





All Campus Ice Cream Social

You are invited to join us on the
Lillian Pratt Front Patio at
3:00 pm on Friday
for our
All Campus Ice Cream Social.




Enjoy some delicious ice cream as you cool off from the heat and visit
with your fellow residents.

Mayoral Candidates at the Ruston Senior Center

Six people are running for mayor, and the senior center has scheduled five of them to come and talk to us about their visions and goals for Tacoma. You are welcome to attend any or all of these sessions.

Tuesday, July 22:
10am: Whitney Stevens
1pm: Jesus "Jesse" Carlos
2pm: Steve Haverly

Tuesday, July 29:
10am: John Hines
11am: Anders Ibsen



Come learn about them all before you vote on August 5th!


(Neither Franke Tobey Jones nor Point Defiance Ruston Senior Center supports any political candidate. These programs are being provided for your information only.)

Guest Cottages

All the guest rooms in the Cottages have been completely renovated and are now available for reservations. Check your phone directory to see prices and accommodations. If you want to reserve a room for a guest, please call the front desk to make reservations.

The Grand Cinema Movie Outing

The Movie Bus to Tacoma’s beloved Grand Cinema on **Wednesday, July 23**, features **Don’t Let’s Go to the Dogs Tonight** — the poignant, superbly told true-life story of an 8-year-old white farm girl experiencing the brutal guerrilla warfare in Rhodesia, now known as Zimbabwe. Through the child’s eyes, we witness her family’s desperate attachment to their land and the deep scars a war that reshapes both land and soul.



The trip is limited to 20 people and will **leave the Bistro entrance at 1:20 p.m.** Register by Tuesday, July 22 by contacting the LP Front Desk and signing up.

Matinee ticket prices are \$10. If you are a member of the Grand, matinee tickets are \$7.50 plus free popcorn.

Franke Tobey Jones Awarded the *Innovation in Care and Services Award of Excellence* From LeadingAge Washington

We are proud to announce that Franke Tobey Jones was awarded the "*Innovation in Care and Services Award of Excellence*" at the LeadingAge Washington Annual Conference at the end of June. This award is given to one deserving community in Washington State, and is designed to recognize programs, services or initiatives that:

- Demonstrate real innovation in the delivery of care and services for older adults
- Improve quality of life or significantly enhance organizational operations
- Are replicable and scalable by other aging-services organizations

Enhancing Memory Care Through True Doors Initiative

In 2023, Franke Tobey Jones introduced the True Doors initiative throughout its memory care community, aiming to enhance residents' quality of life through an innovative and personalized approach to environmental design.

True Doors is a company that specializes in creating realistic, vinyl decals designed to resemble traditional front doors. These decals are specifically intended for use in memory care settings, helping individuals with dementia or memory loss better recognize their personal living spaces. Each resident's door was transformed to reflect either a photo of the front door of their former home or a carefully chosen image selected by family members from a curated collection of designs.

Initiative Impact

The impact of this initiative was immediate and meaningful. Residents began to more easily identify their own rooms, reducing confusion and enhancing their sense of familiarity and comfort. For residents who often expressed a desire to "go home," seeing a door that resembled their own helped ease agitation, reduce restlessness, and decrease exit-seeking behaviors.

Privacy, Dignity and Navigation

The True Doors also contributed significantly to residents' privacy and dignity. The unique, home-like appearance of each door discouraged unintentional room entries by other residents and prompted a natural respect for personal space. Staff members became more mindful of knocking before entering, treating each room as the private home it represents. Additionally, the doors improved residents' ability to navigate their environment. Prior to installation, uniform white doors made orientation difficult, even when labeled with names or photos. With each door now distinct, residents gained new visual cues for wayfinding, allowing for increased independence and a greater sense of autonomy. This also contributed to reduced anxiety around locating their rooms.

Home-Like Feeling

The transformation extended beyond individual rooms, subtly reshaping the atmosphere of the entire community. Hallways that once felt institutional now evoke the warmth of a neighborhood street, fostering a more inviting, home-like environment for residents, families, and staff alike.

Made Possible by a Generous Donor

We are deeply grateful to a generous resident family whose meaningful donation made the entire True Door program possible. Thanks to their generosity, this thoughtful project is now enriching the lives of so many in our care. Ultimately, the implementation of True Doors at Franke Tobey Jones has exceeded expectations, delivering measurable improvements in quality of life, privacy, orientation and emotional well-being. It continues to be a meaningful enhancement for the entire community.

