



FRANKE
TOBEY
JONES

Enjoy your age

Resident Garden Update

The grounds crew has recently been in the garden and cleaned up the beds and bushes. Several plot holders have had their “Pots” moved from the usual locations. Please drop by your garden and claim or remove the unused garden equipment and generally straighten your area in preparation for the new season.

The greenhouse is functioning well. There is a leak in one of the faucets and there is mold and moss growing in the wet spot. The leak is being addressed, and growth will be cleaned up. If you have personal equipment or other items in the greenhouse, please remove them.

Now is the time for current plot holders to decide if they want to retain or give up their raised gardens beds. Anyone who wants to be on a list for the next available plot, and those who are giving up their plots should contact Mike Wiese at 253.222.2367 by text or phone call.

Looking forward to a new and productive growing season.



Additions to the Bascom Library

Several new books have been added to the Bascom Library and are now on the shelves ready to be checked out.



The new selections are located on the New Arrivals shelves.



DATE March 16th-March 22nd

Hello! Here is this week's menu. We think you will love it!

MONDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Eggs of Your Choice
French Toast
Sausage Links

TUESDAY BREAKFAST

Chilled Pears
Cream of Wheat
Eggs of Your Choice
Belgian Waffle
Breakfast Ham

WEDNESDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Eggs of Your Choice
Fruit and Cottage Cheese Plate
Turkey and Sweet Potato Hash
Blueberry Muffin

THURSDAY BREAKFAST

Mandarin Oranges
Cream of Wheat
Ham and Cheese Omelet
Turkey Sausage Patty
Homestyle Fries
Orange Muffin

FRIDAY BREAKFAST

Chilled Peaches
Oatmeal
Eggs of Choice
Bacon Strips
Pancakes

SATURDAY BREAKFAST

Sliced Bananas
Cream of Wheat
Eggs of Your Choice
Denver Scramble
Blueberry and Strawberry Parfait
Bacon Strips
Chocolate Chip Quick Break

SUNDAY BREAKFAST

Chilled Applesauce
Egg White Omelet w/Feta,
Spinach, & Tomato
Sausage Links
Sweet Potato Home Fries
Cinnamon Roll

MONDAY LUNCH

Mixed Field Greens w/
Dressing
Kale, Quinoa, Avocado Salad
Turkey Noodle Soup
Balsamic Marinated Flank
Steak
Sole Piccata
Chicken Lettuce Wrap
Sautéed Fresh Spinach
Ciabatta Roll
Deep Dish Peach Cobbler

TUESDAY LUNCH

Mixed Field Greens w/
Dressing
Mediterranean WW Couscous
Cream of Mushroom Soup
Corned Beef
Lamb Irish Stew Filling
Chicken Lettuce Wrap
Parslied Potatoes
Cabbage & Carrots
Sautéed Zucchini
Irish Soda Bread
Carrot Cake

WEDNESDAY LUNCH

Mixed Field Greens w/
Dressing
Panzanella Salad
Vegetable Miso Soup
Roast Turkey Breast
Herb Crusted Tilapia
Chicken Lettuce Wrap
Whipped Potatoes
Grilled Baby Bok Choy
Buttered Carrots
Wheat Roll
Black Forest Cake

THURSDAY LUNCH

Mixed Field Greens w/
Dressing
Pistachio Apple Cheese Salad
Broccoli Cheese Soup
Sliced Italian Sausage
Roasted Vegetable Couscous
Chicken Lettuce Wrap
Plain Toasted Farro
Seasoned Green Beans
Basil Roasted Zucchini
Garlic Bread
Tiramisu

FRIDAY LUNCH

Mixed Field Greens w/
Dressing
Broccoli Caesar Salad
New England Clam Chowder
Salmon Fillet Broiled
Rosemary Chicken Breast
Chicken Lettuce Wrap
Garlic Angel Hair Pasta
Sautéed Broccoli
Roasted Brussel Sprouts
Wheat Roll
Flan

SATURDAY LUNCH

Mixed Field Greens w/ Dressing
Relish Plate w/ Dip
Soup Chicken Posole
Turkey Meatloaf
Bacon and Blue Teres Major
Chicken Lettuce Wrap
Buttermilk Mashed Potatoes
Garden Blend Vegetables
Roasted Yellow Squash w/
Onions
Cheese Biscuit
White Raspberry Cake

SUNDAY LUNCH

Mixed Field Greens w/
Dressing
Vegetable Kale Salad
Tomato Basil Soup
Beef Pot Roast
Cider Braised Chicken
White Rice
Seasoned Green Peas
Basil Spaghetti Squash
Wheat Roll
Apple Pie

MONDAY DINNER

Mixed Field Greens w/
Dressing
Vegetable Chowder
Tuna Salad Plate with Biscuit
Hamburger Steak
Chicken Lettuce Wrap
Rosemary Potato Wedges
Sautéed Broccoli
Roasted Mushrooms
Chocolate Chunk Cookies

TUESDAY DINNER

Mixed Field Greens w/
Dressing
Chicken Barley Soup
Cuban Sandwich
Beef Taco Salad
Chicken Lettuce Wrap
Chips and Salsa
Grilled Balsamic Vegetables
Pinto Beans
Smores Bar

WEDNESDAY DINNER

Mixed Field Greens w/
Dressing
Tuscan White Bean Soup
Grilled Chicken Pesto
Sandwich
Spinach & Tomato
Frittata
Chicken Lettuce Wrap
Creamy Pasta Salad
Penne
Eggplant &Roasted
Tomatoes
Sautéed Zucchini
Homemade Lemon Bars

THURSDAY DINNER

Mixed Field Greens w/
Dressing
Garden Vegetable Soup
Philly Cheesesteak Sandwich
Chicken Salad Tomato Stuffed
Chicken Lettuce Wrap
Greek Chickpea Mix
Mexican Medley
Steamed Corn
Grilled Peaches

FRIDAY DINNER

Mixed Field Greens w/ Dressing
Homemade Minestrone Soup
Spaghetti and Meat Sauce
Vegetable Quiche
Chicken Lettuce Wrap
Garlic Breadstick
Sauté Rainbow Carrots
Cucumber Mint Salad
Fudge Brownie

SATURDAY DINNER

Mixed Field Greens w/
Dressing
Dill Pickle Soup
Chard, Cauliflower, Farro Bowl
Monte Cristo
Chicken Lettuce Wrap
French Fried Potatoes
Julienne Vegetable Blend
Wild Rice
Roasted Red Beets
Sugar Cookies

SUNDAY DINNER

Mixed Field Greens w/
Dressing
Pinto Bean Soup (GF)
Walnut Lentil Bolognese w/
Pasta
Pollock Provencal
Chicken Lettuce Wrap
Garlic Bread
Roasted Tomatoes w/ Herbs
Zucchini Home Fries
Pound Cake w/ Strawberries

Menu selections are subject to change based on vendor product availability