

# THE GARY MILGARD FAMILY MEMORY CARE



Our Memory Care is a specialized community for seniors with Alzheimer's Disease and dementia. This approach to memory care features a small group of residents who live together in a home-like setting with secured outside court-yards, many gathering spaces and 24 hour guided supervision and support. Our goals for each resident are: 1) to provide a sense of security and belonging through reassuring staff in a place that feels like home, and 2) to add quality of life through a daily routine building conversation, social interaction, bonding and a sense of belonging. Our new Montessori-Inspired Programming is very unique and has shown to be extremely effective with engaging Memory Care residents.





## MEMORY CARE FEATURES AND BENEFITS

#### **MEMORY CARE FEATURES**

- Large private suites with full private bathrooms/showers arranged in small clusters.
- Many large gathering spaces.
- Private, secure outside courtyards.
- Under the supervision of a licensed nurse, activity professionals and nursing assistants, daily routine is structured to maximize quality of life for our residents.
- The program includes assistance with activities of daily living to ensure that physical and emotional needs are met.
- A Licensed Nurse is available to administer medications and assist with emergencies.
- A variety of meaningful activities are designed to enhance residents' strengths while bringing enjoyment to their days. Such activities encourage socialization, reminiscing, exercise, use of cognitive function, spiritual traditions, and hobbies.
- Residents are also able to enjoy quiet and peaceful times in the company of other residents and staff in various indoor and outdoor community spaces.
- Rooms are unfurnished so you can bring items that are familiar and loved.

## **INCLUDES**

- Three delicious meals a day are served familystyle in the Memory Care dining room.
- Weekly housekeeping. Bed linens and towels are laundered and supplied weekly. Laundry room is available for personal use.
- Activities of daily living support includes assistance with medications, bathing and dressing.
- ♦ Each day is guided by our 24 hour staff.
- Transportation to medical appointments five days a week.
- Utilities include cable, local phone and internet.

#### CAMPUS AMENITIES

- 6,000 square foot fitness center with full-time fitness staff and a variety of fitness classes including Yoga, Tai Chi, Aerobics and so much more
- Senior University with an interesting and thought provoking monthly events calendar
- Holistic Wellness Program
- Bistro Café
- Salon/Spa services for men and women
- Resident Garden with raised beds and greenhouse
- Guest house for family and friends
- Location on 20 acres, walking paths, water views, private, secure

### **BECOME A RESIDENT**

To secure residency, submit an application, a \$5,000 community fee, meet the financial criteria and complete a care assessment. Special circumstances may apply. Private pay only.

#### FEES

- Private suite with shared bath \$6,640 per month
- Private suite with private bath \$7,680— \$13,335 per month

These fees include room and board, 24-hour access to nursing services and personal care aides, all activity programming and social services as needed.

If FTJ does your laundry, monthly laundry charges are based on weight: flat rate is \$5.00 with a 10 pound minimum.

## LEVEL OF CARE SERVICES

See "Memory Care Level of Care Assessment Tool" for more information.

Level 1 \$2.880/month Level 2 \$4,070/month Level 3 \$5,670/month

For complete details, please call Resident Accommodations at 253-752-6621