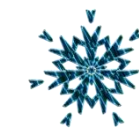




January 2025

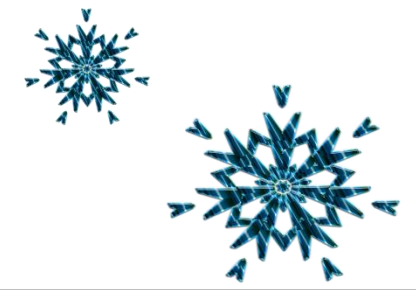


Memory Care North – Life Enrichment






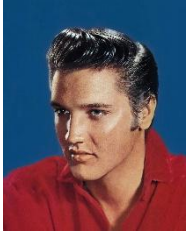






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	31	31	1	2	3	4
9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 Finish the Phrase (AR) 10:30 Bingo (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bowling Ball Day/ Bowling Game (AR)  2:00 Afternoon Snack 2:30 You Be the Judge (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Yoga (AR) 10:00 Baking Group – Making Bread and Homemade Butter (AR)  10:30 Who Am I? (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Forest Sensory Group (AR) 2:00 Afternoon Snack / Bread and Butter (AR) 2:30 Lucky Dice Game (AR) 4:30 Dinner	9:00 Worship Service (AR)  9:30 Chair Dancing (AR) 10:00 Piggy Bankers Game on IN2L (AR) 10:30 John Denver Day (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Random Trivia (AR) 2:00 New Year's Eve Champagne Social (AR) 2:30 First Time for Everything (AR) 4:30 Dinner <p style="text-align: center;">New Year's Eve</p>	8:00 Rose Parade (AR)  9:00 Montessori Program (AR) 10:00 Peach Bowl Football Game (AR) 11:15 Transition Time (CNA) 11:30 Lunch 2:00 Rose Bowl Football Game (AR) 4:30 Dinner 5:45 Sugar Bowl Football Game (AR) <p style="text-align: center;">Happy New Year</p>	9:00 Montessori Program (AR) 9:30 Seated Exercise (AR) 10:00 Undeck the Halls Service Project: Christmas Decoration Take Down (AR) 11:00 Trivia on IN2L (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Remembering Etta James Songs (AR)  2:00 Afternoon Snack (AR) 2:30 Fly Ball (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Stretch and Move (AR) 10:00 Random Trivia (AR) 10:30 Ring Toss Game (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 This or That on IN2L (AR) 1:30 Name that Sound on IN2L (AR)  2:00 Afternoon Snack (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Exercises (AR) 10:00 Think Again (AR) 10:30 Remembering Country Songs of the 60's (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo (AR)  2:00 Afternoon Snack (CNA) 2:30 Basketball Hoop Shot Game (AR) 4:30 Dinner
AR= Activity Room SUN= Sunroom TV= TV Room						



January 2025

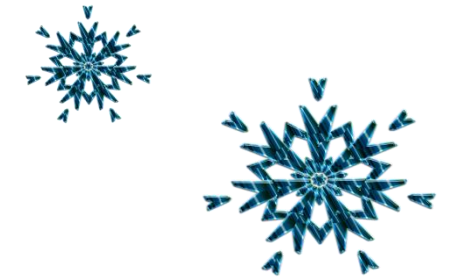


Memory Care North – Life Enrichment












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
9:00 Montessori Program (AR) 9:30 Seated Exercises (AR) 10:00 Finish the Phrase (AR) 10:30 Lucky Dice Game (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Junk Drawer Detective (AR) 2:00 Afternoon Snack 2:30 Grab Bag (AR) 4:30 Dinner <hr/> AR= Activity Room SUN= Sunroom TV= TV Room	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Ring Toss Game (AR) 10:30 Happy Birthday, New Mexico (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Who Am I? (AR) 2:00 Afternoon Snack 2:30 Sing Along with Susie on iN2L (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Bingo (AR)  10:30 Worship Service (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 A Visit to the Forest (AR)  1:00 Pet Therapy Visit with Karen & Dazzle (AR)  2:00 Afternoon Snack 2:30 Snowball Toss (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Strength (AR) 10:00 Elvis Lives Day (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Music Circle (AR) 2:00 Happy Hour (AR)  2:30 You Be the Judge (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Baking Group-Making Muffins and More (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Travelogue (AR) 2:00 Afternoon Snack (AR) 2:30 Name That 50's Rock Song (AR)  4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 Making Spice Paints (AR)  10:45 All About Spices (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Painting with Spice Paints (AR) 2:00 Afternoon Snack (AR) 2:30 Name That Broadway Song Tune (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Short Story Reading-The Uninvited Guests (AR)  10:30 Making Apple Pie Cups (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Music with Roger (AR)  2:00 Afternoon Snack (AR) 2:30 Paper Airplane Toss (AR) 4:30 Dinner

