

Grief Support Group

Wednesday, July 2nd at 1pm - Garden Apartments 2nd Floor Lounge

The first Wednesday of every month at 1pm, Adelia Nunn hosts a grief support group. This group creates a space for residents to share their experiences of grief. The group is not religiously affiliated. All residents are welcome to attend, whether you are grieving a new loss or wanting connection after years of grief. You do not need to attend every month.

If you would like more information, please contact Adelia at 253-756-6278 or anunn@franketobeyjones.com

Mystery Day Trip

Wednesday, July 9 Bus departs at 9:30 am and returns around 3pm. Cost: \$5 guided garden tour, Meal, anything you purchase

Where are we going? It's a mystery! But we promise fun and interesting things to see and explore. As part of our trip we will take a docent guided tour of a botanical heritage garden. If you don't want to walk the garden you can explore the exhibits in the visitor center. Lunch is at a restaurant known for delicious Pacific Northwest food. After lunch we will explore a museum dedicated to the regional heritage of the area, from the First People to the European settlers who came later. Before returning to FTJ a short stop will be made at a gourmet chocolate factory. The walking required for this trip will be a combination of pavement, gravel pathways and some grass if you choose. The minimum amount of walking to participate in the outing will be around 300 feet and the maximum, if you do the garden tour, can be up to half a mile. Indulge your sense of fun and adventure and join us on this mystery trip. **This trip is capped at 15 people.**

We've Been Nominated - Vote Daily!

We're thrilled to share that Franke Tobey Jones has been nominated in the *Best of Pierce County 2025* awards! This is a wonderful opportunity to shine a light on the amazing community we've built together.

Voting is now open—through July 7th and you can vote once per day! Show your support by casting your vote for FTJ. Every vote makes a difference. Together, we're elevating the essence of meaningful senior living—thank you for being part of our journey.

How to vote:

Click on this link **VotePierceCounty.com** or use the QR code

- •Click on Health & Beauty
- •Click on Memory Care
- •Find Franke Tobey Jones and click on it
- •What would you like to do next?
- •Click on Vote in another Health and Beauty Category
- Click on Assisted Living
- •Find Franke Tobey Jones and click on it
- Click on Review and cast my ballot (green button)
- •Click on Submit Ballot to lock in your vote
- Click on Done

Thank you for voting!!



		MENU	
	Menu subject to change due to	Jun-30 To Jul-06	Buffalo Chicken quesadilla
	supply shortages BREAKFAST	DINNER	SUPPER
М	Chilled Fruit	Cream of Chicken with Wild Rice Soup	Roasted Red Pepper & Basil Sour
0	Orange Juice	Fruit Salad	Mixed Green Salad
N	Old Fashioned Oatmeal	Mixed Green Salad	Fruit Salad
D	Belgian Waffles	Apple Cider Grilled Chicken Breast	Turkey & Swiss Sandwich On White
A	Scramble Eggs	Pork Chop with Sauerkraut	Thai Shrimp Napa Noodle Bowl
Y	Grilled Ham	Mashed Potato	Sweet Potato Fries
	Whole Milk	Summer Squash & Carrot Madley	Grilled Eggplant
<i>30</i>	Coffee	Coconut Cream Pie	Bakers Choice
	Chilled Fruit	Split Pea Soup with Ham	Split Pea Soup with Ham
T	Orange Juice	Cole Slaw	Turkey and Rice Soup
U	Cream of Wheat	Mixed Green Salad	Mixed Green Salad
E	Apple Cinnamon Muffin	Baked Stuffed Sole	Cole Slaw
8	Eggs	Old Fashioned Turkey Pot Pie	Cranberry Walnut & Chicken Sala
D	Bacon	Garlic Roasted Potato Wedges	Cuban Sandwich
A Y	Whole Milk Coffee	Peas & Onions Roasted Cauliflower	Potato Chips California Mixed Vegetables
01	Collee		Boston Cream Pie
01		Yellow Cake with Fudge Icing	Boston Cream Fie
W	0.111.15.11	Citi Cit	
E	Chilled Fruit	Chicken Gumbo	Chicken Gumbo
D N	Orange Juice Old Fashioned Oatmeal	Cucumber Sour Cream Salad Mixed Green Salad	Potato Leek Soup Mixed Green Salad
F	Blueberry Coffee Cake	Ginger Orange Chicken	Cucumber Sour Cream Salad
S	Scramble Eggs	Garlic Beef and Broccoli	Roasted Beef and Caramelized Onion Wra
D	Sausage Patty	Asian Noodle	Baked Penne
A	Whole Milk	Sesame Garlic Stir Fried Vegetables	Capri Mixed vegetables
Y	Coffee	Fruit of the Forrest Pie	French Fries
02			Chocolate Brownie
T	Chilled Fruit	Hearty Beef Vegetable Soup	Hearty Beef Vegetable Soup
H	Orange Juice	Fruited Jello Salad	Cream of Fresh Broccoli Soup
U	Cream of Wheat	Mixed Green Salad	Fruited Jello Salad
R	Eggs	Baked Cod with Lemon Butter Sauce	Mixed Green Salad
8	Whole Wheat French Toast	Latin Pork Tenderloin	Zesty Basil Tuna Sandwich
D	Bacon	Roasted Red potato	Ham & Swiss Croissant French Fries
A Y	Whole Milk Coffee	Baja Roasted Vegetables Crispy Brussels Sprouts	Grilled Marinated Zucchini
<i>03</i>	Conee	Bakers Choice	Cookies & Cream Cupcake
F	Chilled Fruit	New England Clam Chauder	New England Clam Chowder
R	Orange Juice	New England Clam Chowder Mixed Green Salad	Carrot Raisin Salad
<i>"</i>	Old Fashioned Oatmeal	Carrot Raisin Salad	Mixed Green Salad
D	Eggs	Grilled Salmon	All American Hot Dog
A	Sausage Link	BBQ Chicken Thigh	Bacon Cheeseburger
Y	Mixed Berry Wheat Pancakes	Oven Roasted Home Fries	Potato Salad
	Whole Milk	Broccoli & Cauliflower	Mixed Vegetables
<i>04</i>	Coffee	Corn On The Cob	Pound Cake
8		Mango Sorbet	
A	Chilled Fruit	French Onion Soup	French Onion Soup
T	Orange Juice	Cottage Cheese & Tomato	Beef Noodle Soup
U	Cream Of Wheat	Mixed Green Salad	Mixed Green Salad
R	Scrambled Egg	BBQ Pot Roast	Cottage Cheese & Tomato
D	Bacon	Buttermilk Fried Chicken Thighs	Tuna Salad Sub
A	Whole Milk	Smashed Yukon Potatoes	Turkey Cobb Salad
¥	Coffee	Green Beans Almondine	Potato Chips
<i>05</i>		California Mixed Vegetables	Fresh Grilled Zucchini
		Angel Food Cake with Strawberry Sauce	Vanilla Pudding
8	Chilled Fruit	Chicken Ditalini Soup	Tomato Basil Soup
U	Old Fashioned Oatmeal	Mixed Green Salad	Carolina Chopped Slaw
N	Eggs Benedict	Carolina Chopped Slaw	Mixed Green Salad
D	Sausage Patty	Asian Marinated Flank Steak	Veggie Burrito Bowl
A Y	Hash Browned Potatoes	Korean Grilled Pork Loin	Chicken Pesto Sandwich
	Cinnamon Roll	Steamed White Rice	Braised Kale
•	Whal- M:II-	C D	Curant mateta Fair-
06	Whole Milk Coffee	Green Peas Mixed Vegetables	Sweet potato Fries Oatmeal Raisin Cookie