



# Gathering Points

(253) 756-0601

*Pt. Defiance~Ruston*

**January 2026**

Operated by Franke Tobey Jones

## SAVE THE DATES

### <sup>Δ</sup> PARTIES

- <sup>Δ</sup> Jan. 16 - Volunteer Meal
- <sup>Δ</sup> March 17 - St. Patrick's Day
- <sup>\*Δ</sup> May 8 - Tacos & Margaritas
- <sup>Δ</sup> June 25 - Independence Day
- <sup>\*Δ</sup> October 2 - Bratwurst & Beer
- <sup>Δ</sup> October 30 - Halloween Party
- <sup>\*Δ</sup> November 24 - Thanksgiving
- <sup>\*Δ</sup> December 22 - Holiday Party



### CLOSURES

- December 25, 2025 - Christmas
- January 1 - New Year's Day
- February 16 - President's Day
- May 25 - Memorial Day
- July 3 - Independence Day
- September 7 - Labor Day
- November 26 - Thanksgiving
- December 25, 2026 - Christmas

## January

*Author Unknown*

*Sparkling winter sunshine,  
Faces all aglow  
Making resolutions,  
And angels in the snow -  
Steaming cups of cocoa,  
A year that's fresh and new.*

..

*All of this is magic -  
Unfolding just for you.*



## <sup>Δ</sup> CALLING ALL VOLUNTEERS

It's that time again when one year ends and a new one begins, and what a way to begin. . . thanking our wonderful volunteers!



## <sup>\*Δ</sup> FUTURE DAY TRIPS!

We are so excited to be offering day trips from April through September. They are scheduled for the first Saturday of the month. Some of the trips have already been planned and are in the database for you to sign up. In April there is a trip to La Conner to see the Daffodils and Tulips, in May the Bremerton Naval Museum, and the Museum of Flight is in June. There will be no trip in July due to Independence Day. August will take you to Sequim to see the Lavendar Fields, and September is a trip to the Mt. Rainier Train. We do not have the prices yet so when you sign up, you are just indicating

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## RIDDLE CENTRAL

1) What do you get if you cross a snowman with a shark??

2) What do you call a snowman that tells lies??



3) How did the snow globe feel after hearing a scary story?



## <sup>Δ</sup> BRIDGE IS COMING

You asked, and we listened! We've found an instructor for the new Bridge class!

Join **Paul**, an enthusiastic player and teacher, as he leads a fun, engaging class starting **Friday, January 2nd, at Noon.**

Whether you've been playing for years or have always wanted to learn, this is the perfect chance to jump in! Stop by or call to sign up!

## <sup>Δ</sup> TAXES

Tax Season is approaching! **AARP Tax Preparers** will offer assistance at the Senior Center every **Friday and Saturday** beginning in **February**.

**Appointments will start in January.** Due to high demand, we strongly recommend booking as soon as possible to ensure you get a spot! Limited slots will also be open in late March and early April.

## GUITAR

While **David Lee** will be taking a **break from January to March**, his class members are encouraged to come into the Senior Center to **continue practicing** during that time. He will return in April.



The Senior Center Book Club meets the 3rd Thursday to discuss that month's book.

In January, the books for 2026 will be chosen. If you have recommendations, be sure to attend the meeting or pass along your recommendations to Chris Johns.



