











January/February 2025

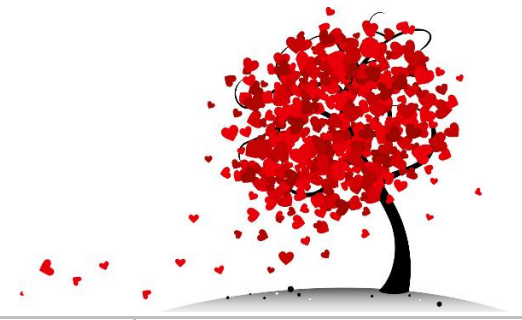
Memory Care North – Life Enrichment














Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
<p>9:00 Montessori Program (AR)</p>  <p>9:30 Chair Dancing (AR)</p> <p>10:00 Sing Along with Susie (AR)</p> <p>10:30 Tabletop Games and Puzzles (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Modern Jeopardy Trivia (AR)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Yoga (AR)</p> <p>10:00 Chocolate Concoctions- Nut Clusters (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 A Day at the Beach (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 The Billionaires' Club (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Morning Exercise (AR)</p> <p>10:00 Valentine Art Project (AR)</p> <p>10:30 Worship Service (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (AR)</p>  <p>2:00 Coke Float Social (AR)</p> <p>2:30 Remembering Commercial Jingles (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Strength (AR)</p> <p>10:00 Piggy Bankers Game on iN2L (AR)</p> <p>10:30 Chinese New Year: Are You a Snake? (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Rest Relaxation program</p> <p>2:00 Happy Hour (AR)</p>  <p>2:30 Finish the Phrase (AR)</p> <p>4:30 Dinner</p> <p>Chinese New Year</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Morning Stretch (AR)</p> <p>10:00 Bingo (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Coffee Filter Valentine Craft (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Ring Toss Game (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 Down the Rabbit Hole (AR)</p> <p>10:30 Alice's Adventures in Wonderland Trivia (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 The Greatest Heavyweight Boxer (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p> 	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Cardio (AR)</p> <p>10:00 Watercolor Project (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Montessori (AR)</p> <p>1:30 Modern Jeopardy Trivia (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Ring Toss Game (AR)</p> <p>4:30 Dinner</p>
<p>AR= Activity Room SUN= Sunroom TV= TV Room</p>						



February 2025



Memory Care North – Life Enrichment









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
<p>9:00 Montessori Program (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>12:30 Montessori layout</p> <p>1:00 Fun Facts About Groundhog Day (AR)</p> <p>1:30 Creative Concoctions Group- Making Dirt Cups (AR)</p>  <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p> <p style="text-align: center;">Groundhog Day</p> <hr/> <p>AR= Activity Room SUN= Sunroom TV= TV Room</p>	<p>9:00 Montessori Program (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Chair Yoga (AR)</p> <p>1:30 A Day in the Life of a Hummingbird (AR)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Bowling Fun (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Fly Ball (AR)</p> <p>10:00 Norman Rockwell Day (AR)</p> <p>10:30 Worship Service (AR)</p>  <p>11:00 Name that Tune on iN2L (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (AR)</p> <p>2:00 Arnold Palmer Social (AR)</p>  <p>2:30 Ring Toss Game (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Strength (AR)</p> <p>10:00 Amazing Science Experiments- Sink or Float (AR)</p> <p>10:45 Name That Tune (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Aroma Therapy- Name That Scent (AR)</p>  <p>2:00 Happy Hour (AR)</p> <p>2:30 Airplane Toss Game (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Strength (AR)</p> <p>10:00 Bingo (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Travelogue (AR)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Lucky Dice Game (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 Short Story Reading – Schoolhouse Score (AR)</p>  <p>10:30 Horse Racing Game (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Spa Afternoon (AR)</p>  <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Basketball Toss Game (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Cardio (AR)</p> <p>10:00 Category Trivia (AR)</p> <p>10:30 Craft Project Coloring Dragons (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Music with Roger (AR)</p>  <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p>



