



FRANKE
TOBEY
JONES

Enjoy your age

You're invited to join a Celebration of Life for
Theodore Taranovski -

Saturday, March 22nd, 2 to 4pm, FTJ Wellness Center.

Cards at the LP Front Desk

There are a variety of handmade cards available at the LP front desk that are available for donation. All donations for the cards will go to the "Where Need is Greatest" fund to be used for various projects at FTJ.

Understanding Dementia Presentations

Join us for one or more of these Understanding Dementia classes to further understand this disease and the challenges it may be presenting to you or a loved one.

March 26 Wednesday, 1:30pm: What Are the Various Types of Dementia?

April 2 Wednesday, 1:30pm: Why Is This Difficult to Talk About? Why Do I Feel Guilty For Having Someone Else Care For My Loved One?

April 17 Thursday, 1:30pm: How Do We Know When To Admit My Loved One to a Memory Care Community?

April 29 Tuesday, 1:30pm: There Is So Much information...Where Do I Start? Legal Documents. New Dementia Break Throughs.

SEATS ARE LIMITED! RSVP online to one or more classes by March 22nd at <https://www.franketobeyjones.com/understand-dementia-presentations/> Or you can RSVP to Frankie at 253-756-6327 or email her at fthomas@franketobeyjones.com. Last year all classes filled up quickly!

**An Enduring Philanthropy ~
The Franke Tobey Jones Legacy Circle**

In the next few weeks, Philanthropy will share news and information about the Legacy Circle, a group of generous and thoughtful donors who want to sustain and strengthen the long-term success of Franke Tobey Jones through a planned gift.

The history of FTJ is longstanding and founded on the spirit of philanthropy. Mrs. Franke Tobey Jones' legacy lives on at Franke Tobey Jones as we continue to embrace her philosophy of giving back to seniors and our greater community. A planned gift to Franke Tobey Jones builds fiscal strength for the present and future, and you may designate where you would like to leave your own personal legacy ~ Charity Care, Where Need is Greatest, Wellness or any of the other programs that are special to you at FTJ! If you would like to join the Legacy Circle by remembering FTJ in your estate, please contact Shelley Harris, Director of Philanthropy, at 253.756.6297.

To celebrate our Legacy Circle members, the Franke Tobey Jones Annual Legacy Circle Luncheon will be held on Friday June 6th at the Tacoma Country and Golf Club.

