



Gathering Points

(253) 756-0601

Pt. Defiance~Ruston

OCTOBER 2025

Operated by Franke Tobey Jones

SAVE THE DATES

PARTIES

⁴ Thanksgiving Party
with Randi Litch - Wednesday, November 19, at 11:00 a.m. Bring your dancing shoes!



CLOSURES

November 27 - Thanksgiving
December 25 - Christmas
January 1 - New Year's Day

EARLY CLOSURE



December 17 - 1:30 p.m.

Staff Holiday Party
at FTJ

Wednesday Line Dance dependent on instructor.

Halloween Spooks By Sandra Liatsos

There's a goblin at
my window,
A monster by my
door.

The pumpkin at
my table

Keeps on smiling more and
more.

There's a ghost who haunts
my bedroom,
A witch whose face is green.
They used to be my family,
Till they dressed for Halloween.



⁴ CRAFTS WITH KATHY

Get into the Halloween spirit by making your very own mask! Join us for a fun mask-making session on Thursday, October 30th, at 1:00 p.m. Registration is required, so be sure to sign up ahead of time.

⁴ UKULELE CLASS

You've got a great opportunity to learn the ukulele! Doug Schafer is starting a beginner's class on Thursday, October 2nd, at 9:00 a.m. You don't need your own ukulele to get started; Doug will provide one for you until you decide if you want to continue with the class.

^{4*} BEGINNING ITALIAN

Ready to learn Italian? A new beginner's class is welcoming new students on Saturday mornings at 10:00 a.m. Whether you're planning a trip to Italy or simply want to learn a new language, this is a great opportunity to get started.



⁴ HALLOWEEN PARTY

Get ready for some frightful fun on **Friday, October 31 at 11:00 a.m.** Enjoy **punch, cookies, and other delectable delights** while celebrating the spooky season with us! Mark Stern will be entertaining with spooky Halloween tunes. Come dressed to impress—there will be a **costume contest** with fun prizes!



RIDDLE CENTRAL

1) I have no feet to dance, I have no eyes to see, I have no life to live or die, Yet I do all three. What am I?

2) I have 13 hearts but no other organs. What am I? (Answer pg. 2)



⁴ USS LEXINGTON

Come experience a unique piece of Tacoma's history! This is the second of a three-part series, and it will transport you back in time to when the city's power went out and the USS Lexington came to the rescue. The presentation will be held on Monday, October 6th, at 1:00 p.m.

⁴ BROCHURE CLASS

Ron Yaden is demonstrating how to make brochures in this continuation of his previous class. The Brochure Class will be held on Monday, October 6, at 1:00 p.m.



⁴ THAILAND PRESENTATION

Join us for an exclusive presentation on a once-in-a-lifetime trip to Thailand. Discover a land of gilded palaces, ancient ruins, and stunning natural beauty. This journey, departing on **November 6, 2026**, will immerse you in the vibrant culture and breathtaking landscapes of Thailand.

Learn more about this incredible adventure on **October 16, 2025, at 10:00 a.m.**



The Senior Center Book Club meets the 3rd Thursday to discuss that month's book.