February 2025

Memory Care North – Life Enrichment















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	10	11	12	13	14	15
9:00 Montessori Program (AR) 11:00 EZ Trivia (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Bowling (AR)  2:00 Afternoon Snack 2:30 Happily Ever After? (AR) 3:30 Superbowl Football Game (TV) 4:30 Dinner Superbowl Sunday	9:00 Montessori Program (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Making Parfaits (AR) 1:30 Fly Ball (AR) 2:00 Afternoon Snack (AR) 2:30 Trivia on IN2L (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Fly Ball (AR) 10:00 All About Japan (AR) 10:30 Worship Service (AR)  11:00 Name That Sound on IN2L (AR) 11:30 Lunch 1:00 First Ladies Who Am I? (AR) 1:00 Pet Therapy Visit with Karen & Dazzle (AR)  1:30 Chew on This! (AR) 2:00 Afternoon Snack (AR) 2:30 Paper Airplane Toss Challenge (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 Name that Tune of Heartbreak (AR) 10:45 Table Tennis Game (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Craft Project - Make Valentine Bracelets (AR) 2:00 Happy Hour (AR)  2:30 Who Am I? (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Horse Racing Game (AR)  10:45 Pony Express Day (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Visit to the Beach Sensory (AR)  1:30 Ring Toss Game (AR) 2:00 Afternoon Snack (AR) 2:30 Bean Bag Toss Game (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Strength (AR) 10:00 Valentines Day Family Feud (AR) 10:30 Remembering Valentines Day (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 History of Valentines Day (AR) 1:30 Valentine's Day Art Project (LP) 2:00 Valentine Strawberry Margarita Social (AR) 2:30 Romances to Remember (AR) 4:30 Dinner  Valentine's Day	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Short Story Reading-Shutterbug Lovebugs (AR) 10:30 Music Circle (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Montessori (AR) 1:30 All About Gumdrops (AR) 2:00 Afternoon Snack (AR) 2:30 Basketball Toss (AR)  4:30 Dinner
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February 2025

Memory Care North – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
<p>9:00 Montessori Program (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Seated Exercise (AR)</p> <p>1:30 We Love Good News (AR)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Lucky Dice Game (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Presidential Fitness Exercises (AR)</p> <p>10:00 President's Day Trivia (AR)</p> <p>10:30 History of Lincoln Memorial (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (CNA)</p> <p>2:00 Music with Marty (AR)</p>  <p>4:30 Dinner</p> 	<p>9:00 Montessori Program (AR)</p> <p>9:30 Fly Ball (AR)</p> <p>10:00 Bowling Fun (AR)</p>  <p>10:30 Worship Service (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Montessori (AR)</p> <p>1:30 Making Parfaits (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Cool Wit of Calvin Coolidge (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Strength (AR)</p> <p>10:00 Short Story Reading – Preloved to Perfection (AR)</p>  <p>10:30 Basketball Toss (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Music of Smokey Robinson (AR)</p> <p>2:00 Happy Hour (AR)</p>  <p>2:30 Hail to the Chief (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Morning Stretch (AR)</p> <p>10:00 Jeopardy Trivia (AR)</p> <p>10:15 Music with Anne & Gaye (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (AR)</p>  <p>2:00 Italian Soda Social (AR)</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 Baking Group- Making Muffins (AR)</p>  <p>10:30 Car Racing Game (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>12:30 Montessori layout</p> <p>1:00 Who Sang It? (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Candy Phrases Finish the Line (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Cardio (AR)</p> <p>10:00 Random Trivia (AR)</p> <p>10:40 Pet Therapy Visit</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Montessori (AR)</p> <p>2:00 Root Beer Float Social (AR)</p>  <p>2:30 Traveling the Underground Railroad (AR)</p> <p>4:30 Dinner</p>










AR= Activity Room
SUN= Sunroom
TV= TV Room



February/March 2025

Memory Care North – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	1
9:00 Montessori Program (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Seated Exercise (AR) 1:30 Star of the Month (AR) 2:00 Afternoon Snack 2:30 Fly Ball (AR) 4:30 Dinner	9:00 Montessori Program (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Chocolate Concoctions- Nut Clusters (AR)  2:00 Afternoon Snack 2:30 Fly Ball (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Fly Ball (AR) 10:00 Floral Arranging- St. Patrick's Day Centerpieces (AR) 10:30 Worship Service (AR)  11:00 Trivia Fun on iN2L (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Horse Racing Game (AR) 1:00 Pet Therapy Visit with Karen & Dazzle (AR)  2:00 Italian Soda Social (AR) 2:30 All About Frank Sinatra (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Strength (AR) 10:00 Piggy Bankers Game (AR) 10:30 Old West Day (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Piano Music with Sandra Walker  2:00 Happy Hour (AR)  2:30 What Am I? (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Bingo (AR)  11:15 Transition Time (CNA) 11:30 Lunch 12:30 Montessori layout 1:00 Who Am I? (AR) 1:30 Afternoon Movie – Willy Wonka and the Chocolate Factory (LP) 2:00 Arnold Palmer Social (AR)  4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 Watercolor Project (AR) 10:45 Would You Rather? (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Afternoon (AR)  2:00 Hot Cider Social (AR) 2:30 Ring Toss Game (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Mind Scent/Name That Scent (AR) 10:30 Horse Racing Game (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Montessori (AR) 2:00 Afternoon Snack (AR) 2:30 Basketball Toss (AR) 4:30 Dinner 

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