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FRANKE TOBEY JONES
Enjoy your age

Frankely, We've Got It!

News, events and opportunities at our community

November/December 2025



An Exciting Chapter Awaits

Choose What Comes Next

Margaret has lived in her home for more than 30 years. She still loves her garden, her book club and her morning walks, but she's starting to think about what comes next.

"I'm not ready to move tomorrow," she says, "but I know I want my next place to be somewhere beautiful and convenient, with opportunities to make connections. I want to choose it now so I can look forward to that ease and enjoyment."

When Margaret learned about Parkside View, the elegant, resort-style, independent living residences coming

soon to the 20-acre Franke Tobey Jones campus in North Tacoma, she knew she had found her future.

With a 100-year reputation for excellence and recently ranked number three in a survey of continuing care retirement communities in Washington state, Franke Tobey Jones has a long history of providing award-winning, trusted senior living.

A home with a view — and so much more

Parkside View apartments feature open-concept designs, expansive windows and private balconies with views designed

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FTJ Senior University

November/December 2025



Art and Identity

Have fun using foundational visual arts to express your sense of identity and personal story. From vision boards to book making, this series offers space for everyone to create, express, and connect.

All materials are provided. No prior "art" experience is needed! *Wednesdays, November 5, 12 & 19, 10:00 am, TJ Craft Room.*

Pretty Gritty Lecture: Tacoma Then and Now

Side-by-side looks at the city of destiny in its origin and how it arrived to where it is today. *Thursday, November 20, 3:00 pm, Bristol View 1st Floor Bowditch Room.*

Downsizing Your Home with Monarch Transitions

Local professional Senior Move Manager and Transition Specialist, Tina Baril, will be discussing senior move management and the challenges of downsizing your home. She will share some tips and provide handouts. *Monday, November 24, 10:00 am, Bristol View 1st Floor Bowditch Room.*

You must register for all classes with Jana at jwennstrom@franketobeyjones.com or call her at 253-756-6219. Go to www.FrankeTobeyJones.com for a full class schedule.

Paint and Sip – Folk Ornaments#

Artväna, the leading Paint & Sip Events provider for Western Washington, will provide a fun and accessible art instruction experience with step-by-step painting instructions to create your very own artwork. *December 3, 10:00 am – 12:00 pm, Tobey Jones Craft Rm.*

Understanding Gender: What's Cake Got to Do with It?

This presentation is a bite-sized "beginner's" introduction to gender, a good fit for anyone who might feel overwhelmed or perplexed by the topic. And yes, we'll also talk about why cake is related to gender! *December 11, 11:00 am, Bristol View 1st Floor Bowditch Rm.*

American Music - Hosted by EJ Crocker: Songs for the Season

Join Serni Solidarios and EJ Crocker on a romp through some classic winter tunes.

December 19, 4:00 pm, MJ Wicks Wellness Center.



Featured Apartments

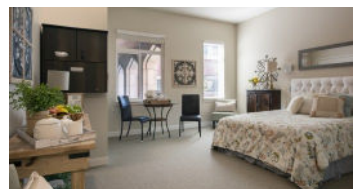
Featured Apartment—Tobey Jones Building #454 Independent Living with Services



This one bedroom/one bathroom 520 square foot apartment has unique ceiling slopes and skylights along with a kitchenette and dining nook. The monthly rent of \$4,885 (\$5,000 one-time community fee and no buy-in includes:

- ✦ Three wonderful, chef-prepared meals a day
- ✦ Weekly housekeeping

- ✦ Emergency call alert system
- ✦ Fitness classes and a 6,000-square foot Fitness Center
- ✦ Transportation five days a week to and from doctor appointments and shopping
- ✦ Kitchenette with microwave and refrigerator
- ✦ Library, game room, living room and solarium for resident use
- ✦ Secure entrances with easy call system for visitors
- ✦ Free reserved parking and extra storage when available
- ✦ Woodshop and craft room
- ✦ Senior University with lifelong learning



Memory Care Suite #1

FTJ Memory Care features private suites in a secure, home-like setting for seniors with Alzheimer's or other dementia. Residents live in small groups with 24-hour support, secured courtyards, and shared gathering spaces. MC #1 is a private suite with a private bath. Monthly rent is \$10,595 + level of care + a one-time \$5,000 community fee. Montessori-inspired programming fosters dignity, purpose and independence with meaningful engagement. **Prior FTJ residency not required.**



Lillian Pratt #203 Assisted Living

We are pleased to offer this assisted living studio apartment on the main floor of our beautiful Lillian Pratt building. This charming residence is close to dining and activities. \$4,675 (no buy-in,) plus level of care cost and \$5,000 one time community fee includes chef prepared meals, utilities, transportation, housekeeping, care services, emergency alert system, fitness, Senior University and more.

Photo similar to LP#203.

Meet Michelle Olafson Director of Admissions and Residential Accommodations



Born in Anaheim, CA, Michelle moved to Thailand with her sister and brother before returning to Steilacoom, WA, at the age of four. Growing up in a small town was an incredible experience, and she finds that FTJ embodies that same sense of community, warmth, and connection.

Michelle was in the first graduating class of Steilacoom High School and remains close friends with many of her childhood friends. After marrying, she purchased property and built a home next door to her mother and brother, where she raised her two amazing daughters surrounded by love and family support.

