

January 2026

Memory Care North – Life Enrichment







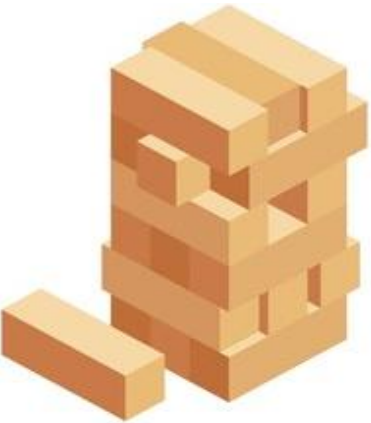

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
NO MORNING ACTIVITIES 12:00 Lunch 1:00 Montessori Program 1:45 Seated Exercises 2:00 Afternoon Snack 2:30 Chocolate Day  4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Sharpen Your Senses 10:30 Think Again  12:00 Lunch 1:00 Washer Toss 2:00 Afternoon Snack 2:30 Tabletop Matching 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 The National Flower of Mexico: Dahlias 10:30 Worship Service  12:00 Lunch 1:00 Bingo  2:00 Afternoon Snack 2:30 Junk Drawer Detective 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 What Am I? 10:30 Eating Grapes and other Resolutions 12:00 Lunch 1:00 Watercolor Project  2:00 New Year's Eve Champagne Social  2:30 Tabletop Matching 4:30 Dinner New Year's Eve	9:15 Montessori Program 9:45 Seated Exercises 10:00 What's New in 2026?  10:30 Morning Poetry 12:00 Lunch NO AFTERNOON ACTIVITIES 2:00 Afternoon Snack 4:30 Dinner New Year's Day	9:15 Montessori Program 9:45 Seated Exercises 10:00 Zany Zoom-In 10:30 Finish the Phrase 12:00 Lunch 1:00 Table Hockey  2:00 Afternoon Snack 2:30 Spa Afternoon 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Travelogue: Anchorage, Alaska  10:30 Mindscent 12:00 Lunch 1:00 Word Games 2:00 Afternoon Snack 2:30 Puzzle Group 4:30 Dinner 

PROGRAMS SUBJECT TO CHANGE

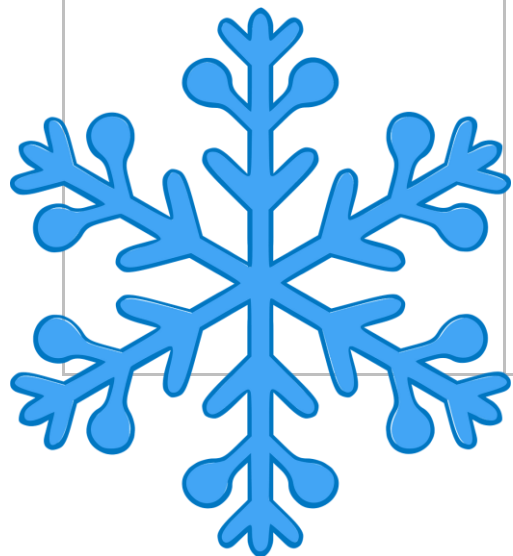


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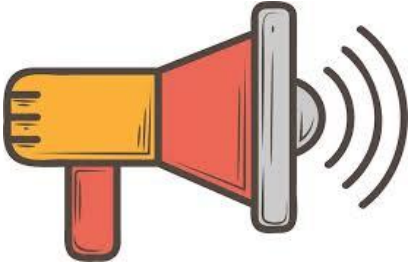







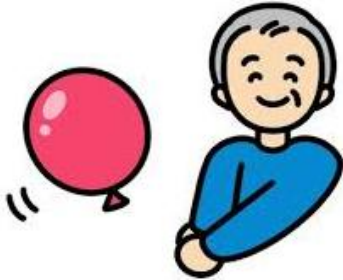
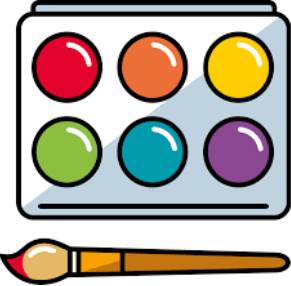