# St. Defiance-Guston

January 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LEGEND</b> * Participation Fee ^ Registration Required (C) Classroom (FD) Front Desk (D) Dining Room (G) Garden (M) Main Room (O) Office (X) Class is Full	<b>Monthly Joke</b> <i>After spending all day watching football, Harry fell asleep in front of the TV and spent the night in the chair. In the morning, his wife woke him up. "Get up, dear," she said. "It's 20 to seven." He awoke with a start. "In whose favor?"</i> 	<b>Happy New Year!</b>  <p>It is so cold, I am shaking as bad as a couple of jelly donuts at a Weight Watchers meeting!</p>	<div>1</div> 	<div>2</div> 9:30 Spades (C) 10:00 <i>Kings Corner (D)</i> *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 <i>FTJ Lunch (D)</i> 12:00 <i>Bridge Class (C)</i> 1:00 Spanish w/Carla (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M)
<div>5</div> 9:00 <i>Senior Footcare (C)</i> 9:00 Hand & Foot (D) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) 1:30 Ping Pong 2:30 Tai Chi (M)	<div>6</div> 9:00 <i>Beg. Drawing (X)</i> 9:30 Pinochle (D) 10:00 Guitar Practice (M) 10:00 Drawing w/John (X) 11:00 *Beginning Line Dance (M) 12:00 *Lunch (D) 12:30 Mahjong (C) 1:00 Sing-along (M) 3:15 Tap Dance 6:30 Martial Arts (M)	<div>7</div> 9:00 Crochet/Knitting Grp (D) 10:00 *Strength & Bal. (M) 11:00 Euchre (D) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Cribbage w/Norm (C) 12:30 *Acupuncture (M) 3:30 *Line Dancing (M)	<div>8</div> 9:00 <i>SHIBA appts. (O)</i> 9:00 <i>Ukulele Class (M)</i> 9:30 Pinochle (D) 10:00 Mexican Train (C) 10:15 <i>Beg. Piano (X)</i> 11:00 BP Cks (FD) 12:00 *Lunch (D) 1:00 Apple Users Group (C) 1:00 <i>Cozy Crafters (D)</i> 6:30 Martial Arts (M)	<div>9</div> 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 <i>FTJ Lunch (D)</i> 12:00 <i>Bridge Class (C)</i> 1:00 Spanish w/Carla (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M)
<div>12</div> 9:00 Hand & Foot (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) 1:00 <i>Movie: Hidden Figures (C)</i> 1:30 Ping Pong (M) 2:30 Tai Chi (M)	<div>13</div> 9:00 <i>Beg. Drawing (X)</i> 9:30 Pinochle (D) 10:00 Drawing w/John (X) 11:00 *Beginning Line Dance (M) 12:00 *Lunch (D) 12:30 Mahjong (C) 1:00 Bingo (D) 3:15 Tap Dance (M) 6:30 Martial Arts (M)	<div>14</div> 9:00 <i>Advisory Board Meeting (O)</i> 9:00 Crochet/Knitting Grp (D) 10:00 <i>Chinese Class (C)</i> 10:00 *Strength & Bal. (M) 11:00 Euchre (D) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Cribbage w/Norm (C) 3:30 *Line Dance (M)	<div>15</div> 9:00 <i>Ukulele Class (M)</i> 9:30 Pinochle (D) 10:00 Mexican Train Dominoes (C) 10:15 <i>Beg. Piano (X)</i> 11:00 BP Checks (FD) 12:00 *Lunch (D) 1:00 <i>Book Club (C)</i> 6:30 Martial Arts (M)	<div>16</div> 9:30 Spades (C) 10:00 *Strength & Balance (M) 10:00 <i>Kings Corner (D)</i> 11:00 *Stretch & Dance (M) 12:00 <i>Volunteer Brunch (D)</i> 12:00 <i>Bridge Class (C)</i> 1:00 <i>Spanish w/Carla (D)</i> 2:00 <i>Creative Writing (C)</i> 2:30 Tai Chi (M)
			<div>10:00 Sat. <i>Italian Class</i></div>	<div>10:00 Sat. <i>Breakfast Club</i>            10:00 Sat. <i>Italian Class</i></div>