Now a proud grandmother of two adorable grandchildren, with a third on the way expected in December, Michelle cherishes her family life and the joy of watching the next generation grow. Her deep love for FTJ has allowed her to form life-long friendships, enriching both her professional and personal experiences. Recently, she has purchased a home in Arizona as she plans for her snowbird retirement lifestyle, looking forward to sunshine, travel, and new adventures ahead.

Michelle's career began in retail in 1984 while she was in college, leading her to a successful path in retail management until 1996. Following her time in retail, she transitioned to the real estate sector as a Listing Coordinator with Windemere Real Estate before embarking on her journey with Franke Tobey Jones.

A dedicated member of the Franke Tobey Jones team since 1999, Michelle has built meaningful relationships with residents and their families. Over her 26 years at FTJ, she has had the honor of welcoming the children of residents she first met during her early years, creating a unique continuity of care, trust, and connection within the community.

Throughout her tenure at FTJ, Michelle has played a pivotal role in the planning and execution of two major building projects and is currently involved in the planning of a third project on campus.

Her commitment to professional development is evident through her service as co-chair of the LeadingAge WA Professional Development Committee from 2009 to 2023, where she contributed to the advancement of the industry and support for her peers. Michelle's dedication, compassion, and passion for her work continue to inspire those around her every day.

An Exciting Chapter Awaits

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to bring the outdoors in. They will also include a wealth of amenities, like a state-of-the-art wellness and fitness center and holistic wellness programs. Other features include chef-inspired dining venues for every mood and inviting spaces for classes, clubs and community events, as well as a rooftop gathering area with views of Puget Sound, Mount Rainier and Point Defiance Park.

Living at Parkside View means having the best of Tacoma at your doorstep. Just minutes away is Point Ruston, with its waterfront restaurants, boutique shops and vibrant weekend markets and cultural happenings. The Ruston Way waterside promenade offers miles of scenic walking and biking paths along Commencement Bay.

Golf lovers will find championship courses nearby, while boating enthusiasts can enjoy easy access to the marinas. Downtown Tacoma is only a short drive away, with world-class museums, theaters, restaurants and cultural events. From art lovers to foodies, there's something for everyone.

With 22 unique floor plans, Parkside View offer layouts curated for every lifestyle and preference, from cozy one-bedrooms to spacious two-bedroom apartment homes with a den and balcony. Find a home with room to entertain or a simpler space that's easy to maintain.

"You can retire your way," Margaret says. "That's what I love, the flexibility to choose what works for me."

The best decision is the one you make for yourself

Margaret's advice? "Don't wait until you feel you must move; make the decision while you can still enjoy the process. That way, you're choosing a future you're excited about while still enjoying where you are now."

With a limited number of residences available, now is the time to find out more and explore your options.

Attend an informational meeting at the Bellevue Club November 13, or the Tacoma Golf and Country Club January 28 or at the Tacoma Yacht Club February 25. All meetings will be from 11:30am to 1:30pm and a wonderful lunch will be served. Meet the Parkside View developer, architect and FTJ Senior Team members. Use the QR code to learn more and/or to register for one of the meetings. Or call 253-752-6621.



Wishing You A Joyful Holiday Season



As the holiday season approaches, all of us at Franke Tobey Jones extend our warmest wishes to our residents, family members and friends. This time of year reminds us how grateful we are for our wonderful community and meaningful connections.

Whatever holidays you celebrate, gathering with loved ones, observing cherished traditions or simply enjoying the season's spirit, we hope your days are filled with warmth, laughter and moments that matter most. May you be surrounded by love, joy and all that brings you happiness.

From all of us at Franke Tobey Jones, thank you for being part of our family. We wish you a season of togetherness, peace and lasting joy.

Living Well, Aging Well

What the Latest Research Tells Us



The Mather Institute, in partnership with Northwestern University, completed a five-year landmark study on how life in a Life Plan Community (CCRC) impacts older adults. It followed 8,000 residents across 122 communities from 2018 to 2022, comparing them with older adults living independently.

Eye-Opening, Encouraging Results

Residents of Life Plan Communities consistently reported higher wellness levels than their peers:

- Physical: Staying active and healthy
- Emotional: Feeling positive and supported
- Intellectual: Engaging in learning and creativity
- Social: Building meaningful connections
- Vocational: Finding purpose through volunteerism or personal projects

Gains Over Time

Even as everyone ages, residents showed distinct strengths:

- Social contact increased (it declined elsewhere).
- Intellectual engagement rose, with more residents involved with educational events and pursuing hobbies.
- Emotional wellness declined slightly but at slower rates than in the general population.

Resilience Through COVID-19

Because the study spanned the pandemic, it offered a rare look at resilience. Despite isolation and uncertainty, residents reported low stress and high resilience—thanks to:

- Close family relationships
- Smaller community settings
- Coping strategies like meditation and creative outlets

What It Means for the Future

The Age Well Study shows that community living fosters healthier, happier aging. Social opportunities, intellectual stimulation and belonging aren't just "nice to have"—they're proven to enhance well-being. For those planning their future, the findings highlight the value of a community designed for connection and engagement.

To experience living well at Franke Tobey Jones, call 253-752-6621 or schedule a tour at franketobeyjones.com/contact/schedule-a-tour.

Your needs are always a priority to us. For more information, call us at 253-752-6621 or to see availability and apartment videos go to franketobeyjones.com/availability-and-videos/