



**FRANKE
TOBEY
JONES**

Enjoy your age

Celebration of Life Bell Ringing

A reminder that we are hosting the Celebration of Life Bell Ringing this month. For residents who have passed in January and February, we will be honoring them **Friday February 28th at 1:30pm in the TJ Parlor.**



Are You Interested in a Grief Support Group?

Adelia Nunn now acts as both Garden Apartments concierge and campus spiritual support. In her spiritual role, she offers individual visitation and grief counseling by request. However, she is also open to starting a campus grief group for those struggling with losses of any kind. Please note that Adelia is not a therapist, but is trained in pastoral counseling.

If you would be interested in individual or group grief counseling, please contact Adelia directly at 253-756-6278 or anunn@franketobeyjones.com



WEEKLY RIDDLE

A word I know, six letters it contains.
Subtract just one, and twelve is what remains.
What is the word?

1. Humans - Porcupines - Books
2. Head - Goat - String
3. A Year - A Mattress - A Car
4. An Arm - A Race Track - An Olive
5. Ear - Steel - Kettle
6. Coffee - Layer - Spice
7. Duck - Mini - Venetian
8. Days - Seas - Continents
9. Yellow Brick - Dirt - Private
10. Bell - Red - Green

A commonym is a group of words that have a common trait in the three words/items listed.

		MENU	
<i>Menu subject to change due to supply shortages</i>		Feb- 17 To Feb- 23	
BREAKFAST		DINNER	
			Honey BBQ Ranch Chicken Sandwich
			SUPPER
M	Chilled Fruit	Minestrone Soup	Minestrone Soup
O	Assorted Fruit Juices	Fruit Salad	Turkey Black Bean Chili
N	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
D	Fried Cage Free Egg	Citrus Herb Pollock	Fruit Salad
A	Pork Sausage Links	Turkey A La King	Pasta Bolognese
Y	Toast	Bow Tie Pasta	Grilled Bacon & Cheese Sandwich
17	Whole Milk	Steamed Italian Vegetable	French Fries
	Coffee	Roasted Cauliflower	Basil Roasted Vegetables
		Double Chocolate cookie	Apple Crumble
T	Chilled Fruit	Asian Chicken & mushroom Soup	Asian Chicken & mushroom Soup
U	Assorted Fruit Juices	Macaroni Salad	Cream Of Vegetables Soup
E	Cream of Wheat	Mixed Green Salad	Macaroni Salad
S	Banana Walnut Bread	Beef & Leek Pot Pie	Sesame Chicken Salad
D	Bacon	Smothered Pork	BLT Sandwich
A	Eggs To Order	Mashed Red Potatoes	Potato Chips
Y	Whole Milk	Green Beans Almondine	Peas & Carrots
18	Coffee	Roasted Beets	Garlic Bread
		Chocolate Pudding	Lime Mousse Pie
W	Chilled Fruit	Roasted Onion Soup	Roasted Onion Soup
D	Assorted Fruit Juices	Mixed Green Salad	Tomato Soup
N	Old Fashioned Oatmeal	Coleslaw	Mixed Green Salad
E	Spinach & pesto Scramble	Braised Mediterranean Chicken	Coleslaw
S	Ham Steak	Cremini & Quinoa Cake with Coulis	Bacon and Cheddar Strata
D	Double Chocolate chip muffin	Orzo With Lemon & Herbs	Grilled Ham & Swiss Melt
A	Whole Milk	Capri Mixed Vegetables	Hash Brown Patty
Y	Coffee	Roasted Brussels Sprouts	Steamed Broccoli
19		Pineapple Crisp	Asst Desserts
T	Chilled Fruit	Chicken Mulligatawny soup	Chicken Mulligatawny soup
H	Assorted Fruit Juices	Fruit Jello Salad	Navy Bean Soup
U	Cream of Wheat	Mixed Green Salad	Fruit Jello Salad
R	Sausage Patty	Pork Loin with Apple & Raisin Stuffing	Mix Green Salad
S	Poached Egg	Grilled Salmon	Cumin Shrimp Quesadilla
D	Buttermilk Pancakes	Mashed Sweet Potato	Cheeseburger
A	Whole Milk	Roasted Carrots	Sweet Potato Fries
Y	Coffee	Sautéed Spinach with Garlic	Parmesan Crusted Cauliflower
20		Snickerdoodle Cookie	Chocolate Peanut Butter Brownie
	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
F	Assorted Fruit Juices	Apple Jicama Slaw	Apple Jicama Slaw
R	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
I	Bacon	Herb Roasted Chicken Breast	BBQ Chicken Pizza
D	Fried Cage Free Egg	Meat Lagana	Apple Cheddar Walnut Salad
A	Cinnamon Coffee cake Muffin	Apple Couscous	Potato Chips
Y	Whole Milk	Grilled Asparagus	Roasted Marinated Vegetables
21	Coffee	California Steamed Vegetables	Ice Cream Sundae
		Tiramisu Cake	
S	Chilled Fruit	Chicken Vegetable Soup	Chicken Vegetable Soup
A	Assorted Fruit Juices	Cottage Cheese & Tomato	Chili Con Carne
T	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
U	Scrambled Egg	Lemon Dill Sole	Cottage Cheese & Tomato
R	Hash Browned Potatoes	Smoked Turkey Breast	Grilled Chicken Caesar Salad
D	Sausage Patty	Rice Pilaf	Hummus, Avocado & Roasted Vegetables Wrap
A	Whole Milk	Steamed Cauliflower	French Fries
Y	Coffee	Garlic Roasted Green Beans	Sautéed Yellow Squash & Zucchini
22		Banana Cream Pie	Sugar Cookies
	Chilled Fruit	Fired Roasted Corn Soup	Fired Roasted Corn Soup
S	Assorted Fruit Juice	Deviled Eggs	Cream of Potato Soup
U	Cream of Wheat	Mixed Green Salad	Deviled Eggs
N	Fried Cage Free Egg	Braised Beef Goulash	Mixed Green Salad
D	Bacon	Fried Chicken	Classic Macaroni & Cheese
A	Cinnamon Roll	Mashed Potato	BBQ Pull Pork Sandwich
Y	Whole Milk	Braised Red Cabbage	Potato Chips
23	Coffee	Steamed Broccoli	Steamed Vegetable Medley
		Lemon Meringue Pie	Angel Food Cake with Strawberry Sauce