



October 2025

Memory Care- Life Enrichment



FRANKE TOBEY JONES
Enjoy your age.

**NO GROUP
ACTIVITIES**

11:30 Lunch
2:00 Afternoon Snack
4:30 Dinner

AR= Activity Room
SUN= Sunroom
TV= TV Room





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
NO GROUP ACTIVITIES 11:30 Lunch 1:05 Seahawks Game (TV)  2:00 Afternoon Snack 4:30 Dinner Grandparents Day	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program
	9:30 Seated Cardio	9:30 Fly Ball	9:30 Seated Exercises	9:30 Morning Stretch	9:30 Chair Yoga	10:00 Seated Strength
	10:00 All About Badgers	9:45 Worship Service	10:00 How Many Words?	10:00 Table Hockey	10:00 What Am I?	10:30 Hose Racing Game
	10:30 Baking Group: Making Chocolate Muffins	10:15 Bingo 	10:30 Orange Trivia	10:30 Spa Morning		
	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)			11:00 Trivia on iN2L
AR= Activity Room SUN= Sunroom TV= TV Room 	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)
	1:00 What Am I?	11:15 Transition Time (CNA)		11:15 Transition Time (CNA)	11:30 Lunch	11:30 Lunch
	2:00 Margarita Moment	1:00 Watercolor Project	1:00 Beach Sensory	1:00 Sweet Sweet Music	1:00 Music Circle	1:00 Scarecrow Saturday
		2:00 Afternoon Snack	2:00 Arnold Palmer Social			
	2:30 Solve the Famous Mystery Detectives	2:30 What's That Sound on iN2L?		2:00 Afternoon Snack	2:00 Afternoon Snack	2:00 Afternoon Snack
	4:30 Dinner		2:30 Garden Check-in	2:30 Fly Ball	2:30 Egg Riddles and Puns	2:30 Basketball Toss
		4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner

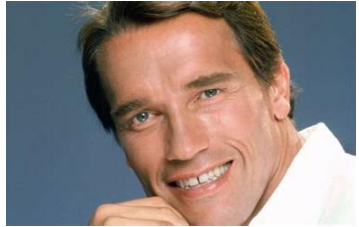


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Memory Care- Life Enrichment - 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
NO GROUP ACTIVITIES	9:00 Montessori Program 9:30 Morning Stretch 10:00 Balloon Burst Game 10:30 Hawaiian Trivia  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Hawaiian Discovers 2:00 Music with Marty  2:30 Garden Check-in 4:30 Dinner Columbus/Indigenous People Day	9:00 Montessori Program 9:30 Chair Dancing 9:45 Worship Service  10:15 Travelogue  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Forest Sensory/ Reminiscing  1:30 Pet Visit with Dazzle 2:00 Afternoon Snack 2:30 Classy Clown Fish 4:30 Dinner	9:00 Montessori Program 9:30 Seated Strength 10:00 Who Am I? 10:30 Bingo  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Pizza Hut History/ Make Mini Pizzas  2:00 Happy Hour  2:30 Garden Check-in 4:30 Dinner	9:00 Montessori Program 9:30 Seated Cardio 10:00 Word Games on N2L 10:30 Star of the Month  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Afternoon  2:00 Afternoon Snack 2:30 Lucky Dice Game 4:30 Dinner	9:00 Montessori Program 9:30 Morning Stretch 10:00 Tabletop Games 10:30 National Geographic Day and Craft 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Yogurt Parfait Bar  2:00 Afternoon Snack 2:30 Celebrating Hollywood Squares 4:30 Dinner	9:00 Montessori Program 10:00 Moving & Grooving with Alyce  10:30 What Am I? 11:00 Piggy Bankers Game 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Card Making 2:00 Afternoon Snack 2:30 Ring Toss Game 4:30 Dinner

AR= Activity Room
SUN= Sunroom
TV= TV Room

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE



October 2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
NO GROUP ACTIVITIES	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program
	9:30 Morning Stretch	9:30 Seated Cardio	9:30 Seated Exercise	9:30 Seated Cardio	9:30 Chair Dancing	10:00 Seated Exercises
	10:00 Meditation	9:45 Worship Service	10:00 SMART is Cool! Game	10:00 Basketball Toss	10:00 Trivia Challenge on iN2L	10:30 Beach Sensory
	10:30 Who Sang it? 	10:15 Orange Trivia 	 10:30 Music with Casey	10:30 Wake Up Day 	10:30 Photographer Appreciation Day – Jett Brooks 	11:00 Pet Therapy Visit 
	11:15 Transition Time (CNA)	10:45 Horse Racing Game	10:30 Music with Casey	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:00 Finish the Phrase
11:30 Lunch	11:30 Lunch 	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)
2:00 Afternoon Snack	1:00 Decorate an Apron	11:30 Lunch	11:30 Lunch	1:00 Watercolor Craft 	1:00 Wear Pink Day 	11:30 Lunch
4:30 Dinner	2:00 Italian Soda Social 	1:00 Spa Afternoon 	1:00 Nut Day 	2:00 Afternoon Snack	2:00 Afternoon Snack	2:00 Afternoon Snack
	2:30 Garden Check-in	2:00 Afternoon Snack	2:00 Pina Colada Happy Hour 	2:30 EZ Trivia	2:30 Garden Check-in	2:30 Bowling 
	4:30 Dinner	2:30 Sing Along on iN2L	2:30 Garden Check-in	4:30 Dinner	4:30 Dinner	4:30 Dinner
	7:00 Seahawks Game (TV) 	4:30 Dinner	4:30 Dinner			

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	
NO GROUP ACTIVITIES	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	
	9:30 Chair Yoga	9:30 Seated Cardio	9:30 Seated Strength	9:30 Seated Exercises	9:30 Morning Exercises	
	10:00 Toss It Game	9:45 Worship Service	9:45 Worship Service	10:00 Finish the Lyric	10:00 Roll A Jack o Lantern Game	
	10:30 Painting Pumpkins on Canvas Craft	10:15 Statue of Liberty Anniversary	10:00 Name That Sound on iN2L	10:30 All About Candy Corn		
			10:30 Funny Cat Names		10:45 Halloween from A to Z	
11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)		11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:15 Transition Time (CNA)	11:30 Lunch	11:30 Lunch	
2:00 Afternoon Snack	1:00 Orange You Glad It's October?	1:00 Bingo	11:30 Lunch	1:00 Remembering Halloween Costumes	1:00 Hallowed Halloween	
4:30 Dinner	2:00 Margarita Moment		1:00 Table Top Bowling	2:00 Afternoon Snack	2:00 Afternoon Snack	
		1:30 Pet Visit with Dazzle		2:30 Music of the 50's	2:30 Afternoon Halloween Games	
AR= Activity Room SUN= Sunroom TV= TV Room	2:30 Garden Check-in		2:00 Happy Hour	4:30 Dinner	4:30 Dinner	
	4:30 Dinner	2:00 Afternoon Snack	2:30 Name That Country Music Song		Happy Halloween	
		2:30 Sing Along on iN2L	4:30 Dinner			
		4:30 Dinner				