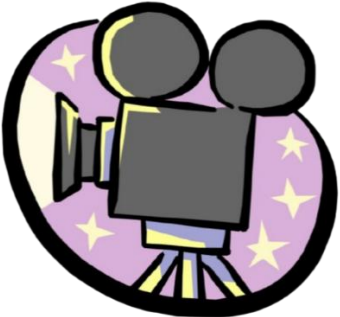
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
NO MORNING ACTIVITIES 1:00 Montessori Program 1:45 Seated Exercises 2:00 Afternoon Snack 2:30 Giant Ring Toss 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Luck in a Teacup 10:30 Short Stories 12:00 Lunch 1:00 Puzzle Group  2:00 Afternoon Snack 2:30 Fly Ball 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Finish the Phrase 10:30 Worship Service  12:00 Lunch 1:00 Pet Therapy Visit with Karen and Dazzle  1:30 Dominoes Game 2:00 Afternoon Snack 2:30 Uno Card Game 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Trivia on the IN2L  10:30 Oil Sensory 12:00 Lunch 1:00 Afternoon Puzzles 2:00 Happy Hour  2:30 You Be the Judge 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Remembering the King of Rock and Roll  10:30 Pictionary 12:00 Lunch 1:00 Bingo 2:00 Afternoon Snack 2:30 Junk Drawer Detective 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Call of the Wind: Songs of the Last Frontier 10:30 Beach Sensory 12:00 Lunch 1:00 Craft Project: Salt Paint Snowflakes 2:00 Afternoon Snack 2:30 Jenga  4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 EZ Does It Trivia 10:30 Fly Ball 12:00 Lunch 1:00 Coloring Project  2:00 Afternoon Snack 2:30 Tabletop Matching 4:30 Dinner

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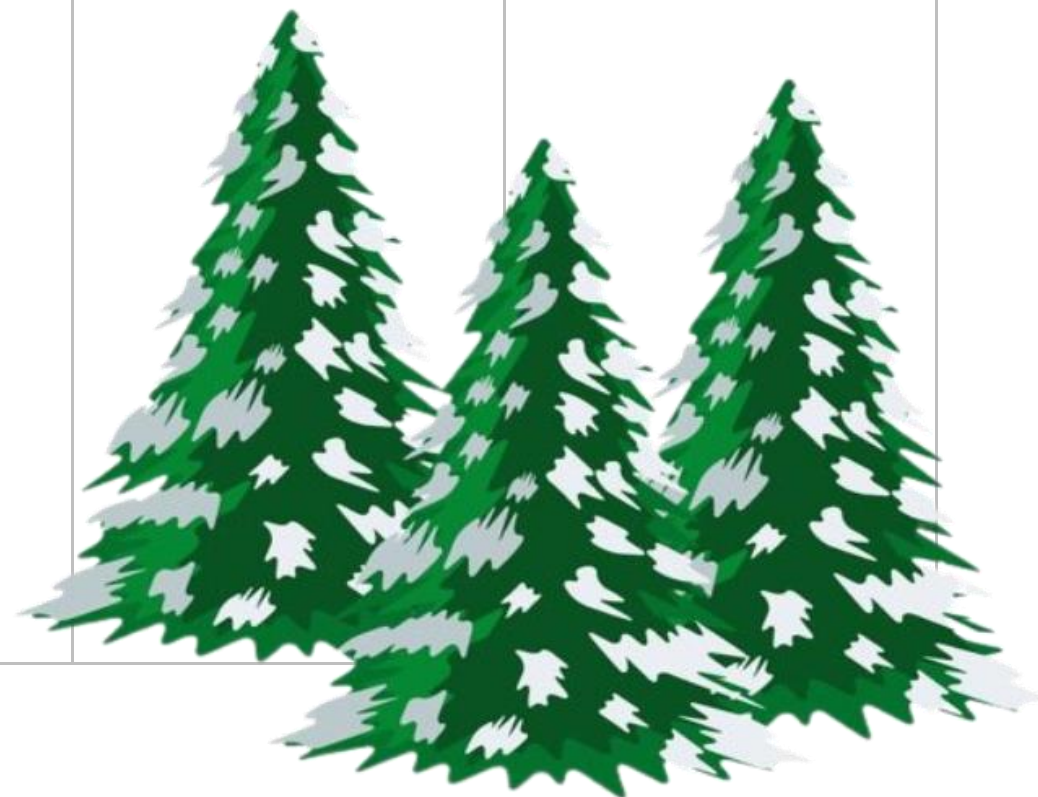
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
NO MORNING ACTIVITIES 1:00 Montessori Program 1:45 Seated Exercises 2:00 Afternoon Snack 2:30 All About Alexander Hamilton  4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Pondering Prompts 10:30 Name the Sound  12:00 Lunch 1:00 Jenga Game 2:00 Afternoon Snack 2:30 Would You Rather?  4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 This or That 10:30 Worship Service  12:00 Lunch 1:00 Dominoes Game 1:30 Music with Dave Kern  2:00 Afternoon Snack 2:30 Food Sorting 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Who Am I? 10:30 You Be the Judge  12:00 Lunch 1:00 Word Games 2:00 Happy Hour  2:30 Spa Afternoon 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Finish the Phrase 10:30 Music with Ann & Gaye  12:00 Lunch 1:00 Baking Group: Making Miniature Pies  2:00 Afternoon Snack 2:30 Tabletop Matching 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Short Stories with Haley 10:30 Fly Ball  12:00 Lunch 1:00 Watercolor Project  2:00 Afternoon Snack 2:30 Hygge Game 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Jack London and the Call of the North 10:30 Sharpen Your Senses  12:00 Lunch 1:00 Movie Matinee  2:00 Afternoon Snack 4:30 Dinner