October: *Little Fires Everywhere*
by Celeste Ng

November: *Roll of Thunder Hear My Cry* by Mildred Taylor

December: *The Thursday Murder Club: A Novel*

(Book 1) by
Richard Osman





St. Defance~Houston



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RIDDLE ANSWER 1) Fire. 2) A deck of cards 	 Where does a ghost prefer to watch a game of American football? Isstsd [moyb ayt jaypyn	1 9:00 *Yoga w/Hal (C) 9:00 Crochet/Knitting Grp (D) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Cribbage (C) 12:30 *Acupuncture (M) 3:30 *Line Dancing	2 9:00 ^ SHIBA (Office) 9:00 ^ <i>Ukulele Class (M)</i> 9:30 Pinochle (D) 10:00 Mexican Train (C) 10:00 ^ Beg. Piano (M) 11:00 <i>BP Cks ev. Wk. (FD)</i> 12:00 *Lunch (D) 1:00 Women's Group (C) 1:00 ^ <i>Music Cities & Utah Parks Presentation (M)</i> 6:30 Martial Arts (M)	3 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 * <i>Beginning Yoga (M)</i> 12:00 ^ <i>FTJ Lunch (D)</i> 1:00 Spanish (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M) 4:00 ^ Doggy Manners
Blood Pressure Checks Blood Pressure Checks will be available on Thursdays when Chris Johns is available from 11:00 a.m. until noon.	Where does a ghost prefer to watch a game of American football? Isstsd [moyb ayt jaypyn	1 9:00 *Yoga w/Hal (C) 9:00 Crochet/Knitting Grp (D) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Cribbage (C) 12:30 *Acupuncture (M) 3:30 *Line Dancing	2 9:00 ^ SHIBA (Office) 9:00 ^ <i>Ukulele Class (M)</i> 9:30 Pinochle (D) 10:00 Mexican Train (C) 10:00 ^ Beg. Piano (M) 11:00 <i>BP Cks ev. Wk. (FD)</i> 12:00 *Lunch (D) 1:00 Women's Group (C) 1:00 ^ <i>Music Cities & Utah Parks Presentation (M)</i> 6:30 Martial Arts (M)	3 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 * <i>Beginning Yoga (M)</i> 12:00 ^ <i>FTJ Lunch (D)</i> 1:00 Spanish (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M) 4:00 ^ Doggy Manners
6 9:00 Hand & Foot (C) 10:00 Pickleball 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) 1:00 ^ <i>USS Lexington (M)</i> 1:00 ^ <i>Brochure Class (C)</i> 2:30 Tai Chi (M)	7 9:00 ^ <i>Beg. Drawing (C)</i> 9:30 Pinochle (D) 10:00 Drawing w/John (C) 10:00 Guitar Class (M) 11:00 * <i>Beginning Line Dance (M)</i> 12:00 *Lunch (D) 12:30 Mahjong (C) 1:00 Sing-along (M) 3:15 <i>Tap Dance</i> 6:30 Martial Arts (M)	8 9:00 <i>Advisory Board (O)</i> 9:00 *Yoga w/Hal (C) 9:00 Crochet/Knitting Grp (D) 10:00 *Strength & Bal. (M) 10:30 ^ <i>Medicare (C)</i> 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Cribbage w/Norm (C) 12:30 *Acupuncture (M) 3:30 *Line Dance (M)	9 9:00 ^ <i>Ukulele Class (M)</i> 9:30 Pinochle (D) 10:00 Mexican Train Dominos (C) 10:00 ^ Beg. Piano (C) 11:00 <i>BP Checks (FD)</i> 12:00 *Lunch (D) 1:00 <i>Movie: Burlesque (M)</i> 1:00 <i>Apple User Group (C)</i> 6:30 Martial Arts (M)	10 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 * <i>FTJ Lunch (D)</i> 12:00 * <i>Beginning Yoga (M)</i> 1:00 Spanish (D) 1:00 <i>Cuba Document Party (C)</i> 2:00 Creative Writing (C) 2:30 Tai Chi (M)
13 9:00 Hand & Foot (C) 10:00 <i>Pickleball</i> 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) 2:30 Ping Pong (M) 2:30 Tai Chi (M)	14 9:00 ^ <i>Beginning Drawing (C)</i> 9:30 Pinochle (D) 10:00 Drawing w/John (C) 11:00 * <i>Beginning Line Dance (M)</i> 12:00 *Lunch (D) 12:30 Mahjong (C) 1:00 <i>Bingo (D)</i> 3:15 <i>Tap Dance (M)</i> 6:30 Martial Arts (M)	15 9:00 *Yoga w/Hal (C) 9:00 <i>Crochet/Knitting Grp (D)</i> 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Cribbage (C) 12:30 *Acupuncture (M) 3:30 *Line Dance (M)	16 9:00 ^ <i>Ukulele Class (M)</i> 9:30 Pinochle (D) 10:00 ^ <i>Thailand Presentation (C)</i> 10:00 Mexican Train (D) 10:00 ^ Beg. Piano (M) 11:00 <i>BP Checks (FD)</i> 12:00 *Lunch (D) 1:00 Book Club w/Chris (C) 2:15 ^ <i>Sip & Paint (M)</i> 6:30 Martial Arts (M)	17 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 * <i>Beginning Yoga (M)</i> 12:00 ^ <i>FTJ Lunch (D)</i> 1:00 Spanish (D) 2:00 ^ Creative Writing (C) 2:30 Tai Chi (M)
				
