

Enjoy your age

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New Parkside View Informational Meetings Scheduled!



Frankely, We've Got It!

News, events and opportunities at our community

September/October 2025



Parkside View Interior Image

Senior University

September/October 2025

The Musical Theater of Rodgers and Hammerstein

Explore the iconic Rodgers and Ham merstein musicals,

from Oklahoma! to The Sound of Music, in this engaging lecture series. Wednesdays, September 3, 10, 17 and 24, 11:00 am, Bristol View 1st Floor Bowditch Rm.

Best Sex Ever After Menopause

The sexual health needs of post-menopausal women are often overlooked. Join Dr. Carol Remz, 80-year-old author and senior sex positivity advocate, as she discusses her book Best Sex Ever After Menopause. Q&A and book signing to follow. September 4, 2:00 pm, MJ Wicks Wellness Center



Tales From the Time of **Lewis and Clark**

While Lewis and Clark were exploring, day-today life went on for the

rest of the country. Imagine the excitement

when the Corps of Discovery returned safely to Saint Louis in September of 1806. Step back in history with Karen Haas, a living history performer, as Mrs. Calvin Adams, sharing stories and gossip from Saint Louis after Lewis and Clark's return. Period dress and lively tales included! September 11, 3:00 pm, MJ Wicks Wellness Center.

Pretty Gritty Lecture: SS Pacific

The shipwreck of the SS Pacific remains one of the worst maritime disasters in PNW history, but it has an interesting connection to the city of Tacoma. Let's dive in. Sept. 25, 3:00 pm, Bristol View 1st Floor Bowditch Rm.

The Care and Feeding of a Healthy Brain

Learn the elements of an inflammatory diet; How foods are helpful and harmful; What sort of



exercise does my brain need?; Neuropathways and how to make new ones; and more. Tuesdays, October 7, 14, 21, October 28, 10:00 am, Zoom. RSVP to receive log on info.

You must register for all classes with Jana at jwennstrom@franketobeyjones.com or call her at 253-756-6219. Go to www.FrankeTobeyJones.com for a full class schedule.

New Parkside View Informational Meetings

Learn About Plans for New Residences, Amenities and Wellness Spaces

Informational Sessions In Renton and Olympia

We are pleased to share that two Parkside View Informational Meetings have been scheduled. If you are interested in attending either session, RSVP with the QR code below or contact our Admissions Department at 253-235-4507.

Tuesday, September 30

Hyatt Lake Washington, Renton 10:00 a.m. - 12:00 p.m.



Thursday, October 16

Indian Summer Golf and Country Club, Olympia 11:30 am -1:30 pm

Join Us for an In-Depth Look at Parkside View

You're invited to a special presentation with the Franke Tobey Jones team, along with the project developer and architect, to learn more about the upcoming Parkside View addition. These informational sessions will provide a detailed overview of the project, including location highlights, apartment floor plans, community amenities and preliminary pricing.

The first of three thoughtfully planned phases will introduce 59 new luxury independent living apartments designed in a style similar to our popular Bristol View residences. This phase will also feature exciting new amenities, including expanded wellness and fitness areas, new dining venues, and a welcoming bistro/bar.

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Featured Apartments

Featured Apartment—Garden Apartment A07 Independent Living



This cozy 638-square-foot one-bedroom apartment offers a warm and inviting living space, complete with a cozy fireplace in the living room, a full kitchen, and a private patio, an ideal retreat for pet owners. The monthly rent of \$4,660 (\$75,000 buy-in) includes:

- ♦ Continental breakfast three days a week
- ♦ Happy Hour weekly
- ♦ Housekeeping twice monthly
- ♦ Fitness classes, fitness machines and personal trainers
- ◆ FTJ Senior University
- ◆ Transportation
- ♦ In-apartment stackable washer and dryer
- ♦ Fire, burglary, emergency services monitored on-site.
- ♦ Secured building, one parking space per apartment
- ♦ Electricity (including A/C), gas, water, sewer, garbage, standard cable television, internet, property taxes and building insurance.



Memory Care Suite #16

FTJ Memory Care features private suites in a secure, homelike setting for seniors with Alzheimer's or other dementia. Residents live in small groups with 24-hour support, secured courtyards, and shared gathering spaces. MC #16 is a private suite with a bath shared by one other suite. Monthly rent is \$6,205 + level of care + a onetime \$5,000 community fee. Our Montessori-inspired programming fosters dignity, purpose and independence with meaningful engagement. Prior FTJ residency not required.



Lillian Pratt #315 Assisted Living

We are pleased to offer this assisted living studio apartment on the third floor of our beautiful Lillian Pratt building. This charming residence is close to the third floor living room, library, outdoor balcony patio and elevator. \$4,675 (no buy-in,) plus level of care cost and \$5,000 one time community fee includes meals, utilities, transportation, housekeeping, care services, emergency alert system, fitness, Senior University and more. Photo similar to LP#315.

