



FRANKE
TOBEY
JONES

Enjoy your age

Celebration of Life Bell Ringing

A reminder that we are hosting the Celebration of Life Bell Ringing this month. For residents who have recently passed, we will be honoring them **Friday March 27th at 1:30pm in the TJ Dining Room.**



Exciting New Details About Parkside View!

Please join us at the Parkside View Informational Update Meeting
Thursday, April 9
10:30 a.m. – 11:30 a.m.
Wellness Center

What You'll Learn

Exciting project updates
New exterior renderings
Updated floor plans
A brand-new apartment plan
New drone images of the site



To RSVP contact Kelly Maxfield at
kmaxfield@franketobeyjones.com or at 253-756-6366.

Reserve your spot today—we hope to see you there!

If you would like to see the Parkside View Discovery Center
Please join us at the Open House
Wednesday, April 1
10:00 a.m. – 2:00 p.m.
Duplex 11B
No RSVP necessary.



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Knit Wits Group



The Knit Wits is a sewing, knitting, embroidery group that is open to anyone who has any kind of craft project that you sit for...and you'd like to be in the company of others while doing it. The Knit Wits meet in the **Tobey Jones Parlor** on **Thursdays at 2:00pm**. They'd love for you to join them!

The Grand Cinema Movie Outing

The Movie Bus to Tacoma's beloved Grand Cinema on **Wednesday, March 25**, features **Project Hail Mary**. Starring Ryan Gosling. He plays a Scientist sent to space on a desperate mission to save Earth. He meets a friendly alien who becomes an ally and together they work to save both their worlds.

The trip is limited to 20 people and will **leave the Bistro entrance at 1:00 p.m.** Register by Tuesday, March 24 by contacting the LP Front Desk and signing up.

Matinee ticket prices are \$10. If you are a member of the Grand, matinee tickets are \$7.50 plus free popcorn.



Massage Therapy

Massage services include 30-60-90-120 minute massages ~ warm hand dips with hand massage ~ foot soaks with foot massage~ Royal hand & Foot Treatment which includes both services ~ neck & back session~

Massage Options Available:

50-Minute Session: \$60

80-Minute Session: \$90



The special through April is: "A Slice of Heaven" - A 90 minute massage will transport you into bliss~ Special price of \$80 through April (Save \$10).

Gift Certificates Available ~ Never too soon to think about Mother's Day!

Credit ~ Debit ~ Apple Pay~ Venmo~ Zelle ~ Cash ~ Check

To Book an Appointment: Call **253-365-4645** to schedule your session and experience the benefits of massage therapy!

WEEK OF WELCOME

We are excited to be the culinary team for the residents of Franke Tobey Jones!

Join us for a fun filled **Week of Welcome** foodie events and opportunities to meet the team behind your dining experience.

MONDAY
MARCH 23
During Bistro
Hours

Enter to Win a Raffle Basket!

Visit the Bistro and enter to WIN a gift basket! (Winner will be announced on Friday.)

MONDAY-
FRIDAY
MARCH 23-27
2p-4p

Daily Mocktails

Everyday this week, meet us in the Bistro between 2p-4p for a complimentary freshly made mocktail.

TUESDAY
MARCH 24
2p-4p

Fresh Cookies & Refreshments

Join us in the Bistro from 2 p.m. – 4 p.m. for complimentary, fresh baked cookies and refreshments.

WEDNESDAY
MARCH 25
2p-4p

Afternoon Brownie Break

Treat yourself to a complimentary brownie and a glass of refreshing iced tea inside the Tobey Jones building in front of the Solarium.

FRIDAY
MARCH 27

Raffle Winner Announced!

The raffle winner will be called and claim their prize.



FRANKE TOBEY JONES





DATE March 23th-March 29th

Hello! Here is this week's menu. We think you will love it!