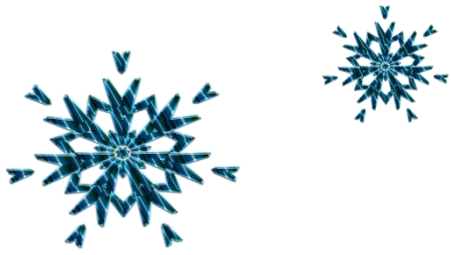


January 2025



Memory Care North – Life Enrichment














Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 Who Am I? (AR)</p> <p>10:30 Fly Ball (AR)</p> <p>10:45 Name That Sound on IN2L (AR)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (AR)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Horse Racing Game (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Cardio (AR)</p> <p>10:00 Ring Toss Game (AR)</p> <p>10:30 Star of the Month (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Spa Afternoon (AR)</p>  <p>2:00 Arnold Palmer Social (AR)</p>  <p>2:30 Finish the Phrase (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Morning Stretch (AR)</p> <p>10:00 Remembering Cool Things of the 60's (AR)</p> <p>10:30 Worship Service (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (AR)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Strength (AR)</p> <p>10:00 Piggy Bankers Game on IN2L (AR)</p> <p>10:30 Mozart: The First Rock Star (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Aroma Therapy- Name That Scent (AR)</p> <p>2:00 Happy Hour (AR)</p>  <p>2:30 The Best of Swing Music (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Morning Stretch (AR)</p> <p>10:00 Appreciate a Dragon Day (AR)</p>  <p>10:30 Music with Ann & Gaye (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Visit to the Beach Sensory (AR)</p>  <p>2:00 Afternoon Snack (AR)</p> <p>2:30 EZ Random Trivia (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 Name That Sound on IN2L (AR)</p> <p>10:30 Winnie the Pooh Day (AR)</p>  <p>11:00 Washers Game (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Dodoes Were No Dodoes (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Table Top Puzzles & Games (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Cardio (AR)</p> <p>10:00 Granola Bar Taste Testing (AR)</p> <p>10:30 All About Granola Bars (AR)</p> <p>11:00 EZ Trivia on IN2L (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 The Best of Classical Music (AR)</p>  <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p>
<p>AR= Activity Room</p> <p>SUN= Sunroom</p> <p>TV= TV Room</p>						



January 2025













Memory Care North – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
9:00 Montessori Program (AR)  9:30 Seated Exercises (AR) 10:00 Piggy Bankers Game (AR) 10:30 Jeopardy Trivia (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Happy Birthday, Dolly Parton (AR)  2:00 Afternoon Snack 2:30 Fly Ball (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Yoga (AR) 10:00 Watercolor Project (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Martin Luther King Discussion and Trivia (AR) 2:00 Music with Marty (AR)  4:30 Dinner Martin Luther King Day	9:00 Montessori Program (AR) 9:30 Morning Exercises (AR) 10:00 Baking Group – Making Mini Pies (AR) 10:30 Worship Service (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Where Am I? (AR) 1:00 Pet Therapy Visit with Karen & Dazzle (AR)  2:00 Afternoon Snack 2:30 Ring Toss Game (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Strength (AR) 10:00 Bean Bag Toss Game (AR) 10:30 Spa Morning- Hand Massages (AR) 11:30 Lunch 1:00 Piano Music with Sandra Walker  2:00 Happy Hour (AR)  2:30 Word Games on iN2L (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Morning Stretch (AR) 10:00 Floral Arranging- Valentine’s Day Centerpieces (AR) 10:45 Fun Facts about Flower Arranging (AR) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Visit to the Forest (AR)  2:00 Afternoon Snack (AR) 2:30 Flowers of Wonderland (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Chair Dancing (AR) 10:00 Bingo (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Music of Great Jazz Players (AR)  2:00 Afternoon Snack (AR) 2:30 Can You Picture This? (AR) 4:30 Dinner	9:00 Montessori Program (AR) 9:30 Seated Cardio (AR) 10:00 Best Sports Bloopers (AR) 10:30 Pet Therapy Visit (AR)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Food for Thought – Tarts: A Classic Treat (AR) 2:00 Afternoon Snack (AR) 2:30 iN2L Piggy Bankers Game (AR) 4:30 Dinner 
AR= Activity Room SUN= Sunroom TV= TV Room						

January/February 2025



Memory Care North – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
<p>9:00 Montessori Program (AR)</p>  <p>9:30 Chair Dancing (AR)</p> <p>10:00 Sing Along with Susie (AR)</p> <p>10:30 Tabletop Games and Puzzles (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Modern Jeopardy Trivia (AR)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Yoga (AR)</p> <p>10:00 Chocolate Concoctions- Nut Clusters (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 A Day at the Beach (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 The Billionaires' Club (AR)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Exercises (AR)</p> <p>10:00 Valentine Art Project (AR)</p> <p>10:30 Worship Service (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (AR)</p>  <p>2:00 Coke Float Social (AR)</p> <p>2:30 Remembering Commercial Jingles (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Strength (AR)</p> <p>10:00 Piggy Bankers Game on iN2L (AR)</p> <p>10:30 Chinese New Year: Are You a Snake? (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Rest Relaxation program</p> <p>2:00 Happy Hour (AR)</p>  <p>2:30 Finish the Phrase (AR)</p> <p>4:30 Dinner</p> <p style="text-align: center;">Chinese New Year</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Morning Stretch (AR)</p> <p>10:00 Bingo (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Coffee Filter Valentine Craft (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Ring Toss Game (AR)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (AR)</p> <p>9:30 Chair Dancing (AR)</p> <p>10:00 Down the Rabbit Hole (AR)</p> <p>10:30 Alice's Adventures in Wonderland Trivia (AR)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 The Greatest Heavyweight Boxer (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 Fly Ball (AR)</p> <p>4:30 Dinner</p> 	<p>9:00 Montessori Program (AR)</p> <p>9:30 Seated Cardio (AR)</p> <p>10:00 Water Color Project (AR)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Ring Toss Game (AR)</p> <p>2:00 Afternoon Snack (AR)</p> <p>2:30 More Jeopardy Trivia (AR)</p> <p>4:30 Dinner</p>

AR= Activity Room
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 TV= TV Room