10:00 Sat.: *Italian Class*

3:30 *Prime Time Hop*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 9:00 Hand & Foot (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) <b>12:00 *NO Lunch (D)</b> 12:30 Chess (D) 1:30 Ping Pong (M) <b>2:00 Writer's Forum (C)</b> 2:30 Tai Chi (M)	20 9:00 <sup>Δ</sup> Beg. Drawing (X) 9:30 Pinochle (D) 10:00 Guitar Practice (M) 10:00 Drawing w/John (X) 11:00 Line Dance (M) 12:00 Lunch (D) 12:30 Mahjong (C) 1:00 Sing-along (M) 3:15 Tap Dance (M) 6:30 Martial Arts (M)	21 9:00 Crochet & Knitting Grp. (D) 10:00 *Strength & Bal (M) 11:00 Euchre (D) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Cribbage w/Norm (C) 12:30 *Acupuncture (M) 3:30 *Line Dance (M)	22 9:00 <sup>Δ</sup> Ukulele Class (M) 9:30 Pinochle (D) 10:00 Mexican Train (C) 10:15 <sup>Δ</sup> Beg. Piano (X) 11:00 BP Cks (FD) 12:00 *Lunch (D) <b>1:00 PC &amp; Android Users Group (C)</b> 1:00 <i>Cozy Crafters (D)</i> 6:30 Martial Arts (M)	23 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance <b>12:00 <sup>*Δ</sup> FTJ Lunch (D)</b> <b>12:00 <sup>Δ</sup> Bridge Class (C)</b> 1:00 Spanish (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M)
26 9:00 Hand & Foot (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) <b>1:00 Sci-Fi Movie Club</b> 1:30 Ping Pong (M) 2:30 Tai Chi (M)	27 9:00 <sup>Δ</sup> Beg. Drawing (X) 9:30 Pinochle (D) <b>9:45 Atty. Liz Johnson (M)</b> 10:00 Drawing w/John (X) 11:00 Beginning Line Dance (M) 12:00 *Lunch (D) 12:30 Mahjong (C) 1:00 Bingo 3:15 Tap Dance (M)	28 9:00 Crochet & Knitting Grp. (D) 10:00 *Strength & Bal (M) <b>10:00 <sup>Δ</sup> Chinese Class (C)</b> 11:00 *Stretch & Dance (M) 11:00 Euchre (D) 12:00 *Lunch (D) 12:30 Cribbage w/Norm (C) 3:30 *Line Dance	29 <b>9:00 <sup>Δ</sup> Ukulele Class (M)</b> 9:30 Pinochle (D) 10:00 Mexican Train Dominoes (C) 10:15 <sup>Δ</sup> Beg. Piano (X) 11:00 BP Checks (FD) 12:00 *Lunch (D) 6:30 Martial Arts (M)	30 9:30 Spades (C) 10:00 *Strength & Balance (M) 10:00 <i>Kings Corner (D)</i> 11:00 *Stretch & Dance 12:00 <sup>*Δ</sup> FTJ Lunch (M) <b>12:00 <sup>Δ</sup> Bridge Class (C)</b> 1:00 Spanish (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M)
<b>10:00 Sat. <sup>*Δ</sup> Italian Class</b>				



## COST

COST CONT'D

### Acupuncture

- \$10 per treatment  
Paid to Acupuncturist

### Line Dancing

- \$20 6-week Wed. series.
- Beg. Line Dance Tues. \$8 mo., or \$2 week  
Both class fees payable to instructor

### Italian

- \$10 mo., pay instructor

### Strength & Balance

- \$18 mo., Mon., Wed., & Fri., paid at front desk

### Stretch & Dance

- \$18 mo. Mon., Wed., & Fri., paid at front desk.

### Yoga w/Hal

Please check if the Yoga class is being held.  
\$10 month, Wednesday, paid at front desk.

## MULTIPLE CLASSES

One person taking two classes receives a \$3.00 discount on the second class. Should you take a third class, it will be at regular price and the fourth will be \$3.00 off.  
This does not apply to classes paid directly to the instructor.

## LUNCH

\*Catholic Community Services provides lunch M-Th for a donation of \$3.50 if you are 60+. Under 60 is \$6.00.