Your needs are always a priority to us. For more information, call us at 253-752-6621 or to see availability and apartment videos go to franketobeyjones.com/availability-and-videos/

Meet Jana Wennstrom FTJ Senior University Coordinator



Lifelong Learner Community Connector Champion of Curiosity

Since January 2018, Jana Wennstrom has brought warmth, professionalism, and a love of learning to her role as Senior University Coordinator at Franke Tobey Jones. Originally from Yakima, Washington, she came to Tacoma for college, earning a degree in Comparative U.S. Studies from the University of Washington Tacoma—a program that fueled her intellectual curiosity and passion for inclusive, community-centered education.

Before joining FTJ, Jana developed enriching adult programs at LeMay – America's Car Museum and Tacoma Art Museum, honing her skills in creating meaningful, high-quality educational experiences. At Senior University, she applies that same thoughtfulness and polish, curating courses that reflect the interests of older adults and drawing on a wide network of local experts, artists, and academics.

A lifelong learner, Jana spends her free time reading, researching, and exploring new ideas, often preferring these pursuits to more passive entertainment. She infuses that curiosity and enthusiasm into her programming, ensuring each class is dynamic, relevant, and thoughtfully presented. She treats every course with university-level formality, introducing speakers with care and making them feel welcomed, supported, and honored—creating a respectful, enriching environment for presenters and participants alike.

A moment that stands out to Jana was watching a normally quiet, non-verbal resident become animated after a living history portrayal of environmentalist Rachel Carson. The experience was a powerful reminder of how personal, emotional, and transformative learning can be at any age. For Jana, success is measured by meaningful moments of connection, engagement, and growth.

What sets Senior University apart, she says, is its depth, breadth, and public accessibility. "It's robust, thoughtfully curated, and open to the public—which is such a generous and special offering." This openness fosters vibrant connections both within FTJ and throughout Tacoma.

In her office, she keeps a library of Great Courses lectures—just one sign of her dedication to learning in all forms. "There's a prestige to this program," she says. "And I don't think people always realize the caliber of speakers we bring in. It's something really special."

For Jana, lifelong learning is more than work—it's a personal philosophy that keeps us engaged, growing, and connected to the world around us.

Informational Meetings—Parkside View

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Many of the new residences will offer stunning views of Puget Sound, Mount Rainier, Point Defiance Park and Zoo, and our beautifully landscaped 20-acre campus. Construction is projected to begin in 2027.

Interested?

If you would like to be part of this exciting new chapter or find out more, click on the QR code on page one to:

- ♦ Join the Interest List (no fee)
- Secure your place on the Priority List with a fully refundable \$2,000 deposit
- ♦ RSVP for an Informational Meeting
- View the Parkside View brochure including all 22 floor plans and video

Even if you are currently on our general waitlist, you are welcome to add your name to the Interest or Priority List for Parkside View.

Questions and More Information

If you have questions, or would like to RSVP by phone, please contact our Admissions Department at 253-235-4507. We appreciate your interest and look forward to connecting with you soon.

All plans subject to change.

FTJ Receives Care and Services Award of Excellence



We're honored to share that Franke Tobey
Jones received the Innovation in Care and Services Award of Excellence at the LeadingAge WA
Annual Conference in June. This award recog-

nizes innovative, impactful, and replicable programs that enhance care and quality of life for older adults.

Award-Winning Initiative: True Doors in Memory Care

In 2023, FTJ implemented *True Doors*, a transformative program in our memory care community. True Doors uses realistic vinyl decals resembling traditional front doors—each personalized to reflect a resident's former home or selected design.

The result? Residents now identify their rooms more easily, reducing confusion and exit-seeking behaviors. The distinct doors also promote privacy, dignity, and independence, creating a sense of personal space and home.

Staff report knocking more often, while residents feel more secure and oriented. Previously institutional-looking hallways now resemble a welcoming neighborhood, improving the experience for all.

Thanks to a Generous Donor

This impactful project was made possible by a generous family whose donation brought beauty, comfort, and emotional connection to our memory care environment.

We're proud to be recognized for this meaningful innovation that continues to enrich lives every day..

Honoring FTJ Team Members Angela Thomas and Patricia Nearing

Congratulations to Angela Thomas, FTJ's HR Director, on Graduating from the LeadingAge Washington Leadership Institute!



Angela Thomas, **Human Resources** Director at Franke Tobey Jones, recently completed the prestigious LeadingAge Washington Leadership Institute. This transformative program brings together professionals across aging services to build confident, valuesbased leaders. Angela shared how the experience reshaped

her leadership style, saying, "Real leadership is about trust—empowering others and helping them understand the 'why.'" She also gained a renewed belief in herself and others.

We're incredibly proud of Angela's growth and the inspiration she brings to FTJ. Congratulations on this well-earned achievement!

Celebrating a Remarkable Milestone: Patricia Nearing Honored with 25-Year Silver Star Award



At the 73rd Annual LeadingAge Washington Conference, Franke Tobey Jones team member Patricia Nearing, C.N.A., received the prestigious 25-Year Silver Star Award. This honor celebrates employees with 25 years of continuous service in aging services.

Patricia's dedication, compassion, and daily impact on residents embody the very heart of caregiving. As a Certified Nursing Assistant, she delivers care with dignity and empathy—day in and day out.

Her milestone reflects FTJ's mission to enrich senior lives and highlights the powerful, lasting impact of one devoted caregiver. Congratulations, Patricia!