MONDAY BREAKFAST Fresh Pineapple Oatmeal Eggs of Your Choice Potato Home Fries Turkey Sausage Patty Blueberry Muffin	TUESDAY BREAKFAST Pear Slices Quinoa Porridge Scrambled Eggs Homestyle Potato Fries Buttermilk Pancakes Breakfast Ham	WEDNESDAY BREAKFAST Fresh Banana Oatmeal Spinach and Tomato Frittata Texas Sticky Buns Wheat Toast	THURSDAY BREAKFAST Chilled Apricots Cream of Wheat w/ Raisins Scrambled Eggs Sausage Links American Fried Potatoes Banana Bread	FRIDAY BREAKFAST Choice of Fruit Oatmeal Ham and Potato Casserole Yogurt Vanilla and Strawberries Bran Muffin	SATURDAY BREAKFAST Sliced Bananas Overnight Berry Oatmeal Boiled Egg Sausage Links Potato Hashbrowns Buttermilk Pancakes	SUNDAY BREAKFAST Fruit Cup Oatmeal Scrambled Eggs w/ Cheese Bacon Strips Cinnamon Roll
MONDAY LUNCH Minestrone Soup Chicken Florentine w/ Meatballs Shellfish Crab Cakes Rice Saffron Lima Beans Creamy Coleslaw Wheat Roll Peach Cobbler	TUESDAY LUNCH Carrot with Ginger Soup Sesame Chicken Beef Meatloaf Lo Mein Whipped Yukon Potato Sauteed Cabbage Cauliflower w/ Red Peppers Wheat Roll Frosted Coconut Cake	WEDNESDAY LUNCH French Onion Soup Hand breaded Turkey Cutlet Herb Crusted Sole Fish Rice Pilaf in Vegetable Base Mango Avocado Salsa Sauteed Broccoli Lemon Garlic Asparagus Cornbread Muffin Key Lime Pie	THURSDAY LUNCH Cream of Cauliflower Chili Rubbed Pork Tenderloin Grilled Beef Tips Quinoa Pilaf Yellow Squash and Tomato Cabbage and Bok Choy Fresh Baked Biscuit Lemon Ricotta Cake	FRIDAY LUNCH New England Clam Chowder Herb Crusted Salmon Grilled Chicken Pesto Tomato Couscous Roasted Broccoli Grilled Balsamic Radicchio Wheat Roll Upside Down Pineapple Cake	SATURDAY LUNCH Chunky Vegetable Soup Vegetable Bean Cassoulette Miso Ginger Flank Beef Steak Jasmine Rice Grilled Squash Zucchini Buttered Carrots Ciabatta Roll Cream Cheese Fudge Brownie	SUNDAY LUNCH Potato Leek Soup Oven Fried Chicken Thigh Italian Beef and Pork Meatballs Sweet Whipped Potatoes Spaghetti Pasta Seasoned Beans Sauteed Kale Cornbread Strawberry Cloud Cake
MONDAY DINNER Velvet Corn Soup Italian Beef Sandwich Chef Salad Straight Potato Fries Greek Green Beans Country Marinated Tomato Salad Ciabatta Roll Almond Apple Coffeecake	TUESDAY DINNER Ginger Carrot Soup Tuna Melt on Wheat Cubed Steak w/ Mushroom Sauce Roasted Potato Wedges Jicama Coleslaw Roasted Green Beans Multigrain Roll Marbled Cream Cheese Brownie	WEDNESDAY DINNER Corn Chowder Beef Carne Asada Asian Chicken Salad Spiced Black Beans Yellow and Tomato Squash Fajita Style Peppers and Onions Flour Tortilla Chocolate Mousse	THURSDAY DINNER Tomato Basil Soup Two Cheese Grilled Cheese Seafood Salad Plate Baked Sweet Potato Fries Cauliflower w/ Red Peppers Sauteed Swiss Chard Wheat Roll Homemade Apple Crisp	FRIDAY DINNER Mushroom Barley Soup BBQ Pulled Chicken on Bun Vegetable Skillet Southern Succotash Braised Cabbage Greens Beet Chips Focaccia Bread Blueberry Cobbler	SATURDAY DINNER Beef Cabbage Soup Chicken Salad w/ Grapes and Almonds Fried Coconut Shrimp Green Rice w/ Vegetable Broth Glazed Carrots Grilled Bok Choy Croissant Blueberry and Strawberry Pie	SUNDAY DINNER Chicken and Rice Soup Pasta Primavera Tortellini Fried Fish Pollock Hushuppies Tomatoes and Corn Okra French Garlic Bread Homemade Lemon Bar