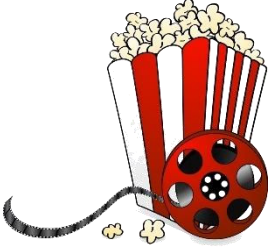




February 2026

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
9:00 Morning Movie (CNA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo  2:00 Afternoon Snack 2:30 Fly Ball 4:30 Dinner	9:00 Montessori Program 9:30 Chair Yoga 10:00 Rocket Mail 10:30 Creative Concoctions Group- Making Dirt Cups  11:00 All About Groundhog Day 11:15 Transition Time (CNA) 11:30 Lunch 1:00 All About Barbara Streisand  2:00 Afternoon Snack 2:30 Fly Ball 4:30 Dinner Groundhog Day	9:00 Montessori Program 9:45 Worship Service  10:15 This Day in History 10:30 Norman Rockwell Day 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Feed the Birds Craft  2:00 Afternoon Snack 2:30 Giant Ring Toss Game 4:30 Dinner	9:00 Montessori Program 9:30 Seated Strength 10:00 Happy Birthday USO!  10:30 Snow Sculpting 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Aroma Therapy- Name That Scent  2:00 Happy Hour 2:30 Lucky Dice Game 4:30 Dinner 	9:00 Montessori Program 10:15 Music with Anne & Gaye  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Afternoon  2:00 Afternoon Snack 2:30 Monarch Day- Coloring Butterflies 4:30 Dinner	9:00 Montessori Program 9:30 Chair Dancing 10:00 Wear Red – Heart Month 10:30 Winter Olympics Opening Ceremony  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Maple Syrup Magic  2:00 Afternoon Snack 2:30 Basketball Toss Game 4:30 Dinner 	NO GROUP ACTIVITIES 11:15 Transition Time (CNA) 11:30 Lunch 2:00 Afternoon Snack 4:30 Dinner

AR= Activity Room
SUN= Sunroom
TV= TV Room



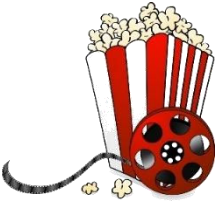
February 2026

Memory Care – Life Enrichment



FRANKE TOBEY JONES
Enjoy your age.



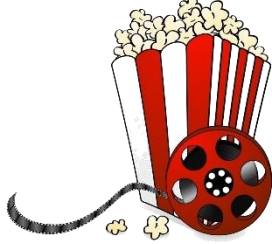
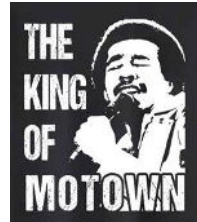
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9	10	11	12	13	14
9:00 Morning Movie (CNA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Bowling  2:00 Afternoon Snack 2:30 Name That Sound on IN2L 3:30 Superbowl Football Game (TV) 4:30 Dinner Superbowl Sunday	9:00 Montessori Program 9:30 Chair Yoga 10:00 Satchel Paige 10:30 Bingo  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Making Parfaits 2:00 Music with Marty  2:00 Afternoon Snack 4:30 Dinner	9:00 Montessori Program 9:45 Worship Service  10:15 Name That Sound on IN2L 10:30 Gold Record Day 11:30 Lunch 1:00 Finish the Phrase 1:30 Cooking Group – Making Mini Pizzas 2:00 Afternoon Snack 2:30 Fly Ball 4:30 Dinner	9:00 Montessori Program 9:30 Chair Dancing 10:00 Piggy Bankers Game on IN2L 10:30 Japanese Fan Craft Project  11:15 Transition Time (CNA) 11:30 Lunch 1:00 French Chef Day 2:00 Happy Hour  2:30 Who Am I? 4:30 Dinner	9:00 Montessori Program 10:00 Seated Exercise 10:30 Visit to the Beach Sensory  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Skating for Gold 2:00 Afternoon Snack 2:30 Bean Bag Toss Game 4:30 Dinner	9:00 Montessori Program 9:30 Seated Strength 10:00 It's the Cat's Meow 10:30 Baking Group – Peanut Butter Valentine Cookies 11:15 Transition Time (CNA) 11:30 Lunch 1:00 History of Valentines Day 1:30 Valentine's Day Art Project (LP) 2:00 Valentine Strawberry Margarita Social  2:30 Name That Sound on IN2L 4:30 Dinner	NO GROUP ACTIVITIES 11:15 Transition Time (CNA) 11:30 Lunch 2:00 Afternoon Snack 2:30 Music with Gary Finke  4:30 Dinner Valentine's Day 
AR= Activity Room SUN= Sunroom TV= TV Room						