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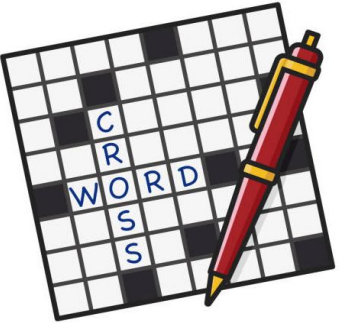



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
NO MORNING ACTIVITIES 1:00 Montessori Program 1:45 Seated Exercises 2:00 Afternoon Snack 2:30 Giant Bowling Game  4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 The Voice Heard Around the World 10:30 Giant Ring Toss 12:00 Lunch 1:00 Spa Afternoon 2:00 Music with Marty  2:00 Afternoon Snack 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 The Majestic Alaskan Moose 10:30 Worship Service  12:00 Lunch 1:00 Pet Therapy Visit with Karen & Dazzle  1:30 Charades Game 2:00 Afternoon Snack 2:30 Ball Toss 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Alaska and Moose Trivia  10:30 Ball Toss 12:00 Lunch 1:00 Coloring Group 2:00 Happy Hour  2:30 Table Hockey 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 The Alaska Purchase  10:30 Mindscent 12:00 Lunch 1:00 Piggy Bankers on the iN2L 2:00 Afternoon Snack 2:30 Washer Toss Game 4:30 Dinner	NO ACTIVITIES 12:00 Lunch 2:00 Afternoon Snack 4:30 Dinner	NO ACTIVITIES 11:00 Pet Therapy Visit 12:00 Lunch 2:00 Afternoon Snack 4:30 Dinner



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	31
NO MORNING ACTIVITIES 1:00 Montessori Program 1:45 Seated Exercises 2:00 Afternoon Snack 2:30 Forest Sensory  4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Australia Day  10:30 Jeopardy Trivia 12:00 Lunch 1:00 Coloring Group  2:00 Afternoon Snack 2:30 Fly Ball 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Zany Zoom-In 10:30 Worship Service  12:00 Lunch 1:00 Bingo  2:00 Afternoon Snack 2:30 Junk Drawer Detective 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Finish the Phrase 10:15 Music with Ann & Gaye  12:00 Lunch 1:00 Afternoon Puzzles 2:00 Happy Hour  2:30 Spa Afternoon 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 A Deep Dive into <i>The Raven</i>  10:30 The Backyard Ghost 12:00 Lunch 1:00 Word Games  2:00 Afternoon Snack 2:30 Antler Matching Game 4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 What Am I? 10:30 Name the Sound 12:00 Lunch 1:00 Food Sorting Game 2:00 Afternoon Snack 2:30 Dominoes Game  4:30 Dinner	9:15 Montessori Program 9:45 Seated Exercises 10:00 Random Trivia 10:30 Morning Poetry  12:00 Lunch 1:00 Watercolor Project 2:00 Hot Chocolate Social 2:30 Pictionary 4:30 Dinner 

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