## FOOD RESCUE

While not listed, the food bank is open from 10:30 a.m. to 12:30 p.m. Monday through Wednesday.



## CALL AHEAD

Every effort is made to ensure programming is on time. Occasionally, an instructor may cancel a class. Please call ahead to ensure the class is still scheduled.

\* Franke Tobey Jones provides sack lunches on Fridays for \$3.50. If you want a Friday lunch you must order on Monday for the following Friday.





# Gathering Points

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## Center Highlights

Operated by Franke Tobey Jones

### MOVIES

A movie will be shown once a month on the Second Monday from 1:00 - 3:00 p.m. The following movie is scheduled to be shown in January:



**Hidden Figures** on January 12, at 1:00 p.m. Stars Octavia Spencer,

Janelle Monáe, and Taraji P. Henson.



About women working at NASA who served as the brains behind the launch into the orbit of John Glenn.

### COMMUNITY PROGRAMS

Community Programs are in full swing!

#### Breakfast Club w/Kate Gray

2nd Saturday of the month.

Meet at the Club House, 10:00a.m.

#### Prime Time Hop w/ Ron Yaden

3rd Thursday of the month. Meet at North End on Pearl, 3:30 p.m.

#### Prime Time Plates w/Chris Johns

4th Thursday of the month. Meet at Coopers at 4:00 p.m.

### INCLUSIVITY

At Pt. Defiance~Ruston Senior Center, operated by Franke Tobey Jones, we strive to maintain an environment where all participants, family members, team members, and our partners, feel welcomed, valued and respected. We believe each person's unique contribution to our collective well-being and that through a blend of diverse ideas, background and experiences, we learn, grow and support one another.

### DAY TRIPS CONT'D.

your interest. Once prices have been established, you will receive a phone call with the price, and you can let us know at that time if you will be joining us.

### TRADITIONAL CHINESE MAHJONG COMING!

A new game is coming. . . Traditional Chinese Mahjong. It will start on March 10, 2026 at 12:30 p.m. and on every Tuesday thereafter. Please register!



Originally from the San Francisco Bay Area, Chris Shulenberg and his wife moved to Tacoma in 2022. They chose the Pacific Northwest to escape the heat and smokey fires of Ashland, Oregon, and to be back near the "big water" his wife missed.

Chris brings a background in rehabilitation engineering and occupational health and safety consulting, specializing in human factors and ergonomics.

Now, he enjoys pinochle, poker, movies, and traveling. Italy is his favorite country, but his most memorable trips were to Egypt ("so different!") and Tanzania ("amazing safari!").

Chris joined the Senior Center to make new friends, play cards, and enrich himself and the community. He currently leads the **Science Fiction Movie and Discussion Club!**

### SCI-FI MOVIE CLUB

Exciting Changes . . . we are updating our format to enhance our conversations!

- **No More On-Site Movie Screening.**

- **New Format:** Movie title will be provided in advance.

- **Action Required:** Watch the movie *Inception* ahead of time to participate fully in the discussion on January 26, at 1:00 p.m.

This shift allows us to dive deeper into questions, opinions, and the fascinating correlation between past, present, and future!

### \*ACUPUNCTURE

The following changes to Acupuncture start in January.

- No longer weekly, but on the **first and third** Wednesdays
- Cost is **\$20.00**
- **Limit to 10.** Participants will have to **register in advance.**

### Advisory Board Meeting

For those who are on the Advisory Board, there is a meeting on January 14th, at 9:00 a.m. in the office. Please RSVP to Kate at [kgray@franketobeyjones.com](mailto:kgray@franketobeyjones.com). The minutes from the last meeting and the agenda for the coming meeting will be sent out the week before.



### RIDDLE CENTRAL ANSWERS

- 1) Frost-bite.
- 2) A snow fake!
- 3) A bit shaken up.

