

September Lectures and Events

Tuesday, September 2, September 9, September 16, September 23, & September 30
Great Courses: The Everyday Gourmet: Rediscovering the Lost Art of Cooking*
The Everyday Gourmet: Rediscovering the Lost Art of Cooking is a 12-week DVD course running from July 15 – September 30.
11:00 am, Bristol View 1st Floor Bowditch Room

Tuesday, September 2
Virtual Reality Rendezvous*
Join us for a Virtual Reality experience in which we will travel and enjoy experiences in a 3D, immersive environment using VR goggles.
3:00 pm, Bristol View 1st Floor Bowditch Room

Wednesday, September 3, September 10, September 17, & September 24
The Musical Theater of Rodgers and Hammerstein*
11:00 am, Bristol View 1st Floor Bowditch Room

Wednesday, September 3
Documentary Discussions: yHomeless?*
Glen Dunzweiler discovers that homelessness is unbiased and could happen to anyone without a support network to fall back on. By traveling the country and speaking with destitute men and women, Glen confirms that homeless people are people first, and deserve not our pity, but our respect and our help.
2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, September 4, September 11, September 18, & September 25
To Feed and Water the Passions: Poetry Writing on Food & Family*
Together we will discuss a bit about the role food plays (or played) in our lives, then work through writing exercises and memory practices that will guide us toward meditation on the myriad ways in which food connects us to community. We will read examples of famous food-focused poems and then write our own versions. Some examples of possible writing prompts will be food odes (praise poems), epistles (letter poems), and hybrid poem recipes.
10:00 am - 12:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, September 4
Best Sex Ever After Menopause*
While perimenopause and menopause are increasingly discussed, the sexual health needs of post-menopausal women are often overlooked. Bremerton resident Dr. Carol Remz, an 80-year-old grandmother, author, and passionate advocate for senior sex positivity, is changing that with her groundbreaking new book, "Best Sex Ever After Menopause," published by W. Brand Publishing. Carol will be speaking at Senior University to celebrate World Sexual Health Day. Her engaging presentation will be followed by a question-and-answer session. Books will be available at the presentation for purchase and signing.
2:00 pm, MJ Wicks Wellness Center

Tuesday, September 9, September 16, September 23, & September 30
Chinese Mah Jong*
Learn the rich history and intricate rules of traditional Chinese Mahjong in this hands-on class.,
2:00 – 4:00 pm, Bristol View 1st Floor Bowditch Room

Wednesday, September 10
Nature Around Tacoma Series: Lincoln Park*
Walk around Lincoln Park with Tacoma Nature Center staff to learn the history of this park and enjoy the varied topography that houses a gulch and sports fields for Lincoln High School.
2:00 pm, Field Trip (Bus leaves the Bistro at 1:30 pm)

Thursday, September 11
Tales From the Time of Lewis and Clark– A Living History Performance by Karen Haas*
Join Karen as she brings this momentous time to life. Clad in the clothing of the era, she portrays Mrs. Calvin Adams, wife of a Saint Louis tavern keeper, who is eager to share the latest stories and gossip heard around town.
3:00 pm, MJ Wicks Wellness Center

*Indicates registration is required.

Friday, September 12, September 19, & September 26
Tacoma Community Ukulele Project: Exploring the Ukulele*
Over the course of just four classes, you will learn at least 8 songs, multiple strumming patterns, practice techniques to carry your learning into the future, and all in a fun & engaging social setting! This 4-week class runs September 12 – October 3.
10:00 am, Bristol View 1st Floor Bowditch Room

Friday, September 12
Prepare for the Medicare Annual Enrollment Period!*
In this session, we will discuss what you need to know and do before deciding anything. Join us for great insight and conversations.
11:00 am, Zoom (pre-register for this class at Medicareclass.net)

Friday, September 12
Textile Brooches in Four Styles*
Create a one-of-a-kind brooch from vintage textiles, crocheted lace, and hand-dyed silk—along with beads, buttons, and if you like, a little painted face.
2:00 – 4:00 pm, Tobey Jones Craft Room

Wednesday, September 17
Finding Present in the Past: The Rise of Modern China in Three Acts - Act One: Mao Zedong and China’s Revolution (1919-1976)*
3:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, September 18
Great Decisions: American Policy in the Middle East*
2:30 pm, Zoom (Pre-register to receive the Zoom link)

Friday, September 19
Lakewold Gardens#
Join Senior University for a self-guided trip through Lakewold Gardens. The cost is \$10.00 per person for admission to the gardens.
2:00 – 4:00 pm, Lakewold Gardens Field Trip (Bus Departs Bistro at 2:00 pm)

Tuesday, September 23
Hot Topics – A Political Discussion Group*
Join us as we discuss, share, and learn about current local, national, and international topics in a safe and respectful environment open to varying views.
2:00 pm, Garden Apartments Parlor

Wednesday, September 24
Literary League Book Club— *Some Girls: My Life in a Harem**
Join us as we discuss *Some Girls: My Life in a Harem* by Jillian Lauren
2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, September 25
Pretty Gritty Lecture: SS Pacific*
It remains one of the worst maritime disasters in Pacific Northwest history, but it has an interesting connection to the city of Tacoma. Let’s dive in.
3:00 pm, Bristol View 1st Floor Bowditch Room

Friday, September 26
American Musics Hosted by EJ Crocker: 6 strings and a Current—Electric Guitar in American Musics*
A demure acoustic instrument, brought to the foreground of almost every popular American ensemble...Who would have guessed it? Join EJ Crocker and fellow guitarist Elliott Turner for a romp through the history of the electric guitar.
4:00 pm, MJ Wicks Wellness Center



FRANKE TOBEY JONES

SENIOR UNIVERSITY

September 2025

Campus Location

5340 N Bristol Street

Tacoma, WA 98407
253.752.6621

Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

indicates fee and registration required

* indicates registration required



To check for schedule changes, e-mail
jwennstrom@franketobeyjones.com

Live & Learn

Educational Enrichment Opportunities

The Rise of Modern China

Join Senior University for this series of three lectures which will seek to find China’s present in its past. It will consider legacies of Imperial China and modern China’s tortuous path of revolution and reform during the 20th century. We will also consider the country’s more recent trajectory under the leadership of Xi Jinping and the political, economic, demographic and environmental challenges facing China and the consequences of these challenges for the United States and the world.

