

Enjoy your age

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FTJ

Senior

July/August 2025

University

#### Join Matt Santelli, Education and Outreach

**Understanding Diabetes** 

Specialist from Pierce County Aging Disability Resources, at this energetic presentation on Understanding Diabetes. Matt will review the difference between Type 1 and Type 2 diabetes. He will then focus on Type 2 diabetes risk factors and practical steps that you can take to maintain healthy blood sugar levels. Tuesday, July 15, 3:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

Interest Grows for Parkside View!

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#### **Pretty Gritty Lecture: Psychics**

This lecture will explore the interesting connection between Tacoma and some of the world's most famous clairvoyants. Thursday, July 24, 3:00 pm, Bristol View 1<sup>st</sup> Floor Bowditch Room

#### Impacts of AI on the Environment



Artificial Intelligence has rapidly advanced since the launch of generative tools like ChatGPT in 2022. But

what is generative AI? What can it do, where

does it fall short, and how should we respond as it becomes part of everyday life? This interactive lecture introduces key AI concepts-how it works, types, uses, and risks like bias and deepfakes. We'll explore its impact on education, healthcare, business, and society, and discuss the opportunities and challenges AI poses for our future humanity. Wednesday, July 30, 11:00 am, Bristol View 1<sup>st</sup> Floor Bowditch Room

NON PROFIT **US POSTAGE** PAID TACOMA, WA

Permit No. 1501

#### **Threads through Time - A Karen Haas** Presentation

Long, long ago, humans discovered the magic of twisting fibers into yarn, then weaving these yarns into a myriad of articles both useful and beautiful. Karen Haas relishes playing with both fibers and words and has fashioned a program designed to delight the eye and ear. Get caught in a web of enjoyment as Karen blends traditional tales with demonstrations of various spinning and weaving techniques. This program was made possible through a generous donation to Senior University. Thursday, August 14, 2:00 – 3:30 pm, MJ Wicks Wellness Center

For all classes you must register with Jana at jwennstrom@franketobeyjones.com or 253-756-6219. Go to www.FrankeTobeyJones.com for a full class schedule.





# Frankely, We've Got It!

News, events and opportunities at our community



#### **Interest Grows for Parkside View** Join Our Priority Wait List!

We're pleased to share that interest in our upcoming expansion, Parkside View, has been strong. Both informational meetings in June reached capacity quickly, and we appreciate the positive response from future and current residents.

Given the level of interest, we'll be hosting another informational meeting in September. The exact date and location will be announced soon. This upcoming session

## FRANKE TOBEY JONES Enjoy your age

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Views from the Parkside View Rooftop Gathering Deck

will provide another opportunity to learn more about the vision, features and lifestyle Parkside View will offer.

Why Parkside View?

Parkside View is more than just a place to live, it's a lifestyle choice for seniors seeking a vital, enriching community nestled within a gorgeous, 20-acre walkable campus. Located just minutes from a three-mile waterfront promenade, residents

### Featured Apartments

#### Featured Apartment—Assisted Living #330 **Rare Opportunity!** Apartment Available in Assisted Living!



We are pleased to offer a 268 sq. ft. studio apartment on the third floor of our Assisted Living building. This charming residence features a peaceful view of our duplex homes and a beautiful western exposure, perfect for enjoying sunsets and natural light throughout the day. \$4,650 (no buy- in,) plus level of

care cost and \$5,000 one time community fee includes:

- Three delicious meals daily with attentive, waited dining service  $\diamond$
- All utilities included, plus local phone, internet and TV (channels)  $\Diamond$
- $\diamond$ Weekly housekeeping, bed linen and towel service provided
- $\diamond$ Transportation to medical appointments (5 days/week) and weekly shopping trips
- Emergency alert system, front desk concierge and window  $\Diamond$ coverings
- Personalized care services. Choose from medication administration, supervision and other nursing support
- $\diamond$ 24/7 on-site access to RNs, LPNs and CNAs provides peace of mind for both residents and families
- Seamless access to our Care Center, should additional support  $\Diamond$ become necessary



**Memory Care Suite** FTJ Memory Care features private suites in a secure, home-like setting for seniors with Alzheimer's or other dementia. Residents live in small groups with 24-hour support, secured courtyards and shared gathering spaces. Private suites start at \$5,660/ month plus care and a one time \$5,000 community fee. Our Montessori-inspired program fosters dignity, purpose, and independence through meaningful engagement. Prior FTJ residency is not



#### **Tobey Jones #454** Indep. Living with Services

This delightful one-bedroom. one-bathroom apartment is 520 square feet of thoughtfully designed living space with unique ceiling slopes, beautiful skylights, cozy kitchenette and charming dining nook. It's your gateway to a vital lifestyle. And at \$4,885 per month (no buy-in required) plus one time \$5,000 community fee, you'll enjoy an array of all-inclusive services and amenities designed to make every day easy, enriching and meaningful.

Your needs are always a priority to us. For more information, call us at 253-752-6621 or to see availability and apartment videos go to franketobeyjones.com/availability-and-videos/

#### Meet Adelia Nunn **Garden Apartment Concierge and Campus Spiritual Support**



Adelia Nunn brings a quiet strength and deep compassion to her work at Franke Tobey Jones. As the Garden Apartment Concierge and leader of campus spiritual support, she offers presence, comfort and care to residents, families and staff. With a Master's in Ministry and pursuit of a Master of Divinity, she is following a clear call to chaplaincy. She also serves as a youth minister at her local church, leading Sunday School and supporting young people on their faith journeys.