		<i>MENU</i>	
	<i>Menu subject to change due to supply shortages</i>	<i>Mar- 17 To Mar- 23</i>	<i>Everything Sausage Avocado Toast</i>
	<i>BREAKFAST</i>	<i>DINNER</i>	<i>SUPPER</i>
<i>M</i>	Chilled Fruit	Potato Cheddar Guinness Soup	Roasted Red Pepper & Basil Soup
<i>O</i>	Orange Juice	Fruit Salad	Mixed Green Salad
<i>N</i>	Old Fashioned Oatmeal	Mixed Green Salad	Fruit Salad
<i>D</i>	Belgian Waffles	Irish Beef stew	Turkey & Swiss Sandwich On White
<i>A</i>	Scramble Eggs	Bangers & Mash with Onion Gravy	Thai Shrimp Napa Noodle Bowl
<i>Y</i>	Grilled Ham	Mashed Potato	Sweet Potato Fries
	Whole Milk	Green Cabbage & Carrots	Grilled Eggplant
<i>17</i>	Coffee	Chocolate Guinness Cake	Bakers Choice
	Chilled Fruit	Split Pea Soup with Ham	Split Pea Soup with Ham
<i>T</i>	Orange Juice	Cole Slaw	Turkey and Rice Soup
<i>U</i>	Cream of Wheat	Mixed Green Salad	Mixed Green Salad
<i>E</i>	Apple Cinnamon Muffin	Horseradish Crusted Trout	Cole Slaw
<i>S</i>	Fried Cage Free Egg	Vegetable & Black Bean Quesadilla	Roasted Butternut & Farro Salad
<i>D</i>	Bacon	Garlic Roasted Potato Wedges	Cuban Sandwich
<i>A</i>	Whole Milk	Peas & Onions	Potato Chips
<i>Y</i>	Coffee	Roasted Cauliflower	California Mixed Vegetables
<i>18</i>		Yellow Cake with Fudge Icing	Boston Cream Pie
<i>W</i>			
<i>E</i>	Chilled Fruit	Chicken Gumbo	Chicken Gumbo
<i>D</i>	Orange Juice	Cucumber Sour Cream Salad	Potato Leek Soup
<i>N</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>E</i>	Blueberry Coffee Cake	Asian Roast pork Loin	Cucumber Sour Cream Salad
<i>S</i>	Scramble Eggs	Garlic Beef and Broccoli	Fried Chicken patty Sandwich
<i>D</i>	Sausage Patty	Asian Noodle	Baked Pasta Carbonara
<i>A</i>	Whole Milk	Sesame Garlic Stir Fried Vegetables	Capri Mixed vegetables
<i>Y</i>	Coffee	Bread Pudding	French Fries
<i>19</i>			Chocolate Brownie
<i>T</i>	Chilled Fruit	Hearty Beef Vegetable Soup	Hearty Beef Vegetable Soup
<i>H</i>	Orange Juice	Fruited Jello Salad	Cream of Fresh Broccoli Soup
<i>U</i>	Cream of Wheat	Mixed Green Salad	Fruited Jello Salad
<i>R</i>	Eggs to Order	Baked Cod with Lemon Butter Sauce	Mixed Green Salad
<i>S</i>	Whole Wheat French Toast	Chicken Alfredo	Cheese Enchiladas
<i>D</i>	Bacon	Linguine	Ham & Swiss Croissant
<i>A</i>	Whole Milk	Baja Roasted Vegetables	Cilantro Lime Rice Brown
<i>Y</i>	Coffee	Crispy Brussels Sprouts	Roasted Corn
<i>20</i>		Bakers Choice	Cookies & Cream Cupcake
<i>F</i>	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
<i>R</i>	Orange Juice	Mixed Green Salad	Carrot Raisin Salad
<i>I</i>	Old Fashioned Oatmeal	Carrot Raisin Salad	Mixed Green Salad
<i>D</i>	Fried Cage Free Egg	B.B.Q Glazed Salmon	Cheese Pizza
<i>A</i>	Sausage Link	Beef Tri-Tip Roast	Zesty Basil Tuna Sandwich
<i>Y</i>	Mixed Berry Wheat Pancakes	Steamed Red Potatoes	Potato Chips
	Whole Milk	Broccoli & Cauliflower	Mixed Vegetables
<i>21</i>	Coffee	Herb Roasted Carrots	Pound Cake
		Devil's Food Cake with Fudge Icing	
<i>S</i>			
<i>A</i>	Chilled Fruit	French Onion Soup	Loaded Baked Potato Soup
<i>T</i>	Orange Juice	Cottage Cheese & Tomato	Sweet Potato and Black Bean Chili
<i>U</i>	Cream Of Wheat	Mixed Green Salad	Mixed Green Salad
<i>R</i>	Scrambled Egg	Mediterranean Braised Lamb	Cottage Cheese & Tomato
<i>D</i>	Bacon	Buttermilk Fried Chicken Thighs	Cheese Tortellini in Marinara Sauce
<i>A</i>	Whole Milk	Smashed Yukon Potatoes	Open Faced Roast Beef Sandwich
<i>Y</i>	Coffee	Green Beans Almondine	Mashed Potato
<i>22</i>		California Mixed Vegetables	Fresh Grilled Zucchini
		Angel Food Cake with Strawberry Sauce	Vanilla Pudding
<i>S</i>	Chilled Fruit	Chicken Ditalini Soup	Tomato Basil Soup
<i>U</i>	Old Fashioned Oatmeal	Mixed Green Salad	Carolina Chopped Slaw
<i>N</i>	Poached egg	Carolina Chopped Slaw	Mixed Green Salad
<i>D</i>	Turkey Sausage Patty	Roasted Turkey Breast	Veggie Burrito Bowl
<i>A</i>	Hash Browned Potatoes	Korean Grilled Pork Loin	Classic Grilled Cheese Sandwich
<i>Y</i>	Cinnamon Roll	Wild Rice Pilaf	Steamed Broccoli and Red Peppers
	Whole Milk	Steamed Green Peas	Sweet potato Fries
<i>23</i>	Coffee	Mixed Vegetables	Oatmeal Raisin Cookie
		Coffee Ice Cream	