Wednesday, September 17
Finding Present in the Past: The Rise of Modern China in Three Acts - Act One: Mao Zedong and China’s Revolution (1919-1976)*
3:00 pm, Bristol View 1st Floor Bowditch Room

Wednesday, October 15
Finding Present in the Past: The Rise of Modern China in Three Acts - Act Two: Deng Xiaoping and China’s Reform and Opening (1978-2012)*
3:00 pm, Bristol View 1st Floor Bowditch Room

Tuesday, October 28
Finding Present in the Past: The Rise of Modern China in Three Acts - Act Three: Xi Jinping and China’s Retrenchment (2012-present)*
3:00 pm, Bristol View 1st Floor Bowditch Room

Speaker Bio:
Karl J. Fields is Professor of Politics and Government and former Director of Asian Studies at the University of Puget Sound where he has taught for over 30 years since receiving his Ph.D. in political science from the University of California, Berkeley. Fields has conducted research, taught and traveled extensively in East and Southeast Asia . He has recently returned from living in Taiwan for three years .



Musical Theater of Rodgers and Hammerstein

Join Senior University for a series on The Musical Theater of Rodgers and Hammerstein. In a partnership lasting only about 15 years, Richard Rodgers and Oscar Hammerstein II created many of the most memorable musical works for stage and screen. Their work together racked up 34 Tonys, 15 Oscars, and even a couple Pulitzers and Grammys. In this series of lectures, we will look at the works from their fruitful collaboration, from the ground-breaking Oklahoma! (1943) to the ever-popular Sound of Music (1959). Classes take place on Wednesdays, September 3, September 10, September 17, & September 24 at 11:00 am in the Bristol View 1st Floor Bowditch Room



Speaker Bio:
Dr. Glenn Guhr is a singer, actor, director, and teacher active in the Puget Sound region for the last 30 years. He has appeared in operas, operettas, musicals, plays, and film. In recent years, he played Dulcamara in The Elixir of Love and the title role in Don Pasquale for Tacoma Opera. Dr. Guhr is also an educator, with experience in vocal and dramatic instruction, lecturing on music history, and outreach performance programs. Dr. Guhr acted as Tacoma Opera’s Production/Education and Outreach Manager during the Covid shutdown and subsequent reopening, arranging dozens of short, online recitals and directing several opera films for online viewing. His most recent directorial efforts include productions of Faust and Cenerentola for Kitsap Opera.

To register for a class, contact Jana Wennstrom at jwennstrom@franketobeyjones.com or 253.756.6219

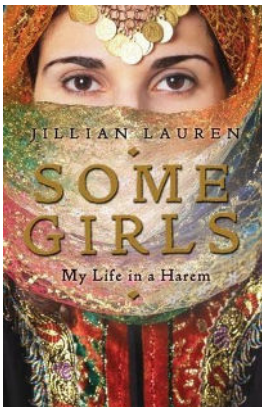
www.FrankeTobeyJones.com / Phone: 253.752.6621

September 2025



FRANKE TOBEY JONES
SENIOR UNIVERSITY

Non scholae sed vitae discimus.
We do not learn for school but for life.









Wednesday, September 24
Literary League Book Club— *Some Girls: My Life in a Harem* *

Join us as we discuss *Some Girls: My Life in a Harem* by Jillian Lauren
About the book: At eighteen, Jillian Lauren was an NYU theater school dropout with a tip about an upcoming audition. The "casting director" told her that a rich businessman in Singapore would pay pretty American girls \$20,000 if they stayed for two weeks to spice up his parties. Soon, Jillian was on a plane to Borneo, where she would spend the next eighteen months in the harem of Prince Jefri Bolkiah, youngest brother of the Sultan of Brunei, leaving behind her gritty East Village apartment for a palace with rugs laced with gold and trading her band of artist friends for a coterie of backstabbing beauties.

2:00 pm, Bristol View 1st Floor Bowditch Room

Legend
Registration and fee
* Registration, no cost

Location Codes:
(BV) Bristol View Bowditch Room
(C) Tobey Jones Craft Room
(FT) Field Trip
(GA) Garden Apartments Parlor
(LP) Lillian Pratt Parlor
(M) Tobey Jones Multipurpose Room
(TJ) Tobey Jones Parlor
(W) MJ Wicks Wellness Center
(WS) Tobey Jones Woodshop
(Z) Zoom

Mon	Tue	Wed	Thu	Fri
1 	2 11:00 (BV) Great Courses: The Everyday Gourmet: Rediscovering the Lost Art of Cooking* 3:00 (BV) Virtual Reality Rendezvous*	3 11:00 (BV) The Musical Theater of Rodgers and Hammerstein* 2:00 (BV) Documentary Discussions: <i>yHomeless?</i> *	4 10:00 (BV) To Feed and Water the Passions: Poetry Writing on Food & Family* 2:00 (W) Best Sex Ever After Menopause*	5 
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