			3:30 ^ <i>Prime Time Hop</i>	10:00 Sat.: ^ <i>Italian Class</i>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20 9:00 Hand & Foot (C) 10:00 *Strength & Balance (M) 10:00 Pickleball 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) 1:30 Ping Pong (M) 2:00 Writer's Forum (C) 2:30 Tai Chi (M)	21 9:00 ^Δ Beg. Drawing (C) 9:30 Pinochle (D) 10:00 Guitar Class (M) 10:00 Drawing w/John (C) 11:00 *Beginning Line Dance (M) 12:00 *Lunch (D) 12:30 Mahjong (C) 1:00 Sing-along (M) 3:15 Tap Dance (M) 6:30 Martial Arts (M)	22 9:00 Crochet & Knitting Grp. (D) 9:00 *Yoga w/Hal (C) 10:00 *Strength & Bal (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Cribbage (C) 12:30 *Acupuncture (M) 1:45 Medicare Presentation (M) 3:30 *Line Dance	23 9:00 ^Δ Ukulele (M) 9:30 Pinochle (D) 10:00 Mexican Train (C) 10:00 ^Δ Beginning Piano (M) 11:00 Blood Pressure Check (FD) 12:00 *Lunch (D) 1:00 Garden Class (M) 6:30 Martial Arts (M)	24 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance 12:00 ^Δ FTJ Lunch (D) 12:00 *Yoga w/Molly (M) 1:00 Spanish (D) 1:00 ^Δ Stretch Your Body and Dollar! (M) 2:00 Creative Writing (C) 2:30 Tai Chi (M)
27 9:00 Hand & Foot (C) 10:00 *Strength & Balance (M) 10:00 Pickleball 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) 1:30 Ping Pong (M) 2:30 Tai Chi (M)	28 9:00 ^Δ Beg. Drawing (C) 9:30 Pinochle (D) 9:45 Atty. Liz Johnson (M) 10:00 Drawing w/John (C) 11:00 Beginning Line Dance (M) 12:00 *Lunch (D) 1:00 Bingo (D) 12:30 Mahjong (C) 3:15 Tap Dance (M) 6:30 Martial Arts (M)	29 9:00 Crochet & Knitting Grp. (D) 9:00 *Yoga w/Hal (C) 9:00 ^Δ Devoted Produce Giveaway (D) 10:00 *Strength & Bal (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Cribbage (C) 12:30 *Acupuncture (M) 3:30 *Line Dance	30 9:00 ^Δ SHIB4 9:00 ^Δ Ukulele (M) 9:30 Pinochle (D) 10:00 Mexican Train (C) 10:00 ^Δ Beginning Piano (M) 11:00 Blood Pressure Check (FD) 12:00 *Lunch (D) 1:00 ^Δ Crafts with Kathy (D) 6:30 Martial Arts (M)	31 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 ^Δ Halloween Party & Costume Contest 11:00 *NO Stretch & Dance 12:00 *Yoga w/Molly (M) 1:00 Spanish (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M)



LEGEND * Participation Fee ^Δ Registration Required (C) Classroom (FD) Front Desk (D) Dining Room (G) Garden (M) Main Room (O) Office	COST CONT'D Line Dancing \$20 per 6-week series, on Wednesdays, - Beg. Line Dance on Tues. \$8 monthly, or \$2 week Both class fees are payable to the instructor Italian \$10 month, paid to instructor Strength & Balance \$18 month, Mon., Wed., & Fri., paid at front desk	COST CONTINUED Stretch & Dance \$18 month Mon., Wed., & Fri, paid to front desk. Yoga w/Hal \$10 month, Wednesdays, 9:00 Yoga w/Molly \$10 month, Fridays paid at front desk	LUNCH *Catholic Community Services provides lunch M-Th for a donation of \$3.50 if you are 60+. Under 60 is \$6.00.	FOOD RESCUE While not listed, the food bank is open from 10:30 a.m. to 12:30 p.m. Monday through Wednesday.	CALL AHEAD Every effort is made to ensure programming is on time. Occasionally, an instructor may cancel a class. Please call ahead to ensure the class is still scheduled.
COST Acupuncture \$10 per treatment Paid to Acupuncturist		One person taking two classes receives a \$3.00 discount on			



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Center Highlights

Operated by Franke Tobey Jones

SPOTLIGHT ON PARTICIPANTS



Stop by the front desk on Mondays to say hello to **Lucille Smith**, the front desk volunteer! A lifelong Tacoma resident, Lucille only left to attend college in Colorado. Growing up, she was an avid athlete who particularly enjoyed waterskiing.

