short Story Reading: The Trains of Tuscany (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 World Wildlife Conservation (AR)</p> <p>2:00 Happy Hour (AR)</p>  <p>2:30 Christmas Song Sing Along (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Tai Chi Class (AR)</p> <p>10:00 Lucky Dice Game (AR)</p> <p>10:30 What Am I? (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Balloon Ball (AR)</p> <p>2:00 Root Beer Float Social (AR)</p>  <p>2:30 Best of Frank Sinatra Songs (AR)</p> <p>4:30 Dinner</p> <p>5:15 Seahawks Game (TV)</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 Christmas Music Trivia (AR)</p>  <p>10:30 Bingo (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 A Very Talented Day (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Exercises (AR)</p> <p>10:00 Name That Sound on iN2L (AR)</p> <p>10:30 Christmas Art Project (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 More Jeopardy Trivia (AR)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Washers Game (AR)</p> <p>4:30 Dinner</p>  <p>FRANKE TOBEY JONES <i>Enjoy your age</i></p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9	10	11	12	13	14
9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 (AR) 10:30 Candy Man Day (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Toying with December (AR) 2:00 Afternoon Snack 2:30 Fly Ball (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Word Games on iN2L (AR) 10:30 Horse Racing Game (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Pastry Day (AR) 2:00 Egnog Social (AR)  2:30 Grab Bag (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:00 Worship Service (AR)  9:30 Chair Dancing (AR) 10:00 Name That Animal on iN2L (AR) 10:30 Craft Project Clay Sculpting (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Star of the Month (AR) 2:00 Afternoon Snack 2:30 Trivia on iN2L (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Exercises (AR) 10:00 Snowball Toss Game (AR) 10:30 Christmas Paint Project (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Who Am I? (AR) 2:00 Happy Hour (AR)  2:30 Name That Christmas Tune (AR) 4:30 Dinner 	9:00 Montessori Program (AR) 9:30 Seated Exercise (AR) 10:00 Music with Ann & Gaye (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA) 2:00 – 4:00 Staff Holiday Party 2:00 Afternoon Snack (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Hanukkah True or False/ Can You Picture This? (AR) 10:30 Dick Van Dyke Day (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Travelogue (AR) 2:00 Hot Coco Social (AR) 2:30 Name That Country Song (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Moving & Grooving with Peggy 10:00 EZ Trivia (AR) 10:30 Hand Spa (AR)  11:15 Transition Time 11:30 Lunch 1:30 - 3:00 Holiday Party  4:30 Dinner 4:30 Briggs Singers Holiday Caroling
AR= Activity Room SUN= Sunroom TV= TV Room						

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE



December 2024



Memory Care North – Life Enrichment

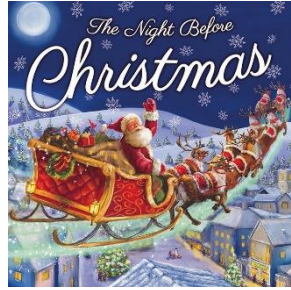




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
9:00 Montessori Program (AR) 9:30 Seated Exercise (AR) 10:00 Would You Rather on iN2L (AR) 10:30 Giant Ring Toss Game (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Balloon Art Project (AR) 2:00 Afternoon Snack 2:30 Finish the Lyrics (AR) 4:30 Dinner AR= Activity Room SUN= Sunroom TV= TV Room	9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Piggy Bankers on iN2L (AR) 10:30 All About the Nutcracker Ballet (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Long Live LEGO (AR) 2:00 Afternoon Snack 2:30 Paper Airplane Toss (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:00 Worship Service (AR)  9:30 Chair Dancing (AR) 10:00 (AR) 10:30 Jeopardy Trivia (AR) 11:15 Transition Time CNA) 11:30 Lunch 1:00 Tiny Tim Weds Miss Vicki (AR) 1:00 Pet Therapy Visit with Karen & Dazzle (AR)  2:00 Afternoon Snack 2:30 Washer Toss Game (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Exercises (AR) 10:00 Lucky Dice Game (AR) 10:30 Cooking Project – Making Cookies (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Piano Music with Sandra Walker  2:00 Afternoon Snack 2:30 This or That on iN2L (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Cardio (AR) 10:00 Name That Instrument on iN2L (AR) 10:30 Making Christmas Cards (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Gene Autry Christmas (AR)  2:00 Afternoon Snack 2:30 Fly Ball (AR) 4:30 Dinner  FRANKE TOBEY JONES <i>Enjoy your age</i>	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Creative Chocolates (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 History of Ugly Sweater Day (AR) 2:00 Afternoon Snack 2:30 10 Pin Bowling (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Exercise (AR) 10:00 You Be the Judge (AR) 10:30 Bingo (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (AR) 2:00 Afternoon Snack 2:30 Basketball Toss Game (AR) 4:30 Dinner



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Holiday Finish Lines (AR) 10:30 Watercolor Art Project (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 More Jeopardy Trivia (AR) 2:00 Afternoon Snack 2:30 Roll A Face Dice Game (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Singing Telegrams (AR) 10:30 T'was the Night Before Christmas (AR)  11:15 Transition Time CNA) 11:30 Lunch 1:00 Anagram Game (AR) 2:00 Afternoon Snack (AR) 2:30 Spa Afternoon (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:00 Worship Service (AR)  9:30 Chair Dancing (AR) 10:00 What Am I? (AR) 10:30 Baking Project – Making Cookies (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Lennon Sisters Debut (AR) 2:00 Afternoon Snack 2:30 Washer Toss Game (AR) 4:30 Dinner Christmas Eve	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Christmas Sing Along (AR) 10:30 Christmas Memories and Reminiscing (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA) 2:00 Afternoon Snack (CNA) 4:30 Dinner Christmas Day  Hanukkah Begins	9:00 Montessori Program (AR) 9:30 Chair Yoga (AR) 10:00 Name that Animal on iN2L (AR) 10:30 History and Tales of Kwanzaa (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Judy Garland Day (AR) 2:00 Hot Chocolate Social (AR) 2:30 Would You Rather on iN2L (AR) 4:30 Dinner  Kwanzaa Begins	9:00 Montessori Program (AR) 9:30 Rock Around the Christmas Tree (AR) 10:00 Short Story Reading: Test Day (AR) 10:30 Zoo Day (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Visit to the Beach (AR) 2:00 Afternoon Snack 2:30 Basketball Toss Game (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Did You Know on iN2L (AR) 10:30 Broadway Song Sing Along (AR) 10:45 Pet Therapy Visit (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Chocolate Candy Day/ Taste Testing (AR) 2:00 Afternoon Snack 2:30 Fly Ball (AR) 4:30 Dinner





AR= Activity Room
 SUN= Sunroom
 TV= TV Room





December 2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 Finish the Phrase (AR) 10:30 Bingo (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bowling Ball Day/ Bowling Game (AR)  2:00 Afternoon Snack 2:30 You Be the Judge (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Yoga (AR) 10:00 Baking Group – Making Bread and Homemade Butter (AR)  10:30 Who Am I? (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Forest Sensory Group (AR) 2:00 Afternoon Snack / Bread and Butter (AR) 2:30 Lucky Dice Game (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:00 Worship Service (AR)  9:30 Chair Dancing (AR) 10:00 Piggy Bankers Game on iN2L (AR) 10:30 John Denver Day (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Random Trivia (AR) 2:00 New Year's Eve Champagne Social (AR) 2:30 First Time for Everything (AR) 4:30 Dinner New Year's Eve 				
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