		MENU	
	<i>Menu subject to change due to supply shortages</i>	Jul- 21 To Jul- 27	Mediterranean Chicken & Red Quinoa Salad
	BREAKFAST	DINNER	SUPPER
M	Chilled Fruit	Garden Vegetable Soup	Garden Vegetable Soup
O	Assorted Fruit Juice	Hummus Plate	Beef Vegetable Soup
N	Old Fashioned Oatmeal	Mixed Green Salad	Hummus Plate
D	Cheese Omelet	Rosemary Roasted Pork Loin	Chicken Salad
A	Bacon	B.B.Q Chicken Thigh	Bratwurst Sandwich
Y	Whole Milk	Mashed Sweet potato	French Fries
	Coffee	Green Peas	Steamed Mixed Vegetables
21		Balsamic Grilled Vegetables	Chocolate Brownie
		Blueberry Pie	
T		Chicken Gumbo	Chicken Gumbo
U	Chilled Fruit	Fruit Salad	Italian Wedding Soup
E	Assorted Fruit Juice	Mixed Green Salad	Fruit Salad
S	Cream of Wheat	Braised Top Round	Greek Salad
D	Eggs	Roasted Turkey Breas	Grilled Corned Beef Reuben
A	Biscuits & Gravy	Baked Potato	Peas & Carrots
Y	Whole Milk	Grilled Asparagus	Fried Tater Tots
	Coffee	Glazed Carrots	Coffee Cake
22		Peach Cobbler	
W	Chilled Fruit	Butternut Squash Bisque	Butternut Squash Bisque
E	Assorted Fruit Juice	Mixed Green Salad	Chicken Ditalini Soup
D	Old Fashioned Oatmeal	Cucumber & Garbanzo Bean Salad	Mixed Green Salad
N	Raisin Muffin	Salmon With Mango salsa	Linguine Alfredo With Shrimp
E	Denver Omelet	Garlic Grilled chicken	Turkey & Cheese on Wheat
S	Bacon	Roasted Rosemary Red Potato	California Mixed Vegetables
D	Whole Milk	Brussels Sprouts with Bacon	Potato Chips
A	Coffee	Roasted Carrots	Garlic Breadstick
Y		Red Velvet	Asst Dessert
23			
T	Chilled Fruit	Minestrone Soup	Minestrone Soup
H	Assorted Fruit Juice	Cole Slaw	Mediterranean Lentil Soup
U	Cream of Wheat	Mixed Green Salad	Cole Slaw
R	Donuts	Maple-Glazed Roast Pork Loin	Mixed Green Salad
S	Eggs	Turkey Meatloaf	Crispy Chicken Wrap
D	Grilled Ham	Mashed Potato	Beef Taco Bowl
A	Hashbrowns	Steamed Broccoli & Cauliflower	Roasted Marinated Vegetables
Y	Whole Milk	Tiramisu Cake	French Fries
24	Coffee		Applesauce Bar
	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
F	Assorted Fruit Juice	Asian Slaw with Red Quinoa	Three Bean Salad
R	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
I	Omelet	Chopped Beef Steak	Cheese Pizza
D	Blueberry Muffin	Crispy Baked Tilapia	Roasted Vegetable Lasagna
A	Sausage Link	Roasted Tomato Rice Pilaf	Garlic Roasted Green Beans
Y	Whole Milk	Capri Mixed Vegetables	Sweet Potato Fries
	Coffee	Bakers Choice	Cherry Dark chocolate Cookie
25			
S	Chilled Fruit	Loaded Potato Chowder	Loaded Potato Chowder
A	Assorted Fruit Juice	Cottage Cheese	Cream of Mushroom Soup
T	Old Fashioned Oatmeal	Mixed Green Salad	Cottage Cheese
U	French Toast	Cumin Shrimp	Ham & Cheese on Wheat
R	Eggs	Moroccan Lamb Stew	Fried Fish Sandwich
D	Bacon	Butternut Squash Mashed	California Mixed Vegetables
A	Whole Milk	Sautéed Spinach	Potato Chips
Y	Coffee	Grilled Eggplant	Pound Cake w Strawberry Sauce
26		Ice Cream Sundae	
S	Chilled Fruit	Turkey and Rice Soup	Turkey And Rice Soup
U	Orange Juice	Deviled Eggs	Chunky Vegetable Orzo
N	Cream of Wheat	Mixed Green Salad	Deviled Eggs
D	Scrambled Egg	Buttermilk Fried Chicken	Chicken Caesar Salad
A	Sausage Link	Korean BBQ Shredded Pork	Country Fried Steak
Y	Cinnamon Rolls	Scalloped Potatoes	Home Fries
	Whole Milk	Steamed Cauliflower	Roasted Brussels Sprouts
	Coffee	Roasted Marinated Vegetables	Tapioca Pudding
27		Coconut Cream Pie	