February 2026

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
9:00 Morning Movie (CNA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo  2:00 Afternoon Snack 2:30 Lucky Dice Game  4:30 Dinner	9:00 Montessori Program 9:30 Presidential Fitness Exercises 10:00 Studebaker Day 10:30 All About Presidents Day 11:00 Patriotic Sing Along 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA) 2:00 Afternoon Snack 4:30 Dinner  Presidents' Day	9:00 Montessori Program 9:45 Worship Service  10:15 This Day in History 10:30 Craft Group – Mardi Gras Masks  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Afternoon  2:00 Afternoon Snack 2:30 Elvis Goes Gold 4:30 Dinner Mardi Gras Chinese New Year	9:00 Montessori Program 9:30 Seated Strength 10:00 Drummer Circle with Tacoma Youth Symphony  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Lenten Traditions Around the Globe  2:00 Happy Hour 2:30 Free Rice Game on iN2L 4:30 Dinner	9:00 Montessori Program 10:00 Morning Stretch 10:30 King of Motown  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo  2:00 Afternoon Snack 2:30 Celebrating Mr. Rogers 4:30 Dinner	9:00 Montessori Program 9:45 Bowling Game  10:30 Paper Bag Art  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Horse Racing Game  2:00 Italian Soda Social 2:30 Finish the Line 4:30 Dinner	NO GROUP ACTIVITIES 11:15 Transition Time (CNA) 11:30 Lunch 2:00 Afternoon Snack 4:30 Dinner



February 2026

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
9:00 Morning Movie (CNA) 	9:00 Montessori Program 9:30 Chair Yoga 10:00 Visit to the Grand Canyon 	9:00 Montessori Program 9:45 Worship Service  10:15 Horse Racing Game 	9:00 Montessori Program 9:30 Seated Strength 10:00 Piggy Bankers Game 10:30 Baking Group – Making Muffins 	9:00 Montessori Program 9:30 Morning Stretch 10:00 Bingo  11:15 Transition Time (CNA) 11:30 Lunch 12:30 Montessori layout 1:00 Happy Birthday Jaz/ Music Circle 2:00 Arnold Palmer Social 	9:00 Montessori Program 9:30 Chair Dancing 10:00 Retro Day 10:30 Watercolor Project  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Afternoon  2:00 Hot Cider Social 2:30 Ring Toss Game 4:30 Dinner	10:40 Pet Therapy Visit  NO GROUP ACTIVITIES 11:15 Transition Time 11:30 Lunch 2:00 Afternoon Snack 4:30 Dinner
AR= Activity Room SUN= Sunroom TV= TV Room	10:45 Lucky Dice Game 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Chocolate Concoctions- Nut Clusters  2:00 Afternoon Snack 2:30 Finishing Lines 4:30 Dinner	11:00 Trivia Fun on iN2L 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Mexican Flag Day  2:00 Italian Soda Social 2:30 Fly Ball 4:30 Dinner	11:15 Transition Time (CNA) 11:30 Lunch 1:00 Hiram R Revel's Day 2:00 Music with Casey/ Happy Hour  4:30 Dinner	2:30 This Day in History 4:30 Dinner		