After raising two children, Lucille had a fulfilling career in HR at Clover Park School District and later worked as a consultant for them.

In retirement, Lucille decided to combat boredom by volunteering at both the senior center and Eliseo. Although she considers herself an introvert, she loves being around people. "The people here are wonderful!" she says. "Everyone is so involved and active. It's really awe-inspiring."

Lucille's passion for adventure led her to travel extensively with a high school friend, spending months at a time exploring the southwestern U.S. and Mexico, towing her car behind their motorhome. When she's not traveling or volunteering, Lucille enjoys a good book.

INCLUSIVITY

At Pt. Defiance~Ruston Senior Center, operated by Franke Tobey Jones, we strive to maintain an environment where all participants, family members, team members, and our partners, feel welcomed, valued and respected. We believe each person's unique contribution to our collective well-being and that through a blend of diverse ideas, background and experiences, we learn, grow and support one another.

PAINT 'N SIP

Randi Voss will be offering her first Paint 'n Sip class this year on October 16, at 2:15 p.m. She will lead the class while providing you with how and what to paint while you sip and paint. All supplies will be provided, and room is still available. Please sign up soon!

There will be two additional classes this year.

- November 20, at 2:15 p.m. with Randi Voss
- December 18, at 2:00 p.m. with John Havens.

You don't want miss these classes because there will not be anymore for a while.



SHOW YOUR TEAM SPIRIT!

It's football season, and we're celebrating every Friday! **Wear**

your favorite team's jersey or T-shirt to show your support. Let's make Fridays our official game day and cheer on the teams we love!

WALK WITH FUR BABIES

With the weather turning cooler and rain in the forecast in October, we the walk will be dependent on the weather. Thank you to everyone who joined us!

^ COMMUNITY PROGRAMS

Community Programs are in full swing!

Breakfast Club w/Kate Gray
2nd Saturday of the month
Meets at the Clubhouse, 10:00 a.m

Prime Time Hop w/ Ron Yaden
3rd Thursday of the month
Narrows Brewing on the Water
Meets at 3:30 p.m.

Prime Time Plates w/Chris Johns
4th Thursday of the month
Coopers Food & Drink
Meets at 4:00 p.m.

U.S. TRIP PRESENTATIONS

A Premier Travel representative will be at the Center to discuss exciting trips planned for 2026.

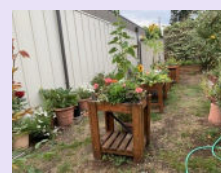
- **Music Cities: New Orleans, Memphis & Nashville** on May 11, 2026
- **Utah's Mighty National Parks** on October 4, 2026

Both trips will be covered on **Thursday, October 2, at 1:00 p.m.**

MONITOR IN CLASSROOM

Please remember to turn off the smartboard after you're done using it. The monitors are expensive, and leaving them on can cause permanent damage, like the pixel loss we've already seen.

THE DIRECTOR'S CORNER



Walking Hershey, my dog, I found myself outside our garden and was completely captivated by its beauty.

It all started when Master Gardener, **Ava Brock**, agreed to lead a new gardening program. With no funding, a group of dedicated volunteers poured their hearts and hard work into creating this beautiful, accessible garden. If you haven't seen it yet, you should take a look—it's a little slice of paradise right here at the Center. A huge thank you to everyone who participated!

MOVIES

A movie will be shown once a month on the second Thursday from 1:00 - 3:00 p.m. The following movie is scheduled to be shown in September:



Burlesque on October 9, at 1:00 p.m. A failing Burlesque Club needs saving and a small town girl wants stardom, starring Cher and Christina Aguilera.