Raised in Buckley, Washington, Adelia grew up surrounded by older adults and a strong sense of community. Early experiences with church, storytelling and theatre continue to shape her thoughtful, grace-filled approach. She credits her mother, her best friend, as a lasting source of wisdom and support.

As Garden Apartment Concierge, Adelia is a steady and welcoming presence each day. She hosts continental breakfast three mornings a week and brings people together at Thursday happy hours. Whether she's answering questions, organizing transportation or offering a smile in the hallway, she helps residents feel at home and cared for.

Adelia's ministry at FTJ is grounded in honoring each person's story. Whether she's walking with someone through grief, offering a kind word at the front desk or singing during a Celebration of Life, she brings a deep sense of presence to every moment. Her thoughtful gestures like ordering a resident's favorite coffee or sharing memories in conversation—help keep close those we've lost.

Initially hired as concierge, Adelia stepped into the role with warmth and grace. But as her ministry background and natural connection with others became evident, she was the clear choice to lead spiritual support and facilitate the grief group. It was a perfect fit and one she continues to grow into with heartfelt dedication. Today, she serves in both roles, offering hospitality, guidance and spiritual companionship to those navigating life's deeper questions.

Outside of work, Adelia enjoys hiking and kayaking with her fiancé and their dog Lily, exploring the beauty of Washington. She also cherishes being an aunt and lights up when she talks about her niece and nephew. A gifted musician, she shares her vocal talents in a jazz band called Parlor Swing.

Grace is at the center of all Adelia does. Through her warmth, wisdom and deep care for others, she brings light and comfort to the FTJ community.

### **Interest Grows for Parkside View**

#### *Continued from page 1*

will enjoy scenic strolls, beautiful Puget Sound views and proximity to Point Defiance Park.

This thoughtfully designed expansion includes fifty-nine beautifully appointed apartments with many offering breathtaking views of Mount Rainier, Puget Sound and Point Defiance Park. In addition to spacious new homes, Parkside View will feature:

- New dining venues and a welcoming bar
- Expanded wellness and fitness areas
- A spa and salon
- Resident garden and walking trails
- Senior University programs
- Opportunities to build friendships and community

It's a truly unique opportunity to live in a setting that combines natural beauty, convenience and a full calendar of engaging activities.

#### **Preliminary Pricing**

Entry fees for Parkside View homes will range from \$200,000 to \$2+ million, providing a range of options to fit different lifestyles and budgets.

#### Join the Parkside View Priority List

To reserve your place, click on this QR code to submit a fully refundable \$2,000 deposit via credit/debit card or mail in/drop off a check at Franke Tobey Jones. All deposits are timestamped and will determine your place on the list.

For more information or questions, please call 253-752-6621 and ask for the Admissions Department.

#### **HCPC and FTJ Honor Outstanding Caregivers Recognizing Compassion.** Celebrating Excellence.

We are thrilled to announce that several of our exceptional Franke Tobey Jones caregivers were recognized at the annual All Star Caregiver Awards, a prestigious event hosted by the Healthcare Providers Council of Pierce County (HCPC). This inspiring evening is dedicated to honoring the heart and soul of senior care...those remarkable individuals who go above and beyond to provide comfort, support and dignity to those they serve.

In total, there were 210 caregiver nominations from across Pierce County, and 18 caregivers were presented with All Star Caregiver of the Year.

#### FTJ nominees included: (in alpha order):

David Jolibois, Isaac Kabao, Kendra Mitchell, Charles Njenga, Stephen Njogu, Roxanne Reffrushinni, Tracy Relic and Angela Wilcox.

#### We are thrilled to congratulate our FTJ award winners: Stephen Njogu and Roxanne Reffrushinni

The evening celebration was attended by 250+ people in a warm, joyful atmosphere filled with gratitude and festivity. Laughter, tears and heartfelt stories filled the room as the community came together to lift up those who give so much of themselves to care for others. It takes truly extraordinary people to serve with the level of compassion, skill and love that our seniors deserve. To all our caregivers, thank you! And to our nominees and winners... congratulations! Your dedication makes a world of difference, and we are endlessly proud to have you as part of the Franke Tobey Jones family.

Celebrating our 2024 Making a Difference Honorees and Tobey Award of Excellence Winner



Left to right: Adelia Nunn, Colin Deck and Patricia Moore

At Franke Tobey Jones, *Making Every Day* Meaningful isn't just a motto...it's a promise to our residents, team and ourselves to show up each day with purpose, compassion and excellence.

That's why we created the *Making a Difference* Recognition Program: to celebrate team members who bring that promise to life. Whether nurturing the sense of home residents treasure, supporting team members or growing in their own journey, these individuals make a lasting impact.

Throughout the year, residents, families, volunteers and staff nominate team members whose actions stand out. Each quarter, these team members are recognized across our community. From that list, three employees received the highest number of nominations in 2024 (alpha order):

- Colin Deck, Wellness Program Supervisor
- Patricia Moore, Skilled Nursing Activities Coordinator
- Adelia Nunn, Garden Apartment Concierge and FTJ Spiritual Support

Each of these individuals exemplifies what it means to serve with purpose and lead with kindness. They uplift others and remind us why our work matters.

#### We are thrilled to announce Patricia Moore as the recipient of the 2024 Tobey Award of Excellence, our highest honor.

Patricia is the heart of our Skilled Nursing activities team. With creativity, empathy and a gift for turning ordinary days into extraordinary experiences, she brings joy and meaning to residents' lives. Her dedication and warmth earned her this recognition.

Please join us in celebrating Patricia Moore and in thanking every FTJ team member who goes above and beyond to Make Every Day Meaningful. Your contributions truly make Franke Tobey Jones a place where people thrive.

